

Does going to university in a different country affect your mental health? A Japanese international university surveyed its students in 2018 and published a study the following year that was approved by several ethical and regulatory boards.

The study found that international students have a higher risk of mental health difficulties than the general population, and that social connectedness (belonging to a social group) and acculturative stress (stress associated with joining a new culture) are predictive of depression.

How does the length of stay impact the average mental health diagnostic scores of the international students present in the study?

Field Name	Description
inter_dom	Types of students (international or domestic)
japanese_cate	Japanese language proficiency
english_cate	English language proficiency
academic	Current academic level (undergraduate or graduate)
age	Current age of student
stay	Current length of stay in years
todep	Total score of depression (PHQ-9 test)
tosc	Total score of social connectedness (SCS test)
toas	Total score of acculturative stress (ASISS test)

 Projects Data DataFrame as students

```
SELECT *
FROM students;
```

▼	inter_dom	▼	region	▼	gender	▼	academic	▼	age	▼	age_cate	▼	stay	▼	stc
0	Inter		SEA		Male		Grad		24		4		5		Lo
1	Inter		SEA		Male		Grad		28		5		1		Sh
2	Inter		SEA		Male		Grad		25		4		6		Lo
3	Inter		EA		Female		Grad		29		5		1		Sh
4	Inter		EA		Female		Grad		28		5		1		Sh
5	Inter		SEA		Male		Grad		24		4		6		Lo
6	Inter		SA		Male		Grad		23		4		1		Sh
7	Inter		SEA		Female		Grad		30		5		2		Mo
8	Inter		SEA		Female		Grad		25		4		4		Lo
9	Inter		Others		Male		Grad		31		5		2		Mo
10	Inter		Others		Female		Grad		28		5		1		Sh
11	Inter		SEA		Female		Grad		31		5		1		Sh
12	Inter		SA		Male		Grad		29		5		1		Sh
13	Inter		EA		Male		Grad		23		4		1		Sh
14	Inter		SEA		Female		Grad		31		5		1		Sh
15	Inter		Others		Female		Grad		30		5		1		Sh
286 rows ↓															



Projects Data DataFrame as df

```
SELECT stay,
    COUNT(*) as count_int,
    ROUND(AVG(todep), 2) as average_phq,
    ROUND(AVG(tosc), 2) as average_scs,
    ROUND(AVG(toas), 2) as average_as
FROM students
WHERE inter_dom = 'Inter'
GROUP BY stay
ORDER BY stay DESC;
```