

# Gradient Descent under strong convexity

Axel Böhm

October 13, 2021

## 1 Introduction

## 2 Convergence analysis

# How fast can we go?

- ◇ So far we explored different smoothness properties.
- ◇ Error decreased with  $1/k$  or  $1/\sqrt{k}$
- ◇ call these rates sublinear
- ◇ Linear rate means

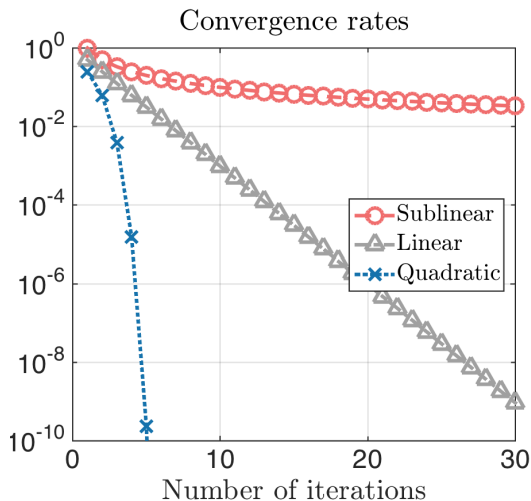
$$Err(x_k) \leq \frac{C}{\exp(k)}$$

or

$$Err(x_{k+1}) \leq qErr(x_k)$$

with  $q < 1$ .

# Linear convergence



# Example

- ◇ Consider  $f(x) = x^2$ . Clearly,  $f$  is  $L = 2$  smooth.

- ▶ So we can pick  $\alpha = 1/L = 1/2$  for GD:

$$x_{k+1} = x_k - \frac{1}{2} \nabla f(x_k) = x_k - x_k = 0.$$

- ▶ Converges **in one step!**

- ◇ Same  $f(x) = x^2$ , but is also  $L = 4$  smooth.

- ▶ So we can pick  $\alpha = 1/L = 1/4$  for GD:

$$x_{k+1} = x_k - \frac{1}{4} \nabla f(x_k) = x_k - \frac{1}{2} x_k = \frac{1}{2} x_k.$$

- ▶ Converges **exponentially**

$$f(x_k) = f\left(\frac{x_0}{2^k}\right) = \frac{1}{2^{2k}} x_0^2.$$

# Strongly convexity

“Not too flat.”

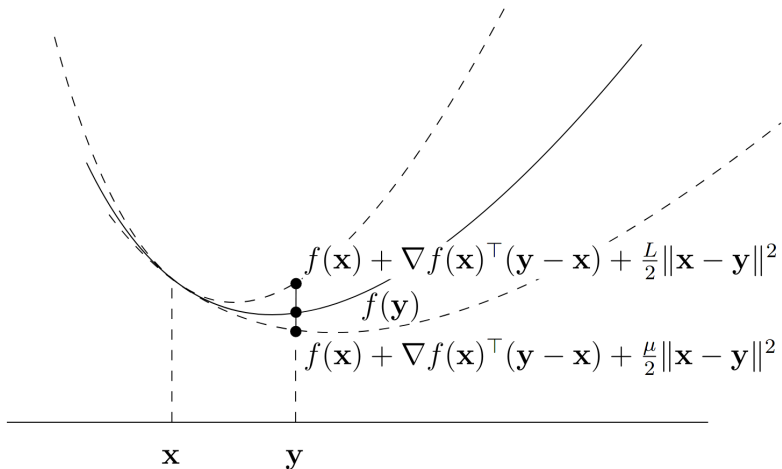
[

Recall] Let  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  be a differentiable function, then we say  $f$  is  $\mu$ -strongly convex if

$$f(y) \geq f(x) + \langle \nabla f(x), y - x \rangle + \frac{\mu}{2} \|y - x\|^2, \quad \forall x, y.$$

# Strong convexity

Can be lower bounded by a quadratic.



# Smooth strongly convex functions

## Theorem

Let  $f : \mathbb{R}^d \rightarrow \mathbb{R}$  be  $L$ -smooth and  $\mu$ -strongly convex. Then GD with stepsize  $\alpha = 1/L$  and arbitrary starting point  $x_0$  guarantees:

- (i) distance to solution decreases by a constant factor

$$\|x_{k+1} - x^*\|^2 \leq \left(1 - \frac{\mu}{L}\right) \|x_k - x^*\|^2.$$

- (ii) Gives *exponential* decrease in function values

$$f(x_k) - f^* \leq \left(1 - \frac{\mu}{L}\right)^k \frac{L\|x_0 - x^*\|^2}{2}.$$



## Proof

$$\begin{aligned}\|x_{k+1} - x^*\|^2 &\leq \|x_k - \alpha \nabla f(x_k) - x^*\|^2 \\ &= \|x_k - x^*\|^2 + 2\alpha \langle \nabla f(x_k), x^* - x_k \rangle + \alpha^2 \|\nabla f(x_k)\|^2.\end{aligned}$$

Now we use the stronger version of the gradient inequality, namely

$$\langle \nabla f(x_k), x^* - x_k \rangle + \frac{\mu}{2} \|x^* - x_k\|^2 \leq f^* - f(x_k).$$

Combined we deduce

$$\begin{aligned}\|x_{k+1} - x^*\|^2 &\leq \|x_k - x^*\|^2 + 2\alpha \left( f^* - f(x_k) - \frac{\mu}{2} \|x^* - x_k\|^2 \right) + \alpha^2 \|\nabla f(x_k)\|^2 \\ &= \left( 1 - \frac{\mu}{L} \right) \|x_k - x^*\|^2 + 2\alpha (f^* - f(x_k)) + \alpha^2 \|\nabla f(x_k)\|^2.\end{aligned}$$

## Proof II

$$\|x_{k+1} - x^*\|^2 \leq \left(1 - \frac{\mu}{L}\right) \|x_k - x^*\|^2 + \underbrace{2\alpha(f^* - f(x_k)) + \alpha^2 \|\nabla f(x_k)\|^2}_{\text{desired statement}}$$

is the desired statement up to an error which we can bound

$$\begin{aligned} \underbrace{2\alpha(f^* - f(x_k)) + \alpha^2 \|\nabla f(x_k)\|^2}_{\text{desired statement}} &= \frac{2}{L}(f^* - f(x_k)) + \frac{1}{L^2} \|\nabla f(x_k)\|^2 \\ &\leq \frac{2}{L}(f(x_{k+1}) - f(x_k)) + \frac{1}{L^2} \|\nabla f(x_k)\|^2 \end{aligned}$$

sufficient decrease

$$\leq -\frac{1}{L^2} \|\nabla f(x_k)\|^2 + \frac{1}{L^2} \|\nabla f(x_k)\|^2 = 0.$$

So we can ignore this extra term and get (i):

$$\|x_{k+1} - x^*\|^2 \leq \left(1 - \frac{\mu}{L}\right) \|x_k - x^*\|^2.$$

## Proof III

Smoothness of  $f$  gives

$$f(x_k) - f^* \leq \langle \nabla f(x^*), x_k - x^* \rangle + \frac{L}{2} \|x_k - x^*\|^2$$

together with the fact that  $\nabla f(x^*) = 0$  this gives

$$f(x_k) - f^* \leq \frac{L}{2} \|x_k - x^*\|^2.$$

If we combine this with (i)

$$f(x_k) - f^* \leq \frac{L}{2} \|x_k - x^*\|^2 \leq \frac{L}{2} \left(1 - \frac{\mu}{L}\right)^k \|x_0 - x^*\|^2.$$