Media

<audio>

The <audio> HTML element is used to embed sound content in documents. It may contain one or more audio sources, represented using the src attribute or the <source> element: the browser will choose the most suitable one.

<video>

The <video> HTML element embeds a media player which supports video playback into the document. You can use <video> for audio content as well, but the <audio> element may provide a more appropriate user experience.

Media 1

MP4
 video.
</video>

Media 2