

In order to perform well in life, our body needs energy. We get this energy from the food we eat. Without food, there will be no life. In today's world, there are so many dishes available worldwide. Indian dishes comprise of Biryani, Dosa, Paneer Masala and more. Similarly, we have western foods like pizza, pasta, noodles and more dominating the [food](#) industry. In my favorite food essay, I will tell you about the food I like eating the most.

My Favorite Food

As the world is advancing day by day, it is becoming easier to get access to many kinds of food at our doorstep. I have eaten many cuisines but my favourite food is definitely a burger. I cannot resist myself when it comes to burgers.

They are so soft yet crunchy, fresh and juicy that I love eating it. Even though there are many kinds of burger, my favourite one is a chicken burger. The chicken patty gives the burger a juicy taste and it tingles my taste buds every time I eat it.

I love eating burger which is filled with cheese and [vegetables](#). The more vegetables you add, the better it tastes. My personal favourite is lettuce. It gives the burger the right amount of freshness and crunchiness.

I always eat my burger with ketchup. Most importantly, the thing I love about eating burgers is that I get to eat French fries along with them. They work as a great side to the dish and also make my stomach full.

Even though I liked eating a burger from a famous fast food joint, nothing beats the chicken burger my mother makes at home. She prepares everything from scratch, even the burger. Thus, it is extremely fresh and healthy too.

A Great Variety

Perhaps the great thing about burgers is the great variety they offer. It has options for all people, who prefer vegetarian, non-vegetarian and even vegans. Thus, you can select the patty of your burger and dive right in.

Even though my personal favourite is a chicken burger, I also enjoy eating cheeseburger and vegetable burger. For me, all burgers taste delicious. Whenever we go out to eat with [friends](#), I always order a burger.

My friends who don't eat non-vegetarian also eat burgers thanks to the great variety it offers. When we order food at home, we make sure to offer all kinds of burgers from cheeseburger to chicken burger, so that we get a taste of everything in our meal. Thus, I love burgers and their great variety makes it better.