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Chapter 3. Tuberculosis care and support

This operational handbook chapter was prepared and coordinated by Linh Nguyen and Fuad Mirzayev, with input from Ernesto Jaramillo and Matteo Zignol, and under the overall direction of Tereza Kasaeva, Director, WHO Global Tuberculosis Programme. The WHO Global Tuberculosis Programme gratefully acknowledges the contributions of all experts involved in the production of the latest updates of the WHO guidelines chapter on tuberculosis care and support, on which this handbook chapter is based, as well as other contributors listed below.

Experts who contributed to the drafting of the handbook chapter include the following:

Elizabeth Harausz drafted Section 1 (Introduction), Section 3 on care and support interventions to enable TB treatment adherence, including material support and companionship support, treatment support, selecting an optimal treatment plan and a suitable package of care and support for a patient (Sections 3.1.3, 3.1.4, 3.2.1 and 3.3), and Sections 5.1, 5.3 and 5.4 on models of care for TB services.

Asma Humayun drafted Section 2 on people-centred care, Section 3.1 on social support, including introduction, information and educational support, psychological and emotional support (sections 3.1.1 and 3.1.2), and Section 4 on health education and counselling,

Dennis Falzon drafted Section 3.2.2 on digital health technologies.

Eric Krakauer drafted Section 6 on palliative care and provided input to Section 4.7.2 on counselling on palliative care.

Kerri Viney contributed to adapting Section 5.2 on decentralized and integrated family-centred models of TB care for children and adolescents from the chapter on models of TB care for children and adolescents in the WHO operational handbook on tuberculosis. Module 5: management of tuberculosis in children and adolescents, which was originally written by Moorine Sekkade (National TB and Leprosy Programme, Uganda), with contributions from Annemieke Brands, Monica Diaz, Dennis Falzon, Ernesto Jaramillo, Farai Mavhunga, Liana Oganezova, Sabine Verkuijl and Kerri Viney; and Section 5.3 on models of service delivery for people with TB, HIV and comorbidities from a respective chapter in the WHO Framework for Collaborative Action on TB and

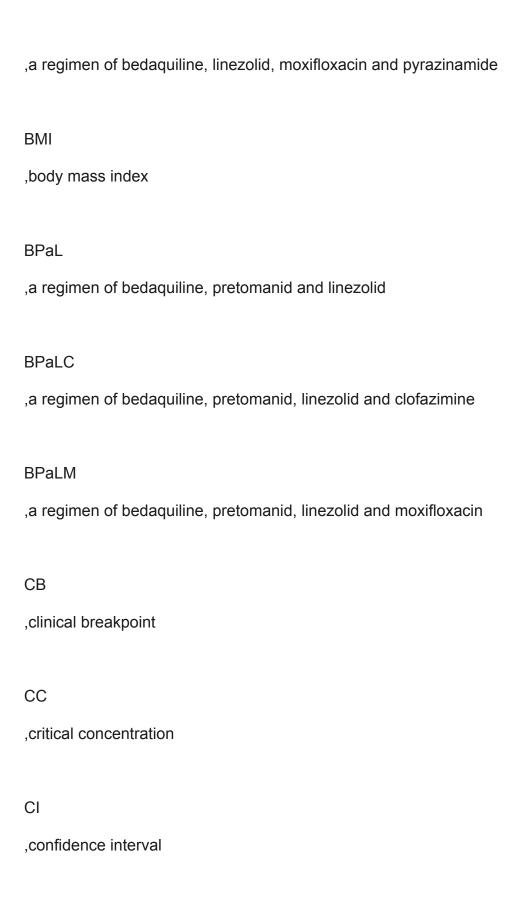
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and Kerri Viney (WHO Global Tuberculosis Programme, Switzerland). Agency for International Development (USAID). Abbreviations and acronyms The following table: aDSM active tuberculosis drug-safety monitoring and management ΑE ,adverse event **AIDS** ,acquired immunodeficiency syndrome ALT ,alanine aminotransferase aOR ,adjusted odds ratio

ART
,antiretroviral therapy
ARV
,antiretroviral
AST
,aspartate aminotransferase
AUC
,area under the curve
BDLC
,a regimen of bedaquiline, delamanid, linezolid and clofazimine
BDLLfxC
,a regimen of bedaquiline, delamanid, linezolid, levofloxacin and clofazimine
BLLfxCZ
,a regimen of bedaquiline, linezolid, levofloxacin, clofazimine and pyrazinamide
BLMZ



CLD
,chronic liver disease
CNS
,central nervous system
CSF
,cerebrospinal fluid
CRF
,chronic renal failure
СТР
,Child-Turcotte-Pugh
CXR
,chest radiography
DAA
,direct-acting antiviral
P.D.
DDI
,drug-drug interaction

DRS
,drug-resistance surveillance
DR-TB
,drug-resistant tuberculosis
DS-TB
,drug-susceptible tuberculosis
DST
,drug susceptibility testing
ECG
,electrocardiography
EMM
FDC
,event monitoring device for medication support
fixed-dose combination (of medicines)
The following table:
GDF

,Global Drug Facility
GDG
Guideline Development Group,
GRADE
Grading of Recommendations Assessment, Development and Evaluation
HBV
hepatitis B virus
HCV
hepatitis C virus,
HCW
health care worker,
HIV
human immunodeficiency virus
HR
isoniazid-rifampicin,

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HRZE
(H)RZE
Hr-TB
,isoniazid-rifampicin-ethambutol-pyrazinamide
(isoniazid optional)-rifampicin-ethambutol-pyrazinamide
rifampicin-susceptible, isoniazid-resistant tuberculosis
IMCI
IPD
,integrated management of childhood illness
individual patient data (or dataset)
IRIS
,immune reconstitution inflammatory syndrome
IV
,intravenous
LC-aNAAT
,low-complexity automated NAAT
LC-MNAAT
,low-complexity manual NAAT
```

LFT
,liver function test
LPA
,line probe assay
LTFU
,loss to follow-up
MC-aNAAT
,moderate-complexity automated NAAT
MC-MNAAT
,moderate-complexity manual NAAT
MDR-TB
,multidrug-resistant tuberculosis
MDR/RR-TB
,multidrug- or rifampicin-resistant tuberculosis
MGIT

,mycobacterial growth indicator tube
MIC ,minimum inhibitory concentration
mWRD ,molecular WHO-recommended rapid diagnostic
NAAT ,nucleic acid amplification test
NGS ,next-generation sequencing
NTM ,non-tuberculosis mycobacteria
NTP ,national tuberculosis programme
PHC ,primary health care

PLHIV
,people living with HIV
pre-XDR-TB
,pre-extensively drug-resistant tuberculosis
РТВ
,pulmonary tuberculosis
RCT
,randomized controlled trial
rGLC
regional Green Light Committee
RR-TB
rifampicin-resistant tuberculosis
SAM
,severe acute malnutrition
SDG
,Sustainable Development Goal

SMS

,short message service or text message

SoC

,standard of care