

Health is wealth

- Ayush Das
The popular saying "The health is wealth" is a
1 line truth about the life.

In past decade there was a unimaginable of the
rise of ~~health~~ problems, which leads to affecting
the economic stability, this happens by the pollution,
junk food, having sugar, food containing oil and
much more.

To stabilize it we need to have home cooked
food, not having food of outside.

So I request you all to have food of home
not outside

"Health is wealth"