Time	Thursday	Friday	Saturday
8:00 AM			Chassidus class (see weekday schedule for
			more details)
10:00 AM			Shacharis morning service
12:30 PM			Meal
3:00 PM			Cultivating the Most Difficult Art: Getting to Know Yourself Rabbi Yosef Y. Jacobson and Shimonah Tzukernik
4:25 PM		The Three Flames of the Soul Rabbi Yosef Y. Jacobson	
		Shabbat is welcomed with lighting candles to	How do we assume the courage to really be
		teach us about our true selves. Explore the	honest with ourselves? This workshop will
		three dimensions of the inner human flame –	attempt to help us breach through the thick
		the blue, the red and the yellow – the lower	walls of denial that is part of so many lives.
		self, the higher self and the core self.	Because on the other side of those walls lay
5:00 PM		Kabbalat Shabbat. Walk as a group to	endless possibilities.
5:20 PM		Shabbat evening prayer services at 770 Dinner	Havdallah Rabbi Yosef Y. Jacobson A musical havdalah ceremony coupled with a brief explanation of the spiritual and psychogolical significance of this moving ceremony.
7:00 PM			
7:30 PM			Melava Malka with Special Musical Guest Seth
8:00 PM	Welcome, orientation and farbrengen		Glass Special Saturday night "Motzoi Shabbat"
9:00 PM	(Chassidic gathering) with Rabbi Wircberg	My Soul Mate and Me Rabbi Yosef Y. Jacobson A twofold model for our own relationships can be found in the two opinions among Kabbalists to explain how an infinite G-d created a finite world. The secret of "Tzimtzum" is the key!	dinner to escort out the Sabbath Queen. (Seth Glass will begin at approximately 8:15PM.)
9:30 PM			You and I: Where Do I End and You Begin? Rabbi Yosef Y. Jacobson Use the "sefiros" of Chesed, Gevurah and Tiferes - attraction, rejection and compassion – as the template for a healthy balance in your relationships.