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## INTERURO

Umugambi wo kwandika iki gitabo ni uwo gufasha cyane cyane abasore bo mu cyiciro cy'urubyiruko rw'abadiventiste b'umunsi wa karindwi, gusobanukirwa n'inyigisho zabafasha gutera imbere mu by'umwuka, ubwenge n'iby'umubiri. Ibyo bikabategurira kuba abakozi babereye gukora umurimo wa data wa twese wo kwamamaza ubutumwa bwiza bwo kugaruka kwa Kristo. Kizatuma kandi abagize urwo rugaga basobanukirwa n'ibyicyiciro cyabo, maze habeho gahunda iteye kimwe mu ba J.A hose.

Twifuza ko abasore b'abadventiste b'umunsi wa karindwi basobanukirwa n'inshingano yabo yo gukorera umwami wabo, dore ko bariho kuko ari we ubarindisha imbaraga ye, bityo bakwiye kumukoreshereza ubusore bwabo bakibufite. (Umubwiriza 12:1)

Umwanditsi w'iki gitabo yifashishije ibitabo byavuzwe ndetse n'ibyigisho yagiye akura mu ngando n'amahugurwa yagiye akora.

## IGICE CYA 1

### AMATEKA Y'ITORERO RY'ABADVENTISTE B'UMUNSI WA KARINDWI

#### ITORERO NI IKI?

Itorero ni ijamba rituruka ku rurimi rw'ikigiriki:

**EKKLEO** →  $\Sigma K K \Lambda \Sigma W$ , bisobanura ngo guhamagara uvuna hanze winjiza. Ijambo itorero Yesu yarikoresheje bwambere muri Matayo 16:18.

Abantu benshi bomumatorero atandukanye banenga itorero ry'abadventiste b'umunsi wa karindwi bavugako Atari itorero ry'Imana bagira bati:

1. Itorero rigizwe n'agatsiko gato k'abantu bake basuzuguritse
2. Itorero rivutse vuba (**ritaramara n'imyaka 200**)
3. Itorero rigizwe n'abantu b'ingurukira (bake bake hirya no hino)

Nyamara hari ibihamya byinshi ndetse biva no muri Bibiliya byerekana ko i torero ry'abadventiste b'umunsi wa karindwi ari itorero ry'Imana kandi aritorero ry'ukuri.

1. Buri gihe iyo itorero ry'ukuri rigitangira riba rigizwe n'abantu bake akenshi basuzuguritse nyamara bagendera kukuri kwa Bibiriya Matayo 13:31-32
2. Ugereranyije igihe itorero ry'abadventiste b'umunsi wa karindwi rimaze ukareba n'ibikorwa by'iterambere byaryo (muby'umwuka n'ibisanzwe nk'amashuri, amavuriro,.....) ibyo byerekana ko ari itorero ry'ukuri rishyigikiwe n'Imana.
3. Itorero ry'abadventiste b'umunsi wa karindwi ni itorero rigaragara ko ryita kuri gahunda yashyizwe ho na Kristo yo kwamamaza ubutumwa (Matayo 28:19-20), ndetse bigaragara ko ari itorero rikura mugihe ayandi agenda asubira inyuma. Uko wiga iki kigisho uraza kubona uko itorero ry'abadventiste ryatangiye kuri gahunda y'Imana ritangijwe n'abantu bavuye ahantu hanyuranye kandi batandukanye, bakazanwa n'umuhamagaro w'Imana (amayerekwa) maze bakarema itorero rigaragaza umucyo wahozeho mu itorero ryambere mugihe cya Yesu n'icy'intumwa mugihe andi matorero yo mugihe cya none atakigira uwo mucyo wose.

Mukinyejana cya **15** itorero ryari rizwi ni itorero ry'aba Catholique, ariko byagiye bigaragara ko ryagiye rita umurongo wa Bibiriya kuko ugereranyije nibyakorwaga n'iryo torero n'ibyakorwaga mugihe cya Yesu ndetse no mugihe cy'intumwa byari bitandukanye cyane.

#### **Urugero:**

- ❖ Umubatizo wari warahinduwe.

- ❖ Kwizera ko hari ibyo umuntu yatanga ngo ababarirwe ibyaha cyangwa ko hari abantu yacaho bakamusabira imbabazi ku Mana.
- ❖ Kuruhuka ku munsu wa karindwi n'ibindi.

Mu mwaka w'1517, Umwuka w'Imana yahagurukije abantu bamwe nka **M.Luther**, **J.Calvin**, **J.Hus** na Jerome (baje nyuma ya **J.Wycliffe**) batangira kwiga ibyanditswe ndetse baricwa.

Hagati yo mu mwaka w'1833-1844, hari ubutumwa bwaje bavuga ibyo kugaruka kwa Yesu buzanywe n'uwitwaga **William Miller** afatanyije na bagenzibe bari baremye itsinda bise **Mouvement Millerite**.

### **UBUZIMA BWA WILLIAM MILLER**

- ❖ Yavutse tariki ya 15/02/1782
- ❖ Avukira Pihs Field muri Amerika.
- ❖ Yari imfura mubana 16. Yabayeho mubuzima bugoranye kubera uwo muryango munini w'ababyeyi b'abahanuzi. Kandi nawe nta mashuri yari afite.
- ❖ Yarongoye afite imyaka 21 maze atura ahitwa i Vermont aho hantu hari abantu bizeraga ko Imana ibaho ariko itabasha kurinda cyangwa kugenzura ibyo yaremye. William yemeye izo nyigisho azimarana imyaka 12.
- ❖ Mu w'1813, yari umusirikare mu ngabo za leta zunze umwe za Amerika izo ngabo ziza kurwana n'iz'abongereza bari bafite ingabo **15.000**, naho abanyamerika bafite ingabo **5.500 W.M** yaboneye ibyigisho bikomeye by'uburinzi bw'Imana bituma ava muri yanyigisho yari yarizeye.
- ❖ Hanyuma yavuye mu gisirikare atura i New York ari umuhinzi n'umworozi ari mu itorero rw'ababatisita.
- ❖ Muri icyo gihe yakundaga gusoma ibyanditswe cyane aza gusoma muri Daniel 8:14 nibwo yatangiye kuvuga ko Yesu azaza hagati ya **1843-1844** (**Yari amaze kubona ko iminsi 2300 ivugwa mo izarangira icyo gihe ati ubuturo bwera buzezwa n'iyi si ubwo Yesu azaba agarutse**) ndetse aza gushyiraho itariki ya **22/10/1844**.

Ubwo butumwa bukurikira abantu babonye yesu ataje, batangira gucika intege nokwiheba bikabije dore bamwe bafatanyaga na **W.Miller: JOSHUA HIMES, JOSIAS RITCH, CHARLES FITCH, JOSEPH BETES, JAMES WHITE** na **SAMUEL SNOW**. Bajyaga bakoresha ibiterane bikomeye bimeze nk'amavuna bamamaza ubwo butumwa ndetse bakandika inzandiko.

Abo muri ryo tsinda batacitse intege kubw'uko batabonye Yesu, bahisemo kwiga Bibiriya bayihereye mu itangiriro ndetse banasenga kugirango bamenye iby'ukuri bari bahishwe. Hari abantu b'intwari twavugaga ko aribo babaye ab'ingenzi mu gutangira kw'itorero ry'abadventiste, bakomeje gusenga no gusoma Bibiriya

maze bavumbura amahame y'ingenzi yabaye intango y'itorero ry'abadventiste b'umunsi wakarindwi.

Dore bamwe muribo:

**1. Hiram Edson**

Yari uwo mu itorero ry'abametodiste. Mu w'1843 nibwo yakiriye bwa butumwa bwo kugaruka kwa kristo, yinjira muri rya tsinda rya W. M (Mouvement Millerite). Igihe abandi bari baracitse intege we yagumye mu itsinda ry'abasenga bakomeza no kwiga Bibiriya igihe kimwe yari avuye gusura abo yabwirije ubutumwa ari kumwe na mugenzi we witwa Croisier (kuruwasiye)ni bwo yeretswe Kristo ava mubuturo bw'ahera ajya ahera cyane (ubuturo bwera bwo mu ijuru) abona n'umurimo yakoraga. Bityo asobanukirwa n'uko muri ya matariki Kristo atagombaga kuza ku isi ahubwo yavuye ahera akajya ahera cyane mu buturo bwo mu ijuru.Ubwo ninabwo yasobanukiwe no mu magambo yo mu byahishuwe 10:10-11. (**iryo yerekwa ryabaye ari mu murima w'ibigori ataha**).

**2. Ellen G.Harmon**

Afite imyaka 12 nibwo yakiriye ubutumwa bwo kwihana, kandi muri cya gihe bamwe bari baracitse intege yasigaye muri rya tsinda ryasigaye mu bushakashatsi no mu masengesho nawe yemera ko byanze bikunze Yesu azagaruka.

❖ Mu kwezi kwa **12/1844**, nibwo yagize iyerekwa rya tumye itsinda ryabo rikomeza gushikama.

❖ Mu w'1847 nibwo yagize iyerekwa ryabakanguriye gukomeza isabato.

**3. James white**

Niwe mugabo wa Ellen Harmon yavutse mu w'1821 abatirizwa muri Eglise chretienne, yabaye umuyobozi wa **C.G** wa kabiri.

**4. Joseph Turner**

Nawe yahawe umucyo nk'uwa Edson Hiram maze mubyo yigaga amenya ko umugani w'ubukwe wasohoye mu w'1844.

**5. Joseph Bates**

Uyu niwe watangiye kubwiriza ibyo kuruhuka isabato, benshi batangira kuyiruhuka mu w'1845 yari mu itorero ryitwa "**Connection Chretienne**".

**6. Uriah Smith &Anie Smith**

**7. John M.Andrews**

**8. John M.Loughborough**

**9. Daniel Bourdeau**

**10. George I.Buther**

Biragaragara ko aba bantu bari bahujwe n'ikintu kimwe kandi baturutse mumatorero atandukanye, dore uko iryo tsinda ry'abo bantu ryakoraga:

1. Kuko ntansengero zariho, ku masabato, bateraniraga mumazu yabo.
2. icyo gihe hari abateranaga ntihagire ubabwiriza. bakisomera Bibiriya n'ibinyamakuru by'itorero bakanaririmba, ubundi bakitahira. Ibyo byaterwaga n'uko ababwiriza bari bake.
3. Ntamaturu na kimwe mu k'icumi byatangwaga.
4. Nyuma y'amateraniraho bahuriraga hamwe bagasangirira hamwe (mu byo baryaga harimo n'inyama z'ingurube)
5. Nyuma yokurya bakomezaga kuganira biruhukiye kugeza saa kumi n'ebyiri hari mo n'ababaga binywera n'itabi dore ko ntaho babibuzwaga.

Ubwo hari nko mumwaka wa'1851. Hari itsinda ry'abantu bake ariko bari bafite umuhati wokwiga Bibiriya bituma haboneka amahame y'ukuri kwa Bibiriya yabatandukanyaga n'andi matorero, ayo twavugaga ni:

1. Kugaruka kwa Yesu.
2. Ubuturo bwera.
3. Isabato umunsi wa karindwi.
4. Umwuka w'ubuhanuzi.
5. Umubatizo.
6. Ifunguro ryera,...

Bitewe nuko bari batangiye kuba itsinda rigaragara, hari hakwiye kubaho gahunda ibahuza, bakagira aho babarizwa ndetse iryo tsinda rikagira n'izina rizwi. Bakoreraga ahitwa **Battle Creek** ari naho hatangirijwe icapiro na **Bwana** na **Madamu White**.

**James White** umuntu w'intwari washakaga ko iryo tsinda rigira gahunda, akarwanya na bamwe nka **Roswell Cottrell** na **Georges Stors** ariko hari n'abamwunganiraga nka **Loughorough** na **Bates**.

**Dore ibyagiye bigerwaho:**

- ❖ Mu kwa **9/1860**, habaye inama yahuje abayobozi n'abarayiki ngo bashyireho gahunda. Banatangiza ishyirahamwe ryo gucapa ibitabo no kubikwirakwiza Leta ibasaba ko iryo shyirahamwe ryabo rigira izina baryita "**Association de Publication d'Adventiste du 7<sup>eme</sup> jour**".
- ❖ Le **1/10/1860** munama rusange yabereye I Battle Creek hatowe izina burundu ry'itorero "**EGLISE ADVENTISTE DU 7<sup>eme</sup> JOUR**".
- ❖ Mu w'1861, abizera bashyizeho Association (**field**) yabo ninayo yagiye bwa mbere bayitorera umuyobozi Joseph Batters.
- ❖ Mu w'1862 andi matorero yo muri Leta zunze ubumwe za Amerika na yo yashyizeho za fédérations .

- ❖ Le **20-23/05/1863** nibwo intumwa ziturutse muri ayo mashyirahamwe. Fédération yahuriye I **Bettle Creek**.ashyiraho inteko nkuru rusange (**Conference Générale**) bayitorera umuyobozi **James White** ariko ntiyabyemera kugirango batagirango nicyo yaharaniraga avuga ko hajyaho gahunda. Ubwo bashyize ho uwitwa **John Byinton** aba président wa mbere wa **C.G. J White** yabaye président wa kabiri aramukurikira. Icyo gihe ababwirizaga bahembwaga amadorari 5 buri cyumweru.
- ❖ Mu w'1882, nibwo hashyizweho amabwiriza agenga itorero.

→Itorero ryahanzwe mbere nyuma yayo muri Amerika ni iry'ahitwa Tramelan (mu Busuwisi) rihanzwe na Cechowski (**Cecowisiki**) mu w'1867.

→Misiyoneri wa mbere woherejwe bwa mbere n'inteko nkuru rusange ni **John Andrews** kandi azi isezerano rishya ryose mu mutwe.

- Niwe werekanye gahunda yo gutanga **1/10**
- Niwe werekanye ko isabato itangira ku wa nyuma izuba rirenze.
- Niwe washyizeho ikinyamakuru ibimenyetso by'ibihe.

→Umupasitoro wabyerejwe bwa mbere ni Washington Morse.

Kugira ngo gahunda z'itorero zigende neza.Burigihe nyuma y'imyaka 5 haba ibiterane bihuza abizera bavuye hirya no hino hose ku isi kugira ngo barebere hamwe uko umurimo ugenda kandi bigiremo n'ingamba zo kurinda itorero ku isi.Ibyo biterane nibyo bita Session (**Seshoni**). Session yabaye bwa mbere ni iyo twavuze yabaye mu w'1863 yashyizeho ubuyobozi bukuru n'umuyobozi mukuru wa mbere **John Byington**.

Ubutumwa bw'itorero ry'abadventiste tubwirwa ko bwageze mu Rwanda mu **1918** n'1919 buzanywe n'umubirigi witwaga **Bwana Derlove** waje kunganirwa n'uwo abanyarwanda bitaga**Bwana Munnyeri**. Ubutumwa bukomeje gukura habonetse aba Pasteurs babanyarwanda, abejejwe bwa mberetwavuga nka **Mose Segatwa** na **Lazaro Miruho**.

## IGICE CYA 2

### TUMENYE BIBILIYA YERA, IJAMBO RY'IMANA

Isi ikiremwa yari inama y'imana ngo abakomoka k'umuntu bose, yaremye mu ishusho yayo barusheho kugira ingeso z'imana. Kugirango ibyo bisohore, ababyeyi bacu ba mbere ubwo bari muri Edeni, bigishwaga na kristo n'abamarayikabahanganye amaso ku maso. ariko umuntu amaze gucumura ntiyongeye kuganira n'abo mu ijuru muri ubwo buryo.

Kugira ngo umuntu atabura umuyobora, Imana yongeye gutoranya ubundi buryo bwoguhishurira ubwoko bwayo imigambi yayo ibinyujije mu bahanuzi. Ni ikintu gikwiye ko Imana ivugana n'ubwoko bwayo muri iyi minsi y'imperuka, bukamenya uko bwakwitwara muri iki gihe intambara y'ikiza n'ikibi ikaze cyane kandi ikaba igiye kugera ku musozo. Mu byanditswe byera ni ho tugaririra n'Imana, bityo umuntu ubyiga abyitindoye akabonera mo instinzi y'urugamba turwana n'abamarayika b'umwijima. Iki kigisho gifite intego yo kutwigisha uko Bibiliya yaje n'uko iteye bigatuma tuyiga tuzi imiterere yayo.

#### II. Bibiliya ni iki?

Mbere ibyanditswe byera aribyo mu kilatini bita "scriptura" cyangwa "graphas" mu kigiriki byaje ari ibitabo bitandukanye, bamaze kubyegeranya byabaye igitabo maze babyita BIBILIYA biturutse ku ijambo ry'ikigiriki "Biblos" bisobanurwa ngo igitabo. Iyo bavuze Bibiliya baba bavuze igitabo .bakongera ho yera, bakaba bavuze Bibiliya year.

#### II. BIBILIYA YERA YANDITSWE RYARI? GUTE?

Umwanditsi wa mbere wa Bibiliya, ni Mose yanditse igitabo cya mbere cya Yobu acyandikira i Midiyani mu w'1486 MK ( mbere ya Kristo ). Igitabo cyanditswe nyuma y'ibindi ni ibyahishuwe cyanditswe n'intumwa Yohana ari i Patimo muri 95 NK (nyuma ya Kristo). Ibitabo 39 byo mu isezerano rikuru byanditswe imyaka isaga 1000, naho ibindi 27 byo mu isezerano rishya byandikwa mbere y'uko ikinyejana cya mbere cya nyuma ya Kristo kirangira. Ni ukuvuga ko ugereranyije kwandika ibitabo byose bya Bibiliya byatwaye nk'imyaka isaga ho gato 1600.

Gahunda y'ibitabo bya Bibiliya y'abaheburayo mu gihe cya Yesu ntiyari ikurikiranye nk'uko imeze ubu, yari igizwe n'imigabane itatu:

1. Amategeko: Itangiriro, Kuva, Abarewi, Kubara, Gutegeka.



2. Abahanuzi: YOsua, Abacamanza, Samweli, Abami, Yesaya, Yereimiya, Ezekiyeli.
3. Abahanuzi bato cumin a babiri.

Nyuma byaje gushyirwa kuri gahunda nk'uko bimeze ubu (reba ing. Ya III)

**Bibiliya yanditswe n'abantu batandukanye:**

- ✓ Abami: Dawidi, Salomo.
- ✓ Abarobyi: Yohana.
- ✓ Abakaran: Ezekiyeli, Matayo.
- ✓ Abaganga: Luka.
- ✓ Abashumba: Amosi.

**Bibiliya yandikiwe ahantu hatandukanye:**

- ❖ Sinayi: Itangiriro.
- ❖ I Midiyani: Yobu.
- ❖ Palesitina: Yesaya.
- ❖ Mezopotamiya: Ezekiyeli.
- ❖ Aziya nto: I korinto
- ❖ Ubugereki: Abaroma.

**Bibiliya yanditswe mu ndimi zitandukanye:**

- ❖ Isezerano rya kera ryanditswe mu giheburayo keretse imigabane mito yanditswe m'urunyaramaya.
- ❖ Isezerano rishya ryanditswe mu kigiriki.
- ❖ Bibiliya ya mbere ihindurwa yahinduwe na Yohana Wycliffe ayihindura mu cyongereza mu w'1382 kugeza mu w'1388.

Ubu Bibiliya imaze gusobanurwa mu ndimi zirenga igihumbi n'ijana.

**III. UKO BIBILIYA YERA ITEYE**

**Bibiliya yera igabanyije mo imigabane ibiri:**

1. Isezerano rya kera
2. Isezerano rishya

1. Isezerano rya kera.

a. Ibitabo bitanu by'amategako (Pentatique)

IBITABO	IBICE BIGIZE GITABO
1. Itangiriro	50
2. Kuva	40
3. Abarewi	27
4. Kubara	36
5. Gutegeka kwa kabiri	34

b. Ibitabo 12 by'ibitekerezo (Histoire)

IBITABO	IBICE BIGIZE GITABO
1. Yoswa	24
2. Abacamanza	21
3. Lusi	4
4. 1 Samweli	31
5. 2 Samweli	24
6. 1 Abami	22
7. 2 Abami	25
8. 1 Ngoma	29
9. 2 Ngoma	36
10. Ezira	10
11. Nehemiya	13
12. Esiteri	10

c. Ibitabo bitanu by'ibisigo (poésie et sagesse)

IBITABO	IBICE BIGIZE GITABO
1. Yobu	42
2. Zaburi	5
3. Imigani	31
4. Umubwiriza	12
5. Indirimbo za Salomo	8

Muri zaburi tubona mo ibice bitanu ariko ibyo bice birimo zaburi 150.

Uko ibyo bice biteye:

Igice cya mbere: zaburi ya 1 – 41

Igice cya kabiri: zaburi ya 42 – 72

Igice cya gatatu: zaburi ya 73 – 89

Igice cya kane: zaburi ya 90 – 106

Igice cya gatanu: zaburi ya 107 – 150

d. Ibitabo cumi na birindwi by'abahanuzi (prophètes)

1. Abahanuzi bakuru

IBITABO	IBICE BIGIZE IGITABO
1. Yesaya	66
2. Yeremiya	52
3. Amaganya ya Yeremiya	5
4. Ezekiyeli	48
5. Daniyeli	12

2. Abahanuzi bato

IBITABO	IBICE BIGIZE IGITABO
1. Hoseya	14
2. Yoweli	4
3. Amosi	9
4. Obadiya	1 (imirongo 21 )
5. Yona	4
6. Mika	7
7. Nahumu	3
8. Habakuki	3
9. Zefaniya	3
10. Hagayi	2
11. Zekariya	14
12. Malaki	3

Babita abahanuzi bakuru cyangwa bato bitewe n'igice bamaze bahanura cyangwa uko ubuhanuzi bwabo bungana.

**Isezerano rishya**

a. Yesu n'itorero rya mbere. Ibitabo 5

**Ubutumwa bune**

IBITABO	IBICE BIGIZE IGITABO
1. Matayo	28
2. Mariko	16
3. Luka	24
4. Yohana	21
5. Ibyakozwe n'intumwa	28

b. Inzandiko

1. Inzandiko 14 zanditswe na Pawulo

IBITABO	IBICE BIGIZE IGITABO
1. Urwandiko rw'abaroma	16
2. Urwandiko rwa 1 rw'abakorinto	16
3. Urwandiko rwa 2 rw'abakorinto	13
4. Urwandiko rw'abagaratiya	6
5. Urwandiko rw'abefeso	6
6. Urwandiko rw'abafilipi	4
7. Urwandiko rw'abakolosayi	4
8. Urwandiko rwa 1 rw'abatesalonike	5
9. Urwandiko rwa 2 rw'abatesalonike	3
10. Urwandiko rwa 1 rwa Timoteyo	6
11. Urwandiko rwa 2 rwa Timoteyo	4
12. Urwandiko rwa Tito	3
13. Urwandiko rwa Filemoni	1 ( imirongo 25 )
14. Urwandiko rw'abaheburayo	13

N.B: Urwandiko rwandikiwe Abaheburayo ntabwo bavuga uwarwanditse, ariko abakurikiranye basanze rwaranditswe na Pawulo.

2. Izindi nzandiko

IBITABO	IBICE BIGIZE IGITABO
1. Urwandiko rwanditswe na Yakobo	5
2. Urwandiko rwa 1 rwanditswe na Petero	5
3. Urwandiko rwa 2 rwanditswe na Petero	3
4. Urwandiko rwa 1 rwanditswe na Yohana	5
5. Urwandiko rwa 2 rwanditswe na Yohana	1 (imirongo 13 )
6. Urwandiko rwa 3 rwanditswe na Yohana	1 (imirongo 15 )
7. Urwandiko rwanditswe na Yuda	1 (imirongo 25 )

c. Ibyahishuwe bifite ibice 22

**Bibiliya Yera yose ifite:**

- ✓ Ibitabo 66
- ✓ Ibice 1189
- ✓ Imirongo 31175
- ✓ Amagambo 810697
- ✓ Inyuguti 3566480

- ❖ Igitabo cya Yobu ni cyo cyanditswe mbere y'ibindi byose cyandikwa na Mose ari i Midiyani.
- ❖ Igice kirekire kiri muri Bibiliya ni zaburi 119.
- ❖ Igice kigufi kiri muri Bibiliya ni zaburi 117.
- ❖ Umurongo muremure muri Bibiliya uri muri Esiteri 8:9.
- ❖ Umurongo mugufi muri Bibiliya uri muri Kuva 20:13,15.
- ❖ Umurongo uri hagati muri Bibiliya ni zaburi 118:8.
- ❖ Izina rirerire muri Bibiliya riboneka muri Yesaya 8:1.
- ❖ Iryo zina ni **MAHERISHALALHASHIBAZI**.
- ❖ Izina rigufi muri Bibiliya riboneka mu 2 Abami 17:4 iryo zina ni SO yari umwami wa Egiputa.
- ❖ Igitabo cya Esiteri ntikiboneka mu ijamba Imana.

Amosi 8:11 hatubwira ko hari igihe hazaba inzara n'inyota byo gushaka ijamba ry'Imana, none ibyo nibitera uzaba umeze ute? Ukiye kujya ugira igihe cyo kwihunika, kuri ibyo byo kurya kugira ngo utazagwa isari muri ibyo bihe.

Ntibikunze kubaho ko bwira umuntu atariye n'iyi bibayeho nyir'ukubikora nta mbaraga aba afite icyo gihe. None niba umara umunsi udasomye mu ijamba ry'Imana wumva umeze ute? Uzatsinda ute? Uzagera mu ijuru ute udasoma iryo jambo? Dore **inama** Imig 6:6-11, Ibyah 1:3.

## IGICE CYA 3

### AMATEKA Y'ICYICIRO CY'URUBYIRUKO RW'ABADVENTISTE B'UMUNSI WA KARINDWI

Kuva kera Imana yagiye isaba ababyeyi kwita ku bana babo no kubigisha (Guteg 6:6-7) ibyo Imana yajyaga ibwira Abayisirayeri yabasabaga kujya bahora babyigisha abana babo. ibyo byaje gutuma hajyaho ishuri ryitwa **ISHURI RY'ABANA B'ABAHANUZI** ryari rigendereye cyane cyane kwigisha abana ibi bikurikira:

- **Amategako y'Imana.**
- **Amateka**
- **Indirimbo zera**
- **Ubuhanuzi**

Umugambi umugambi w'ayo mashuri wari uwo kumenyesha abo bana ubushake bw'Imana ndetse n'inshingano za muntu mu kugandukira Imana. Ibyo byatumaga urubyiruko rwitabwaho rugakura rusobanukiwe n'umugambi ndetse n'umurimo by'Imana.

Ni muri ubwo buryo urubyiruko rw'iki gihe cy'imperuka rukwiye kwitabwa ho kugirango rumenye uko rwakiza ubugingo bwawo n'ubwa bagenzi babo. Muri ibi bihe by'imperuka abagize umuhati wo kwita ku rubyiruko no kwerekana ko bakwiye kwitabwaho twavugana:

James White watangiye kujya yandika ikinyamakuru cyitwa “**umwigisha w'urubyiruko**” kikajya gisohoka rimwe mu kwezi. Cyatangaga inama zitari zimwe ku rubyiruko.

Ellen White nawe yagiye avuga byinshi by'uburyo abasore bakwiye kwitabwa ho ati: **Dufite abasore b'abasirikare bashobora gutsinda babaye bigishijwe neza kandi bagaterwa umwete, tubifuriza imigisha y'Imana turashaka ko bakora uruhare rwabo muri gahunda yateguwe kugirango bafashe bagenzi babo. S.T du 29-30/01/1893**

Arongera ati: **Hamwe n'izi ngabo z'abakozi b'abasore, bigishijwe bateguwe mbega uko ubutumwa bwiza bw'uwabambwe ku musaraba, akazuka mu bapfuye, bwakwira ku isi yose! (Message to young peoples p,196).**

Mu w'1892, nibwo habonetse ubuhamya bwa mbere bwa Ellen White avuga ko abasore bakwiye kwitabwa ho ndetse akabahamagarira kujya mu murimo w'Imana.

Intangiriro y'icyiciro cy'urubyiruko rw'abadventiste ni mu mwaka w'1879, ubwo abasore babiri:

- **Luther Warren w'imyaka 14**
- **Harry Fenner w'imyaka 17**

Batemberanaga mu gace k'iwabo bagenda baganira baza kuvugana ku by'abasore bo mu itorero ryabo ry'I HAZLTON muri Michigan, basanga bakwiye kugira uburyo bwo kubahuriza hamwe ngo bafatanye umurimo wo kwamamaza ubutumwa. Biyemeza gutangira guhuza abo basore bo mu itorero. Bagiyeye gutandukana bagiyeye hirya y'inzi maze bapfukama mu karima k'ibigori basengera ikifuzo cyabo, maze baratandukana.

Ku isabato yakurikiye uwo munsu bakoresheje akanama n'abasore bake bo mu itorero ry'abo, bahura bari hagati ya batandatu n'umunani, ikigwaga mu nama yabo cyari ikibazo kibaza ngo "ni gute umusore yavugaga ubutumwa bwiza?" ni ikitegererezo gikomeye kuri abo basore bakiri bato bagenda gahunda nziza nk'iyi ndetse bakagira n'uburyo bwo kuyisengera,

- Mu 1881 nibwo abo basore bemewe n'itorero ryabo gukora ku mugaragaro .
- Mu 1893 mu ishuri ry'I LINCOLN havutse urundi rugaga rwa kabiri.
- Mu 1901 inteko nkuru rusange yemera icyiciro cy'urubyiruko, maze kiba icyiciro gikorera mu ishuri ryo ku isabato.
- Mu 1907 inteko nkuru rusange nibwo yahaye icyiciro cy'urubyirukoizina cyitwa "**Société de la jeunesse Missionnaires Volontaires (M.V)**" bashyiraho n'inzego zacyo, ndetse batoranya isomo bagenderaho "**urukundo rwa Yesu ruraduhata**" 2Kor.5:14
- Mu 1908 nibwo hatangiye gahunda yogucengeza mubasore kwiga umurinzi wo mu rutururu.
- Mu 1909 nibwo havutse icyiciro cy'**abakuze(Ainé)** n'ingimbi bacyita CADET cyaje guhindura izina mu 1976 bacyita EXPLORATEUR (**Pathfinder**).
- Mu 1922 nibwo imitwe y'amajyambere yabonetse aba Chefs Guides baboneka mu w'1930.
- Mu 1954 urubyiruko rwari rutangiye gutera imbere rwandika ikinyamakuru bitaga "ijwi ry'abasore."
- Mu 1962 nibwo hatangiye icyiciro bita TSON gitangirira mu Bufaransa. icyo cyiciro nicyo cyaje kwitwa AVENTIRIERS (**ADVENTURES**).
- Mu 1976 nibwo bavuze ko M.V ikwiye kwitwa J.A (**A.Y=adventiste youth**) maze byemerwa mu 1977. Ibyo ni bimwe mu bivugwa icyiciro cy'urubyiruko rw'abadventiste cyatangiye n'uko cyagiye gitera imbere,

ariko hari amahuriro yagiye abaho uko cyagendaga gitera imbere, dore amwemuri yo:

- Mu 1926 nibwo habaye ingando ya mbere I Michigan.
- Mu 1928 habaye congrès ya mbere I Chemiste mu Budage.  
**N.B** Ingando na congrès biratandukanye
- Mu 1930, habaye ingando yo kwigisha abayobozi ari nayo yacaguwe mo aba Chefs Guides, yabereye I Californie.
- Mu 1931, ingando mu Bwongereza no mu Busuwisi.
- Mu 1969, ni bwo habaye inama ya mbere yabereye I Zurich mu Busuwisi (aho Urwanda rwarahagarariwe.)
- Mu 1984, nibwo habaye ingando ya mbere muri Afurika ibera I Naïrobi.

Ubu icyiciro cya J.A ni icyiciro kimaze gutera imbere mu nzego zose z'itorero ndetse hakaba habonekamo n'ubuyobozi bwacyo. Nubwo hari amatorero atita ku guteza imbere icyo cyiciro bakwiye kumenya ko uherye kera kose urubyiruko rwagiye rwitabwaho kugirango ruzigire ejuru rwigirira akamaro ndetse rukagirira abarurenze. Abayobozi ba buri torero bari bakwiye kwita ku cyiciro cy'abasore ndetse bagitoza gukorera umuremyi wabo dore ko ari naho hari imbaraga nyinshi.



## IGICE CYA 4

### GAHUNDA Y'ICYICIRO CY'ABASORE B'ABADVENTISTE B'UMUNSI WA KARINDWI.

#### I. Umugambi w'icyiciro

Abasore bakwiriye kumvishwa koimpagarike yabo atari iyabo bwite. Baguzwe amarasu ya Kristo kubera urukundo rwe. Bariho kubera abarindisha imbaraga ze. Igihe cy'abo imbaraga n'ubushobozi bwabo bakwiye kubimukoreshereza umurimo. (Rengerubuzima vol 2p,57).

Dufite abasore b'abasirikare bashobora gutsinda urugamba, babaye bigishijwe neza kandi bagaterwa umwete....turashaka ko bakora uruhare rwabo muri gahunda yateguwe kugirango bafashe abandi basore bagenzi babo. (Banditswe na E.W mu nama ya C.G yo kuwa 29 – 30/01/1893 maze byandikwa mu igazeti ya C.G P24.)

Iyo abasore bamaze kwiye gurira Imana, inshingano tubafiteho ntizihagararira aho. Baba bakwiriye kwigishwa gukunda umurimo w'Imana bakageza n'aho bumva ko Imana ibafitiye icyizere cyo kugira icyo bakora ngo umurimo wabo ujye mbere. Ntibihagije kwerekana ibikenewe gukorwa no kubwira abasore kubigiramo uruhare. Bakwiye kwigishwa uko bakurikira shebuja, bakwiye guhugurwa bagahabwa amabwiriza, bagashyirwa mu murongo wo gukiriza kristo imitima. Bigishwe gutangirira kubyo bashoboye bafasha abasore bagenzi babo.

→Hashyirwe ho imitwe itandukanye yo kubwiriza ubutumwa mu baturanyi babo aho buri wese akora uruhare rwe kandi babanze bahabwe amahugurwa yo kubafasha. Nguko uko bazamenya gukorera Imana.

Imana ihamagarira abasore bafite imbaraga, bafite umwete n'ubushake, yatoranyije abasore ngo bafashe umurimo wayo gutera imbere. Imana irararika abasore n'inkumi kuyegurira imbaraga z'ubusore bwabo, kugirango ibyo bakoresha imbaraga zabo byereke bagenzi babo ubwiza bwayo kandi bibazanire agakiza.

→Umugambi w'icyo cyiciro nta wundi n'uwo gutegura no gufasha abasore **“kwamamaza ubutumwa bwiza bwo kugaruka kwa Yesu”** babishobojwe n'urukundo rwa kristo rubahata.

#### II. UBURYO BWO GUSHYIRA UMUGAMBI MU BIKORWA

##### a. **Hari ibikwiye gukorwa**

1. Gusengera hamwe (guhumeke).

2. Kwigira hamwe ijamba ry'Imana (**kurya**).
3. Kugirana ubucuti (**imwe mu mpamvu z'ingando**)
4. Kurema amatsinda mato yo kwamamaza ubutumwa.
5. Kumenyereza abasore gukoresha uburyo, ubushobozi n'impano Imana yabahaye.
6. Kunganira kugirango tubashe gutera imbere mu by'umwuka n'umubiri.

#### **b. Kugira umutungo**

##### **1. Aho uva:**

Amaturo ya J.A

- Mu materaniro manini ya J.A nko ku isabato ya 3
- Buri gihe ku isabato nimugoroba mu byigisho bya J.A hakwiye gutura (indong. Ya J.A P,11).

Impano bahabwa n'abatera nkunga

Imishinga J.A ikora yo kuyiteza imbere (Ubuhinzi, ubworozi, amashuri....)

##### **2. Uko abikwa:**

Umubitsi wa J.A abara amaturo cyangwa impano z'itorero akabishyikiriza umubitsi w'itorero ariko nawe akabishyira mu ikayi ye yabigenewe. (ya J.A)  
N.B : iyo ari impano akuramo icyacumi.

##### **3. Uko abikuzwa:**

Abagize inama nto ya J.A babyumvikana ho bakandika urwandiko umubitsi wa J.A agasanga umubitsi w'itorero akamubikuriza ayo bifuza.

##### **4. Uko akoreshwa:**

- Amaturo yatuwe havamo 50% akaba ari yo aba aya J.A. 40% akaba aya J.A muri Association. 10% J.A union. Ayo azamuka muri Association .  
Cyangwa union afasha izo nzego gushaka icyateza imbere icyiciro.

**Urugero :** ingando, ibikoresho (ibitabo,impeta).

- 50% yasigaye mu itorero icyiciro kiyakoresha mu iterambere rya cyo mugushyira yantego mu bikorwa.

**Urugero:** amavuna

- Itorero ntirikwiye gukoresha amaturo ya J.A mu mirimo yaryo bwite.  
Keretse babyumvikanye ho. Bagasaba abo bayobozi ba J.A inkunga.

### **III. Abagize icyiciro**

Barimo ibice 3:

1. Abasore bo mu itorerobafite imyaka 6 – 30 : Banyiricyiciro ( ab'urugaga basanzwe)
2. Abasore batari abadventiste ariko bakemera kuyoborwa n'amategeko y'urugaga:

**Ab'urugaga badasanzwe.**

N.B abafatanya n'abandi mu cyiciro ariko ntibahabwe inshingano.

3. Abakuze barengeje imyaka 31: Abubashywe Les volontaires (the voluntary)

→ Abasore bose bemera gushyira mu bikorwa intego y'icyiciro babisezeranira imbere y'Imana n'imbere y'abantu. Ariko bakwiye gusobanukirwa iby'isezerano n'amategeko n'abayobozi ba J.A kugirango batishyira ho umuvumo. (zekiyeli 17:18) nubwo iryo sezerano ribaho abasore bo mu itorero bose bahamagarirwa kurikora bakifatanya n'abicyiciro.

→ Umaze gusezerana ahabwa urwandiko rw'inzira maze akambikwa imyenda ya J.A (nta we uyambara atarasezerana.)

#### **IV. UBUSOBANURO BW'ISEZERANO N'AMATEGEKO**

Isezerano: Kubw'ubuntu bw'Imana nzaba umugwaneza n'umunyakuri. Nzakomeza amategeko agenga urubyiruko rw'abadventiste. Nzaba umugaragu w'Imana n'inshuti y'abantu.

Kubw'ubuntu bw'Imana: Ubuntu bw'Imana bwa tumwe inatanga umwana wayo nibwo nishingikirije ho, muri iri sezerano umukiza n'umucunguzi.

Nzaba umunyakuri: Bisobanura ko nzaba uwiringirwa, aho ari ho hose haba mukazi, mu masomo, mu mukino kandi nzaba umunyakuri mubyo nkora byose.

Nzaba umugwaneza: Bisobanura ko nzaba uzirikana n'umugwaneza Atari ku bantu gusa, ahubwo kubiremwa byose by'Imana.

Nzakomeza amategeko: Bisobanura ko nzashakisha ubusobanuro bw'amategeko y'aba J.A kandi nzarwanirira kubahiriza ayo mategeko kuko ari cy'ingenzi mu muryango wose.

Nzaba umugaragu w'Imana : Bisobanura ko ndahiriye gukorera Imana ndetse neza kandi mu buntu mpamagariwe gukora cyangwa kuba, nzagikora nivanye inyuma.

Nzaba inshuti y'abantu : Bisobanura ko nzabaho kugira ngo mpeshe abandi umugisha kandi nzabakorera uko nifuza nanjye bangirira.

##### Amategeko:

1. Gukomeza umurinzi wo muruturuturu
2. Gukora ibikwiye
3. Kwitegereza uwo tuvugana
4. Kubaha no kumvira
5. Kubahira mu nzu y'Imana
6. Guhora ukeye

## 7. Kwamamaza ubutumwa bwiza

### 1. Gukomeza umurinzi wo murutururu:

Buri muhungu n'umukobwa bagomba gusenga no kwiga Bibiliya buri muni, uburyo bwiza bwo gutangira umunsi (imirimo) ni ukwiga no gukomeza umurinzi wo murutururu wateguwe n'itorero ry'abadventiste b'umunsi wa karindwi. Ibyo kurya bya mbere ni ukwiga Bibiliya ukagerekaho n'icyindi kigisho cy'iyoboka mana, kikagufasha kwiragiza Imana muri uwo muni. Bigatuma wiriranwa nayo muri iryo sengesho ryo mumutima. Bijya bibabaza kuba hariho abahungu n'abakobwa bakiri abasore, batagira igihe cyo kwiga ijamba ry'Imana mu gitondo ndetse ntibitabire na gahunda zashyizweho n'itorero z'amateraniryo. Ese bazabishobora mu busaza byarabananiye mu busore?

### 2. Gukora ibikwiye:

“Isi ntikeneye abantu bafite ubwenge nk'uko ikeneye abantu bafite imico myiza” Education P, 225. Imico imeze nk'ubutunzi bw'ijuru nibwo butunzi dushobora kwimukana mu isi nshya kandi abari muni y'ubutware bwa Yesu muri iyi si bazimukana imico mvajuru mumazu yo mu ijuru, kandi mu ijuru bazakomeza gutera imbere. None se si iby'igiciro cyinshi guteza imbere imico yayo muri iyi si? Message à la jeunesse P, 100, 101.

### 3. Kwitegereza uwo tuvugana:

Adamu na Eva bamaze gukora icyaha, bumvise Imana bajya kwihisha bangaga kurebana nayo (itang 3:8). Iyo ufite uwo wahemukiye ntiwifuzaga kurebana nawe. Iri tegeko ritubwira ko tugomba kwirinda icyatuma tugira isoni zo kurebana na bagenzi bacu ndetse n'Imana dore ko yo itihishwa (Imigani 15:3)

### 4. Kubaha no kumvira:

Nk'uko Yesu yashohoje ubwo butumwa akigera ku isi kugeza ayiva mu natwe dukwiye gukurikiza icyo gitekerezo twubaha kandi twumvira bose. Mbere yabyose Imana.

### 5. Kubahira munzu y'Imana

Aho dusengera Imana haba ari ahera kuko Imana iba ihari. Dukwiye kuhubaha ndetse tukahitondera tukahaha icyubahiro gikwiriye nyiraho. Kuko no mu ijuru aho Imana iri hagaragarira icyubahiro gikomeye, abamarayika barahubaha ndetse icyo bagiye kuvuza izina ryayo bitwikira mu maso.

Nuko rero dukwiriye kubaha aho dusengera Imana ndetse tukanahitondera. Dufite indi nzu tugomba kubaha ndetse tukanayitondera. Imibiri yacu ni inzu yayo dukwiriye kuyubaha ntityifate uko tubonye. 1 kor 3:16, Abah 3:6

## **6. Guhora ukeye:**

Hagomba kubaho umunezero mu mitima yacu kuko Yesu yaje akadupfira ku musaraba twese. Nzakomeza indirimbo yo mu mutima wanjye kuko nejeje n'uko nacunguwe. Nzaririmba igihe nzaba ari nyenye cyangwa ndikumwe n'abandi. Ndifuza ko n'abandi bamenya bakumva ibyishimo by'abakiza hamwe nanjye umunezero w'umukristo n'amahirwe yo kubonana na Yesu. Nzaririmba igihe bizaba ari byiza cyangwa ari bibi, nziko ibigerageze n'akaga ari inzira yo kunyaza no kuncura. "Reka habeho indirimbo iwacu mu rugo ziriyoshye kandi zera. Habeho amagambo y'ibyiringiro n'umunezero (message à la jeunesse P, 292)".

## **7. Kwamamaza ubutumwa bwiza.**

Iri tegeko rikwiye kwitabwaho cyane kuko rihuye neza n'intego y'icyiciro. Buri musore wese akwiye kwibaza icyo amariye itorero mu murimo wo gukiza imitima ya bagenzi be. Ikindi dukwiriye kumenya ko kwamamaza ubutumwa kwa mbere ari uguhindura imico. (Mat 5:16).

Ababyeyi nabo bakwiye gufasha abana babo gusohozza umugambi Imana ibafitiye (message à la jeunesse P,225).

Aba J.A bamaze gusezerana bahagurutse babwirwa amagambo aboneka kuri Paji ya I y'urwandiko rw'inzira n'uwayoboye uwo muhango. N'abasezeranye kera nabo baba bahagaze bavugurura isezerano ryabo.

## **V. IMIKORERE Y'ICYICIRO**

### **a. Abayobozi bacyo n'uko bashyirwa ho**

Kugirango abasore babashe kugera kuri irya ntego yabo ni ngombwa ko bagira abayobozi babitaho kandi bitanga.

- Dore uko bashyirwa ho:

### **I. Hari abagize inama nto ya J.A (batorwa n'inama ndanga mu itangira rya buri mwaka).**

1. Umuyobozi w'icyiciro cy'abakuze n'umwungirije.
2. Umuyobozi w'icyiciro cy'ingimbi n'umwungirije.
3. Umuyobozi w'icyiciro cy'abato n'umwungirije.
4. Umwanditsi akaba n'umubitsi n'umwungirije.

5. Umuyobozi ( umwigisha ) w'indirimo.
6. Umucuranzi ( aho bishoboka).
7. Umujyanama ( agomba kuba ari umukuru w'itorero ukunda icyiciro). ( Indongozi y'itorero P, 134)
  - Abagize inama nto ya J.A bamaze gutorwa nabo bagomba gushyiraho abayobozi b'imitwe.

Urugero: umutwe wo kubwiriza ubutumwa, uwo gusenga, uw'ubufasha bwa gikristo,....

**NB:** umuyobozi w'icyiciro cy'abakuze, niwe muyobozi w'icyiciro mu itorero biba byiza iyo ari umukuru w'itorero.

## **II. Abagize inama yaguye ya J.A (batorwa n'inama nto ya J.A)**

1. Abagize inama nto ya J.A bose.
2. Umukuru w'ubutabazi.
3. Umuyobozi w'ishuri ryo ku isabato.
4. Umuyobozi w'icyiciro cy'ubuzima no kwirinda.
5. Umuyobozi w'ishuri ryisumbuye ry'itorero ( niba rihari).
6. Pasteur w'intara.
7. Umutera nkunga ( indongozi y'itorero P,133-134).

Umuyobozi w'icyiciro cy'abakuze ari nawe muyobozi wa J.A mu itorero niwe uyobora iyo nama.

## **UKO UMUYOBOZI AKWIYE KUBA AMEZE.**

1. Kuba akunda Imana mbere ya byose.
2. Gukunda abo ashinzwe kuyobora abikuye ku mutima.
3. Kuba ari umuntu ukorana ubwuzu (sharp).
4. Kuba ari umuntu uzi kwikomeza no gukomeza abo ashinzwe kuyobora.
5. Kuba ari umuntu unezewa no gukorera ahitaruye ingo (ingando, promenade).
6. Kuba ari umuntu ubasha kumenya iby'ingenzi mu miterere ( mu mico) y'abo ashinzwe kuyobora ngo abone uko abafasha.
7. Kuba ari umuntu ufite ubumenyi butari bumwe mu bintu bitandukanye.
8. Kuba ari umuntu uzi kuyobora ( gukora gahunda inyuze abandi).
9. Kuba ari umuntu witeguye gukorana na bagenzi be uko baba bameze kose baba babi cyangwa beza, abaswa cyangwa abahanga.
10. Kuba ari umuntu ufite imyitwarire ituma abo ashinzwe kuyobora bamwubaha ( uwiubaha).
11. Kuba ari umuntu uzi gusetsa ( ibitari ukubeshya ), kandi ntarakazwe n'ubusa .
12. Kuba ari umuntu ufite inganzo yo gutanga inama n'ibikorwa.

## b. Inyigisho z'icyiciro:

Twabonye ko abasore bakwiye kwigishwa bihagije kugirango babashe gushyira mu bikorwa intego yabo. Bahabwa inyigisho mu buryo 3 bukurikira:

- Iby'umubiri
- Iby'ubwenge
- Iby'umwuka

Nubwo iby'umwuka ari byo byibandwa ho ni ngombwa ngo habanze gutegurwa umubiri n'ubwenge maze iby'umwuka bibone kwinjira mu neza. Kuko umubiri utari muzima utabasha kugira ubwenge kandi ibyo bibiri ( umubiri n'ubwenge ) bitabaye bizima iby'umwuka ntibyakwinjira neza.

Inyigisho zikwiriye gutangwa muri ubu buryo hakurikijwe n'ibyiciro byabo:

- Abato ( 6-9 ans ) bigishwa ibi:  
Imana, umuryango, isi, nyewe.

→ Kandi bakamenya neza ibi bitekerezo:

- Abanyamuhati: [igitekerezo cya Nowa](#)
- Abatwara mucyo: [igitekerezo cya Aburahamu](#)
- Abubatsi: [igitekerezo cya mose](#)
- Abafasha: [igitekerezo cya Yosefu n'icya Yakobo](#)

→ Bamenya uwo muntu uko yavutse, uko yabayeho ( ibikorwa bye ), n'amaherezo ye.

- Ingimbi: ( 10-15 ans ) bigishwa ibi:  
Bibiliya , Amateka y'itorero, ubuzima no kwirinda, ibyaremwe, gahunda y'ubuyobozi mu itorero no mugihugu.

→ Kandi bagasoma ibi bitabo:

- Inshuti: [Umubibyi](#)
- Abotubana: [Intumway'Imana](#)
- Abavumbuzi: [Kugana Yesu](#)
- Ababimbuzi: [Ibisubizo by'ibibazo bya we](#)
- Abagenzi: [Intambara ikomeye](#)
  - Abakuze: ( 16-35 ans ) bigishwa ibi:  
Gusenga, Kwigisha, Umurimo w'itorero.

→ Kandi bagasoma ibi bitabo:

- Abayobozi: [Rengera ubuzima vol 1 hamwe n'Igitabo cy'Inama zigirwa itorero vol 2](#)
- Abayobozi bakuru: [Ukuri kwa Bibiliya n'Igitabo cy'Imigani ya kristo vol 2](#)

NB: Umu J.A wese agomba gucagurwa mu mutwe amaze kwiga ibya wo no gusoma igitabo cyawo.

Dore uko imitwe y'amajyambere ijyana n'imyaka igihe umu J.A yatangiriye inyigisho igihe:

- **Abato:**  
Imyaka 6: Abanyamuhati  
Imyaka 7: Abubatsi  
Imyaka 8: Abatwaramucyo  
Imyaka 9: Abafasha
- **Ingimbi:**  
Imyaka 10: Inshuti  
Imyaka 11: Abotubana  
Imyaka 12: Abavumbuzi  
Imyaka 13: Ababimbuzi  
Imyaka 14: Abagenzi
- **Abakuru :**  
Imyaka 16 -18: Abayobozi  
Imyaka 18: Abayobozi bakuru

NB: → Uko twavuze iyo mitwe y'amajyambere niko ikwiye kujyana n'iriya myaka, abaje mu cyiciro bakunze bakiga ibyo mumitwe iri muni y'imyaka yabo vuba vuba kugirango babashe kugera mu bikwiranye n'ikigero cyabo.

→ Habaho icyiciro cy'abavumbuzi n'umutwe w'abavumbuzi ( EXPLORATEUR = icyiciro cy'abavumbuzi, ECLAIREUR = Umutwe w'abavumbuzi ).

### **c. Amacagura**

Nkuko iryo jambo ribivuga ni ukurobanura abize neza batsinze bakajya mu mitwe batsindiye. Igihe aba J.A bamaze kwigishwa, amacagura ategurwa atya:

- Umuyobozi wa J.A mu itorero amenyesha Pasteur ko aba J.A bakeneye gucagurwa
- Pasteur abivuganye n'umuyobozi wa J.A muri Association bafata itariki amacagura azabera ho. Iyo umuyobozi wa J.A muri Association atabonetse agena umu Chef guide uzajya kuyobora iyo gahunda.

Umuyobozi wa J.A mu itorero agomba kuba yaramaze gusinyira aba J.A mu byiciro batsindiye, mu gihe cy'amacagura umuyobozi wagiye yo amaze kugenzura ko ibyabajijwe babitsinze koko nawe asinya ahamugenewe ( handitse umuyobozi w'urubyiruko muri association cyangwa mu ishyirahamwe ) . Aho



basinya hagomba kugaragaza izina ry'uwashyize, igihe n'aho byabereye. Niba Atari umuyobozi wa J.A muri Association wiyiziyeye, uwatumwe asinya P.O intara yateguye amacagura igomba kuyategura mbere akararikwamo abizera bose kandi ntavangwe n'ibindi bitaramo, agomba kuba ari amateraniro atuma abayajemo bayakunda.

Abagomba gucagurirwa muri ayo materaniro bagomba kuba ari aba J.A bo muri icyo ntara cyangwa bafite urwandiko rwo mu ntara baturutseho.

**NB<sub>1</sub>:** Ubu muri union yacu hemejwe ko abo mu mitwe y'abayobozi n'abayobozi bakuru bazajya bacagurirwa mu ngando nini cyangwa mumateraniro manini yahuje intara nyinshi kandi hakaba hari abayobozi bakuru benshi bakurikirana ayo macagura.

**NB<sub>2</sub>:** Ntacagura rigomba gutegurwa cyangwa ngo rikorwe umuyobozi wa J.A muri association atabizi cyangwa ngo abimenyeshwe atunguwe.

#### **Kwihanangiriza abacagurwa (gutongera)**

(Aya magambo abwirwa abamaze gucagurwa nyuma y'uwo muhango akavugwa n'uwawuyoboye n'abacagurwa kera bose bahagararanye n'abamaze gucagurwa ngo bavugurure amasezerano yabo).

Ubu mugeze ahantu ho kwiyungura mu byigisho byanyu no kwerekana umwete ko mwiteguye kwemera inshingano nshya zo mu itorero z'izo mu murimo wa shobuja mukuru. Ubu rero murangije ibyategetswe mu mitwe yanyu y'aba J.A ibi bimenyetso mugiyeye guhabwa bigaragaza umugambi uhebuje iyindi wa gahunda zo mu itorero ry'abadventiste b'umunsi wa karindwi. Ibi bimenyetso bikwiye gukomezwa gusa igihe muzaba namwe mugihagaze mu nzira zo mu mugambi ya buri munsi yerekeje ku cyo bitangiye ni nacyo gipimo cyiri mu isezerano ry'urugaga rw'aba J.A no mu itegeko rya rwo.

Ku bw'ibyo ndabihanangiriza ku bw'ubuntu bw'Imana kugira ngo mugire umwete iminsi yose wogukurikirana ibi byigisho bihebuje mubikurikize mu byo muvuga no mu byo mukora, kuko muhamya ko muri abagaragu b'Imana n'inshuti y'abantu. Igihe muzabona yuko muretse inshingano zose, zatumye muhabwa izi mpeta mureka ibi byigisho no kubikurikiza mu mibereho yanyu ya buri munsi, n'ibanyu rero kugarura izi mpeta ku mukuru wanyu wa Association cyangwa se aho mwazihereye.

Ariko nizera neza ko Imana izabarinda ngo muhore muyikiranukiye buri munsi, no muri ibi bihe byiza by'ibintu by'igiciro kinini mushinzwe.

**Ibimenyetso bivugwa ni impeta z'ubuhanga zihabwa abacagurwa.**

## IGICE CYA 5

### KUBWIRIZA UBUTUMWA URUGO KURUNDI

Buri mwizera wese agomba kuba umuyoboro Imana inyuzamo ubutunzi bw'ubuntu bwayo bukagera ku isi. Ubwo butunzi burenze ubwenge bw'umuntu, abantu barabukeneye nyamara wowe ubuhisha mu mutima wawe! Ntakintu Umukiza yifuza cyane nk'abantu bazahagararira Umwuka wera n'imico y'Imana. Uwo ni umunezero mwinshi cyane. ( Ibihamya ku bagabura p,119)

Kubwiriza ijambo ry'Imana birigwa kandi bisaba kugira ubushakashatsi nokwegerana n'Imana mu mibereho ya buri muni. Umubwiriza akwiye kugira imibereho ibwiriza ubutumwa.( Abaroma 13:11-14, Matayo 5:14-16).

Kuba umubwiriza butumwa bwiza udafite imico yubaha Imana ni umuvumo. Matayo 12:34-35, Matayo 23:13-33.

Umubwiriza akwiye kwihatira kumenya Bibiriya akaba ari nayo abwiri. 2 Tim 2:15.

#### **Ibwiriza butumwa rikunze gukorwa mu buryo bubiri:**

1. Kubwiriza mu ruhame
2. Kubwiriza umuntu umwe umwe.( mu miryango)

Ubwo bwa kabiri nubwo budakunze gukoreshwa n'abantu benshi nibwo bugira umusarurokuko:

- Uwo ubwiriza aba anafite uburyo bwo gusobanura neza ibyo atumvise ibyo bigatuma afata umwanzuro yasobanukiwe.
- Uwo ubwiriza agirana ubushuti yaramuka yihanywe akabona umufasha mu itangiriro ry'urugendo rwe.

#### **UKO BIKORWA.**

##### **I. Kubanza gusabana n'Imana wowe ubwawe:**

Niba ushaka kuba umubwiriza butumwa ukwiye kubanza nawe ukaba umwigishwa wa kristo kugirango ujyane ubutumwa butari ubwawe kandi ubone n'ubufasha buturutse mu ijuru. ( ibyak 1:4 )

N.B: Ibyo ntibisaba igihe kinini kuko ufiteye urukundo umukiza we, azagira ishyamba mu murimo we nabisabira imbaraga azazihabwa kuko ari isezerano. ( Luk 11:13, Yoh 15:7)

## **II. Kubanza kumenyana n'abo ugiye kuzaha ibyigisho.**

Mbere yo gutangira kwigana n'umuntu ibyigisho bya Bibiliya mukwiye kubanza kumenyana ukamusura ukamenya ibye neza. Byaba byiza ukamusura inshuro irenze imwe mbere y'uko mutangira kwigana.

### **UBURYO BWOKUMENYANA**

Famille: Kumenya iby'umuryango we.

Occupation: Kumenya iby'akazi akora.

Religion: Kumenya iby'imyizerere ye.

Message: Kumuha ubutumwa ubafitiye.

Doctrine: Kubabwira amahame.

### **Icyitonderwa:**

1. Mukumenya ibi byose ugomba kubimenya mu buhanga utababaza nk'ukora iperereza.
2. Ukwije kwirinda guhita ujya mu mahame y'idini mbere cyane, banza umunyerane nabo ndetse byaba byiza kubanza kwigana ibyo mwizera kimwe.
3. Buriya buryo butatu bubanza ( F.O.R ) nibwo ukwiye gukoresha muri iyi ngingo ya kabiri kumenyana n'abo mwigana Bibiliya. Ibindi ( M.D ) biza mwatangiye kwiga.

III. Kubasaba gahunda y'igihe muzajya mwigira.

Igihe umaze kumenyana nabo nibwo ukwiye kubabwira ko wifuza gufatanyana nabo kwiga Bibiliya, bakwemerera mugahana igihe cyo kuja mwigiraho, mugafata gahunda itavunanye kuri buri wese (niyo mpamvu ukwiye kubanza kumenya biriya twavuze mu ngingo ya kabiri F.O.R ).

## **IV. Gutangira gutanga ibyigisho**

- Ugomba kubahiriza gahunda mwahanye.
- Igihe uhageze ntugomba kuhatinda (mugomba kuba mwarihaye igihe cyo kurangiza).
- Niba bakuzimaniye bwa mbere wabyemera ariko ntibibe akamenyero ukaba wababwirana ikinyabupfura ko atari ngombwa kuko icyo bikomeje hakaba ubwo babibura bagira ikibazo cy'uko bari bwitware kandi icyo mwagiye mugusabanira ku meza bishobora gutuma ibiganiro byanyu bitandukira ukarenga ubutumwa bwakujyanye.

#### **V. Ibikorwa igihe utangiye kwigisha.**

1. Genda wambaye neza nk'umubwiriza butumwa bwiza, ariko umenye aho ugiye kwigisha uko hameze wambare imyambaro ikwiranye naho.  
Urugero: Niba ari abakene wambare imyambaro iciriritse kugira ngo bakwakire batemerewe.
2. Niba mugiyeye murenze umubare umwe mukwiye kugenda Atari umusore n'umukobwa cyangwa umugabo n'umugore keretse ari umugore we.

#### **Dore uko byakorwa:**

- Abakobwa babiri n'umuhungu umwe.
- Abahungu babiri n'umukobwa umwe.

Ibyo bituma abababonye batacyeka ko Atari ukwitemberera kw'abasore n'inkumi.

3. Nugera yo ukomange winjire mu kinyabupfura.
4. Igihe uhageze niba ari ukwicara ku musambi cyangwa ku ntebe ukwiye kubyakira uko biri utabangamiwe unezerewe.  
→ Niyo mpamvu ugomba kuba warahageze ukamenya uko ugenda wambaye.
5. Mbere yo gutangira icyigisho basabe ko musenga.  
→ Niyo mpamvu ugomba kuba wamenye imyizerere yabo ngo umenye uko musenga niba Atari inshuro ya mbere wabasaba nabo bagasenga.  
→ Singombwa ko musenga mupfukamyeye kereka uziko babyemera.
6. Igihe mutangiye kwiga niba hari abo mwajyanye ntimusahuranwe mu magambo kandi ukwiye kujya uha akanya abo wigisha nabo bakagira icyo bavugaga ndetse baba bazi gusoma bakagira imirongo yo muri Bibiliya basoma.
7. Igihe wigisha ntukwiye kujya ukoresha imvugo zimenyerewe gukoreshwa mu itorero.

#### **Urugero:**

- Abizera
- Umwuka w'ubuhanuzi, kuko baba batarabimenya.
  8. Irinde gusebya andi madini igihe wigisha.
  9. Ntukwiye kwigisha icyigisho nawe ubwawe udasobanukiye neza, kandi igihe bakubajije ikibazo utabashije kubonera igisubizo babwire ko uzagisubiza ubutaha.
  10. Ntukavangavange ibyigisho, tegura ibyigisho buri cyigisho umunsi wacyo ukurikije uburemere bwabyo n'amahame yabyo bitewe n'imyizerere y'abo wigisha.

### Urugero:

- Kumenya Imana
- Ijambo ryayo,.....
  - 11. Ntukavuge amazimwe cyangwa ngo urondogore.
  - 12. Niba urangije usenge witahire.
  - 13. Ntugasure abo wigisha kenshi n'igihe bitari ngombwa. Imigani 25:17.

### **VI. Uburyo bwo gutegura icyigisho.**

Ushobora kwigisha ukoresheje ibyigisho byateguwe n'abandi igihe wabyize ukaba ubizi neza ariko igihe ubishoboye wategura icyigisho cyawe.

### **UKO BIKORWA**

### **Ibice:**

1. Umutwe (Titre).  
Izina ry'icyigisho
2. Ivumbura matsiko ( Introduction )  
Ni agace gato kagomba kumvikanisha icyigisho cyawe muri make kandi kagategurwa ku buryo gakumbuza abantu kumva icyigisho cyawe. Biba byiza gushyiramo agatekerezo kagufi gahuye n'icyigisho kandi na none byaba byiza kabaye ari agatekerezo kabayeho.
3. Igihimba ( Developpement )  
Muri iki gice niho ugomba gusobanura mo icyigisho cyawe, ukerekana umugambi wacyo. Hari uburyo bwiza wakoresha ngo icyigisho cyawe gisobanuke neza ndetse ubwo buryo bwakurinda kubazwa ibibazo byinshi n'abigishwa bawe, ubwo ni ugukoresha mo ibibazo tugiye kubona:
  - a. Inde?
  - b. Uwuhe?
  - c. Ryari?
  - d. Buryo ki?
  - e. Hehe?
  - f. Iki?
  - g. Kubera iki?

### **Urugero rwo gukoresha ibyo bibazo:**

- c. Yesu azaza ryari?
- d. Azaza buryo ki? (Mu buhabyo?)
- e. Azaturuka he?

Biba byiza gusubiza ibi bibazo ukoresha imirongo yo muri Bibiliya.

#### 4. Umusozo. (Conclusion)

Iki ni igice gisoza ikigisho, kigomba kurarikira abigishwa gufata icyemezo kubyo uba umaze kwigisha. Nkuko twabibonye mu ivumbura matsiko, byaba byiza gukoresha agatekerezaho kabafasha gufata umwanzuro wo kwihana.

→Ubu buryo ushobora no kubukoresha no gutegura ikibwirizwa cyo ku ruhimbi.

### VII. **Impamvu zatumye udatanga icyigisho wateguye.**

#### 1. Hari uwapfuye muri uwo muryango

→Icyo gihe ufatanyaga nabo muri ibyo byago igihe bishoboka mubiganiro ugire ibyigisho ubaha mwiganirira udateruye icyigisho.

#### 2. Hari urwaye.

→Reba niba hari icyo wabafashisha

#### 3. Bananiwe cyane (Ubabaze indi gahunda yo kugaruka)

#### 4. Hari abashyitsi

→Igihe hari abashyitsi bashobora kuba babakumbuye ibyo bigatuma batumva icyigisho cyawe cyangwa bakumva ubabangamiye.

Ubu buryo bwo kwigisha ibyigisho bya Bibiliya mu miryango ni ubwo kwitabwaho. Aba J.A bakwiye kugira amatsinda akora icyo gikorwa iwabo mu matorero bikabafasha gusohozza isezerano n'itegeko byabo.

### **ICYO DUHAMAGARIRWA**

→ Kuyobora abantu kuri Kristo. Yesaya 58:1

→Kubatera inyota y'ubutumwa bwiza wibahatira kwihana gusa, bigishe gusa ubundi ujye ubasabira.

✓ Ushobora kuyobora inka ku kibumbiro , ariko ntiwayihatira kunywa amazi.

→Ugomba gukora umurimo w'Imana udahanze amaso ku itorero.

✓ Mbere yo kwibaza icyo itorero rikumariye wibaza icyo wowe urimariye.

## IGICE CYA 6

### UBUYOBOZI BUBEREYE ABAKRISTO

Abasore bakeneye ibirenze amatangazo, bakeneye ibirenze amagambo yo kubahugura avuzwe mu gihe runaka. **Bakeneye umuntu witanga w'umunyamasengesho, umuntu wita ku murimo, umuntu ufite umutima wuzuye urukundo n'impuhwe** niwe wenyine ushobora kugira icyo amarira abasore, bagaragara ntacyo bitayeho.

Ku mu kristo ubuyobozi bukwiye kumvikana ko ari ukuba umugaragu w'abandi nk'uko kristo yabigaragaje mu mibereho ye no mu murimo we. (Mariko 10:44).

Umuyobozi w'abasore **ashinzwe kuyobora abandi ku kumenya no kugukunda kristo umucunguzi wabo, agomba kuba afite ubwuzu bwo gukunda ijamba ry'Imana afite ubuzima bwuzuye umunezero, akunda gusenga no kwihererana n'Imana.**

**Gusenga no kwiga Bibiliya bikaba umugabane we mu buzima bwe bwa buri muni.**

#### I. GUSHISHOZA MU BUYOBOZI

Gushishoza ni ukureba itandukaniro ry'ibintu, ukamenya uko bitandukana kandi ukaba ushobora kubana n'abantu batandukanye. Umuyobozi ni umenya uburyo yakorana n'abantu b'amahara kwinshi bo mu matsinda atandukanye maze ukabashyira hamwe ku bw'inyungu y'umuryango muba murimo, umuyobozi ushishoza agira ubwenge bwo kwemera abantu uko bari kose, agakorana nabo abafasha ngo basobanukirwe Yesu we cyitegererezo cy'ukuri.

Ubwo bushishozi buturuka kuri wowe wivuyemo ukagerageza gusobanukirwa abandi, ariko utiteze ko bagendera ku bitekerezo byawe, ahubwo ukemera, kandi ugashima ibitekerezo buri wese azanye muri iryo tsinda.

NB: Abantu ntabwo ari ibintu, buri muntu yaba umugore cyangwa umugabo agira umwihariko, ntidukwiye kwitega ko abandi bagomba kugira icyo bahindura, kugirango bahinduke nk'uko tubishaka mu ishusho yacu. Umuyobozi agomba kumenya kubana na buri muntu uko yaba ateye kose.

Ibyo agomba gushishoza mo:

##### a. Wimenye ubwawe:

Kwimenya ubwawe ni byo bituma umenya y'uko uriho ukumva ndetse uriho uhinduka. Iyi mvugo ngo "Niko nteye, niko ndemwe, nta na rimwe ikwiriye kuba mu magambo y'umuyobozi, cyangwa ngo ribe isengesho rye, yaba umugore cyangwa umugabo. Ahubwo kubw'ubuntu bw'Imana ndashaka gusa noyo, nabasha gukora, nabasha kwiga gufata neza abandi kandi sinshogozwe n'intege nke zabo" abimenya ho intege nke ubwabo baba bakomeye, kwimenya ubwacu bidufasha kubaha itegeko ry'izahabu.

#### **b. Ujye wita ku byifuzo by'abandi:**

Dufite ibintu bitureba ubwacu, ariko dukwiye kutihugiraho kugirango tuzirikane n'abandi, tukumva ibitekerezo by'abandi. Ntukarebe gusa, cyangwa ngo unezezwe n'intege nke z'abandi. Iyo tugambiriye kureba amafuti y'abandi, ibyo bizadutangaza ducike intege. Umuntu wese wiha kurebuza abandi niwe munyamafuti.

Bivugwa yuko "uwananiwe kugira icyo akora, niwe usanga agaya abandi". Uhora arega abandi mu mafuti bagira agera ubwo yihindura umucamanza wabo. Ibuka ko iyo watunze umuntu urutoki izindi ntoki ni wowe ziba zireba.

Nibyiza kuba ingirakamaro ku bandi ukanabashyigikira maze ukabageza ku rwego ruhanitse. Umugambi nk'uwo uzafasha abacitse integer. Ingorane rukumbi ikunze kugaragara mu rubyiruko ni ikwigaya. Umuyobozi w'urubyiruko ashobora gukora ibishoboka byose ngo bigirire icyizere kandi bihe agaciro.

→Bivugwa ko n'isaha y'ikimene igira ubwo iba ku gihe kabiri ku munsu (iyo yerekanye igihe nyacyo). Niko no mu muntu udashobotse hataburamo ibyaba byiza wamwigiraho. Iteka ryose jy'uhora ureba ibyiza gusa.

#### **c. Goragoza ubusabane:**

Ubusabane ntiburobanura, umuyobozi w'ukuri ntiyigiza nkana, ahubwo akora ibishoboka ngo asabane na buri wese. "ubusabane bukomoka ku mutima w'ubugwa neza".( umurimo n'ubuvuzi P.490 )

#### **d. Uhore witeguye gufasha:**

Kristo yaje gukorera abandi, ariko si ugukorerwa. Niwe cyitegerereze cyacu muri byose. Ubuyobozi nyabwo ni ubwiteguye buri gihe gufasha abandi, cyane cyane abaciye bugufi hanyuma y'abandi.

#### **e. Ujye utuma abandi bagubwa neza:**

Dusanze duhitamo inshuti zitabangamiye. Umuyobozi agomba kumenya, uko byagenda kose, kwihanganira urubyiruko kabone n'iyi byaba biruhije, agomba gukora ibishoboka byose kugirango aho abo ayobora amahirwe yo kumva ko bisanzuye. abagize amatsinda bese bagombye kumva ko batanga ibitekerezo byabo kabone



n’ubwo banyuranya n’abandi. Bagomba kumva ko bemerwa, bagashimwa kandi ko bakenewe. Ntukivovotere ibibazo n’ingorane.

**f. Uge ugira amakenga:**

Iyo dukorana n’abandi, tugomba kugira ubwenge, ubugwaneza n’ubushishozi. Ni byiza kubaza kuruta kwanga , kumva kuruta kurega, guhangana n’ibibazo biruta guhangana n’abantu. Mu kubaza ibibazo aho”gutunga abandi intoki”, fasha mugenzi wawe ngo asobanukirwe n’ikibazo bwite, maze mushakire hamwe igisubizo. Wirinde kugira uwo “unenga”. icyabaye kiba cyabaye . shaka uburyo bwo kwirinda icyahazaza. Baza uti: twakora iki ngo ibi bitazongera kubaho ? Twabyirinda dute ngo ibi bitazongera?

**g. Ujye umenya uko umuntu yaramutse:**

Tugomba kumenya ko abantu bamwe bagira iminsi mibi. Ibintu bitandukanye bituma imyumvire ya bamwe igira guhinduka.

Urugero:

- Ingorane zo mu rugo
- Ingorane z’ishuri
- Ingorane z’akazi
- Ingorane z’umuntu ku giti cye.

Umuyobozi agomba kumenya uko abyifatamo, yifata muri ibyo byose, akamenya ko afashije, uwo muntu byagirira umumaro abagize itsinda bose kandi bikabigisha kwihangana , gushinyiriza no gutuza.

**1. IBYINGENZI URUBYIRUKO RWIFUZA (RUKENERA)**

Bimwe mu by’ingenzi urubyiruko rwishimira kandi rukunda kwitaho ni ibi bikurikira:

1. Kumva abandi
2. Kuba umukristo nyakuri ( iby’umwuka )
3. Kugira ubumenyi buhagije
4. Kuba umuntu uhamye kandi ufite ibitekerezo byagutse

**Kumva abandi**

Ubwenge ni ingenzi cyane. Nuko rero shaka ubwenge, ndetse iby’utunze byose ubishakishye ubuhanga (imig 4:7). Utumvise umuntu ntabasha kumufasha, kumuyobora no kumwigisha. Kubera ko urubyiruko rufite ubukene bw’ibanze mu muryango w’Imana, kandi butandukanye, umuyobozi agomba iby’ingenzi kuruta ibibi kugirango abone uko abyifatamo. Umuyobozi wumva abandi aba afite umwihariko kandi azubahwa, azahabwa agaciro, igikundiro, ndetse akabarwa nk’intwari bashima.

Ni ingenzi cyane ko urubwiruko rwubaha umuntu uruzirikana kandi uko kuruzirikana ni ukumva, cyangwa se byibuze kugira ubwitange mu buryo bwo kutarubangamira ku cyo rwifuzwa. Urubwiruko rufite ubushobozi bwo kureba rukamenya ko urwitaho arwanze cyangwa arangiza umuhango gusa. Ndetse no ku bantu batajijutse, kumvira n'umuntu mukuru bifite akamaro cyane usanga guca bugufi mu bakuze ari cyo cyifuzo cyitabwaho.

### **Iby'umwuka:**

Umutima wa kamere utera urupfu, ariko umutima n'umwuka uzaha ubugingo n'amahoro ( Rom 8:6 ) umuntu ujijutse ku isi mu by'umwuka ntashobora gufasha cyangwa kuyobora urubwiruko rudafite inyota yo kumva no gufashwa. Uko byamere kose hagomba ubufatanye byombi mu mwuka no gusobanukirwa n'imbaraga zikomeye z'ibyo, kumva abandi no kuba umukristo nyakuri wibashisha gutera imbere, gukiza, kwiungana no kuba umuntu wuzuye umwuka haba ku muntu usobanukiwe no ku muntu utaritanga.

### **Ubuganga bwo kumenya:**

Kuko ubwenge ari ubwugamo, ariko umumaro wo kumenya ni uyu: ni uko ubwenge burinda ubugingo bw'ubufite ( umub 7:12 ). Urubwiruko rwemera umuyobozi uzi aho aya n'aho aya, abayobozi bafite icyo bagamije n'uburyo bwo kukigera ho. Ku bw'iyi mpamvu urubwiruko ntabwo rushakira abarwigiraho. Ubumenyi no kuba inararibonye bituruka mu myaka yo gushishoza no gusenga wiga ijamba ry'Imana. Icyo gihe, kugerageza cyangwa gushakisha bisimburwa n'ubumenyi buhamye. Kwimbika mu by'umwuka no guhuza ibitekerezo n'abandi.

## **2. UBURYO BUTANDUKANYE BWO KUYOBORA**

Ubundi bushakashatsi bwagaragaje uburyo butatu bw'ibanze:

1. Kuyoboresha igitugu
2. Kureka abantu bagakora ibyo bashatse (laisse-faire).
3. Ubuyobozi bushingiye ku kwemera ibitekerezo by'abandi (démocratie).  
Itandukaniro rikomeye muri ubu buryo bw'ubuyobozi riboneka mu gushakira kugenzura (controle) no kumenya ikigenzurwa icyo ari cyo (cequi doit être cotrole).

## A. Uburyo bwo kuyoboresha igitugu

Umuyobozi utwaza igitugu yumva akeneye kugenzura akantu kose mu buryo burengeje urugero. Bikamuhindukira nk'indwara mu myifato itandukanye. (Différents types de comportements).

1. Ntiyifuza kurenga imbago zashyizweho kandi yitwara akurikije icyerekezo cy'igikorwa. Agera aho inama ibera ku gihe, kugirango hatagira uwo babonana wamuvanamo ibitekerezo bye.
2. Aravuga ntarangize. Ijambo ryibanze rye riba rirerire atari uko abo bari kumwe basobanukirwa n'ibigiye kwigwa, agendereye kwereka abo barikumwe ko asobanukiwe, n'uburyo asobanukiwe.
3. Ibintu bye aba yabishyize kuri gahunda, ntawundi ushobora kuyinyeganyeza. Utwaza igitugu yishyiriraho ubwe uko ibiganiro biza kugenda, agirango yiyoroherenze umurimo we.

### Urugero:

Petero aratugezaho ingingo ya mbere kugeza ku ya 3.

Yohani aratugezaho ingingo ya 4 kugeza ku ya 7, bityo bityo.

4. Utwaza igitugu amenya uwo ari bwerekezeho ibibazo, kandi ntabe yakwemera ko hari undi watanga igisubizo mu bo bari kumwe uretse wawundi wabajijwe.
5. Yanga gutakaza igihe. Utwaza igitugu ntiyifuza ko habaho akaruhuko igihe ibiganiro byatangiye. Ashaka ko uvuga avuga vuba na bwangu bitabaye ibyo, akavuga wenyine yisihinga.
6. Arogoya abandi buri kanya. Ibyo akabikora kugirango agere kuri ibi bikurikira:
  - a. Gukosora amakosa akomeye, n'adakomeye.
  - b. Kwifuza ko abantu bakomeza mu ntero y'ibyo umuyobozi yifuza.
  - c. Kugaragaza ko ariwe urimo gutegeka (kuyobora).
7. Atuma habaho gusakuza akanemera ko ibitari ku murongo w'ibygwa nabyo bikaganirwa bipfa kuba byerekeza ku mugambi wabo rusange.
8. Arahindagura. Kugirango asobanure neza ibyavuzwe n'abandi, utwaza igitugu ahindura ibyo abandi bavuze agirango babyemere kuruta uko babyivugiye.

## **B. Uburyo bwo kuyobora ureka abantu bakishyira bakizana.**

N'ubwo ubu buryo bwemerwa nk'uburyo bwo kuyobora, mu kuri nta buyobozi burimo. Umuyobozi ntiyita mu kwerekana icyerekezo, igenzura, n'uko umurimo wakoze, cyangwa ngo yite ku mibare y'abantu n'abandi.

Umuyobozi uteye atyo ntabwo mu by'ukuri ari umuyobozi kuko ari ntacyo akora. Ubu buryo bwo kuyobora butuma abantu bikorera ibyo bishakiye bakitwara uko bishakiye kuko nta amategako abaganga ariho. Umuntu wese akirwanaho uko abyumva. Ni akajagari.

## **C. Ubuyobozi bushingiye kuri demokarasi (ibitekerezo bya beshi)**

Umuyobozi wacengewe na demokarasi agerageza gushakisha inzira iri hagati y'ubuyobozi butwaza igitugu n'ubuyobozi bwemerera umuntu ukwishyira ukizana. Umuyobozi ufite amatwara ya demokarasi agaragaza neza icyerekezo cy'umurimo ugomba gukorwa atibagiwe kwita ku mibanire y'abantu n'abandi. Abikora yitonze kugirango ibitekerezo bye bwite bitaganze iby'abobafatanyije kuyobora.

Umuyobozi mu buryo ubwo ari bwo bwose ajyana n'ibihe, agafata ibyemezo bijyanye n'uko ibihe bimeze.

### Urugero:

Niba inzu irimo ishya, umuyobozi wa kidemokarasi ntabwo ari ukwiriye. Icyo gikorwa kirasaba umuyobozi utwaza igitugu. Ariko rero iki nticyaba urwitwazo rwo guhora atwaza igitugu igihe cyose.

Ikibazo ni iki? Ubuyobozi bwiza ni ubuhe? Igisubizo twakibona twitegereje ingingo zinyuranye zagaragajwe na Steward TUBBS mu gitabo cye yise "A **systems Approach to small Group Interaction, P, 158**". Avuga ko izi ngingo zinyuranye zigaragaza ubuyobozi bunyuranye mu bihe runaka.

1. Icyo ubuyobozi bumariye abayoborwa (la qualité du rendement du groupe).
2. Igihe gikwiriye ngo igikorwa kirangire ( le temps requis pour l'accomplissement d'une tâche)
3. Ukunyurwa kw'abayoborwa ( la satisfaction des membres du groupe )
4. Kutita kumiyoborere kw'abayoborwa ( l'obsentéisme des membres du groupe)
5. Kwishyira ukizana biturutse mu bagize itsinda ( l'indépendance développée dans les membres du groupe)

Ubushakashatsi bwakozwe mu w' 1968 na White na Lippit, bagaragaje ko:

1. Ubuyobozi bugirira akamaro abayoborwa ni ubushingiye kuri demokalasi.
2. Kunyurwa kw'abagize itsinda usanga kwigaragaza cyane mu buyobozi bushingiye kuri demokalasi (ubuyobozi bushingiye ku gitugu butuma abantu bivumbagatanya cyane).
3. Ubuyobozi bushingiye kuri demokalasi butuma abantu bagaragaza ibitekerezo byabo.
4. Ubuyobozi bushingiye kuri demokalasi butuma umuntu yumva ko bataboshye, bashobora kwishyira bakizana no gutanga inama n'ibitekerezo byabo.

Inenge iri mu buyobozi bushingiye kuri demokalasi ni uko umurimo ukorwa mugihe kirekire. Nyamara, nubwo ubuyobozi butwaza igitugu butuma umurimo wihuta, ugakorwa vuba, usanga ubwiza no kurama kw'ibyakozwe atari byiza nk'ibyo mu buyobozi bushingiye kuri demokalasi.

## **II. INSHINGANO Z'UMUYOBOZI**

Ubuyobozi bufite inshingano nyinshi. Bitewe na buri buryo bw'ubuyobozi bufite icyo buhindura ho ku bantu, izi nshingano zoroshya imirimo y'ubuyobozi mu mibanire ye n'abandi cyangwa mu mikorereye n'abandi bantu. Gusobanukirwa neza n'iyi migabane inyuranye y'ubuyobozi byafasha mu gushyiraho ingamba zatuma umurimo ukorwa bwangu kandi neza. Iyi migabane twayishyira mu byiciro bitatu: Imirimo rusange, icyiciro cy'imirimo yunganira n'imirimo yo gushyiraho gahunda y'ibikorwa.

### **A. Imirimo rusange**

**Gutanga imirimo:** gushaka ibikorwa no gushyiraho imigambi, gusobanura neza ingorane z'abo uyobora, gutanga inama n'ibitekerezo byo kwigwaho. Umuyobozi ntategereza ko ibintu bidogera ngo abone kugira icyo akora, ahubwo aribwiriza agafata ibyemezo, akayobora itsinda mu gusohoza imigambi babanje kwemeranwaho.

**Gushakisha:** kumenya ingorane, gusaba inama n'ibitekerezo. Umuyobozi ashobora kubyishakira cyangwa se akifashisha abo bakorana.

**Kumenyesha:** gutanga raporo y'ibyakozwe, imibare n'ibindi, ukagaragaza icyo utekereza, ugatanga inama n'ibitekerezo. Umuyobozi agomba kumenya ko agomba gusobanukirwa n'ibyo yamenyeshejwe, bityo bikamufasha gukorana neza n'abandi. Nawe ubwe ashobora kugira icyo yamenyesha abandi cyatuma basobanukirwa biruseho, bigatera ubufatanye nyabwo.

**Gusobanura no gutegeza:** gusobanura ibitekerezo n'inama, kuvana abantu mu rujijo, kugaragariza itsinda ingingo zigomba kuganirwaho, agatanga n'ingeri. Amakimbirane menshi aterwa n'uko hatabayeho gusobanukirwa, bityo umuntu akaba yayoroshya.

Umuyobozi agomba gusobanura ibidasobanutse, akareka abandi bakisobanura, byashoka akaba yatanga izindi nama n'ibitekerezo byasimbura ibyari byatanzwe kugirango ingorane zibonerwe umuti uhamye.

**Incamake:** gushyira hamwe ibitekerezo byatanzwe kandi bijyanye n'ibyigwa, kuvuga mu ncamake ibiganiro byose byavuzwe. Mu gihe impaka zigirwa ku kintu runaka, hari ibitekerezo bitangwa ariko bihabanye n'ibigenderewe.

Umuyobozi agomba kuba afite ubushobozi bwo kuvuga mu magambo make ibyavuzwe byose, byatuma umwanzuro wagerwaho, cyangwa se hakaboneka ubwumvikane.

**Kumva ibitekerezo by'abandi:** kugeza ibitekerezo kuri rubanda kugirango umenye niba imyanzuro yagezweho no kuba witeguye mu gihe ubwumvikane bwagezweho binyuze mu bwiganze bw'abagize inama. Ukurikije igitekerezo cy'itumanaho n'ubuyobozi, nta tsinda na rimwe ribaho mu buyobozi gusa, bose bagerwaho n'ibyemezo bifatirwa aho bakorera. Umuyobozi nyawe rero yumva neza icyo abantu bavugaga ku byemezo byafashwe. Ku byerekeye itorero, umuyobozi agomba no gutegera amatwi abizera kugirango habeho ubwumvikane hagati y'abayobora n'abayoborwa.

## **B. Imirimo yunganira.**

Izi nshingano zo gukomeza imibanire myiza mu bantu ni indongozi ifasha umuyobozi mu murimo we wo gufasha abandi ngo bavumbure ubuyobozi bwabo, kugirango nk'umubiri umwe babashe kugera ku migambi biyemeje.

**Gutera ubutwari:** ba inshuti, wite ku bandi ubemerere kubafasha ibyo badashoboye. Wumve neza kandi ubereke ko ubitayeho, uha uburyo abandi uburyo bwo kumenyekana no gushimwa.

**Gushyira mu bikorwa ibitekerezo byabo:** menya ibyifuzo, n'ubutwari n'imibanire by'abo muri kumwe. Ubagezeho ibyifuzo byawe. Umuyobozi agomba kuba azi umwuka uri hagati y'abo bakorana, bityo yifashishije urwego rw'ubuyobozi agomba gutuma habaho umwuka mwiza buri wese akumva ko uwo muriyango arimo ari uwe bitewe n'uko abona umuhagarariye kandi ibyo yumba akeneye bikabonerwa umuti.

**Guhuza:** kunga igihe havutse amakimbarane, kugabanura no koroshya urwikekwe no gutuma abandi basuzuma itandukaniro riri mu bitekerezo byabo. Gushakira umuti w'ibibazo bivutse, kubera ko abagize umuryango bakomoka ahantu hatandukanye, ibyo byagira ingaruka ku mibanire yabo. Umuyobozi agomba kuba azi ko ibi bishobora kubaho bityo akagomba gukora ibishoboka byose kugirango ubwumvikane mu bagize umuryango batandukanye bukomeze.

Nta gushidikanya umunyamuryango ashobora kuba avuye mu wundi muriyango imico azi myiza mu muriyango mushya yakirwemo. Iyo mico inyuranye abagize umuryango

bavuye aho bari bari mbere yateza umwuka mubi n'amakimbirane. Umunyamuryango uje avuye i muhira, mu kazi, ashobora kuzana imico, ibitekerezo bye akabyanduza abo asanze. Umuyobozi agomba kubimenya kugirango abashe koroshya no gukemura amakimbirane yavuka. Umurimo wo kunga no guhuza usaba ko umuyobozi agira gushishoza n'ubwenge bwo gukorana n'abantu banyuranye.

Kuba umunyukuri: ni byiza gushyiraho imigambi kugirango intego ibashe kugerwaho n'abagize umuryango bose. Ushyireho ingamba zikubashisha kumenya imikorere ya buri muntu. Kuyobora ufite intego bituma n'abagize umuryango nabo biha intego zabo bashingiye kuzo bagejejweho. Umuyobozi yitwararika ku byemezo byafatiwe hamwe, agafasha umuryango mu b'ikorwa kugera ku ntego.

### **C. Inshingano zo gushyiraho gahunda.**

**Gushyiraho gahunda y'ibikorwa:** uyu ni umugabane w'ingenzi mu buyobozi.

Umuyobozi agomba kwemeza imirimo igomba gukorwa, akagaragaza amasano ari hagati y'ubuyobozi n'inshingano z'abantu bazakorera hamwe baganisha ku ntego cyangwa se imigambi by'umuryango. Gushyiraho imigambi no gushyiraho gahunda y'ibikorwa byombi n'imigirirane.

**Gutanga amabwiriza:** umuyobozi agomba gukangurira, gutanga amabwiriza no kugenzura uko imirimo ikorwa. Igikangura umuntu ntabwo kiba muri we ahubwo gituruka hanze. Bishingiye ku muyobozi cyangwa itsinda ry'abantu bamenye igishobora gukorwa, no gutuma haba ubushake bwo kugikora. Gukangurira umuntu umurimo ntibiruhije, umuyobozi agomba no gutanga amabwiriza yo gukora uwo murimo, kugenzura uko wakozwe, no gufasha umukozi kugira ibyo akosora uko umurimo ugenda ukorwa kugirango uzarangire neza.

## IGICE CYA 7

### ICYAGUTERA KUGIRA IMIBEREHO MYIZA

Hari ibintu Imana yaduhaye tubaye tubikoresheje neza byatuma tugira imibereho myiza, imibiri yacu ikaba mizima ndetse ikagira ingufu, n'ubwo ku bw'icyaha bimwe muri byo bisigaye bigurwa. Imana iracyabituringanirije, ngo bitugirire akamaro. Igihe tugiye kubivugaho, tekereza uko ibyo bintu byakugirira akamaro n'uko ukwiye kubikoresha.

Dore ibyo bintu:

1. Umwuka mwiza.
2. Amazi meza.
3. Umucyo w'izuba.
4. Kuruhuka bihagije.
5. Imyitozo ngororamubiri.
6. Ibyo kurya bikwiye.
7. Kwiringira Imana.
8. Kwirinda muri byose.

#### 1. Umwuka mwiza.

Umwuka duhumeka uri mu kirere ari mwinshi, tuwubonera Ubuntu kandi uboneka hose, icyiza cyawo kigaragaza ubwiza bw'Imana ni uko ubonekera Ubuntu nta wabasha kubaho iminota Mike adafite uwo mwuka. Ushobora kumara umunsi utarya ariko ntiwabasha kumara akanya gato udahumeka, umwuka mwiza rero ni ingenzi cyane.

Akamaro k'umwuka mwiza:

- a. Umwuka mwiza niwo utuma amaraso ayungururirwa mu mubiri akaba meza.
- b. Ubwonko bwacu bucyeneye umwuka mwiza uhagije. Hari igice cy'ubwonko kiba imbere mu gahanga ( aho ni naho Imana ivuganira natwe " conscience" ) icyo gice gikeneye umwuka mwiza uhagije kugirango umuntu abashe gutekereza neza anasobanukirwe n'iyi mpamvu umuntu uri ahantu hatari umwuka uhagije ashobora kurwara umutwe, kwihangana kwe kukagabanuka ndetse ntabe yagira impungenge z'ibyamuteza imakuba ( kuko ubwonko buba budakora neza ).
- c. Umwuka mwiza utuma umuntu agira ibinyamavuta n'ibinyamasuka byagiye mu mibiri yacu bikora neza.
- d. Umwuka mwiza utuma umuntu agira imbaraga ndetse n'appetit.



Kugirango tubone umwuka mwiza:

- Inzu bakoreramo zikwiye kugira amadirishya manini kandi akaba akinguye kugirango yinjize umwuka.
- Ibyumba turyamamo bikwiye gukingurwa amadirishya ku manywa kugirango umwuka winjiriremo.
- Ni byiza gutera ibiti aho dutuye cyangwa aho dukorera.
- Ukiye kujya uhumeka neza winjiza umwuka unawusohora neza.
- Ntukicare nabi uhese umugongo.
- Ntukaryame wubitse inda kuko ibihaha bitabona uko bikora neza.
- Ntugahumekeshe umunwa kuko mu mazuru habamo :
  - a. Ubwoya buyungurura umwuka.
  - b. Amatamba buzi (ibimyira) ayungurura umwuka bikanawuha ubushyuhe bukwiriye kwinjira mu mubiri.

## 2. Amazi meza.

Amazi ni ingenzi mu mubiri:

Umubiri wose ugizwe na 70% by'amazi.

Amaraso agizwe na 90% by'amazi.

Ubwonko bugizwe na 85% by'amazi.

Iyo bavuze amazi meza, ntihakumvikane ibindi byo kunywa, nk'umutobe, inzoga,.....ni amazi nya mazi (y'umugezi) atagize ikindi kivanzemo (pure water) kandi akaba asukuye.

### Ibiranga amazi meza:

- Ntaryoha.
- Ntabiha.
- Ntabara agira.
- Ntanuka.
- Nta mikorobe zibamo.
- Abira kuri dogere 100.

Akamaro k'amazi:

### Imbere mu mubiri

1. Gusukura umubiri aciye mu mpyiko.
2. Atuma ubushyuhe bw'umubiri buguma ku rugero rumwe.

3. Amaso akora neza kubera amarira.
4. Ingingo zikora neza (amagufwa anyerera) kubera amazi ari mu mubiri.
5. Amazi atuma tutanirwa cyane cyangwa ngo turware umutwe nkuko twabonye ko umugabane munini w'ubwonko ugizwe n'amazi.

Niba warwaye umutwe fata ikirahure cy'amazi buri nyuma y'iminota icumi umare isaha nudakira ubone kuba wafata imiti.

#### Inyuma ku mubiri

1. Gusukura umubiri (woga)
2. Gusukura imyambaro.....

Ntukarindire ko wumva ufite inyota ngo ubone kunywa amazi kuko icyo ari ikimenyetso kiza gikererewe. Igihe wumva ko unaniwe, igihe wumva ko utangiye kurwara umutwe, igihe ubona wihagarika inkari z'umuhondo hita umenya ko amazi yabaye make mu mubiri wawe.

Sibyiza kunywa amazi menshi icyarimwe gergeza kunywa make make.

Urugero:

- Ibirahure 2 mugitondo
- Ibirahure 2 saa sita
- Ibirahure 2 nimugoroba. Byibuze litiro imwe ku munsu.

#### Ibituma amazi aba make mu mubiri

1. Kugira imirimo myinshi.
2. Indwara zituma amatembabuzi asohoka cyane mu mubiri (ibicurane, impiswi, kuruka, n'ibindi).
3. Imirimo y'ingufu.
4. Konsa.
5. Kurya ibirimo umunyu, isukari cyangwa amavuta byinshi.

Niba hari icyo wahuye nacyo gergeza unywe amazi menshi.

### **3. Umucyo wizuba**

Izuba ni ingirakamaro mu mibereho yacu ndetse iyo izuba ritabaho nta kinyabuzima cyari kuba ku isi. Izuba naryo kimwe n'umwuka ku bw'ubuntu bw'Imana turibonera Ubuntu. Ku bw'akamaro karyo barigereranije na Yesu mu buryo bw'umwuka Malaki 3:20. Ni byiza gukora ibishoboka byose kugirango mu nzu yacu hinjiremo urumuri rw'izuba cyane cyane aho turara.

#### Umucyo w'izuba uboneka mu buryo bubiri:

- a. Ultraviole: uyu niwo mucyo utuma imibiri yacu ibona vitamini D. nyamara siwo uyizana mu mubiri, ahubwo ushongesha urugimbu ruba munsu y'uruhu rwacu maze bigahinduka iyo vitamini ariyo ikorana na kalisiyumu mu gukomeza amagufwa. Ni byiza kuba izuba rya mugitondo na nimugoroba ryoroshye ukarimaraho nk'iminota nka mirongo itatu cyangwa se isaha kugirango uwo mucyo utugirire akamaro. Uwo mucyo kandi utuma za mikorobe zipfa. Ni byiza kwanika ibikoresho byameshwe, imyenda cyane cyane iy'imbere kuri uwo mucyo.
- b. Infrarouges: uyu ni umucyo utanga ubushyuhe. Ubushyuhe buturuka kuri uwo mucyo butuma imitsi yo ku mubiri yongerera umubyimba ibyo bigatuma amaraso atembera neza maze ubwonko, impyiko, igifu bigakora neza. Uwo mucyo kandi utuma rubagimpande zigabanuka nyamara kandi ntidukwiye gutinda kuri uwo mucyo kuko bishobora kwangiza uruhu rwacu.

#### **4. Kuruhuka bihagije:**

Kuruhuka ni ingenzi mu buzima bwacu. Iyi mashini yacu ikeneye kuruhuka kugirango ikore neza ndetse izaramye. Mu masaha Imana yahaye umunsi buri wese akwiye kuruhuka 1/3 cyayo. Ibyo waba ukora byose kugirango ugire ubuzima bwiza ni uko wabona amasaha 8 yo gusinzira ibitotsi byimbitse, nibwo wabasha kuruhura umubiri ndetse n'ibitekerezo.

#### Ibi bishobora gutuma utaruhuka neza:

- Kuryama wariye byinshi.
- Kuryama ahatari umwuka uhagije.
- Kuryama ahari umucyo (urumuri) mwinshi.
- Kuryama wihinahinnye.
- Kwiyorosa ibiremereye.
- Kuryama urakaye.
- Kuryama ahari urusaku.
- Kuryama udafitanye amahoro n'Imana.

#### Ingaruka zo kutaruhuka (kubura ibitotsi)

- Kugira uburakari
- Kwibagirwa
- Kugira agahinda katagira impamvu
- Kurwara gurika

N.B, kuruhuka si uguhagarika imirimo gusa ushobora no gusimburanya ibyo wakoraga mu buryo bwo kuruhuka.

## 5. Imyitozo ngorora mubiri:

Nk'uko Imana yaduhaye amasaha umunani yo gukorera mo imibiri yacu, iyo mirimo tuyikorera n'imyitozo ngorora mubiri. Nyamara abakora imirimo itababashisha gukora imyitozo (nk'iyi mu biro) bakwiye kugira icyo gihe cyo gukora iyo myitozo buri wese akagerageza gukoresha ingingo ze zose z'umubiri.

### Akamaro k'imyitozo:

- Ituma amaraso yacu akora neza
- Ituma ubushuhe bw'umubiri wacu buba ku rugero
- Ituma amaraso atirundaniriza mu bihaha

### Uko imikino ikwiye gukorwa

“Hariho imikino Mike gusa Satani atajya akoresha mu nyungu ze zo kurimbura abantu. Uhereye mu myaka amagana menshi, Satani akoresha imikino iteye isoni kugirango atere abantu bose irari ribyutsa ingeso zabo mbi.abikora yifashishije za cinema zikomeye, indirimbo ziroga ubwenge, imbyino no gukina amakarita. Muri buri giterane cyose cy'ibinezeza by'isi aho kwishyira hejuru, guhabwa intebe, aho ibitekerezo by'umuntu bigera aho byibagirwa Imana, bakazinukwa ibyiza bihoraho aho niho Satani afungira imitima y'abantu mu munyururu we”. **Abakurambere n'abahanuzi P, 459- 460.**

“Indi mikino mibi ikurura ibitekerezo by'abantu, ikabica ubwenge ni iyo gukeza, kubyina bavuzi ingoma n'urwamo. Imikino yo kuvuza ingoma n'urwamo muri iyi minsi, byerekana ko ari ishuri bigiramo ibibi by'amoko yose, ni imivumo ikwiye gutera abantu ubwoba”. **Ubutumwa ku basore P, 399.**

Nti dukwiye kujya mu mikino twihimbaza no guhimbaza abandi, ahubwo tubikorere kunanura imibiri yacu.

- ✓ Kora imyitozo ku buryo buhoraho, byibura iminota mirongo itatu buri munsi.
- ✓ Koresha ibice by'umubiri byose.

Bizatuma amaraso atembera neza, ibitekerezo bibi biva mu mubiri, ibiro (uburemere) biba ku rugero rwiza.

## 6. Ibyo kurya bikwiye

Mu bintu birimo kwangiza imibiri y'abantu iki gihe, ibiribwa n'ibinyobwa biri mubyambere. Mu gihe hari umubare munini w'abantu bicwa n'inzara hari n'umubare w'abantu bicwa n'ibyo kurya bidakwiye (mu buryo bwangiza umubiri) kandi baba bazi ko barimo kwigirira neza.

Igihe duhitamo ibyo turya dukwiye kwitonda cyane, tugakurikiza ibi bikurikira:

- Imirimo dukora: abakora imirimo y'ingufu nti bakwiye kurya nk'abakora mu biro.
- Igihe turimo: niba ari igihe cy'ubukonje cyangwa cy'ubushyuhe.
- Ikigero: umwana muto n'umuntu mukuru, buri wese akwiye ibiri mu kigero cye.

Niba ushaka kugira amagara mazima muri ikigihe giheruka, ukwiye kwita ku nama zitangwa na Bibiliya ndetse n'umwuka w'ubuhanuzi kuko abatita kuri izo nama bazahura n'akaga ko kurwara gurika no gukenyuka.

Ibyerekeye kurya inyama:

Imana ikirema umuntu hari ibyo kurya yamuhaye, ibyo byari kumutunga kandi byarimo ibyo umubiri wari ukeneye byose. Ibyo ni ibimera (itang 1:29) bigaragara ko kurya inyama byaje nyuma bitewe n'ibyaha byari bimaze kuba mu isi. Ighe Nowa yari asohotse mu nkuge nta kimera na kimwe cyari gisigaye ku isi nibwo yahawe inyama ariko abuzwa kuzirya n'amaraso yazo Itang 9:2-4. Nanone Imana yongeye kwerekana inyama zikwiye kuribwa n'izidakwiye kuribwa Abarewi 11. Aho niho batubuza kurya ingurube, inkwavu,.....icyindi ni uko kurya inyama z'inyamaswa zishwe n'izindi cyangwa zipfushije atari byiza nabyo Bibiliya ntibyemera. Kubw'ibyo n'ababa bakirya inyama bakwiye kwirinda cyane cyane izo mu tubari kuko utabasha kumenya neza aho zavuye.

Impamvu kurya inyama byabuzanijwe:

Hari inyama zabuzanijwe nk'izingurube. Ingurube zaremewe gukuraho imyanda nyamara abantu bazitunga bigaragara ko zigira umwanda. Ku bw'ibyo abazirya baba bariye imyanda itagira akagero, ubundi Imana yatubujije no gukora ku ntumbi zazo kuko ziba zihumanye, Gutege 14:8.

Burya akenshi amafi nayo atungwa n'imyanda iba yoherejwe mu mazi, ibyo bigatuma warya ifi yarwaye bityo nawe ukaba warwara.

Nimutekereze uko inyamaswa nyinshi zigirirwa nabi iyo bajya kuzica, inyamaswa nazo zijya kugira ubwenge bujya kumera nkubw'abantu, zirareba, zirumva, zirakunda, ziratinya kandi zirababara. Ibyo bituma igihe zishwe zibabajwe hari imisemburo ijya mu nyama zazo maze uriye izo nyama aba ariye iyo misemburo y'umujinya bigatuma nawe ahinduka umunyamujinya. Muzarebere ku nyamaswa zikunda kurya izindi zabanje gushinyagurira.

Abantu benshi barapfa cyangwa bakamererwa nabi babitewe no kurya inyama, ariko ingaruka zabyo ntizihita zigaragara ako kanya, nyamara nta muntu ukwiye guhindura imirire ye abihubukiye.

### Gutegura ifunguro

Igihe ugiye gutegura ifunguro ukwiye kwita ku byo twavuze (imirimo y'abafungura, igihe barimo, n'ikigero cyabo) ariko kandi ukagenzura ko iryo funguro ribonekamo izi ntungamubiri:

- Ibyubaka umubiri (Body building foods),protein
- Ibirinda indwara (protective foods) ,vitamins, imyunyungugu (minerals)
- Ibitera imbaraga (energy giving foods), ibinyamafufu (carbohydrates , sugar, starches)
- Ibitera ubushyuhe no kubika imbaraga mu mubiri (energy storage foods), ibinyamavuta (fats and oils)

## ZIMWE MU NTUNGA MUBIRI, AHO ZIBONEKA N'AKAMARO KAZO

Intunga mubiri	Akamaro	Aho biboneka
<b><u>Proteyine</u></b> <ul style="list-style-type: none"> <li>- Metiyonine</li> <li>- Lysine</li> <li>- Cystine</li> </ul>	<ul style="list-style-type: none"> <li>- Ituma umuntu akura neza</li> <li>- Ituma umuntu abyibuha neza</li> <li>- Ituma umubiri unyerera</li> </ul>	Inyama, amafi, amagi, amata, ibishyimbo, amashaza, ubunyobwa, soya, ibigori, umuceri, inanasi, isombe, umugati, uburo
<b><u>Vitamine</u></b> Vit A	<ul style="list-style-type: none"> <li>- Kutava amaraso mu menyo</li> <li>- Kutarwara umugongo</li> <li>- Kureba neza</li> </ul>	Karoti, ibinyomoro, inyama, avoka
Vit B	<ul style="list-style-type: none"> <li>- Kuringaniza ibinyamasukari n'ibinyamavuta mu mubiri</li> </ul>	Imboga zose (uretse ishu), imineke, ubiki, ibikoro
Vit C	<ul style="list-style-type: none"> <li>- Gusohora imyanda mu mubiri</li> <li>- Gukomeza amagufwa</li> <li>- Gukomeza amenyo</li> </ul>	Ibihumyo, amashereka, imboga zose, imbuto
Vit D	<ul style="list-style-type: none"> <li>- Gutembera neza kw'amaraso mu mubiri</li> </ul>	Amata y'amasukano, imirasire yizuba (ryoroshye), mu bihugu byateye imbere, ahatagera izuba bayishyira mu mashanyarazi
<b><u>Imyunyu ngugu</u></b> <ul style="list-style-type: none"> <li>- Calcium</li> <li>- Phosphore</li> </ul>	<ul style="list-style-type: none"> <li>- Kuringaniza ingingo z'umubiri</li> <li>- Kuringaniza amazi n'amaraso mu mubiri</li> <li>- Gukomeza amagufwa n'amenyo</li> <li>- Umwana avuka ameze neza kubabyeyi bayifite</li> </ul>	<ul style="list-style-type: none"> <li>- Iba mu butaka ibihingwa bikayivoma mo.</li> </ul> <b><u>Calcium iboneka:</u></b> <ul style="list-style-type: none"> <li>- Mu bikoro</li> <li>- Ibishishwa by'amagi</li> <li>- Indimu</li> <li>- Ibihumyo</li> <li>- imiteja</li> </ul>

NB, Sibyiza kuvanga, (kurira icyarimwe) ibiribwa birimo proteyine zituruka ku nyamaswa n'izituruka ku bimera.

### Urugero:

- kuvanga inyama n'ibishyimbo
- kuvanga inyama n'umuceri
- amata n'igikoma

Fata kimwe ureke hashire iminota 3-5 ubone gufata ibindi, kuko iyo zihuriye mu Gifu proteyine zabyo zihita ziba imfabusa, ukazibura waziriye.

## Uko dukwiye gufungura

Umuntu akwiye kugira isahay'akamenyero idahindagurika, kuko hari imisemburo iba mu Gifu izamo mu gihe wakimenyereje kurira igihe (bikorana n'ubwonko) iyo ije igasanga mu Gifu nta byo kurya byagezemo cyangwa ibyo kurya bikageramo bigasanga nta wa musemburo wagezemo, umuntu agubwa nabi, ndetse bishobora kugutera igifu. Amafunguro akwiye gufatwa byibuze gatatu ku munsi, irya nijoro rikaba ryoroheje ari rike kugirango utaremerera igifu bityo nturuhuke neza, ku manywa ukarya ibiringaniye mu gihe mu gitondo uba wariye ibihagije dore ko ari nabwo uba ugiye gutangira akazi.

- ❖ Ugomba kurya witonze ugahekenya ukanoza, igihe hari amacandwe yivanga n'ibiryo akaza koroshya umurimo w'igifu igihe kiri gusya ibikigezemo.
- ❖ Ukwiye kurya wishimye kugirango ugubwe neza.
- ❖ Irinde kuryagagura, ufata utwo kurya twa buri kanya, bituma wa musemburo twabonye ukora nabi, n'igifu kigasya ubusa.
- ❖ Ntugasomeze amazi ibyo kurya cyangwa ikindi gisukika kuko igogora ridakorwa neza.
- ❖ Wiryaga ngo maze ugwe ivutu kuko bitagwa igifu ndetse n'ubwonko neza.
- ❖ Ibyo urya irinde isukari nyinshi, amavuta, n'umunyu. Nyamara kandi igihe wirinda ibyo, isuzume niba utanabikeneye kuko hari gihe bibura mu mubiri bikaba ingorane.
- ❖ Igihe umaze kurya oza amenyo yawe neza kuko ibyo turya byinshi bigira isukari nyinshi, iyo isigaye mu menyo ihinduka uturyo mikorobe zikunda cyane bityo zikaza zibikurikiye zikimera mo, zikazangiza amenyo (ibyo bavuga ko yaboze cyangwa yashirirye).

## **7. Kwirinda**

Kwirinda nyakuri ni ukudakora kubyo wa bujijwe kandi n'ibyo wemererwa ukabikoresha neza, hari beshi bakoresha ibyo bemererwa bakarenza urugero nyamara ingaruka zabyo ziba mbi.

## **8. Kwiringira imbaraga z'Imana**

Igihe ibi birindwi ubikoresheje neza uko bikwiye ukongeraho kwiringira Imana uzagubwa neza.

“Niba dushaka kugira ubuzima bwiza umutima wacu ukwiye kuzura ibyiringiro, urukundo, kwiyinga n'Imana no kuyikorera.” **Kugendana n'Imana P, 153**



## IGICE CYA 8

### KUGIRANGO UKUNGAHARE MU BY'UMWUKA NO MU BY'UMUBIRI

Kugirango ubashe kugera ku iterambere iryo ari ryo ryose ryaba iry'umwuka, cyangwa iry'umubiri icya mbere ugomba kumenya ni uko ugomba kubihararira ndetse bikanakubiza icyuya. Uko uzagira umuhati wo kwiteza imbere muburyo ubwo ari bwo bwose ariko kandi bikaba bivanze no kubaha Imana ntakabuza iryo terambere uzarigeraho. icyo ugomba kumenya ni uko “ntawe ubona icyo ataruhiye” kandi ko “ahakomeye hava amakoma”.

Ningombwa niba ushaka gutera imbere mu by'umwuka ko ugira igihe gihagije cyo kubihararira, ukagira amasaha menshi yo kwihererana n'Imana uganira nayo mu ijamba ryayo. Igihe Yesu nawe yari hano ku isi gutsinda ibigeragezo by'umwami no kubona ibyo afashisha abantu yabifashijwe n'ibihe yamaraga yiherereye asenga, Mat 14:13, Mar 6:46, Luk 5:16, kugirango rero utere imbere mu by'umwuka bizatwara n'igihe umara wihereranye n'Imana usenga, icyiyongeraho ukajya no mu murimo wayo kuko kurya udakora bidindiza, Kugana Yesu, P.

Kugirango ubashe gukungahara mu by'umwuka n'ibyumubiri, ibanga nta rindi ni ukwirinda ubute. Imig 24:30-34.

Reka tuvuge n'ibyerekeranye no kwiteza imbere mu by'umubiri. Gushaka umutungo si bibi, ndetse n'abawufite nta kosa baba barimo kuko icyo umuntu afite umutungo yubaha Imana abasha kwiteza imbere we ubwe agateza itorero rye imbere n'umurimo w'Imana ndetse akagirira akamaro ab'umuryango n'abaturanyi be. Gusa dukwiriye kwibaza ikigirwa nyambere mu buzima bwacu kuko benshi bita ku butunzi cyane bakibagirwa ubutanga.

### Uburyo bwo gushaka ubutunzi

#### **I. Abashaka kwinyurira munzira zoroshye kandi zitavunanye**

Hari benshi bajya bashakira kugera ku butunzi (cyangwa ku mibereho myiza) batavunitse, abo baba biyibagije amagambo y'Imana yavuze iti “gututubikana ko mu maso hawe niko kuzaguhesha umutsima,....Itang 3:19 ndetse baba banishe itegeko ryayo aho yavuzengaho “muminsi itandatu ujye ukora.....” Kuva 20:9. Nuko rero ntidukwiye kumva ko hari aho ubutunzi buzava ngo butwikubiteho, kuko Imana yavuze ko tugomba gukora kugira ngo tubone ibitubeshaho.

Abiyibagiza ibyo niba bashakisha uburyo bwo kubona umutungo butari bwiza, ndetse bushobora no kuba ubujura, hari n'ababikora mu mayeri ntibigaragare ko ari ubujura bweruye ibyo bigatuma n'abakristo bamwe babigwa mo. Ingero ni nyinshi

hari nk'ibijya bikorwa muri tombora, abantu bakagura amatike ari benshi hakazatompora bake. Nyir'ukuyacuruza akinjiza byinshi agasohora bike, ugize amahirwe agatombora ntatekereza ko ayo mafaranga atomboye yavuye muri bagenzi be bakaba bayahombye. Ubwo bucuruzi bigaragara ko harimo uburiganya kuko bwungura bamwe bugahombye abandi. Hari n'ibindi bikorwa mu buryo bw'ikorana buhanga aho abantu bagura amakarita, bayakwirakwiza mu bantu, uyihawe na we agashaka uwo ayiha. Ufashe iyo karita ashyira amafaranga kuri konti y'umuntu wanditse ho wenda atanazi, ibyo abikora agira ngo nawe azagerweho, nyamara akenshi ibyo ntibitinda guhagararabyunguye benshi bigahombye abandi.

Ibyo byose bikorwa n'abiyibagiza ya magambo y'Imana twavuze (Itang 3:19, Kuva 20:9) bashaka gukira vuba vuba kandi banyuze mu buryo bworoshye, ibyo ni akaga.....uwihutira kuba umukire ntazabura guhanwa. Imig 28:20.

## **II. Gushaka ubutunzi mu nzira z'ubujura no mu buriganya**

Uretse abo twavuze, hari abandi bashakisha ubutunzi mu nzira zose zishoboka, bagaca mu bujura bweruye, hakaba n'abandi bakora ubwo bujura mu mayeri, bahindura inyandiko cyangwa bazihimba. Ibyo nabyo ni ukwica itegeko ry'Imana (Kuva 20:15)

## **III. Gushakisha ubutunzi mu nzira zidatanisha**

Ibanga tugomba kuzirikana aha nta rindi usibye iryo tubona mu itang 3:19 tukamenya gukora ari cyo cya mbere cyizatuma dukungahara ariko kandi tukibuka ko tugomba no gukiranuka mu byo dukora kugirango tubiboneremo imigisha. Gutege 25:15-16

Ibyanditswe bitubwira ko umurimo watangiriye muri Eden aho Adamu na Eva batunganyaga ubusitani bari barahawe n'Imana, ndetse nyuma y'icyaha Imana yongera kubabwira ko bazabona icyo kurya ari uko bakoze. Bityo rero natwe tugomba kwita ku murimo kugirango tugire iterambere, kandi tukamenya umurimo ukoranywe ubuhanga kandi ariwo watugirira akamaro.

## **Uko twategura ibyo twakora byaduteza imbere**

### **1. Kugena imigambi**

Mbere na mbere ugomba kuba ufite umugambi w'icyo ushaka kugeraho ukamenya cyangwa ukiha n'igihe bizamara. Impamvu imyaka ihita indi igataha abantu benshi ntacyo bagezeho n'uko ntamugambi bajya bagira w'ibyo bagamije cyangwa bakiha umugambi uremereye batabasha gusohozza.

### Ingero:

- Kwiha umugambi w'uko uzasura abantu bo mu gace utuyemo bese ubabwiriza ubutumwa bakarangira, kandi washoboraga kwiha umugambi wogusura umuntu umwe, babiri cyangwa batatu, wazamara kubabwira ugafata abandi.
  - Kwiha umugambi w'uko uzahinga umurima w'imboga uw'ibijumba n'uwa matunda, kandi ushobora guhinga kimwe ukacyitaho neza cyakwera ugahinga ikindi.
2. Uburyo bwo kugera ku mugambi no kwiha intego

Igihe umaze kugena imigambi y'ibyo uzakora ukwiye no kwiha intego z'uko uzabigeraho. Igihe wiha intego ni byiza cyane kwita ku buryo uzakoresha igihe kuko kwica igihe ariyo ntandaro yo kutagera ku mugambi.

#### a. Uko dukoresha igihe

Igihe ni ingenzi, bamwe baravuga ngo "igihe ni amafaranga" bityo iyo wica igihe cyangwa ugita mu bitagira akamaro uba wangiza iby'agaciro gakomeye.

Imana yaduhaye umunsi w'amasaha 24. Gucunga ayo masaha buri munota wose ukoresheya ibyawo bituma tugira iterambere mu by'umwuka n'iby'umubiri.

Dore uko ayo masaha akwiye gukoreshwa:

- Igice cya mbere kigizwe n'amasaha 8 yo gukora tumara ubukene bwacu.
- Igice cya kabiri nacyo kigizwe n'amasaha 8 yo gukoramo utuntu tumwe na tumwe dutandukanye:
  1. Kujya ku kazi no kukavaho.
  2. Kuganira n'abumuryango ndetse n'abandi.
  3. Gufungura.
  4. Gusoma ibitabo no kwandika.
  5. Kumva umuzika mwiza.
  6. Kumva amakuru kuri radiyo cyangwa kuri televiziyo.
  7. Kwidagadura.

Aha niho dukwiye kuvana iminota yo gusabana n'Imana no gukora umurimo wayo, tukagira iminota tuyigenera nk'ituro ryayo kuko ari igihe yaduhaye.

- Igice cya gatatu ni amasaha 8 yo kuruhura imibiri yacu (reba ibikwiriye gukorwamo kuri P,38 – 39)

NB, Umunsi w'Isabato utandukanye n'indi: ni umunsi wogusabana n'Imana nkuko tudakwiriye gukoresha icya cumi uko twiboneye niko n'Isabato tutagomba kuyikoresha uko twiboneye kuko ari umunsi Imana yirobanuriye nk'uko yarobanuye icya cumi ikaduha ibisagutse (9/10), bityo rero nk'uko dutura ituro mu byo twasigaranye ya minota

tujya dukoresha mu yindi minsi ni nk'ituro dutura dutura mubyo twasigaranye (6/7 by'iminsi).

Umuntu atura akurikije uko umutima we ukunze, nyamara imirimo dukorera Imana ku Isabato tuba tuyivanye mu gihe cyayo kitari icyacu: ntidukwiye kubyirata. Shaka indi minota itari iyo ku Isabato yo gukorera Imana.

b. Ibyo uzacyenera mu mugambi wawe

Nyuma yo kugena uko uzakoresha igihe cyawe nta munota upfuye ubusa reba niba ufite ibyangombwa bizatuma ugera ku mugambi wawe. Ibyo byangombwa bishobora kuba: umutungo abantu, abantu bo kugufasha, aho uzakorera, n'ibindi.

3. Gushyiraho ingamba

Ni ngombwa gushyiraho ingamba z'uko uzakora, ibyo uzakurikiza kugira ngo umugambi wawe uzagerweho. Izo ngamba ntizikwiriye guhindagurika keretse igihe bigaragaye ko ibyo wateguye bitagenda neza ukaba wafata izindi nshyashya.

4. Gusuzuma ibyagezweho

Buri gihe ni ngombwa gusuzuma ko ibyo wiyemeje kugeraho bigenda neza, ibyo usanze bitagenda neza ugomba kureba ikibitera ukagishakira umuti, byaba ngombwa ko uhindura ingamba wari warashyizeho ukazihindura. Nyamara kandi si ngombwa ko ibyo wiyemeje ubigeraho 100% byibuze reba ko wabigezeho 70%.

Ibanga ryatuma ibyo twakora biduhira

Itondere ibi:

- a. Igitekerezo: banza utekereze neza ko ibyo ugambiriye ari ingira kamaro kandi bizashoboka.
- b. Gushyira mu gaciro.
- c. Umwanzuro: fata umwanzuro w'icyo ugiye gukora.
- d. Gukora: shyira mu bikorwa ukurikije gahunda wihaye.

## ISEZERANO

Zab 37:25-26, Mat 6:33

Twasezeraniwe n’Imana ko imirimo umuntu akoranye gukiranuka yose imubera umugisha. Hari ibintu bitatu Imana idusaba gutanga ubundi tukabona umugisha utagabanije:

1. Isabato (Kuva 20:9-10) Imana yaduhaye iminsi itandatu kugira ngo dukore ibyacubyose, ariko uwa karindwi iwugira uwayo itubuza kuwukoresha uko twishakiye. Yes 58:13-14.
2. Umutima (Imig 23:26) mu bice by’umubiri wacu wose dukwiye kwegurira Imana imitima yacu (intekerezo) ikagengwa na yo bityo bikatubashisha gukiranuka. Imig 4:23.
3. Kimwe mu icumi (malak 3:10) tubwirwa gutanga icya cumi [gishyitse](#) Imana ikaduha imigisha yayo.

Tanga icyo Imana igusaba, nawe uyishyuze icyo yagusezeranyije

## IGICE CYA 9

### IBIBERA MU ISANZURE

Mu kire aho Bibiliya yita isanzure (Itang 1:14-19) habamo ibintu byinshi bitandukanye, harimo ibyashyizweho n'abantu ndetse hari n'ibyaremwe n'Imana byibera yo ku bw'ubushobozi bwayo. Ibyanditswe bitubwira ko abazacungurwa bazabasha gusura ibyo biri mu kirere.

#### I. IMIBUMBE IGARAGIYE IZUBA

##### IZUBA NI IKI?

Izuba ni ikiva kinini Imana yashyize mu kirere ngo gitegeke amanywa.

- Riruta isi inshuro 109 kuko rifite umurambararo wa km 1.390.000.
- Ku zuba hari ubushyuhe bungana na  $6000^{\circ}\text{C}$  (amazi yatuye yo ntarenza  $100^{\circ}\text{C}$ ).
- Hagati yaryo n'isi hari intera ingana na km 150.000.000 (ni ukuvuga ko boing igenda km 300 mu isaha yahagenda imyaka 17 idahagaze)
- Kugirango urumuri rwaryo rugere ku isi ruhagenda iminota 8 n'amasogonda 18.

Iyo mibumbe igaragiye izuba ni 9 niyo bita *planètes* cyangwa Sayeli, ihagaze mu kirere ku bw'ubushobozi bw'Imana nk'uko washyira mu kirere umupira (ballon) ukagumayo ntakiwufashe, iyo mibumbe ubwayo nti murika. Muriyo mibumbe tubonamo n'isi dutuyeho. Iyo mibumbe ikora ingendo ebyiri zitandukanye. Urwambere ni urugendo ikora izenguruka izuba (*révolution*), buri mubumbe unyura mu nzira yawo ukazagaruka aho wari uri ugakomeza utyo, iyo nzira ishushanyije nk'igi. Ku mubumbe dutuyeho (Isi), iyo urangije urwo rugendo nibwo bavugako umwaka ushize. Urugendo rwa kabiri ni urwo iyo mibumbe ikora yizenguruka (*rotation*). Isi yacu irukora mu gihe kingana n'umunsi.

NB, Izo ngendo zose zikorera rimwe.

Dore iyo mibumbe uko ari 9:

Merikire, Venusi, Isi, Marisi, Yupiteri, Saturune, Uranusi, Nebuturune, Purito.

	Merikir e	Venusi	Isi	Maris i	Yupiteri	Saturun e	Uranusi	Nebuturun e	Purito
Intera hagati yawo n'izuba (muri miriyoni ya km)	57,9	108,2	149,6	228	778,3	1.427	2.870	4.497	5.920
Igihe umara wizenguruka	59j	234j	23h56'	24h3'	9h50'	10h14'	10h49'	15h48'	153h
Igihe umara uzenguruka izuba	88j	225j	36j	687j	11 ans et 315j	29 ans et 167j	84 ans	165 ans	248 ans
Igipimo cy'ubushyuhe bubamo	400 <sup>0</sup> c	480 <sup>0</sup> c	17 <sup>0</sup> c	40 <sup>0</sup> c	130 <sup>0</sup> c	170 <sup>0</sup> c	200 <sup>0</sup> c	200 <sup>0</sup> c	220 <sup>0</sup> c
Ingano yawo (umurambara ro) km	4.880	12.100	12.756	6.790	143.200	119.300	47.100	44.800	5.900

## II. Inyenyeri n'imitwe yazo

Bavuga umutwe w'inyenyeri iyo ari inyenyeri zibumbiye hamwe, maze bakawuha izina bitewe n'uko umeze cyangwa bakawitirira uwawuvumbuye. Naho inyenyeri iba ari imwe naho iyo zegeranye zikaba ari bwo zirema umutwe. (Constellation).

Akamaro ko kwiga inyenyeri

- Zirayobora, (Mat 2:1-2).
- Bituma tumenya ko ubushobozi bw'Imana butagira icyo twabugereranya
  - Yobu 38:31-32
  - Amosi 5:8
- Zituma dusobanukirwa n'ubwiza, urukundo no gutunga iby'Imana, ndetse tukazigiraho kubaha kw'ibindi biremwa kuko zitajya zica gahunda zahawe n'Imana.

### Zimwe mu nyenyeri ni:

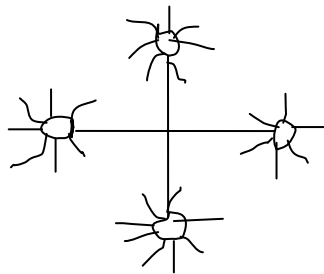
- |            |                |
|------------|----------------|
| 1. Sirius  | 7. Vierge      |
| 2. Rigel   | 8. Perssés     |
| 3. Epi     | 9. Antares     |
| 4. Algol   | 10. Androniède |
| 5. Vega    | 11. Régulus    |
| 6. Hercule | 12. Altaîr     |

### Imwe mu mitwe y'inzenyeri:

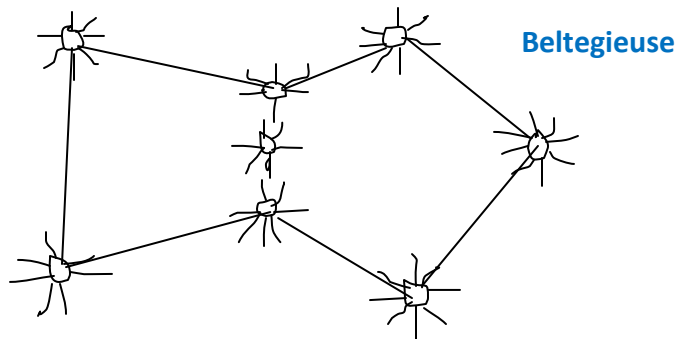
- |                                     |  |
|-------------------------------------|--|
| 1. Grande ourse                     | 9. Lyre                                |
| 2. Petite ourse                     | 10. Falhaut                            |
| 3. Grand chien                      | 11. La chevre                          |
| 4. Petit chien                      | 12. Le cygne                           |
| 5. Scorpion (iboneka muri Mutarama) | 13. Castor                             |
| 6. Orion (iboneka igihe cyose)      | 14. Cassiopée                          |
| 7. Dragon                           | 15. Bélier                             |
| 8. Perle                            | 16. Croix du sud (iboneka igihe cyose) |

### Uko imitwe y'inzenyeri igaragara

1. Croix du sud (umusaraba w'ikusi (amajyepfo), iboneka igihe cyose)

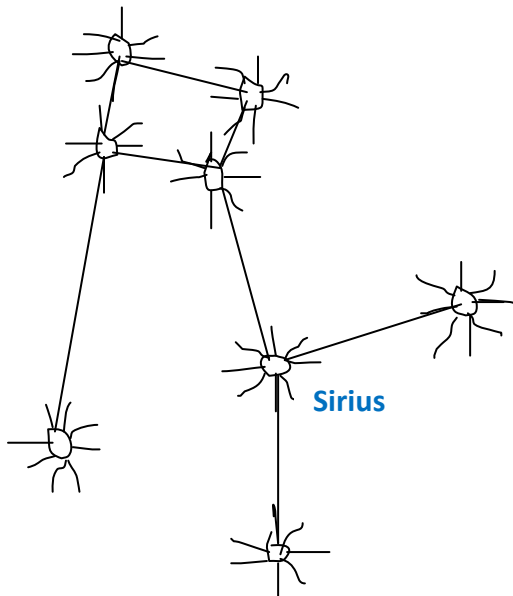


2. Orion (Irembo ry'ijuru)

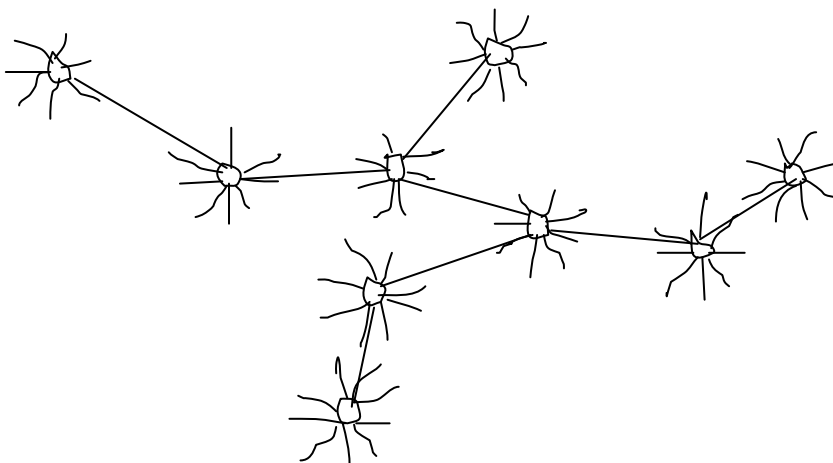




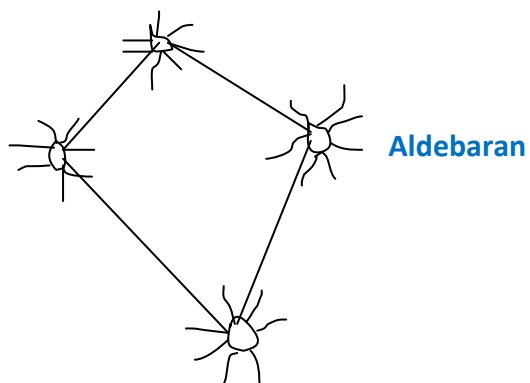
3. Grand chien (Imbwa nini)



4. Vierge (Umwari)



5. Taureau (Imfizi)



### Inyenyeri zibonesha kurusha izindi (uko zikurikirana)

Inyenyer	Umutwe	Ibara ryazo
1. Sirius	Grand chien	Umweru w'ubururu
2. Canojus & Carène	-	Umweru umuhondo
3. Alpha Centurée	-	-
4. Vega	Lyle	Umweru w'ubururu
5. Altus	Bauvien	Umweru w'umutuku
6. Chevre	Cocher	Umweru w'umuhondo
7. Riger	Orion	Umweru w'ubururu
8. Acherman	Eridan	-
9. Berta centurée	-	Umweru
10. Beltegieuse	Orion	Umweru w'umutuku
11. Altaîr	Aigle	Umweru w'umuhondo
12. Acrux	Croix du sud	-
13. Antares	Scorpion	Umweru w'umutuku

### Uburyo kuremwa kw'inyenyeri gutangaje

- Inyenyeri ya Riger yo mu mutwe wa Orion iruta izuba inshuro 20.000 ikarirusha kubonesha 3.600.
- Inyenyeri zegereye isi kurusha izindi ni Alpha Centurée hagati yayo n'isi harimo km 43.000.000.000.000 (4,3 année lumière bivuga 10.000.000 x1.000.000 x4,3)
- Beltegieuse ni nini (umurambararo) kandi iri kure y'isi cyane hagati yayo n'isi harimo année lumière 300 (10.000.000 x1000.000 x 300 = 3.000.000.000.000.000 km)

## IGICE CYA 10

### IMPUZANKANO Y'ABA J.A N'IBIKORESHO BYABO

Impuza nkano (uniforme) yatoranijwe kugirango uyambaye abashe kumenyekana bitagoranye, ndetse bitere ishema uyambaye ku bw'icyiciro aba yarahisemo kubamo agikunze. Amabara n'ibimenyetso biboneka mu myambaro no mu bikoresho by'aba J.A nabyo bigira ubusobanuro bwabyo bushaka imigambi, intego n'ibyifuzo bya nyirabyo n'ubwo batagira icyo bavuga.

#### **I. IMYAMBARO**

Aba J.A batoranyirizwa hakurikijwe icyiciro cyangwa imitwe y'amajyambere babamo (bagezemo).

#### **ICYICIRO CY'ABATO (ADVENTURER CLUB 6 – 9 YEARS)**

- Ishati: ubururu juru.
- Ikabutura & ijipo: ubururu bwijimye.
- Ingofero n'umukandara: ubururu bwiganje.
- Inkweto: umukara
- Amasogisi: umweru

#### **ICYICIRO CY'INGIMBI (PATHFINDER CLUB 10 – 15 YEARS)**

- Ishati: kaki.
- Ipantaro & ijipo: icyatsi kibisi.
- Ingofero n'umukandara: icyatsi kibisi.
- Inkweto: umukara.
- Amasogisi: umweru.

#### **ICYICIRO CY'ABAKUZE (YOUTH CLUB 16 – 35 YEARS)**

- Ishati: umweru.
- Ipantaro & ijipo: icyatsi kibisi.
- Ingofero n'umukandara: icyatsi kibisi.
- Inkweto: umukara.
- Amasogisi: umweru.

NB, Amashati yambarwa n'abagize ibi byiciro bose aba ari amaboko magufi afite imifuka ibiri mu bituza ipfundikiye ifite udukondo two ku ntugu (épolettes) buri wese yambara ishata ayitebeje.

### **ABAYOBOZI (GUIDE)**

- Ishati: umweru.
- Ipantaro & ijipo: kaki.
- Ingofero: umukara
- Ijaketu: kaki
- Umukandara: kaki
- Inkweto: umukara.
- Amasogisi: umweru.

### **ABAYOBOZI BAKURU (MASTER GUIDE, M.G)**

- Ishati: umweru.
- Ipantaro & ijipo: icyatsi kibisi.
- Ingofero: umukara
- Ijaketu: icyatsi kibisi
- Umukandara: icyatsi kibisi
- Inkweto: umukara.
- Amasogisi: umweru.

NB, Amashati y'abayobozi n'abayobozi bakuru agomba kuba afite amaboko maremare, imifuka ibiri ipfundikiye, n'udukondo two ku ntugu (épolettes) kandi ariho ibyapa biranga imitwe bacyemo ari nabyo bigomba kuba biri ku ijaketu.

### **UMUGOZI N'IFIRIMBI**

Umugozi ni ikimenyetso cy'ubuyobozi, ifirimbi ibaho igira akamaro ko gutanga ubutumwa umuyobozi atiriwe asakuza. Uwo mugenzi wambara mu kuboko kw'ibumoso, ifirimbi iba iri ku mpera y'uwo mugenzi ibikwa mu mufuka w'ibumoso. ibyo byambara n'umu J.A wese ugeze mu mitwe y'abayobozi cyangwa y'abayobozi bakuru. Niba hari undi ufite inshingano z'ubuyobozi akaba ataragera mu iyo mitwe yambare uwo mugenzi mu ijosi ifirimbi irereta mu gatuza.

### **INGOFERO N'UMUKANDARA**

Ibi byambara n'umu J.A wese, ariko akambara ibijyanye n'umutwe agezemo. Agomba kubambara kandi igihe yambaye uniforme yuzuye. Igihe wambaye imyenda isanzwe, ntukwiye kugereka ho ibyongibyo, niba hari gahunda urimo igusaba kwerekana ko uri umu J.A nyamara ukaba utambaye uniforme yose ambara furari yonyine. Akamaro k'uwo mukandara ni ukuwushyiraho impeta z'ubukorikori umu J.A aba yaratsindiye. Igihe aba J.A bari mu rusengeru bagomba kuvana mu ingofero bakazitwara ku rutugu rw'ibumoso n'igihe cy'amateraniro yabereye hanze akaba ari

amateraniriyo yo kuramya Imana, nabwo ingofero ntizambarwa. Igihe cyo gufungura n'igihe cyo gusenga nabwo ingofero zigomba gukurwamo.

## II. IBIMENYETSO

### 1. Ibimenyetso by'icyiciro

- a. Icyimenyetso cy'icyiciro cy'abato: cyambarwa n'aba J.A bari muri icyo cyiciro cyangwa abakirangije.



Habamo: Uruyuki, abanyamuhati

Izuba, abatwaramucyo

Inguni n'umwiko, abubatsi

Ibiganza bisuhuzanya, abafasha

- b. Icyimenyetso cy'icyiciro cy'ingimbi: cyambarwa n'aba J.A bari muri icyo cyiciro cyangwa abakirangije. Gikozwe muri mpande eshatu, bikaba bifite ubusobanuro bubiri:



Ihuriro ry'Ubutatu bwera

Inyigisho z'uburyo butatu zigishwa muri J.A

Habamo: Inkota, Ijambo ry'Imana

Ingabo, Yesu niwe ngabo idukingira

- c. Icyimenyetso cy'icyiciro cy'abakuze: cyambarwa n'aba J.A bari muri icyo cyiciro cyangwa abakirangije.



Habamo: Umusaraba, Twacungujwe igitambo cya Kristo

Abamalayika batatu baguruka baringaniye isi, berekana intego yicyiciro cya J.A yo kwamamaza ubutumwa ku isi yose (Ibyah 14: 6-11)

Ibi bimenyetso byose byambarwa ku rutugu rw'ibumoso, hejuru icy'abato, hagati icy'ingimbi, hasi icy'abakuze.

- d. Ibimenyetso by'abayobozi **bakuru**: byambarwa naba J.A bageze mu mutwe w'abayobozi **bakuru**.



Icy'urukiramende cyambarwa ku rutugu rw'iburyo.

Habamo: udukoni 6, Imitwe 6 ibanziriza abayobozi bakuru.

Inyenyeri, Yerekana umutwe w'abayobozi bakuru.



Icyampande 8 cyambarwa k'umukandara hasi y'ibindi.

Habamo: umubumbe w'isi ukikijwe n'inyenyeri 6, umuyobozi **mukuru** agomba kuba urumuri rumurikira isi.

## 2. Ibimenyetso by'ubuhanga (Brovet)

Ibi bimenyetso kimwe n'impeta z'ubukorikori bihabwa uwagaragaje ubuhanga runaka maze bikambarwa ku mukandara cyangwa hejuru y'umufuka w'iburyo n'uw'ibumoso.

Urugero rwabyo:

**CAPTAIN**

Ubumenyi mu kuyobora gahunda zo kuzamura amabendera no mugukoresha akarasisi.

**COUNSELOR**

Ufite ubumenyi mu gutanga inama (umujoyanama)

**SICRIBE**

Umuhanga mu bunyamabanga (Umwanditsi).

**INSTRUCTOR**

Umuhanga wo gutanga ubumenyi (umwigisha).

Ibi bimenyetso twabonye byose ntawe ukwiriye kubyambara uko yiboneye ni ukuvuga kubyambara aho abonye (mu ruhande rutari rwo) cyangwa kubyambara atarabihereye **uruhushya**. Gupfa kubyikorera nabyo **ntibyemewe**.

3. Amabendera.

a. Amabendera ni iki?

Ibendera ni ikirango cyerekana umugambi wa banyiracyo, kikereka igihe bacyemo cyangwa bifuza kuzageramo. Ibyo byerekanwa n'ibimenyetso cyangwa amabara biba birigize.

b. Amabendera yabayeho ryari?

Bigaragara ko kuva kera mu gihe cy'abisirayeri, amabendera yakoreshezwaga, urugendo Abisirayeri bakoze bava mu Egiputa bajya i Kanani babaga bafite amabendera buri cyiciro cyabaga gifite ibendera ricyerekana. Kubara 2:2-3, 10, 18, 25,34.

c. Amabendera ya J.A ni ayahe akoreshwa ryari?

Mu cyiciro cya J.A habamo amabendera 3 hakurikijwe ibyiciro:

**Adventurer Flag (Ibendera ry'abato)**



Buri bendera rigira icyimenyetso cy'icyiciro cyaryo. (Reba ubusobanuro bw'ibimenyetso bibamo kuri P, 53-55.)

**Pathfinder Flag (Ibendera ry'ingimbi)**



**Youth Flag (Ibendera ry'abakuze)**



**Aho akoreshwa n'uko akoreshwa**

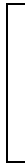
- Mumateraniro, amakoraniro n'ibitaramo bya J.A: aho ibyo byose byabereye birumvikana ko haba hari aba J.A bahateraniye, ningombwa rero kuzamura amabendera yabo. Niba mu bahateraniye hari icyiciro cyidahagarariwe si ngombwa kuzamura ibendera ryacyo.
- Mu gusezeranya aba J.A: buri mu J.A asezeranira ku ibendera ry'icyiciro cye.
- Amabendera ya J.A agomba kuzamurwa hari n'iryigihugu. Igihe iry'igihugu ridahari, ayandi afatwa mu ntoki ku duti dutoya.
- Mu kuyazamura habanza iry'igihugu haririmbwa n'indirimo yubahiriza igihugu hagakurikiraho iry'abato n'iryingimbi haririmbwa indirimo y'ingimbi (y'abavumbuzi) hagaheruka iry'abakuze n'indirimo ya J.A.
- Ibiti bizamurwaho amabendera byose bigomba kuba bireshya na m 5 cyangwa 6. Hagati yabyo hakaba harimo m 1,30 cyangwa m 1,50 maze bigakurikirana bitya:



Irya J.A



Iry'Igihugu



Iry'Ingimbi



Iry'Abato



**NB,**

- ✓ Ibendera ry'abato rizamurirwa rimwe n'iry'ingimbi kuko indirimbo y'abato itaraboneka. Niboneka rizajya rizamurwa ukwaryo ribe ari ryo ribanza.
- ✓ Amabendera azamurwa n'ababyigishijwe bafite Brovet za **CAPITAIN** bafashijwe na ba **SOUS CAPITAIN**.

### **Furari na Epolettes**

Buri mu J.A yambara furari irimo ikimenyetso cy'icyiciro cye (abato, ingimbi, abakuze, abavolontere n'abayobozi bakuru). Furari niwo mwambaro wihuse werekana aba J.A igihe bitabajwe muri gahunda izo arizo zose, ngo bagire icyo bazikoramo kandi bikaba atari ngombwa kwambara uniforme yose.

Hari igihe umuJ.A aba akora imirimo cyangwa ari mu rugendo rurerure ibyo bikabangamira kwambara furari mu buryo busanzwe. Ntikwiriye kubikwa ahubwo **izingwa mu burebure bwayo ikambarwa ku rutugu rw'ibumoso** inyuze muri épolettes.

Hari udukondo (épolettes) twavuze tuba ku mashati cyangwa ku majaketi, kuri two hagomba kuba hageretseho udutambaro dufite ibara riranga field cyangwa Conference umu J.A aturukamo. Ubu amabara yatowe atya muri buri Field:

- Iburasirazuba (ERF):Umukara
- Hagati (CRF): Icyatsi kererutse
- Amajyefpo (SRF): Ubururu bwijimye
- Uburengerazuba (WRF): Umuhondo w'izahabu
- Conference y'amajyaruguru (NRC): Orange
- Conference ya Kigali (KRC): Umutuku
- Field y'urwanda rw'amajyaruguru n'uburengerazuba (NWRF): Orange z'amajyaruguru (izabo ntiziraboneka).

NB, Amabara agomba kuba asa muri Field yose.

Kuri utwo dutambaro hari ubwo hajyaho uturongo twerekana abayobozi batandukanye, utwo turongo tuba ari umweru kandi tuyaho duhereye hagati.

### Abayobozi b'ibyiciro

**ABATO:** Agakoni kamwe gahagaze


**INGIMBI:** Udukoni tubiri duhagaze


**ABAKUZE:** Udukoni dutatu duhagaze


### Abandi bayobozi

- Umuyobozi wa J.A mu itorero: Agakoni kamwe gatambitse

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- Umuyobozi wa J.A mu Ntara cyangwa Zone cyangwa umuyobozi w'Intara w'umu J.A: Udukoni tubiri dutambitse

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- Umuyobozi wa J.A muri Field : Udukoni dutatu dutambitse

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- Umuyobozi wa J.A muri Union: Udukoni tune dutambitse

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- Umuyobozi wa J.A muri Division: Udukoni dutanu dutambitse

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- Umuyobozi wa J.A muri C.G: Udukoni dutandatu

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#### 4. Ubusobanuro bw'amabara akoresheya mu cyiciro cya JA

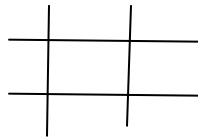
- icyatsi kibisi: ibyaremwe (ubushobozi bw'Imana)
- Umuhondo w'izahabu: turi ab'igicro cyinshi ku bw'amaraso ya Yesu
- Umweru: gucya, ubwiza bw'Imana
- Ubururu: ubwami bw'ijuru twasezeranyijwe
- Umukara (uboneka cyane ku nkweo): tugenda mu isi y'umwijima
- Umutuku: igitambo cya Yesu
- Kaki: gucungurwa

## IGICE CYA 11

### AMABANGA MU ITUMANAHU

Aba JA hari uburyo bwinshi bakoresha bw'amabanga mu itumanaho ryabo, ariko si umwihariko wabo gusa, ahubwo amatsinda menshi yabyize abasha kubikoresha kuko biba ari ibimenyetso mpuzamahanga.

#### I. Ibimenyetso by'ironda bukanda (Signes de piste)



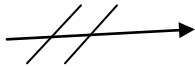
: Ironda bukanda (Piste) iratangiye.



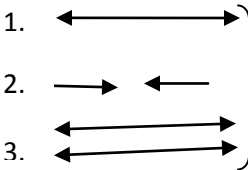
: Komeza inzira icyerekezo kirebamo.



: Mwihute.



: Ugiye kunyura ahantu habi.

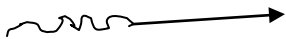


1.

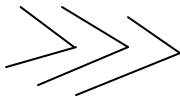
2.

3.

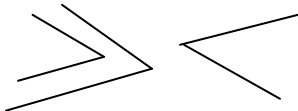
: Subira inyuma.



: Uri hafi y'amazi.



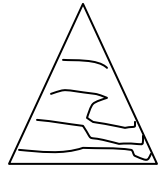
: Ako gace karimo amahoro.



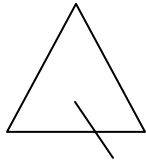
: Ako gace karimo umutekano muke.



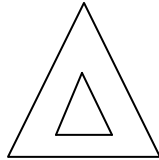
: Akaga (itonde).



: Amazi mabi.



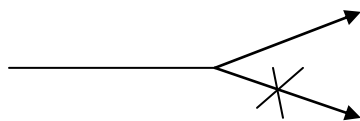
: Ntangando ihari.



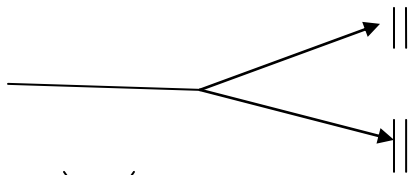
: Hari ingando.



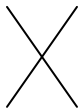
: Babiri baciye iburyo.



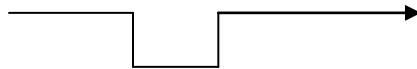
: Inzira y'iburyo irapfuye.



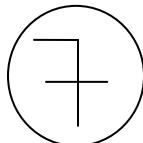
: Ibumoso hahise 2, iburyo hahise 3.



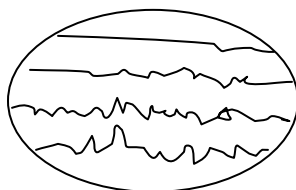
: Ntanzira ihari.



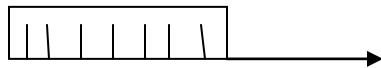
: Hari W.C.



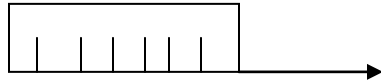
: Shakira muri m 7 impande zose.



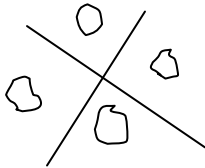
: Amazi meza.



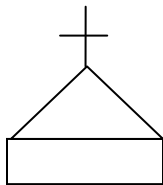
: Ubutumwa muri m 7 imbere.



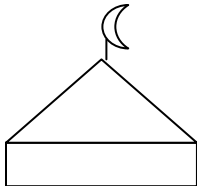
: Ubutumwa muri m 6 hepfo, haruguru, imbere.



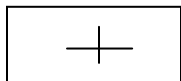
: Hari umuriro.



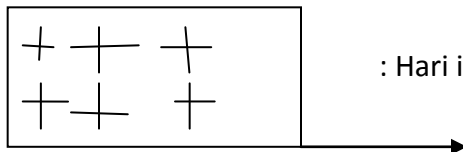
: Hari urusengero rw'abakristo.



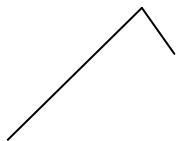
: Hari umusigiti.



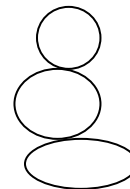
: Hari ivuriro.



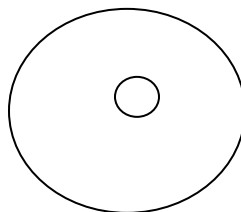
: Hari irimbi.



: Simpari.



: Itonde umusozi  
uratenguka.



: Ironda bukanda (Piste) irarangiye.

## II. Ibimenyetso by'ifirimbi

### Ubusobanuro bw'amafirimbi

- • • — • Mwitegure
- — • — • — • Gana aho ivugiye
- • Muceceke
- Hagarara
- — • Jya i bumoso
- • • Jya i buryo
- • — • Mutatane

Akarongo ni ifirimbi ikomeje.

Akadomo ni ifirimbi idakomeje.

Ushobora gukoresha ubundi buryo wifashishije alphabet Morse yahimbwe n'umwongereza witwa Samuel MORSE mu w'1835.

A. • — Allo	K. — • — Kolico	U. • — Union
B. — • • • Bonaparte	L. • — • • Limonade	W. • — — Wagon-post
C. — • — • Coca cola	M. — — Moto	V. • • • — Valpareson
D. — • • Docile	N. — • Noël	X. — • • — Xodarido
E. • Eh	O. — — — Oporto	Y. — • — — Yochimoto
F. • • — • Folandore	P. • — — • Philosophe	Z. — — • • Zono-astre
G. — — • Gondole	J. • — — — Jabronovo	S. • • • Salade
H. • • • • Hilarite	Q. — — • — Cocolico	T. — Ton
I. • • Ici	R. • • — Radio	

Iyi Morse ishobora no gukoreshwa mu bimenyetso by'inyandiko.

Urugero:

### UMWAMI WA TWESE

U M W A M I W A T W E S E

• - / - - / • • • - / • - / - - / • • // • • • - / • - // - / • • • - / • / • • • / • /

- Hagati y'inyuguti n'indi hajyamo agakoni (/) hagati y'ijambo n'irindi hajyamo udukoni tubiri (/).
- Nta tudomo cyangwa utwitso tujyamo.

### III. Ibimenyetso by'inyandiko

1. **KAJIPOTEFU**: Iyi ni inyandiko badakoreshe mo inyajwi.

K	J	P	T	F
A	I	O	E	U

Buri nyajwi isimbura n'ingombajwi iyiri hejuru.

UMUGABO MWIZA= FMFGKBP MWJZK

2. **MORSE Y'UTUDOMO N'UTUZU**

A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

Reba inyuguti akazu iherereyemo, ukayisimbuza ushyizemo akadomo kanditse aho iyo nyuguti iri (hagati cyangwa kuruhande).

IMANA YACU

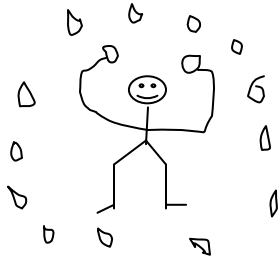
→ I M A N A / Y A C U

Hagati y'ijambo n'irindi hajyamo akarongo (/).

#### IV. IBIMENYETSO BYA RASSEMBLEMENT

Ibi bimenyetso bikoreshwa Umuyobozi ahagarika abo ayoboye mu buryo yifuza bitewe n'ikigiyeho gukorwa kugirango babone uko bumvikana.

##### 1. Ku ruziga



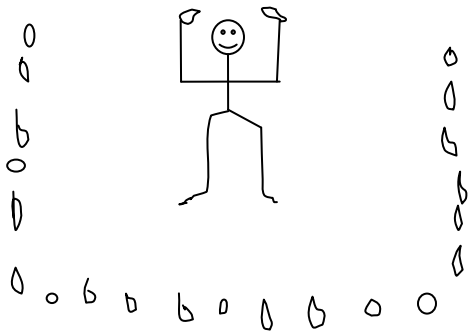
Iyo ibipfunsi bikoze ku mutwe, bakora uruziga umuyobozi ari mu murongo.

Iyo bidakoze ku mutwe umuyobozi bamusiga hagati. Kimwe n'igice cy'uruziga.

##### 2. Igice cy'uruziga

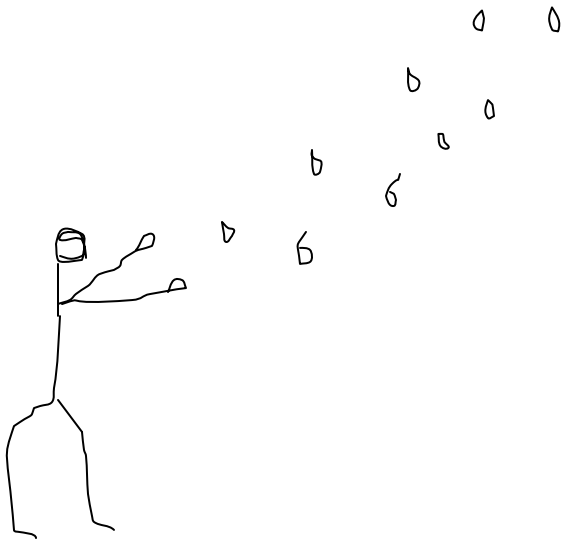


##### 3. Kare ifunguye





#### 4. Imirongo



#### AKARASISI GAKORWA MU CYICIRO CYA J.A KAMAZE IKI?

Akarasisi ni gahunda yo kugenda k’umujygo umwe byaba mu mikino y’ibirori runaka cyangwa muzindi gahunda zisaba abantu kugenda kuri gahunda imwe. Mu birori byinshi hajya habaho akarasisi ko gushimisha amaso y’ababirimo no kuryoshya ibyo birori. Si umwihariko w’abantu runaka, ahubwo amatsinda menshi akunze kugakoresha mu birori byayo twavuga nk’abanyeshuri, abasirikare, aba J.A ndetse n’abandi,.....tubonako igihe Ezekiyeli yerekwaga ibyo mu ijuru naho yahabonye ibyo twakwita akarasisi (Ezek. 10:9-12).

#### Akamaro kako:

- Akarasisi ni bimwe mu bituma umubiri ukora neza kuko ari umwitozo ngorora mubiri
- Akarasisi gatera abagakora gufunguka mu mutwe bakabasha kumva no gukora ibyo babwiwe vubavuba, ibyo bikaba akamenyero bitewe n’imyitozo baba bakora mukarasisi kabasaba kumva vuba no guhita bakora ibyo babwiwe.
- Akarasisi kamenyereza abagakora kumvira bitewe n’imyitozo bakora ibasaba kumvira umuyobozi wabo mubyo abayobora mo byose.
- Akarasisi kandi gatuma abantu babasha kugenda neza kuri gahunda kandi kuburyo buboneye.

NB, Hakwiye kubaho kwitonda mu karasisi tujya dukora kuko hari ibwo tuzanamo umwihariko w’abandi ndetse akenshi tukaba tutazi n’ibisobanuro byabyo. Nk’aba J.A rero ntitugapfe gukora ibyo tubonye aho ariho hose ndetse tutazi n’ubusobanuro bwabyo.

### Ubundi bumenyi ku myambaro

Amabendera: Yesaya 5:26, Kubara 10:14, 18, 22,25

Imyambaro: Kuva 28:2-4,39:1, Yesaya 59:17

Amafirimbi: Kubara 10:1-7

Inkoni: Kubara 17:5-6

Amashyi: Zaburi 47:1

Imigozi n'amapfundo Yeremiya 38:13 (ikoreshwa mu butabazi bw'ibanze)

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7. Ubusonga bwa gikristo bunonosoye
8. Ubuvuzi mva juru
9. Rengera ubuzima Vol. II.
10. Inama zigorwa itorero Vol. II.
11. Enfin qu'ils vivent.
12. La nature et les hommes