

Chapter 4 – ChatGPT in Your Personal Life

- ➡ These topics I cover in chapter 4 .
- ➡ Check the prompt sheet for exploring these topics.(4.1, 4.2, 4.4)
- ➡ Make sure you don't overload information.

4.1 Food and Diet Planning

4.2 Health and Fitness

4.3 Travel Planning

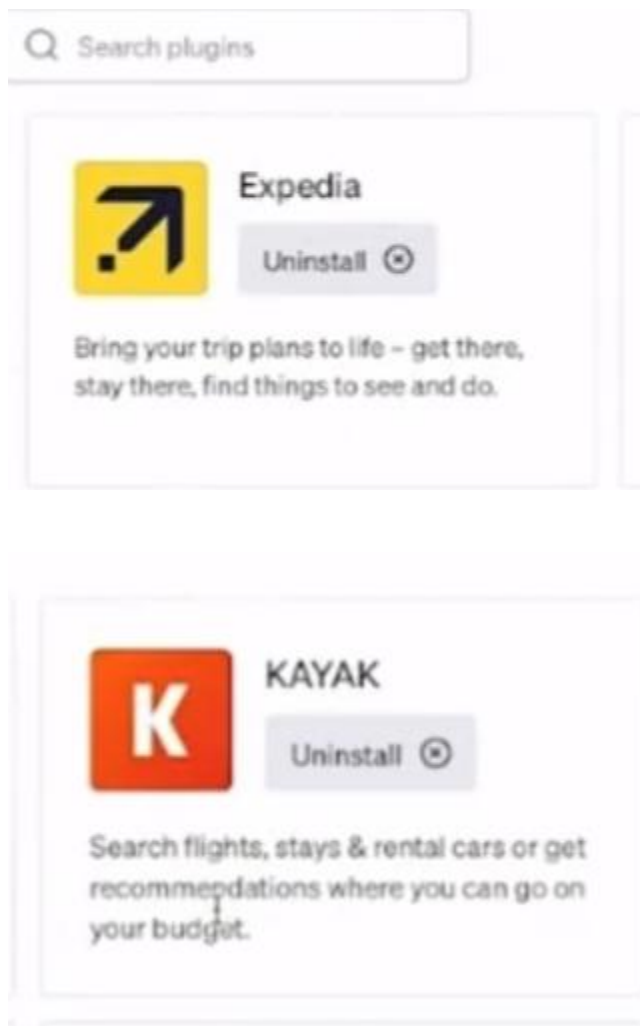
Travel Ideas

From now on you are my travel ideation manager IdeaGPT. Your job is to provide me guidance, advice me on which places to travel in the world based on my preferences. Keep asking me questions to narrow down on options. After you have narrowed down the choices, give me exactly 3 different options. Here is some information about my preferences - I would like to travel to the cleanest and bluest beaches in the world where it's possible to swim with humpback whales in the water.

Planning an Itinerary

- ➡ Prepare me a 7 day itinerary for Réunion island from Delhi
- ➡ Based on this itinerary, suggest me accommodations
- ➡ Anything else that I should keep in mind when travelling to Réunion island?
- ➡ Should I rent a car or should I use taxis?

Some plugins in pro version:-
(Expedia & Kayak)



4.4 Creative Storytelling

Generate images :-

1. Bing AI : <https://www.bing.com/images/create>
2. Dall-E 2 : <https://openai.com/index/dall-e-2/>

3. Midjourney AI :
- https://www.imagine.art/?utm_campaign=G_I_Web_T2_WW_CS&utm_campaign=&hsa_acc=3029240990&gad_source=1&gad_campaignid=21120662783&gbraid=0AAAAACs5ry8os-DqYZasfVrOTHiuHbSIQ&gclid=Cj0KCQjww4TGBhCKARIsAFLXndTQL4ubdHDmPQ8xg400SLdJMArPXOFPYIhfNcA-HfF3gkBAGm8TXQgaAuxcEALw_wcB