

# CRAFTING SKILLS

Crafting skills refer to the abilities and techniques used to create, design, and build various items, often by hand.

Some common types of crafting skills include:

1. **Sewing and Textiles**
2. **Paper Crafts**
3. **Ceramics and Pottery**
4. **Painting and Drawing**

## SEWING AND TEXTILES

### How to knit a cap?

Knitting a cap (hat) is a great project for both beginners and experienced knitters. Below is a step-by-step guide to help you knit a basic ribbed beanie using circular knitting needles. This pattern can be adjusted for different sizes by altering the number of stitches and rows.

## MATERIALS REQUIRED



- roughly 300 meters yarn
- circular knitting needles matching your yarn weight
- scissors
- sharp tapestry needle
- Measuring tape
- Stitch markers
- pins (for blocking)

## STEPS FOR KNITING A HAT

So, here is how to start knitting hats with circular needles:

**Step 1** - Cast on stitches on your fixed or interchangeable circular needles using the long-tail cast-on method. Place a stitch marker and carefully align the stitches in the same direction, and join to knit in the round.



**Step 2** - Place a stitch marker for the beginning of the round. Knit four rounds. This will allow the knitting to curl to form the roll-up brim.



**Step 3** - Switch to knit one stitch, Purl one ribbing, and knit round rounds in ribbing.



**Step 4** - Work a knit on knitting together to decrease one stitch. Then work on the pattern stitch for seven inches or to the desired height.



**Step 5** - Knit one round, then begin decreasing. Continue for a few more rounds. At this point, you can carefully try on the hat to see if you would like to add more length before beginning the decreases. If you need more height to the hat, add a few more rounds of pattern stitch before continuing.



**Step 6-** Cut yarn leaving about several inches of tail. Draw the tail through the remaining stitches and fasten off. Weave in yarn ends.



**Step 7 –** The hat is complete.





## How to embroidery a flower on a cloth?

Embroidery is a beautiful way to add decorative elements to fabric. Embroidering a flower on cloth is a great project for beginners and experienced embroiderers alike.



### MATERIAL REQUIRED

- Embroidery floss (thread) in your chosen colours
- Embroidery needle
- Small embroidery hoop
- Embroidery stabiliser –
- Small scissors
- Optional: Pencil, chalk pencil, removable pen (such as Frixion pen) or embroidery transfer paper

### STEPS FOR MAKING A FLOWER

#### DAISY FLOWER

Use the lazy daisy stitch to create each petal using 6 strands of white.

- Make a closed loop by coming up and back the same hole along the circle.

- Come up at the top of the petal guidelines, through the loop.
- Return to the back at the top of the loop on the outside of it.
- Do this for each petal.



Create the center with the lazy daisy stitch and use 6 strands of dmc #743. Use 2 wraps:

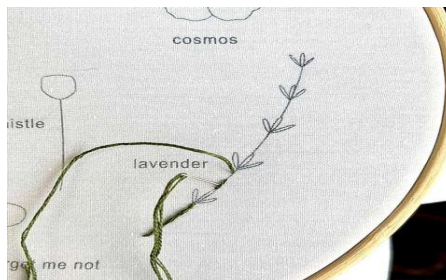
- Come up to the top of your fabric and wrap your thread twice around your needle.
- Push needle halfway back into the fabric and gently pull thread until the wraps hug the needle.
- Then pull needle through from the back to form a knot on the front.



## LAVENDER FLOWER

Use the stem stitch with 4 strands of dmc #3346 to create the stem

- Make a small stitch
- Come up a small gap length away
- Nudge the previous stitch over to the right and return to the back
- Repeat.



Use 6 strands of dmc #3836 to create the flowers with the lazy daisy stitch.

- Make a closed loop
- Push needle up at the top of the loop, on the inside
- Stitch down the loop by returning to the back at the top of the loop, on the outside.





# PAPER CRAFTS

## How to make a quilling flower?

Quilling, also known as paper filigree, is an art form that involves rolling, shaping, and gluing strips of paper to create decorative designs.

### MATERIAL REQUIRED

- i. Quilling Paper Strips
- ii. Quilling Tool
- iii. Glue
- iv. Tweezers
- v. Quilling Board (optional)
- vi. Scissors
- vii. Cardstock (optional)

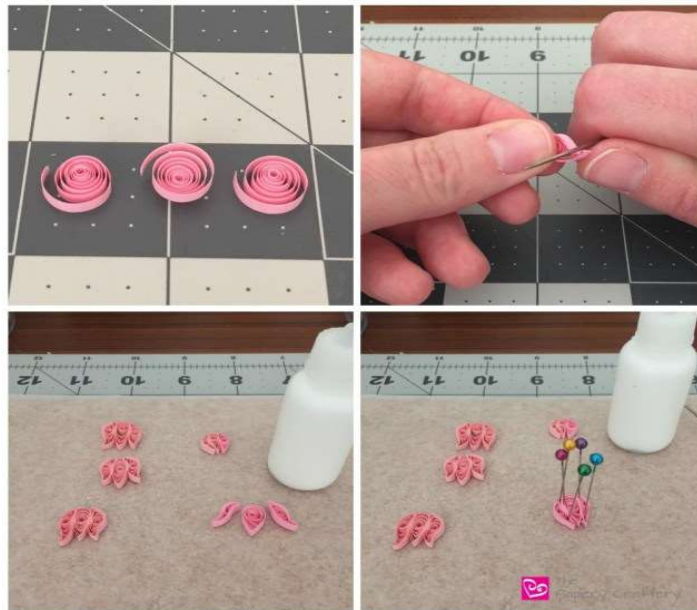


### STEPS FOR MAKING A FLOWER

Each stem usually has quite a few buds growing off of it, but I chose to only quill 3 flowers per stem.

The flowers are all formed by 3 6" strips of quilling paper. Roll all into open coils and glue the ends to hold.

Most of the buds quilled are going to be the fully opened lilies. Pinch one of the coils into a teardrop, and the other two bend into shaped marquise. The teardrop will be the center of the bud, with the marquise on either side. Once glued together and dried, they 3 coils will form the bell-like shape of the lily of the valley.

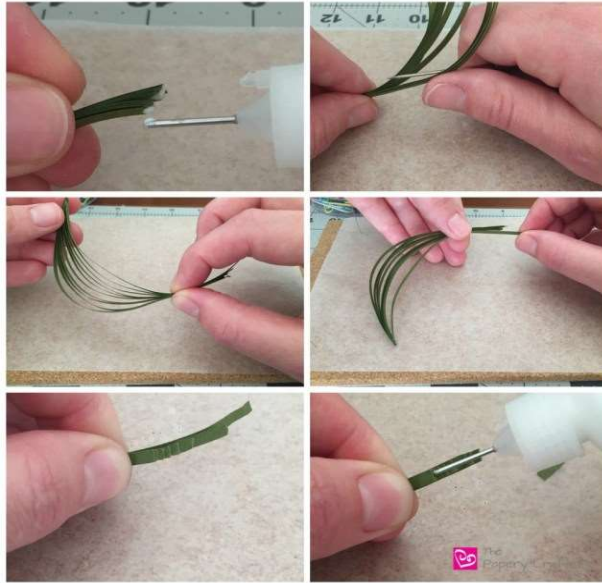


To start each leaf, measure between 8-10 6" strips of dark green quilling paper. Stack them, one on top of the next, but in a progressive way, so that each end is a little higher than the one underneath it. Apply a very small amount of glue between each layer and push together so form a peak when dry.

Next, run your quilling tool down the length of each strip to aid in the curve of the leaf.

Then, holding the whole lot sideways, pull and push each strip individually until the leaf looks just the way you want it.

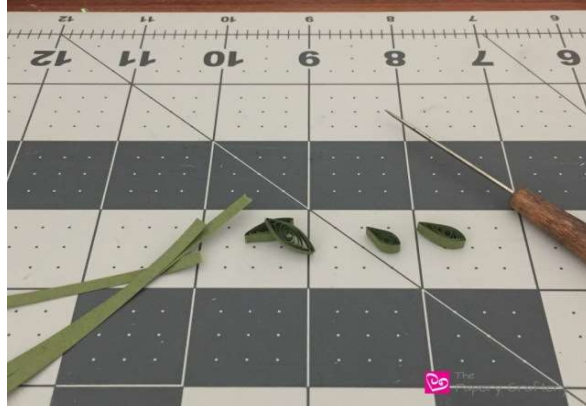
Apply a small amount of glue between each layer and pinch into a point as it dries.



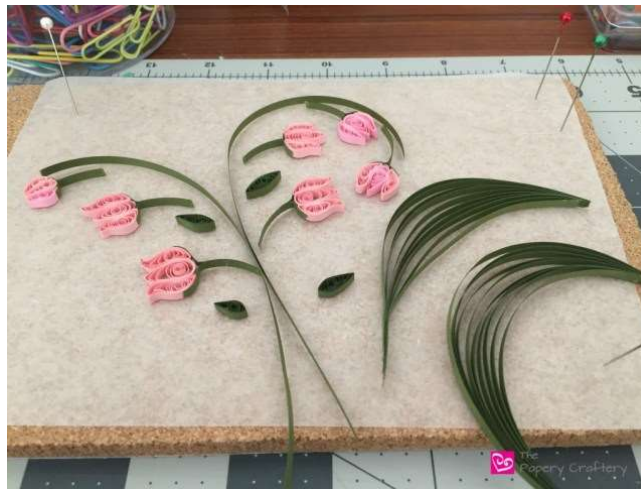
Each leaf is a little different, but that's what will make your flowers and plants unique!



Lilies of the valley have small leaves too.  
To make a few, roll 4" strips of green into tear drops or marquises.



Then, I just played around with the placement of the flower buds and leaves until I was happy with the result!



## HOW TO MAKE A PAPER MACHE BALLOON?

### Supplies Needed

- Balloon
- Newspapers or paper for recycling
- White glue or papier mache paste
- Large bowl or small bucket
- Small bowl
- Small tray or any shallow container



- Spoon

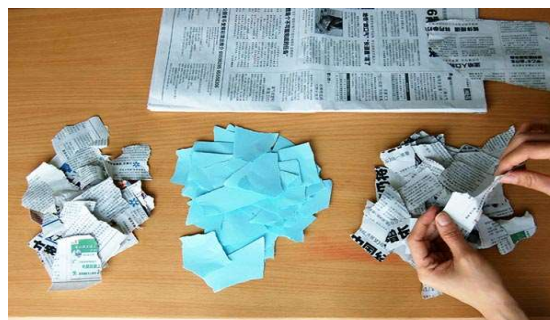


## STEPS FOR PAPER MACHE BALLOON

1. Inflate a balloon.



2. Tear paper into pieces.



3. Prepare the paste.



4. Soak the paper with paste.



5. Place the paper on the balloon.



6. Place more pieces of paper.



7. Smoothen out the wrinkles.



8. Make a second layer.



9. Make a third layer.



10. Let the paper mache dry.



11. Pop the balloon.



## CERAMICS AND POTTERY

### How to make a bowl on throwing wheel?

You Will Need:

- 1.5 to 2 lbs of wedged clay
- bucket of water
- small sponge
- bat
- needle tool
- wooden rib



- wire to cut your piece off at the end

## **STEP BY STEP MAKING A BOWL**

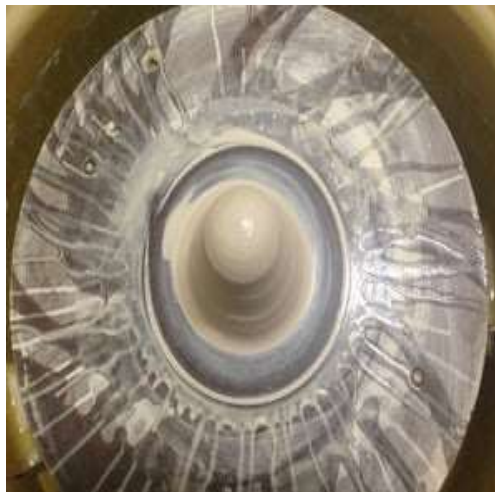
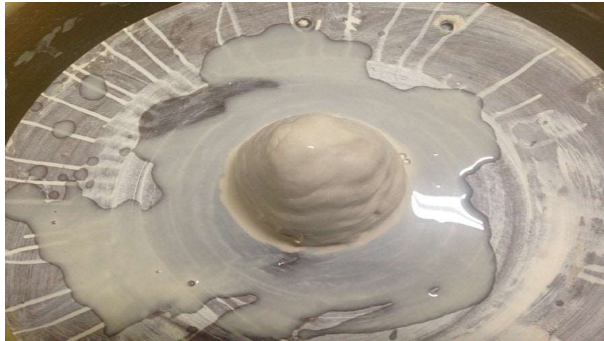
### **Step 1: Prepping the Bat**



### **Step 2: Attach the Clay**



Step 3: Centering: Coning Up!



Step 4: Centering: Coning Down!



Step 5: Creating a Donut



Step 6: Drilling



Step 7: Checking Bottom Depth



Step 8: Opening





Step 9: Compressing the Bottom



Step 10: Collar In

Step 11: Pulling a Wall





### Step 12: Outside Clean Up



### Step 13: Shaping a Bowl



## Step 14: Cut Off the Bat



## PAINTING AND DRAWING

### How to draw a cat?

#### Materials:

- Acrylic Paint
- Paint Colors:
  - Flag Red (Cad Red Medium)
  - Jack O Lantern Orange (Cad Orange Hue)
  - Yellow (Cad Yellow Medium)
  - Bright Blue (Primary Blue)
  - Bimini Blue (Bright Aqua Green)
  - White (Titanium White)

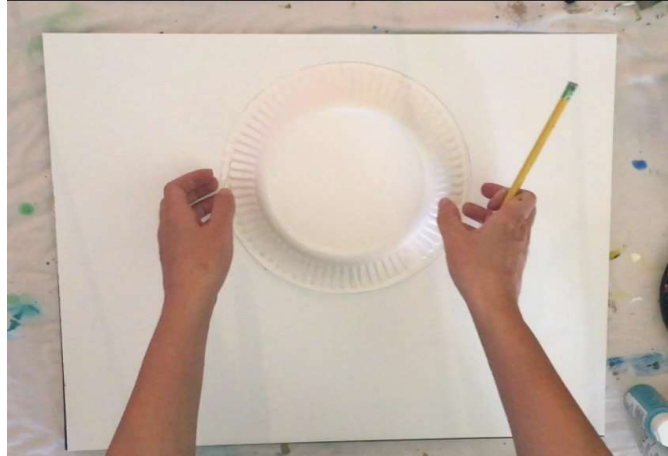
- Black (Mars Black)



- 16" x 20" Canvas or 8" x 10" canvas or whatever size you want!
- Brushes:
  - 1" Flat Brush
  - 1" Angle Brush
  - Medium Round Brush (#3 or similar size)
- 9" Paper plate to trace the moon
- paper plate for palette

### **STEP BY STEP DRAWING AND PAINTING CAT**

#### **1. Trace The Moon**



**2. Paint The Sky**



**3. Paint Some Moonbeams**



**4. Paint The Tree**





5. Paint Some Leaves



6. Draw & Paint The Cat



7. Paint Swirls & Stars In The Sky





