

**Identify the problem
(what you are arguing
about) and brainstorm**

Identify the problem.
Brainstorm with each other
for as many solutions as
possible around what you
are arguing about. Pick one
that works for everyone.



*Game
Sweetener*

Act younger than your age

Consider you are behaving
at a younger age.

Exaggerate the behavior,
e.g., poke out your tongue
and say I want to go first,
stamp your foot and cry like
going first matters. Then let
go and realize you can take
turns and play together.



*Game
Sweetener*

What happened?

Take your emotions away and go back to what happened before you started to argue.

For example, someone wanted to go first and you wanted to go first. To play the game you need to work together as a team.



*Game
Sweetener*

Express your concerns

Stop the fighting and say how you are feeling. Every person who is fighting is given a turn to express their thoughts/feelings/concerns.

For example, no one ever listens to me or others always boss me around. Avoid mentioning players' names (personal put-downs). Hear everyone and then keep playing the game.



*Game
Sweetener*

Rules discussion

Take turns to look at the rules. One person reads a rule in turn. Remember why you are playing the game: to learn about nature, how to live in groups, and take action, to work together so all nature is looked after etc. Agree to the rules again and then continue playing the game.



*Game
Sweetener*

Obstacles

Ask others in the group to take turns to say what they think is in the way of the game continuing? When answering, be honest and encouraging (no put-downs allowed). Listen to each person who shares and thank them before continuing the game.



*Game
Sweetener*