

2020-21

# ANNUAL REPORT



PREPARED BY

**3UK CTR NCC  
IIT ROORKEE**



**ncc@iitr.ac.in**

# TEAM DESCRIPTION

**Faculty Advisor:**

Dr. Rachita Gulati

**ANO:**

Dr. Inderdeep Singh

Dr. Mukesh Bhardwaj

**General Secretary:**

Deepak Yadav

**Joint Secretaries:**

SDL Malavika

Nitesh Kumar

Gedila Sarita

**Executives:** 14

**Volunteers:** 18

**Cadets:** 420

## FUNCTIONING

The NCC focuses on the development of qualities like physical and mental perseverance, self-discipline and unity in its cadets. The unit organises a plethora of activities to inculcate these qualities in its cadets. Various online activities are organised to develop team spirit and camaraderie among cadets. Working with officers from the army, the cadets get a first-hand experience of the working and culture of the army. On the social front, the unit organises several awareness campaigns about various social issues, making donation drives. It also aims at developing civic sense among its cadets. The cadets also develop leadership qualities through experience of organisation of different events under the unit.

# TREE PLANTATION WEEK

“Trees are poems that the Earth writes upon the sky.” Trees are the lungs of the planet we call our home. We all know how important they are for the sustenance of life on earth and the health of human beings. But many times, we lack the time or willingness to plant a tree of our own accord. During these often lonely and sometimes depressing times of the COVID-19 pandemic, it becomes imperative for us to develop a connection with Mother Nature to evade loneliness and sadness, and what is a better way to do this than to plant a tree! Considering the monsoon season, NCC IIT Roorkee organized a Tree Plantation Week from July 21, 2020, to July 28, 2020, in which cadets were motivated to plant trees, and more than a hundred cadets participated in the event by planting trees.



# ATMA NIRBHAR BHARAT ABHIYAN

Atma Nirbhar Bharat Abhiyan (ANBA) was launched by the Government of India to counter our increasing dependence on other countries in several sectors, notably defense procurements, electronic goods, etc. Our country lacks a robust R & D system that could be responsible for innovation and our more significant presence in the contemporary world GDP. The ANBA not only aims to make India self-reliant in all possible ways but also aims at India becoming a major player in world economics. It envisages gaping our trade deficit with other countries and making India a global player in the real sense.

NCC being the largest uniformed organization in India, we have been asked to promote and implement the Atma Nirbhar Bharat Abhiyan (ANBA). So, the 3 UK CTR NCC conducted activities like Article writing Competition, Debate, Panel Discussion, and Pledge taking ceremony to increase awareness among the cadets about ANBA and its various aspects.

### **Pledge taking ceremony:**

On 20/07/2020 cadets were asked to take an online pledge on to support "Vocal for Local," and 160+ cadets took an online pledge on <https://pledge.mygov.in/vocalaboutlocal/> and shared their e-certificates through social media handles.

### **Article writing competition:**

In the context of ANBA, on 11/08/2020, 3 UK CTR NCC announced an article writing competition for the campus junta, where IITR people were invited to present, express, and analyse the situation from their perspective, in the form of an article. 15+ cadets voluntarily participated in the event and the top three entries were posted on our Facebook and Instagram handles with credits to the author.

### **Debate and Panel Discussion:**

To increase awareness about ANBA, online debate and panel discussion on the following topics were conducted on 13/08/2020

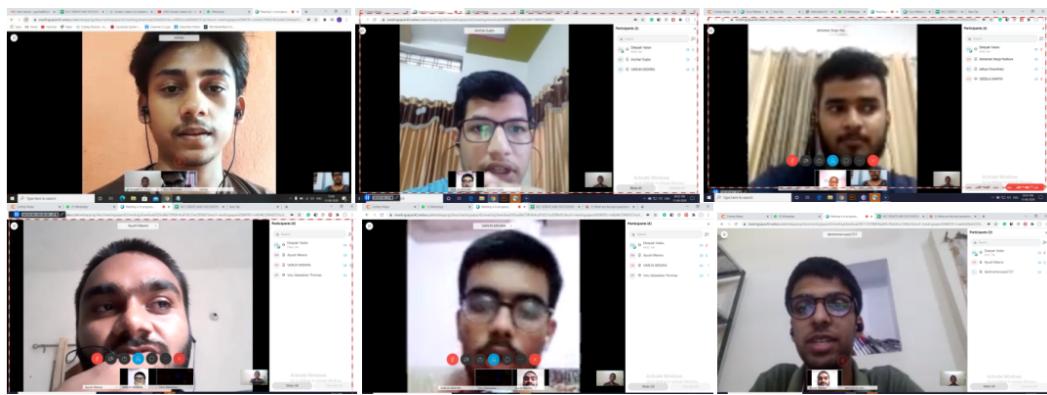
Topics for Debate:

- Can Indian manufacturers fulfill the vision – ANBA
- Does the New Education Policy helps in making India self-reliant
- Should we promote self-reliance in the era of globalization?
- The current conflict between India and China

Topics for Panel Discussion:

- Significance of self-reliance in this time of a pandemic
- Entrepreneurship opportunities for youth in India
- Actions to fulfill the demographic potential

Debates and Panel Discussions were conducted online using Cisco WebEx, and 20+ cadets took part in the debate and panel discussion.



## INDEPENDENCE DAY CELEBRATIONS

Independence Day was celebrated religiously throughout the country on August 15, 2020. Traditionally, a Guard of Honour is given by the NCC cadets to the Director of IIT Roorkee, but due to the COVID pandemic and the campus being closed, this was not possible this year. So, a group of selected NCC Cadets who stayed in the college joined the flag hoisting ceremony in the 3 UK CTR NCC unit, following proper social distancing norms. Also, a Post-Independence Day series remembering some of the most prominent people who, through their excellence of mind, character, and actions, helped shape India the way we see it today was launched on our social media handles. The series reached an audience of 22k +.



# FIT INDIA MOVEMENT

Fit India Movement is a nationwide movement in India to encourage people to remain healthy and fit by including physical activities and sports in their daily lives. It was launched by the Prime Minister of India at Indira Gandhi Stadium in New Delhi on 29 August 2019 (National Sports Day). NCC Cadets all over India passionately participated in a wide range of physical fitness exercises throughout the FIT INDIA MOMENT. Cadets of NCC IIT ROORKEE were not left behind to show their presence at this moment. 3 UK CTR NCC IIT ROORKEE also organized a unique virtual marathon, and cadets actively participated and made the marathon a mega fitness event.



3 UK CTR NCC IIT ROORKEE  
(UK/SD 180505)  
AAKASH HIRNOTIA



3 UK CTR NCC IIT ROORKEE  
CADET WITH FAMILY MEMBERS



3UK CTR NCC IIT ROORKEE  
(UK/SD 181556)  
RAJKUMAR KHICHAR

## Freedom Run

Staying cheerful requires some physical activity, and what could be better than a run! Keeping this in mind, NCC IIT Roorkee organized IIT Roorkee's first virtual marathon, "Freedom Run," on 29 August 2020. Marathon was categorized as 5 KM for girls and 8 KM for boys having prizes worth 6K to the winners. Despite the COVID-19, 75 participants (66 Boys, 09 Girls) participated in the event following proper social distancing norms and government guidelines.

Standings in Boys category:

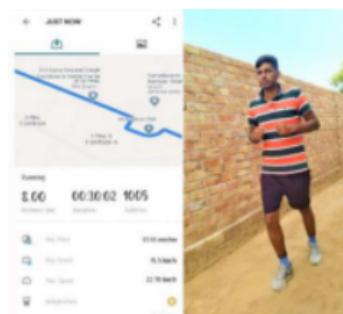
1. Sankar Singh Meena (18122017)
2. Gurmeet Singh (18113050)
3. Rajkumar Khichar (19113112)

Standings in Girls category:

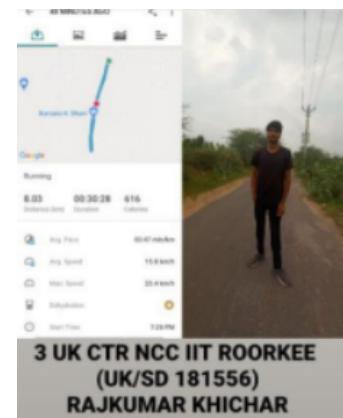
1. Deepika (19113036)
2. Veerpal Kaur (19117120)
3. Anshika Bang (19410004)



**3 UK CTR NCC IIT ROORKEE  
(UK/SD 181028)  
Sankar Singh Meena**



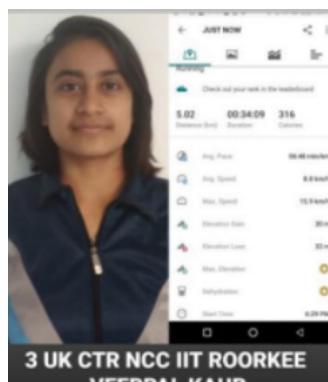
**3 UK CTR NCC IIT ROORKEE  
(UK/SD 181085)  
GURMEET SINGH**



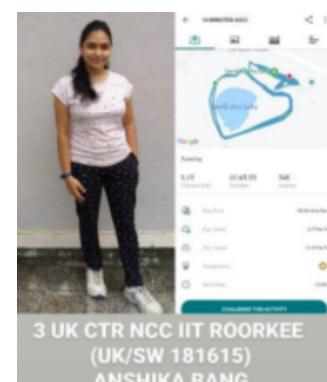
**3 UK CTR NCC IIT ROORKEE  
(UK/SD 181556)  
RAJKUMAR KHICHAR**



**3 UK CTR NCC IIT ROORKEE  
DEEPIKA SABAL**



**3 UK CTR NCC IIT ROORKEE  
VEERPAL KAUR**



**3 UK CTR NCC IIT ROORKEE  
(UK/SW 181615)  
ANSHIKA BANG**

## Plog Run

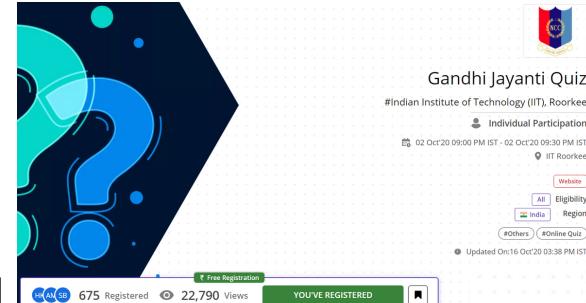
Fit India movement came to an end on 2nd Oct. 2020 by organizing a 2 km Plog run to combat plastic pollution's growing threat. Cadets of NCC IIT Roorkee actively participated in the Plog run.



## GANDHI JAYANTI QUIZ

Gandhi Jayanti is celebrated on October 2nd every year to mark the birth anniversary of the Father of our Nation, Mohandas Karamchand Gandhi.

On 2/10/2020, NCC IIT Roorkee conducted a Pan India online quiz on “Mahatma’s Audacity for Independence.” The quiz was hosted on the D2C platform; 675 students registered for it and received the participation of 300 students. The top 3 winners of the quiz were awarded prizes of a total worth INR 2,500.



### Winners of Quiz:

1. Shriya Gupta, Rabindranath Tagore University
2. Siddharth Jena, IIT Roorkee
3. Nitin Sheokand, IIT Roorkee

## NATIONAL CANCER AWARENESS PROGRAMME

On the National Cancer Awareness Day (7/11/2020), NCC IIT Roorkee raised awareness by making a video about a major cause of death worldwide, a silent killer, i.e., Cancer, its symptoms, early detection, medication facilities, precautions, and cure. Along with the video, different awareness articles about cancer were also circulated among the cadets.



## NCC DAY DONATION DRIVE

The aim of the National Cadet Corps has stood the test of time and continues to meet the requirements expected of it in the current socio-economic scenario of the country. NCC aims to develop character, comradeship, discipline, a secular outlook, the spirit of adventure, and ideals of selfless service amongst young citizens. Further, it aims at creating a pool of organized, trained, and motivated youth with leadership qualities in all walks of life who will serve the Nation regardless of which career they choose. On the occasion of NCC day (22 November 2020), when we were at our homes and the poor and underprivileged continued to suffer in the harsh winter and difficult covid-19 times.

NCC IIT Roorkee took up the initiative to help the needy ones, and cadets of NCC IIT Roorkee donated warm clothes (50 hoodies) to people in the slums of Roorkee.



रुड़की। आईआईटी में एनसीसी छात्रों की ओर से एनसीसी डे के उपलक्ष्य में कार्यक्रम का आयोजन किया गया। इस दौरान एनसीसी छात्रों ने आईआईटी परिसर में गरीबों को 50 मार्म टी शर्ट वितरित किए। सूबेदार एके घोष ने बताया कि 3 यूके सीटीआर एनसीसी आईआईटी रुड़की के छात्र विधिन समाजिक गतिविधियों में हिस्सेदारी निभा रहे हैं। कोरोना काल में छात्रों की ओर से विधिन गतिविधियां आयोजित की गईं। उन्होंने बताया कि एनसीसी डे के उपलक्ष्य में गरीब लोगों को 50 मार्म टी शर्ट वितरित की गई हैं। इस मोक पर कमार्डिंग आफिसर कर्नल आकेश शर्मा, एनओ एनसीसी इंद्रजीत सिंह, औमनेरी कैप्टन बलेंद्र सिंह एवं सूबेदार मनोज कुमार आदि मौजूद रहे।

# EK BHARAT SHRESHTHA BHARAT CAMPS

As a tribute to Sardar Vallabhbhai Patel's efforts for a united India and to celebrate the Unity in Diversity of the nation, 'Ek Bharat Shreshtha Bharat' (EBSB) initiative was launched on the 140th Birth Anniversary of Vallabhbhai Patel. This year NCC IIT Roorkee participated in 2 online EBSB camps.

## Camp 1

A six-day online camp was held between NCC Cadets of Rajasthan and Uttarakhand from 26 OCT 2020 to 31 OCT 2020. Daily from 10 AM to 1 PM. Cadets of Rajasthan and Uttarakhand directorate shared their culture, traditions, music and briefed each other about their festivals, tourism, cuisine, sports, history, geography, promoting India's unity and Integrity.

A total of 300 cadets, 150 from Uttarakhand and 150 from Rajasthan, and 10 ANO'S and Camp coordinators were present.

Schedule of the EBSB Camp:

**Day 1:** Cadets of 3 UK CTR NCC IIT Roorkee briefed everyone about the history, geography, economy, good practices and swot analysis of Uttarakhand, followed by presentations on the same topics about Rajasthan by Rajasthan Cadets.

**Day 2:** Cadets of 3 UK CTR briefed everyone about the Cultural heritage, festivals and Customs and Traditions of Uttarakhand, followed by presentations on the same topics on Rajasthan by Rajasthan Cadets.

**Day 3:** Dekho Apna Desh

Cadets of both directorates gave a glimpse of their culture by performing the various regional dance; folk songs followed a language learning session of both regions.

**Day 4:** Lecture on Mental health conditions in the covid-19 situation and psychological build-up was delivered by ANO's, followed by a discussion between the cadets.

**Day 5:** Discussion on leadership qualities of 5 leaders of both Uttarakhand and Rajasthan took place between the cadets.

**Day 6:** The session was closed with the debate and quiz competitions between the cadets.

## Camp Achievements

- First position in the quiz competition.
- Best presentation award to NCC IITR.
- 3rd prize to UO SDL Malavika in the solo singing competition.

## Camp 2

A six-day online camp was held between NCC Cadets of Andhra Pradesh, Telangana, and Uttarakhand from 22/03/2020 to 27/03/2020. Daily from 11 AM to 2 PM. Cadets of Andhra Pradesh & Telangana and Uttarakhand directorate shared their culture, traditions, music, language. They briefed each other about their festivals, tourism, cuisine, sports, history, geography, promoting India's unity and Integrity. A total of 400 cadets, 200 from Uttarakhand, 200 from Andhra Pradesh & Telangana, and 10 ANO'S and Camp coordinators were present.

Schedule of the EBSB Camp:

**Day 1:** The camp started with an ice-breaking session followed by a briefing about the history, geography, economy, good practices, and swot analysis of Uttarakhand, Andhra Pradesh & Telangana by cadets of respective directorates.

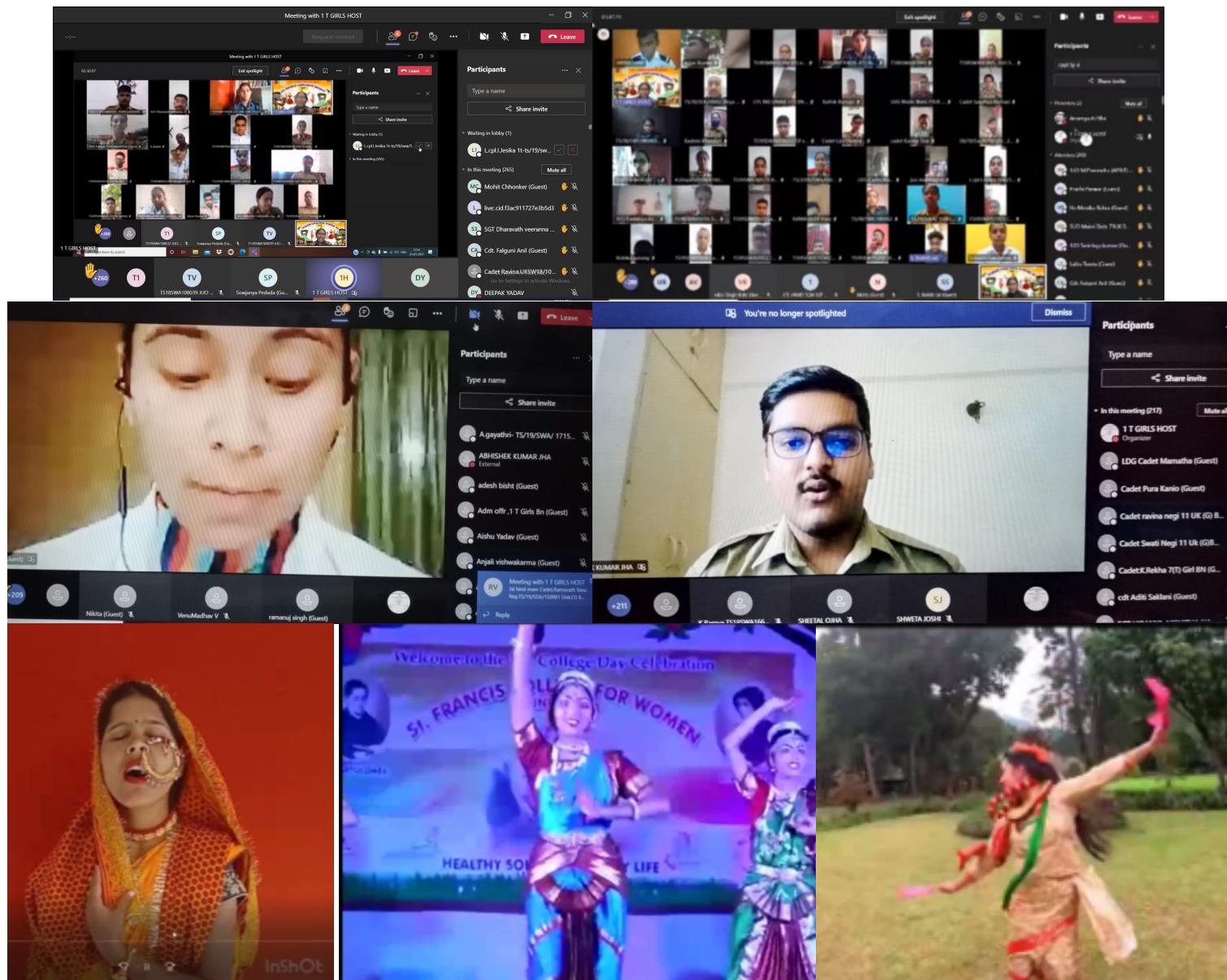
**Day 2:** Day started with language learning programmes, proceeded with presentations on cultural heritage, festivals, and customs & traditions of the states by their respective cadets.

**Day 3:** Dekho Apna Desh Programme of Uttrakhand by 3 UK CTR NCC IIT Roorkee cadets in which cadets presented on historical and tourism sites of Uttarakhand in an astonishing way followed by cadets of both directorates giving a glimpse of their culture by performing the solo/Gp dance and song.

**Day 4:** Dekho Apna Desh Programme of Andhra Pradesh & Telangana Dte. succeeded with a lecture on Mental health conditions in the covid-19 situation and psychological build-up.

**Day 5:** A case study on water conservation in Andhra Pradesh & Telangana followed by a discussion on leadership qualities of 5 leaders of Uttarakhand, Andhra Pradesh & Telangana took place between the cadets.

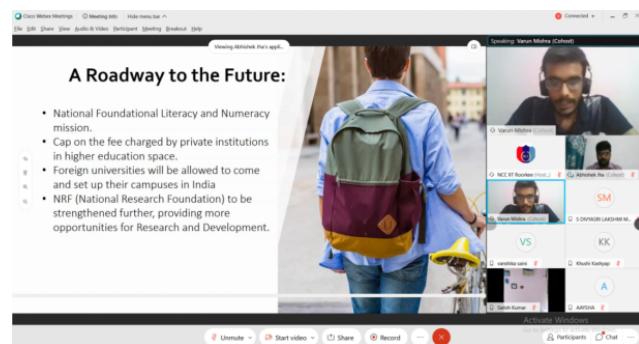
**Day 6:** A case study on water conservation in Uttarakhand, preceded with a declamation on the role of youth towards water conservation.



# WEBINARS

## 1. Webinar on National Education Policy (NEP)

NCC IIT Roorkee conducted a webinar on National education policy, 2020, for 3 UK CTR Cadets at **7 PM, 8 Oct. 2020**. It was a 1-hour interactive session with 70+ participants in which speaker Cdt. Abhishek Jha and Cdt. Varun Mishra discussed various aspects of NEP, what NEP is, the pros and cons, its challenges, and the long-term benefits for the youth.



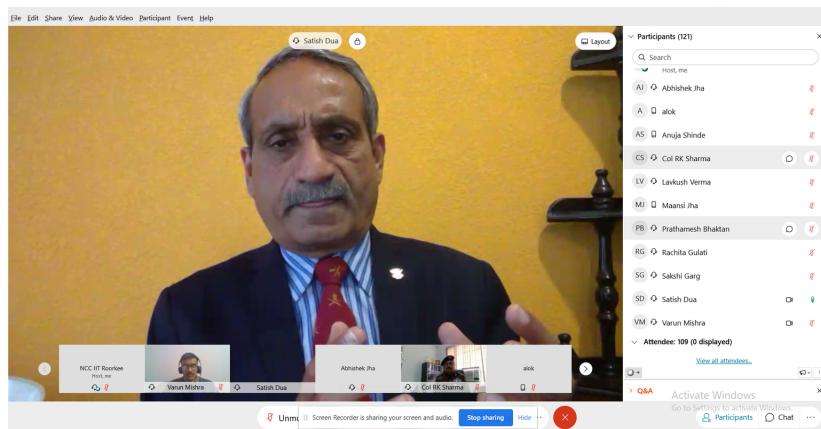
## 2. Webinar on Bravest of the Brave: The Indian Army

NCC IIT Roorkee conducted a webinar to give an opportunity to all those enthusiastic about the Indian Army to know more about the IA and life in the IA and motivate those who are willing to don the uniform.

**Date and Time:** 7 Feb. 2021 ,11:45 AM to 1:00 PM

**Topic:** Bravest of the Brave: The Indian Army

**About the speaker:** Lt. General Satish Dua, PVSM, UYSM, SM, VSM (Retd.), has commanded many units and brigades in extreme counter-terrorism environments during his career. He has been a commander of the Chinar Corps and carried out a number of momentous operations in the active militancy areas of Jammu and Kashmir during the tumultuous years of 2015-16. Known to be a 'counter-terrorism specialist', 'Lt. Gen. Dua is considered to be one of the main brains behind the surgical strike of 2016. Later on, Lt. Gen. Dua served as the Chief of Integrated Defence Staff to the Chairman, Chiefs of Staff Committee (CISC).



**Program:** The webinar started with a welcome note from Col. RK Sharma, KC, SC, SM CO 3 UK CTR NCC IIT Roorkee, followed by the talk of Lt. Gen. Dua sir. He connected with the cadets, shared his experiences in the Army during 4 decades of his service, and emphasized discovering the leader within.

The talk was succeeded by a Q&A session from the participants and came to an end with a token of thanks by Dr. Rachita Gulati on the behalf of NCC, IIT Roorkee.

The webinar was hosted on Cisco WebEx and **250** Students registered for the webinar with **130** attending the talk. The words of General sir were highly appealing and inspirational to the students and the webinar was an indelible experience.

### 3. Webinar on How to join the Indian Army

3 UK CTR NCC IIT Roorkee conducted a webinar on How to join the Indian Army for 3 UK CTR Cadets at **10:00 AM, 18 Sept. 2020**. It was a 1-hour interactive session with **100+** participants. **Col. VS Dhatwalia, SC**, along with other 3 UK CTR NCC staff, guided cadets about different ways to get into the Indian Army, incentives of Armed forces and its extraordinary life through their enormous experience in the uniform.

| PHYSICAL FITNESS TEST                 |     |          |                   |
|---------------------------------------|-----|----------|-------------------|
| 1.6 KM RUN                            |     | PULL UPS |                   |
| TIMINGS                               | MKS | GP       | MKS               |
| UPTO 5 MINS 30 SECS                   | 60  | I        | 10 40             |
|                                       |     |          | 09 33             |
|                                       |     |          | 08 27             |
| UPTO 5 MINS 31 SECS TO 5 MINS 45 SECS | 48  | II       | 07 21             |
|                                       |     |          | 06 16             |
|                                       |     |          | LESS THAN 06 FAIL |

| PHYSICAL MEASUREMENT TEST (PMT) |        |        |          |
|---------------------------------|--------|--------|----------|
| STATE                           | HEIGHT | WEIGHT | CHEST    |
| UTTARAKHAND                     | 163 CM | 48 KG  | 77/82 CM |
| INDIAN GORKHA                   | 157 CM | 48 KG  | 77/82 CM |

# HEARTFULNESS CAMP

To get into the natural rhythm and inculcate the harmonious benefits of meditation in the clutched life of students, 3 UK CTR NCC, IIT Roorkee offered a whole person development Program for NCC cadets in particular and all the students in general. In the spirit of unity, HEARTFUL INSTITUTE, in association with NCC, IIT ROORKEE, conducted a " Start -"U"p program" - Pause & Reflect- Be the Best Version of Self.

It was a foundation leadership program for youth, which blends with heartfulness contemplative practices with reflective and experimental activities with a scientific bent of mind.

The camp was conducted for 6 days, dated from **17th March 2021 to 19th March 2021**, and from **22nd March 2021 to 24th March 2021**. Each session was held for **90 minutes**. The series of sessions were conducted by various prominent speakers and heartfulness facilitators on highly engaging topics, namely connection, core, context, choices, causality, and community.

**300 +** students registered for the camp, and **150+** students joined the session via Zoom meeting daily and interacted greatly. Also, an app named 'Mentimeter' was used to get feedback from students on each session. Several questions and suggestions were asked by the facilitators from the students. A bunch of students shared their worthy views and relevant answers to these. At the end of each session, guided meditation and relaxation used to be conducted for about 20 minutes.

The camp came to an end with a token of thanks to the panelists by Dr. Rachita Gulati on behalf of NCC, IIT Roorkee. The camp was a great success and an indelible experience for all the participants.




## TRAINING GROUPS

NCC cadets are given the opportunity to participate in a host of adventure activities, including Mountain Treks and Expeditions, Trekking, etc. Adventure-based activities enable cadets to hone leadership skills and enhance their character qualities. But due to the covid-19 pandemic scenario, all the cadets are at home. Hence to inculcate these qualities into the cadets, we have created 13 training groups and assigned a senior cadet to each group to mentor the junior cadets.

Activities of training groups started with a common virtual freshers marathon for all training groups which was held on 3/01/2021, 5km for girls and 8km for boys.

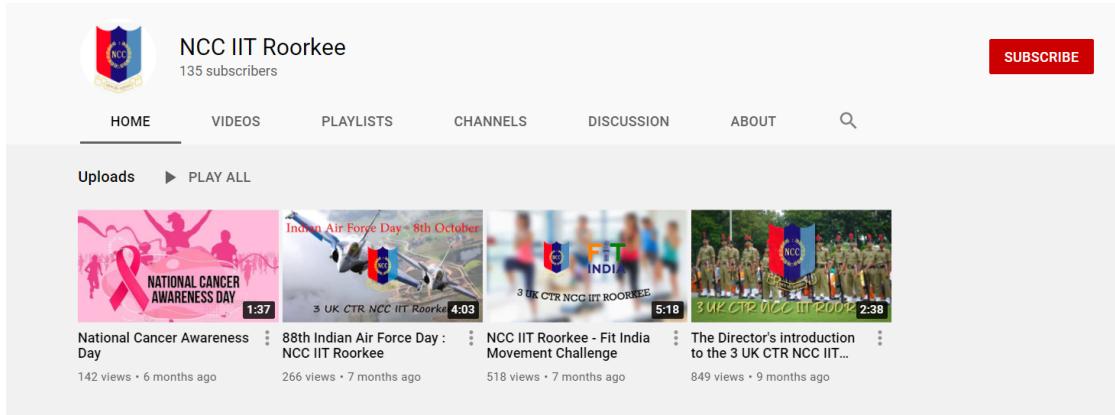
Each senior cadet hosted several sessions wherein they conducted various interesting activities like ice-breaking sessions, interaction sessions. They have also conveyed the importance of NCC, what are the qualities an NCC cadet should have, what are the significances of all the training sessions which NCC conducts during the offline mode. Due to the pandemic condition, none of the junior cadets were able to come to the campus and explore the campus and the NCC unit. We have witnessed huge participation of around 200 junior cadets combining all the 13 training groups. All the students were genuinely interested and took part with a lot of enthusiasm.



# SOCIAL MEDIA ENGAGEMENTS

## YouTube Channel

NCC IIT Roorkee started its official YouTube channel where all the webinars and other videos of our activities are uploaded on a regular basis.



## Awareness Posts

To spread knowledge on the defense forces and important personalities of India and the Indian armed forces, various series of posts were released:-

**Know\_your\_heroes series:-** Stories about the PVC award recipients have been released.



**Independence\_Day series:-** Stories about important personalities of India who have made significant inventions, discoveries, and contributions in science, technology, and other areas.

