Which Came First? The One That Was Seen

By Keith Burns

An Addendum to the First Observer Hypothesis

The age-old paradox of the chicken and the egg has puzzled minds for millennia. Biologists trace lineage. Philosophers debate causality. Scientists loop through evolution. But the First Observer Hypothesis offers a different answer -- one rooted in awareness, not mechanics:

"The one that was seen came first."

In this theory, existence is not simply a matter of biology or physics. Existence emerges at the moment of observation. Just as a quantum particle collapses into reality only when observed, so too does the chicken -- or the egg -- emerge into history the moment it is seen.

We often search for absolute beginnings in a world that is relational. The First Observer Hypothesis says: there is no "first" without an observer. The moment one is perceived, its state, identity, and place in time become real. Prior to that, both possibilities exist in a kind of conceptual superposition.

So the answer is not chicken or egg. It's not which caused the other. The real answer is: which one collapsed into reality through the act of being known.

Maybe the First Observer saw an egg. Maybe they saw a chicken. But whichever received the gaze, that is the one who came first.

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This is more than a paradox unraveled. It's a principle of being.
"To be is to be perceived. To begin is to be observed."
And so, through the eyes of the First Observer, the world took shape one recognition at a time.