

The Restaurant I Found While Seeking Solace

July 22, 2025

After passing under an arch of tall trees, I walked barefoot across the vibrant, living
5 grass. Now, I find myself in a park on a Saturday morning, where the only sound is
birdsong. Lying on my back and watching the clouds drift by, I feel deeply aware that I
am alive—sustained by the Earth itself.

These days, I often feel as though the foolish acts of humankind, which I'd rather look
10 away from, are being quietly laughed at by a god watching from above the clouds. I am
me. You are you. Perhaps only God truly knows.

(To be continued)

15



Toshifumi Kitamura

Based in Tokyo. For the past ten years, he has chosen to live a life grounded in joy and peace. Drawing from his own experiences, he offers gentle yet perceptive insights into the ways we connect with others. With a calm and reflective voice, he continues to explore the deep inner theme of forgiveness, sharing his perspective through carefully chosen words.