# Structured Decision Tree – Phobic Disorders (RAG-Ready Tags)

[NODE\_A] Presence of phobic symptoms?  
  
 [NODE\_A1] Phobic symptoms centered on \*\*violent or intrusive thoughts\*\*?  
  
 [NODE\_A1A] Intrusive images + fear of acting out?  
   
 [LEAF\_A1A1] Phobia of impulse with mental intrusion and fear of being dangerous → [SCRIPT\_A: "Taming the Wild Thought – I Am More Than What I See"] {Level: 2}  
 #Tags: #phobia #impulse #intrusivethoughts #youngadult  
  
 [NODE\_A1B] Non  
  
 [LEAF\_A1B1] Other causes to explore: OCD spectrum, digital overexposure, trauma? → [SCRIPT\_B: "Differential Evaluation Needed"] {Level: 1}  
 #Tags: #diagnostic #phobia  
  
 [NODE\_A2] Phobic symptoms in \*\*closed or inescapable spaces\*\*?  
  
 [NODE\_A2A] Highways, MRIs, or exams triggering fear of being stuck?  
   
 [LEAF\_A2A1] Agoraphobia with symbolic entrapment, maternal overcontrol → [SCRIPT\_C: "Finding Inner Space Even in Closed Places"] {Level: 2}  
 #Tags: #agoraphobia #control #panic  
  
 [NODE\_A2B] Non  
  
 [LEAF\_A2B1] Explore other somatic phobias or panic schema? → [SCRIPT\_D: "General Soothing Protocol"] {Level: 1}  
 #Tags: #phobia #body  
  
 [NODE\_A3] Phobia centered on \*\*death, illness or hospital memory\*\*?  
  
 [NODE\_A3A] Repetitive panic attacks + fear of death or body failing + maternal anchoring?  
  
 [LEAF\_A3A1] Panic disorder with postpartum hypervigilance and traumatic anchor → [SCRIPT\_E: "Inner Security – Postpartum"] {Level: 3}  
 #Tags: #panic #deathfear #hypervigilance #postpartum  
  
 [NODE\_A3B] Non  
  
 [LEAF\_A3B1] Explore existential anxiety, depressive defense, or medical PTSD → [SCRIPT\_F: "Rediscovering Inner Calm"] {Level: 2}  
 #Tags: #anxiety #death #PTSD  
  
 [NODE\_A4] No current phobic symptoms  
  
 [LEAF\_A4A1] Monitor for latent anxiety or avoidance behavior. Reassess in case of evolution → [SCRIPT\_G: "Preventive Psychoeducation"] {Level: 1}  
 #Tags: #prevention #psychoeducation

Summary Table:

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| --- | --- | --- | --- | --- |
| Node | Symptom Summary | Script | Level | Tags |
| LEAF\_A1A1 | Phobia of impulse with fear of harming | Taming the Wild Thought – I Am More Than What I See | 2 | #phobia #impulse #intrusivethoughts #youngadult |
| LEAF\_A2A1 | Agoraphobia with symbolic entrapment | Finding Inner Space Even in Closed Places | 2 | #agoraphobia #control #panic |
| LEAF\_A3A1 | Panic disorder with postpartum hypervigilance | Inner Security – Postpartum | 3 | #panic #deathfear #hypervigilance #postpartum |
| LEAF\_A1B1 | Unclassified intrusive thought symptoms | Differential Evaluation Needed | 1 | #diagnostic #phobia |
| LEAF\_A2B1 | Somatic or undefined panic | General Soothing Protocol | 1 | #phobia #body |
| LEAF\_A3B1 | Death or medical phobia without maternal component | Rediscovering Inner Calm | 2 | #anxiety #death #PTSD |
| LEAF\_A4A1 | No current phobic symptoms | Preventive Psychoeducation | 1 | #prevention #psychoeducation |