

PT

Quaid e Azam Rangers Special Children School

Physiotherapy Assessment Form

C.P ☐ Down syndrome ☐ Autistic ☐

Muscular Dystrophy ☐ Physical Disability ☐

Other _____

Name: _____

Father Name: _____

Age: _____ Gender: _____ Contact #: _____

Date of Assessment: _____ Address: _____

Birth History:

- Attendant during the labor _____ None/Trained/Untrained/Midwife/Nurse
- Doctor / hospital Delivery _____

Place of Birth _____ Siblings: _____

Family History:

- Cousin Marriage / Outsider _____
- Blood Group: _____
- General Health: _____
- Any Disability in family: _____

Present Complain:

History of Pregnancy:

Length of pregnancy	
Premature/Normal/Post Mature	

Detail of birth/After Birth	
Child had any breathing problem during or after birth?	
Baby Position	Normal/Transvers lie/Breech
Pregnancy	Normal/Forceps/ "C" Section

Medical Information:

Name of Gp and pediatrician	
Medication:	
Illness/Epilepsy	
Allergies	
Child had any of the following tests? (MRI, CAT, EEG, ECG, X-RAY)	
Surgical Intervention	

Milestone:

Cry	
Neck Control	
Sitting	
Crawling	
Standing	
Walking	
Spoke first word	
Bowl bladder control	

Sensory Motor Function:

- Tactile _____
- Auditory _____
- Visual _____

- Taste and Smell _____

Cognition:

- Response to external Environment
- Perception (Size, Color and Shape)

Physical Assessment

Contracture or Deformity: _____

Muscle Tone: _____

Muscle Strength & Range of Motion:

- Upper limbs
- Lower Limbs

	Strength	ROM

Sitting:

- Floor Sitting
- High Sitting
- Squat Sitting

Posture:

- Lordosis
- Kyphosis
- Scoliosis
- Other

Gate:

- Broad
- Narrow
- Other

Mobility:

- Wheel chair
- Special Support
- Independent Walk
- Other

Treatment Plan:

Long Term Goal:

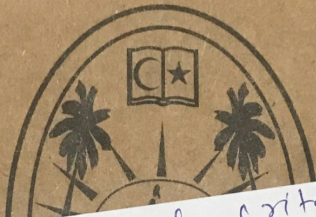
Short Term Goal:

Recommendation:

Consultant Physiotherapy

Gul e Zahra Zaidi

AID-E-AZAM RANGERS SPECIAL CHILDREN



Physical Assessment criteria.
Ashworth modify scale for muscle tone.
Goniometer for range of motion
Manual muscle tests for muscle strength -
(checklist) (PT)

Branch _____

Head _____

Subject _____