Although the scene is repetitive, there are four objects in it that are of more interest than anything else. One of the objects is the table that everything is sitting on, which will be represented by a plane. Another object is the coaster that the frontmost glass is sitting on. This will be represented by a mostly flattened cylinder. The third object would be the glass, which is a complex object. It will be represented as a cylinder on the bottom with a thinly walled torus to about a third of the way up the glass. You can then take a slightly stretched, thinly walled, and hollow sphere and place it in the torus. You can cut off the bottom where it meets the torus and cut off the top for the top of the glass. To make a handle with its gap, a thin toros formed into a very long oval and molded to the shape of the handle would work. Alternatively, you could do the same with a long flat cube if you didn't want the hole in the handle. The last shape is the cinnamon roll. This can be represented by rolling up a very thin and elongated cube (essentially a thick plane at that point, depending on how you view it), which would be the best representation of it. Alternatively, you could make it using three tori total that are elongated to the length of the cinnamon roll. Two elongated tori with small slits in them would make up the little rolls in the top left and top right of the cinnamon roll. Then, the base of it would be made up of one larger torus that is cut in half and elongated. Obviously they all would be fused together such that it was smooth and uniform.

These objects are a good selection because they form a simple, but detailed picture. The plane serves as a base for it all, with the wood coaster serving as almost a pedestal for the glass. The glass is the centerpiece of the scene and the cinnamon roll is a nice accent. They are all made of various shapes and two of them are complex objects that require multiple shapes to construct.

This photo is taken from this YouTube video: https://www.youtube.com/watch?v=rpTEzpv6jb8