

Title - 5Min Stand up Comedy Task
Day 1 - Module 1

Stand Up Comedy Show - <https://chatgpt.com/share/6847b81d-0294-800e-8c8e-cb6d249b0787>

Prompt -

"You are an experienced comedy writer helping a stand-up comedian with 5 years of experience. Create a 5-minute stand-up comedy script that follows this structure:

Opening - Brief personality showcase (30-45 seconds) where the comedian introduces themselves and establishes their comedic voice

Main Content - 4+ minutes of material featuring:

Observational humor about everyday situations

Relatable moments that connect with the audience

Well-timed punchlines strategically placed throughout

Natural conversational flow that feels spontaneous

Personal anecdotes that reveal character

Requirements:

Generate genuine laughter and joy from the audience

Include clear setup-punchline structures

Maintain high energy and engagement throughout

Use accessible humor that appeals to a broad audience

Include stage directions for timing and delivery

Please ask clarifying questions about the comedian's style, target audience, and preferred topics before writing the script."

Prompt Answer -

Absolutely! Before I write your 5-minute stand-up set, I need to understand your comedic style and preferences better so the material fits your voice and connects with your audience authentically.



Clarifying Questions:

1. Comedic Style

How would you describe your on-stage persona? (e.g., sarcastic, upbeat, dry, self-deprecating, animated)

2. Target Audience

Who is typically in your crowd? (e.g., millennials, parents, working professionals, college students, mixed ages)

3. Language & Content

Do you prefer clean comedy or are adult themes/profanity acceptable?

4. Favorite Topics to Joke About

What kind of themes or topics do you naturally gravitate toward? (e.g., relationships, work, technology, dating apps, family, health, pop culture)

5. Personal Background Details

Are there any unique personal traits, cultural background, or quirks you often talk about? (e.g., being a single parent, immigrant family, weird job history, introvert/extrovert, health issues)

6. Audience Reaction Style

Do you like pausing for laughter and crowd work, or prefer a rapid-fire delivery style?

Once I get your answers, I'll create a set that feels real, spontaneous, and crafted for laughs. Ready when you are!

Answer For this Prompt



5-Minute Stand-Up Comedy Script

[Opening – 30–45 seconds | Establishing Voice]

(Spotlight. Walks onstage, a little hunched, holding mic like it's a support cane.)



"Hey everyone! So good to be here! I almost didn't make it—because I stood up too fast this morning and my body was like, 'Nope. That was your workout. Lie back down.'

(pause for laughter)

I'm what you'd call a 'high-functioning disaster.' Like... I can hold a job, pay my bills, but I also pulled a muscle last week sneezing.

(beat)

I'm at that age where my body gives me mystery injuries... from things like *thinking too hard*. Anyone else ever hurt their neck *just remembering something embarrassing from 2013?*

(look to audience, nodding for agreement)

Yeah? We're all falling apart together. Good. Let's limp through life side by side."

[Main Content – ~4 minutes | Work & Health Observations]



"So, I work a regular 9-to-5 job. Well... more like an 8-to-5:30 job.

Because my boss believes in two things: *team synergy*... and *suffering*.

(pause for laugh)

You ever work somewhere so boring, your smartwatch thinks you're dead?

Like, I stood up to stretch and it was like 'Welcome back!'

(raise wrist, robotic voice imitation)

'You've been inactive for 46 hours. Did you mean to live like this?'

(beat)

Yes, Siri. I work in payroll.

And Zoom meetings? Zoom meetings have taught me one thing:

My '*concentration face*' is just my '*please don't ask me anything*' face.

(make the face – blank stare)

Sometimes I just freeze on purpose.

'John, what are your thoughts?'

'...Sorry. Bad connection.'

(robot voice) 'Am I... break-ing up...?'

(laughter pause)

I tried working from home once. That was a trap.

You can't be productive in a place where you've napped in *every* room.

Even the kitchen.

(glance around like you're checking for judgment)

Don't act like you haven't sat on the floor eating shredded cheese from the bag like it was a bag of dreams you let go of.

(pause for laugh)"

[Health Anecdotes – 1.5 min]



"I recently had to see a doctor. Not for anything big—just... I sneezed and my spine filed for divorce.

(laugh pause)

The doctor said I needed more exercise. So I joined a gym.

Which is basically paying \$50 a month to remember you hate gyms.

Everyone at the gym is either a Greek god or someone who has *become one with the treadmill*.

Then there's me: walking like I'm avoiding stepping on LEGO.

(awkward treadmill walk impression)

The trainer asked, 'What's your fitness goal?'

I said, 'To not die on a Tuesday.'

(pause)

He didn't laugh. So now I go at 10pm to avoid eye contact."

[Crowd Work Moment – 30 sec]



"Anyone here go to the gym regularly? Show of hands?

(look around, point at someone)

Nice! What do you do—like weights? Cardio? Or are you just there for the WiFi too?

(light chuckle, then nod approvingly)

Respect. I tried yoga once. I thought it would be relaxing.

Turns out, 'downward dog' is just code for 'let's see what joints still work.'

And nothing kills your confidence like hearing your own spine go 'pop pop fizz' mid-pose.

(act out the sound dramatically)

I just laid there in child's pose until someone came and checked my pulse."

[Closing – 30 seconds]



"But it's fine, I'm surviving. I've got health insurance...

Which is just a \$200 monthly reminder that I still can't afford to get sick.

So if you see me doing yoga, eating cheese off the floor, or falling asleep mid-Zoom...

Just know: I'm not giving up.

I'm just... pacing myself through the slow collapse.

And honestly? That's the real *core workout*.

Thanks so much—you've been great!"

[Exits with a small bow, waves, huge grin]

✓ Performance Notes:

- **Pace:** Allow 5–7 seconds after punchlines for laughs.
- **Engagement:** Make eye contact during crowd work—keep it light and inclusive.
- **Energy:** Keep a humble, relatable vibe—people love laughing *with* someone who laughs at themselves.
- **Delivery tip:** Use your posture and facial expressions to really sell the health bits—physical humor hits well with all ages.