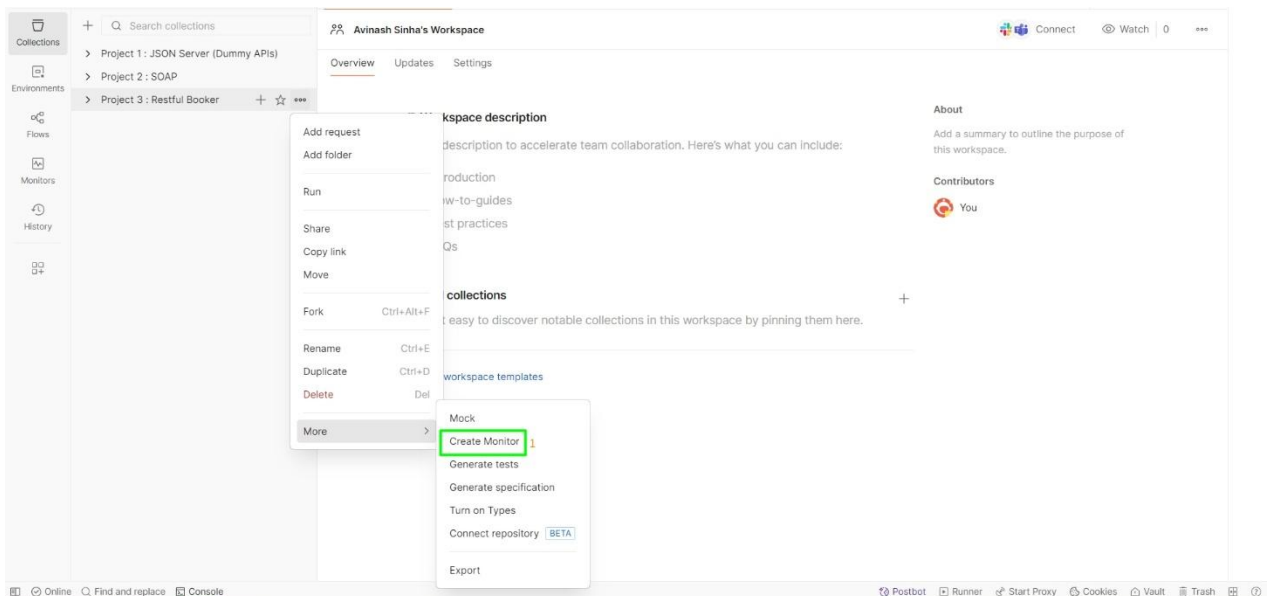


API Monitoring in Postman

- API Monitoring means **checking your APIs regularly** to see if they are working as expected.
- In Postman, you can **schedule tests** to run automatically at set times (for example, every hour).
- It helps you know if an API is **slow, down, or returning errors**.
- You can set up **alerts/notifications** when something goes wrong.
- Monitoring can run your **saved collections and test scripts** in different environments.
- It gives **reports and logs** so teams can track performance and issues.
- Very useful for **production APIs** to ensure they are always healthy.

Step 1



Step 2

