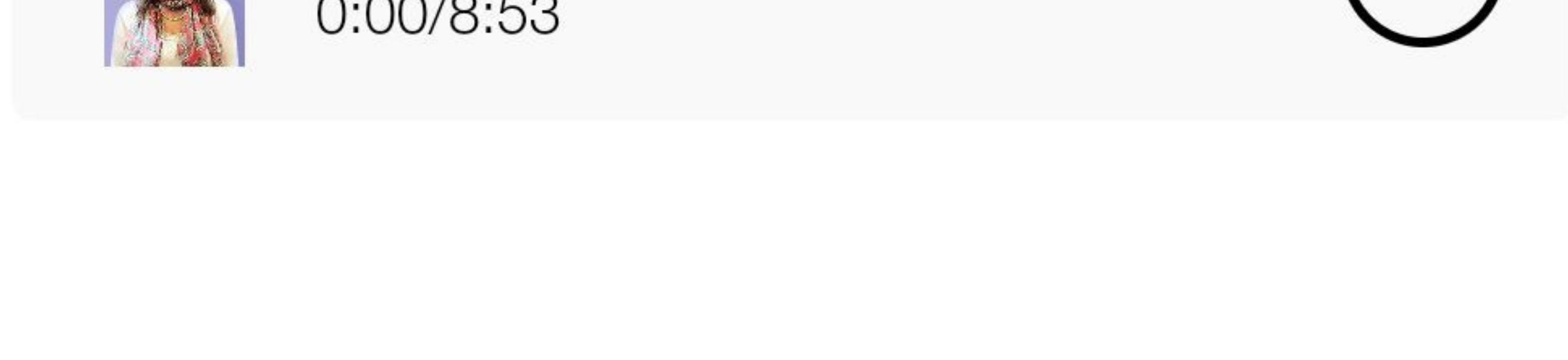


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Hello, everybody. I'm here today to introduce myself and to talk about a course that we would love to present to you and something that I find myself very excited about. So first of all, a little bit about me. I'm Sharon Hancock, and I've been a relationship therapist and coach and a trainer in issues to do with love or sexuality for more than forty years. In that time, I have worked with many, many couples and many singles and really, really helped people to have much, much better relationships. Not only that, I've helped people to understand that we deserve to have in our lives really good relationships. Even if we didn't get the training when we were young, what that should look like. We're going to give that to you in this course.

So this course is to help you to get the relationship you want and the relationship you deserve, and also to help you see that there are things that you need to do to make that relationship great. It isn't just going to be given to you like a Christmas present. You need to participate in this process. So why is this important? Well, it's important because we are now living in a time where we get more and more to choose the partner that we want and to choose also the type of relationship we want to have.

We're not absolutely out of control. We have choice, but now we want to see how to use that choice in the best way that we can for self for ourselves. Now, we may not have been brought up to believe that you really can have intimacy. So this course is a step by step guide to support you and to encourage you to find fulfillment in life and to find fulfillment in the kind of relationships you want to have. Now, part of a happy and healthy relationship is also a happy and healthy and vital intimacy.

And part of that intimacy is also a sexual intimacy. So we're going to guide you to have the confidence and the courage to be willing to create through your own participation through your own sharing, a very loving, happy, healthy intimacy. And when you do that, and we're going to guide you, because we know that you don't really know what you going to discover is that this fulfillment in your love lives will spread to all the people that you come into close contact with. Often we think that if I have that kind of relationship that I want, it may be difficult for my parents. It may be difficult for my children.

Actually, what we've discovered is the contrary. What we've discovered and what I've discovered in my life is that when I'm happy that happiness spreads to all the different people we come in contact with. Because we are more considerate of people were more kind to people and we warmer and we have a warmth in our heart which people when they feel it, they open up. So this course is not only going to help you and your partner, the benefits are going to spread to your work life to be more productive at work, more creative and also to even healing things that have happened in your family's that you may not have known how best to handle.

We are in a new time and a very exciting time, a time of choice and empowerment for both men and women. And my understanding is that if we are happy, really fulfilled in our intimate relationships, all aspects of our lives improve. Now how do I know this? Well, I know this because I've experienced it. I've experienced it personally. There have been times in my life when I've been unhappy in my relationships, and I felt distracted, unable to focus in my work, not creative. And then of course, there are times when I've done the work on myself, my relationships have improved, and I feel so much more energy to bring to the deepest part of my life, the healthiest part of my life.

So what I understand from myself and from my clients is we work better, we were more successful, our careers develop, and also our health does not suffer. Actually, we are not meant to live in unhappy relationships where we just survive or we feel helpless to change things. So this course that we're bringing you, it doesn't matter if you are in a new relationship or an old one, it is almost always possible to improve. And if you actually right now are alone and are thinking about finding a good partner, this course is really going to guide you to help you to make really good choices, what kind of partner you want to have and what kind of relationship you want to create with that person.

So what we are promoting is a course that will support you and give you the skills and the understandings necessary to have alive and growing and creative partnerships. There is only one thing that I wanna say to you right from the beginning. The first thing that you need to understand is for any relationship to change or for a good relationship to begin, you have to make the moves. It will never work to complain about your partner and want them to change. That will not make you succeed. So to

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How can they be a real source of happiness and pleasure? Because many times in the Chinese relationships, there were many aspects about duty and obligation where that is always a part of relationships. We are now finding out that we can as much as we need to be caring for parents and family structures, we still have space to be ourselves and to create relationships that fit to the new world order that we are starting to live in. And this is very important because many ways the old structure allowed people to have relationships.

But as I observed, a lot of those relationships were not between an adult man and an adult woman. Many times those relationships where people coming into relationships looking for the kind of parenting that they somehow did not have in their childhood. Now we going to talk a lot more about that in the course. But one way that I want to inspire you and encourage you is to say that it really is time. And it really is possible to meet each other as independent adult men and independent adult woman who can communicate, who can negotiate, and who can find very creative solutions to problems that in previous generations we really did not know how to work with.

And this is a very exciting time for all of us to have mature adult independent yet fulfilling partnerships. So it gives me really great pleasure to welcome you to this inspiring and growthfull program that we're going to present you. And also to let you know that we support you, every step of the way. So you're not alone. And you're going to really benefit from this in so many ways that you couldn't even imagine.