

## The Restaurant I Found While Seeking Solace

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After passing under an arch of tall trees, I walked barefoot across the vibrant, living  
5 grass. Now, I find myself in a park on a Saturday morning, where the only sound is  
birdsong. Lying on my back and watching the clouds drift by, I feel deeply aware that I  
am alive—sustained by the Earth itself.

These days, I often feel as though the foolish acts of humankind, which I'd rather look  
10 away from, are being quietly laughed at by a god watching from above the clouds. I am  
me. You are you. Perhaps only God truly knows.

*(To be continued)*



### ***Toshifumi Kitamura***

Based in Tokyo. For the past ten years, he has chosen to live a life grounded in joy and peace. Drawing from his own experiences, he offers gentle yet perceptive insights into the ways we connect with others. With a calm and reflective voice, he continues to explore the deep inner theme of forgiveness, sharing his perspective through carefully chosen words.