

Post-Assessment Survey

Instructions to the students:

Before the camp comes to an end, we would like you guys to fill in this survey to help us understand your learning process, learning outcomes as well as your feedback on us and the camp! Please put a check (✓) mark to show your opinion on each of the questions. There are also some questions with no options. Please try and answer as much as you can! We highly encourage you to share your opinions with us!

Time: 30 mins before the farewell party

Format: Paper back, written test



Disagree



Neutral



Agree

Not
sure

1. Personal change:	1	2	3	4	5	X
I have become more interested in topics related to anemia.						
I have become more interested in topics related to healthy diets.						
I have become more interested in topics related to hygiene practices.						
I understand the importance of a balanced diet.						
I have become more mindful of my nutritional intake in the future, whenever I am given a choice.						
I understand the current situations about anemia in Dang District.						
I have learned ways to address the anemia issue on a personal level.						
What are some of habits you will change after this camp?						
I understand the importance of hygiene practices.						
What are some of the things you will do to maintain hygienic habits in your everyday life?						
2. Making an impact:	1	2	3	4	5	X
I will spread the knowledge acquired from the camp to the people around me.						
What are some of the actions you will do in response to address the current anemia issue (on a societal level; to the people around)?						
I will introduce the recipes to my family or to my friends.						
I will inform my family or friends about anemia.						
I will spread what I learned in this camp to the people around me.						
I will bring up the issue of anemia in a family setting.						
I will bring up the issue of anemia to my peers.						

3. Understanding of course content:

Put a check (✓) mark in the boxes next to the healthy food.

☐☐☐☐☐☐☐☐☐☐☐☐

Is iron important? Why or why not?





What are the nutrients you can get from the food below?



What are some diet choices that are beneficial to a person's health? (Put a check (✓) mark in the boxes next to the correct answers)

- ☐ Eat diverse types of food.
- ☐ Stick to eating food made from the same ingredients
- ☐ Eat food fruits and vegetables near the time of iron consumption.
- ☐ Drink milk, tea, or coffee at least one hour before or after iron consumption.
- ☐ Eat food that contain a lot of oil.









Put a check (✓) mark in the boxes next to the **causes of general anemia**.

- ☐  Iron deficiency ☐  Poor diet
- ☐  Lack of awareness ☐  Watching too much TV


Put a check (✓) mark in the box next to the **cause of sickle cell anemia**?

- ☐  Genes ☐  Poor diet

Put a check (✓) mark in the boxes next to the **feelings an anemic person might feel?**

- ☐  Fatigue ☐  Low energy ☐  Headache ☐  Dizziness
- ☐  Stomachache ☐  Cold hands ☐  Weakness ☐  Coughing

Put a check (✓) mark in the boxes next to the **treatments or prevention methods** available.

- ☐  Health tests ☐  Awareness of anemia ☐  Healthy diet
- ☐  Iron supplement ☐  Fortified rice

Put a check (✓) mark in the boxes next to the **reasons why hygiene practice is important**.

- ☐  Having a clean image ☐  Staying healthy ☐  Gain confidence





Put a check (✓) mark in the boxes next to the **common causes of parasites**.

- ☐  Eating uncooked meat ☐  Not enough sleep ☐  Poor hygiene

What are some of the common effects/induced disease of parasites?

- ☐  Diarrhea ☐  Joint pain ☐  Sneezing ☐  Constantly tired

What are some of the ways to improve personal hygiene?

- ☐  Cough in people's faces ☐  Brush teeth twice a day
- ☐  Changing into clean clothes ☐  Shower with soap and shampoo

4. Teaching style and delivery:	1	2	3	4	5	X
Overall, I am satisfied with the class materials (posters, handouts etc)						
Overall, I am satisfied with the games and activities.						
Overall, I am satisfied with the camp.						
Healthy diet session (Day 1, 10:00-12:00)						
How would you rate the healthy diet session? (1-5)						
I find the course materials (posters, handouts) engaging and easy to learn from.						
I find the in-class activities (games) engaging and easy to learn from.						
My favorite moment in this class is:						
Things I would change about this class are:						
Anemia session (Day 1, 15:00-17:00)						
How would you rate the anemia session? (1-5)						
I find the course materials (posters, handouts) engaging and easy to learn from.						
I find the in-class activities (games) engaging and easy to learn from.						
My favorite moment in this class is:						
Things I would change about this class are:						
Market visit (Day 2, 9:30-12:00)						
How would you rate the market visit? (1-5)						
Visiting the local market with the camp helps me see buying groceries from a different perspective.						
I enjoy our student leaders' teaching style.						
My favorite moment in this session is:						
Things I would change about the market visit are:						



Disagree



Neutral



Agree

Not
sure

Hygiene practice session (Day 2, 13:00-15:00)	1	2	3	4	5	X
How would you rate the hygiene practice session? (1-5)						
I find the course materials (posters, handouts) engaging and easy to learn from.						
I find the in-class activities (games) engaging and easy to learn from.						
My favorite moment in this class is:						
Things I would change about this class are:						
Treasure Hunt (Day 3, 13:00-15:00)						
How would you rate the Treasure Hunt? (1-5)						
I find the course materials (posters, handouts) engaging and easy to learn from.						
I find the in-class activities (games) engaging and easy to learn from.						
My favorite moment in this class is:						
Things I would change about this class are:						
My highlight of the camp is:						
Things I would change about the camp is:						