	Tea					Breathing
Components	Content (working method)	Duration (slides)	Step	Objective	Instructions	(voices chime)
1. Workshop map	1. Workshop map (Talk)	3 min (2.1-2)	WL speaks	Participants receive an overview of the content of the entire workshop in the form of a workshop map	Talk: Explaining the workshop map	in (no)
	2. Workshop map (Expectation query)	1 min (na)	1/3 WL Preperation	Participants clarify and express their own expectations/wishes	Task: - Distribute blank moderation cards to participants "What are your expectations for the workshop? Please write down the most important goals on the cards. Please write only one goal per card."	in (no)
•••	•••	5 min (na)	2/3 Participants work	Participants collect their expectations	Participants write down their expectations	out (no)
•••	•••	15 min (na)	3/3 Participants give input	Participants locate wish on workshop map	Moderation: - Invite participants to come up individually "Please present your expectations written on the cards and pin them on the workshop map where they roughly fit."	out (yes)
2. Know daily schedule	1. Presentation of the daily programme (Talk)	5 min (2.5-6)	WL speaks	Participants learn the plan for the day	Talk: - Present the plan for the day - Are there any organisational matters to consider among the participants? - Note: Swabian savings plan without details of exact break times; overall only a rough overview of the daily schedule	in (no)
3. Loot sheet	1. Loot sheet (Talk)	1 min (2.7)	WL speaks	Participants get to know the loot sheet	Talk: - "You are welcome to note down the aspects that are relevant to you during the workshop. For example, you can use the loot sheet for this."	in (no)

Duration of unit: 30 minutes.