

Name	<b>POONAM AGARWAL</b>	Order	PTGOC2500780134
Age / Sex	37 years / Female	Test Registered	27-Jan-25 / 09:58 AM
Contact	9650777361	Test Accepted	27-Jan-25 / 12:35 PM
Collection Centre	INTGHYD95309	Test Reported	27-Jan-25 / 12:36 PM
Referral Doctor	PAPARAO NADAKUDURU	Report Status	Final



**X Ray - Paranasal Sinuses**

DEPARTMENT OF RADIOLOGY AND  
IMAGING

### FINDINGS :

Mild haziness noted in left maxillary sinus.

Rest of the paranasal sinuses are clear.

No obvious bony erosions noted.

Nasal septum is almost central.

Both orbits appear normal.

### ***Suggested CT - PNS correlation***

For clinical correlation.

\*\*\* END OF THE REPORT \*\*\*



**Dr C Divya**  
Consultant Radiologist

## Vaccines at MedPlus: One shot today, Smile away



Vaccine	Who should take it?	You should know	If already immunized
Diphtheria Toxoid	<b>For all</b> except if contraindicated	<b>Mortality rate</b> for untreated diphtheria can be as high as <b>10% to 20%</b>	Age grp: 18 to 64yrs Booster: Once every 10yrs till the age of 65yrs
HPV	<b>For all</b> except if contraindicated (both male and female)	HPV can lead to <b>cancer</b> (cervical cancer being the most common)	No booster needed
Influenza	<b>For all</b> (especially for individuals at high risk)	<b>Pneumonia</b> is one of the common complications of influenza	Annual dose
Tetanus	<b>For all</b> except if contraindicated	<b>Mortality rate</b> for unvaccinated or poorly vaccinated population is <b>30%</b>	Booster dose once every 10yrs
Typhoid	<b>For all</b> except if contraindicated	<b>Mortality rate</b> for untreated typhoid fever is <b>10% to 30%</b>	Booster dose once every 3yrs
Varicella	<b>For all</b> who are not immune	<b>10%</b> of individuals with Varicella experience secondary bacterial infections	Recommended only if titers are inadequate
Zoster	<b>For all</b> > 50yrs or individuals at high risk		No booster needed
Pneumococcal (PCV15, PCV20, PPSV23)	<b>For all</b> > 65yrs or individuals at high risk		No booster needed
Anti-Rabies	Individuals at high-risk (like Vet physician and pet owners) or post-exposure		2 doses at Day 0 and Day 3 with no immunoglobulin when exposed
Hepatitis A	Individuals at high risk		No booster needed
Hepatitis B	Individuals at risk	Hepatitis B virus is a leading cause of liver <b>cancer</b> globally	Recommended only if titers are inadequate
Measles	Individuals at high risk		Single dose (recommended only if titers are inadequate)
Meningococcal (Grp A, C, Y, W)	Individuals at high risk		Booster dose once every 5yrs

## Feedback and Result Queries

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medplusmart.com

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# RECOMMENDED LIFESTYLE-DISEASES ASSESSMENT TESTS

Dr. Venkat Nageshwar Goud

MBBS, DMRD

HOD - Radiology & Chief Radiologist



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## ESSENTIAL INSIGHT INTO YOUR BODY COMPOSITION

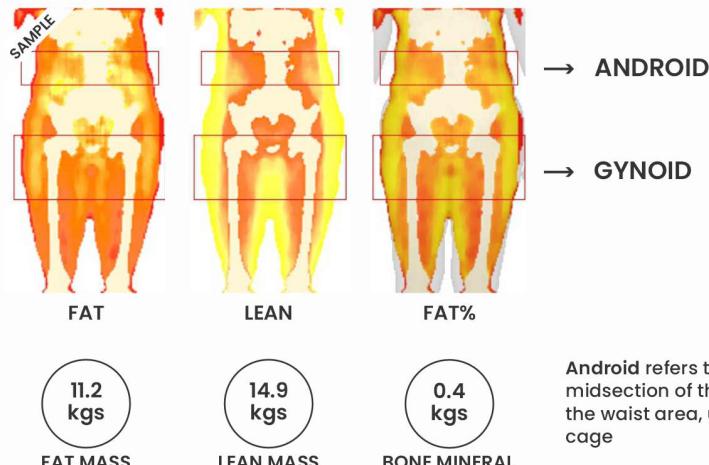
### BODY FAT ANALYSIS (DEXA)

MRP ₹3196 MEDPLUS ADVANTAGE ₹799

Our DEXA machines use very low levels of x-rays to separately measure Fat mass, Lean mass and Bone mass.

With data your Physician or fitness trainer can build a safe weight reduction/ gain program.

The progress of your program can also be measured by regularly monitoring Fat mass, Lean mass and Bone mass.



Android refers to the midsection of the torso, in the waist area, under the rib cage

Gynoid refers to the lower torso, in the hip area, down to the top of the thighs

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## BEST VALUE, IF YOU ARE > 40 YEARS



### CT - CARDIAC CALCIUM SCORING

MRP ₹5196 MEDPLUS ADVANTAGE ₹1299

Quick and noninvasive. This scan takes less than 5mins.

The detailed images can help your Physician decide if you need treatment to prevent a heart attack or stroke.

You can return to normal activities right after the test.

At MedPlus you can avail our 128s Cardiac CT (low-radiation) for Calcium Score test.

For Bookings Call: 040 6700 6700

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# Be ALERT To Your KIDNEY HEALTH

Do any of these apply to you?

- OBESITY
- DIABETES
- HYPERTENSION
- CARDIO VASCULAR DISEASE
- FAMILY HISTORY OF KIDNEY DISEASE

If YES, Then **Take eGFR Test** 

**Dr. Dinesh Deeti**  
MBBS, MD General Medicine  
MedPlus Diagnostics  
Dilsukhnagar, Hyderabad



## ESTIMATED GLOMERULAR FILTRATION RATE (OR, eGFR)

### What is eGFR test?

Glomeruli are tiny filters in your kidneys that help remove toxins (waste) from your blood. Estimated glomerular filtration rate (eGFR) measures how much blood these filters clean every minute based on your body size.

### What does eGFR tell healthcare providers?

Your kidneys are part of the urinary system. Kidney disease occurs when one or both kidneys have damage. When you have kidney disease, dangerous toxins can build up in your blood.

Kidney disease symptoms, such as frequent urination and muscle spasms, may not occur until you lose up to 40% of kidney function. eGFR helps detect the disease early so that you can start treatments to slow or stop kidney damage.

	STAGES OF CHRONIC KIDNEY DISEASE	eGFR	% OF KIDNEY FUNCTION
<b>Stage 1</b>	Kidney damage with <b>normal</b> kidney function	90 or higher	 90-100%
<b>Stage 2</b>	Kidney damage with <b>mild loss</b> of kidney function	89 to 60	 89-60%
<b>Stage 3a</b>	<b>Mild to moderate</b> loss of kidney function	59 to 45	 59-45%
<b>Stage 3b</b>	<b>Moderate to severe</b> loss of kidney function	44 to 30	 44-30%
<b>Stage 4</b>	<b>Severe</b> loss of kidney function	29 to 15	 29-15%
<b>Stage 5</b>	Kidney failure	Less than 15	 Less than 15%

For Bookings Call: 040 6700 6700