

Online Application Form for the Meditation Retreat

It is essential to have previous experience in Mahasi Meditation Method and to strictly adhere to the 9 precepts and retreat schedule. Signed application needs to be received before coming to the center. Final-acceptance by SMSC required. (If you have no access to sign on-line can sign on arrival to the Retreat Center)

1. Personal Information

First Name	Min
Last Name	Min
Gender	Male
Address line 1	Add1
Address line 2	Add2
Postal Code	PCode
Province/Territory	PT
City	City
Country	Afghanistan
Phone	2222
Email	minminthein@gmail.com
Occupation	OC
Year of Birth	2018

2. Additional Information

Request retreat period

From Date	31-12-2019
To Date	31-12-2019

Emergency Contact

First Name	First
Last Name	Last
Relationship to you	Relationship
Address line 1	Add1

Address line 2	Add2
Postal Code	PCode
Province/Territory	PT
City	City
Country	Afghanistan
Phone	3333
Email	minminthein@gmail.com
Describe your previous retreats (up to five) including Type, Teacher, Location, date and duration for each retreat.	
describe your previous retreats	
3. Meal and Medical Information	
Please answer a few more questions about meals and medical insurance so that we can provide you best based on your needs. All fields are mandatory	
Are you Vegetarian?	Yes
Do you have food or other allergies? If yes, please specify.	Yes
Do you have food or other allergies? If yes, please specify.	
Do you have BC or any other type of health insurance? Please specify type of health insurance. (It is imperative to have health insurance.)	
Do you have BC or any other type of health insurance? Please specify type of health insurance.(It is imperative to have health insurance.)	
Do you have any physical or mental health issue SMSC should be made aware?. If yes, please specify	Yes
Do you have any physical or mental health issue(s) SMSC need to know about?	
4. Policy and agreement Please read this carefully before you submit this form online.	
1. I agree to abide to the following rules and structure :	
- Practice Mindfulness-Insight (Mahasi Tradition) only	

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- Strictly adhere to Nine Precepts
 - Maintain Noble Silence
 - Slow down all actions and behavior at all time
 - Follow retreat schedule
 - Anyone who becomes a disturbance to the retreat will be asked to leave

2. I am aware that I may be photographed or videotaped at retreat for sharing among SMSC participants, yogis and SMSC Dhamma friends.

3. I agree to keep my personal information on the SMSC file.

If "No", you will need to fill up this form at every future retreat you attend.

Yes

BY SUBMITTING THIS ELECTRONIC APPLICATION I WAIVE ALL FORM OF LIABILITY TOWARDS SMSC, ITS STAFF AND VOLUNTEERS FOR THIS RETREAT AND ALL OTHER RETREATS I WILL BE ATTENDING AT SMSC.

First Name : Min , Last Name : Min

Date : 31-12-2019