IN THE HOUSE OF REPRESENTATIVES

HOUSE CONCURRENT RESOLUTION NO. 5

BY HEALTH AND WELFARE COMMITTEE

A CONCURRENT RESOLUTION

STATING FINDINGS OF THE LEGISLATURE AND RECOGNIZING AMERICAN DIABETES MONTH IN NOVEMBER AND SUPPORTING THE GOALS AND IDEALS OF AMERICAN DIABETES MONTH.

Be It Resolved by the Legislature of the State of Idaho:

WHEREAS, an estimated 100,000 Idaho adults or 8.4% of the adult population live with diabetes; and

WHEREAS, an estimated 84,000 Idaho adults or 7.5% of the adult population live with prediabetes; and

WHEREAS, an estimated 1,500 mothers in Idaho, or 8% of mothers annually, live with gestational diabetes during pregnancy; and

WHEREAS, diabetes is the seventh leading cause of death in Idaho; and

WHEREAS, about one-third of Idaho adults living with diabetes do not know they have the disease; and

WHEREAS, the direct medical cost of diagnosed cases of diabetes in Idaho is estimated at more than \$172 million annually; and

WHEREAS, improperly managed diabetes often leads to costly diabetes-related complications; and

WHEREAS, once identified, these diabetes-related complications have a tremendous impact and exact a substantial toll on Idaho's Medicaid program and on Idaho health insurers; and

WHEREAS, with affordable access to appropriate medications, supplies and services, patients' lives are improved by a reduced risk of diabetes-related complications, including a decreased risk of heart disease, lower-extremity amputation rates, fewer cases of blindness, reduced need for additional costly medical interventions, and fewer emergency room visits and hospitalizations; and

WHEREAS, most diabetes can be prevented or delayed if a range of risk factors is eliminated, particularly physical inactivity, unhealthy diets, tobacco use and alcohol misuse; and

WHEREAS, numerous studies demonstrate that diabetes treatments and therapies improve diabetes control and reduce the incidence of complications due to diabetes, while significantly reducing the costs to public and private health insurance programs; and

WHEREAS, with affordable access to evidence-based, community-based diabetes prevention programs, several large randomized controlled clinical trials have proven conclusively that many people with prediabetes can prevent or significantly delay the onset of type 2 diabetes; and

WHEREAS, with proper management and treatment, individuals with diabetes live healthy, productive lives; and

WHEREAS, collaboration between diabetes educators in accredited and recognized programs and the patients continues to demonstrate positive clinical quality outcomes and cost savings; and

WHEREAS, repeated Diabetes Self-Management Education encounters over time result in a dose-response effect on positive outcomes; and

WHEREAS, the Idaho Diabetes Prevention and Control Program works with the Diabetes Alliance of Idaho and partners across health care and public health to raise awareness of prediabetes, help improve the quality of care for people with diabetes, and promote diabetes prevention and self-management education; and

WHEREAS, individuals in the United States celebrate American Diabetes Month in November.

NOW, THEREFORE, BE IT RESOLVED by the members of the First Regular Session of the Sixty-third Idaho Legislature, the House of Representatives and the Senate concurring therein, that we support the goals and ideals of American Diabetes Month, including encouraging individuals in the United States to fight diabetes through public awareness of prevention and treatment options; and enhancing diabetes education; and we recognize the importance of early detection, awareness of the symptoms, and understanding the risk factors of diabetes, including being over the age of forty-five; having a specific racial and ethnic background; being overweight; having a low level of physical activity; having high blood pressure; and having a family history of diabetes or a history of diabetes during pregnancy; and we support decreasing the prevalence of type 1, type 2, and gestational diabetes in Idaho and the United States through increased research, treatment and prevention.

BE IT FURTHER RESOLVED that people with diabetes, their families and friends and health care professionals in Idaho be urged to utilize the month of November to increase awareness and understanding of diabetes so that in the future, people with diabetes will be better able to care for their own needs and others will be better prepared to serve the needs of people with diabetes.