

# **Fashion Guide: What to Wear for Every Occasion**

## **Work/Office**

Men: Opt for tailored trousers, button-up shirts, and loafers. A blazer or suit adds professionalism.

Neutral tones like navy, gray, and white are versatile.

Women: Wear blouses with pencil skirts or tailored pants. Dresses with a blazer are great too.

Closed-toe heels or flats work well. Stick to structured, modest pieces.

## **Casual Outings**

Men: Jeans or chinos with polos or t-shirts. Layer with a casual jacket or hoodie. Sneakers or loafers are ideal.

Women: Denim, casual tops, or sundresses. Pair with sandals, sneakers, or low boots. Accessories can add flair.

## **Formal Events (e.g., Weddings)**

Men: A suit or tuxedo depending on the event's formality. Polished dress shoes and a tie or bowtie.

Women: Evening gowns or cocktail dresses. Elegant heels and statement jewelry.

## **Beach/Resort**

Men: Swim trunks, tank tops, or linen shirts. Flip-flops or espadrilles. Sunglasses and hats are key accessories.

Women: Swimsuits with cover-ups or flowy dresses. Sandals or flip-flops. Sunhats and sunglasses for added style and protection.

## **Date Night**

Men: Dark jeans or trousers with a stylish shirt. A blazer or leather jacket adds polish. Dress shoes or sleek sneakers.

Women: Chic dresses or smart-casual combos like blouse and skirt. Heels or fashionable flats. Accentuate with makeup and jewelry.

## **Traveling**

Men: Comfortable joggers or jeans, t-shirts, and a hoodie or light jacket. Comfortable sneakers. A crossbody or backpack for essentials.

Women: Leggings, t-shirts, and layers like cardigans or jackets. Slip-on shoes for ease at security.

Tote or crossbody bag is useful.

## **Gym/Fitness**

Men: Breathable workout shorts or pants and moisture-wicking tops. Athletic sneakers.

Women: Sports bras, leggings, and workout tanks. Supportive sneakers. Hair tied back for convenience.