

# Neuroprotection by glucose-6-phosphate dehydrogenase and the pentose phosphate pathway

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## Abstract

Glucose-6-phosphate dehydrogenase (G6PD), the rate limiting enzyme that channels glucose catabolism from glycolysis into the pentose phosphate pathway (PPP), is vital for the production of reduced nicotinamide adenine dinucleotide phosphate (NADPH) in cells. NADPH is in turn a substrate for glutathione reductase, which reduces oxidized glutathione disulfide to sulfhydryl glutathione. Best known for inherited deficiencies underlying acute hemolytic anemia due to elevated oxidative stress by food or medication, G6PD, and PPP activation have been associated with neuroprotection. Recent works have now provided more definitive evidence for G6PD's protective role in ischemic brain injury and strengthened its links to neurodegeneration. In *Drosophila* models, improved proteostasis and lifespan extension result from an increased PPP flux due to G6PD induction, which is phenocopied by transgenic overexpression of G6PD in neurons. Moderate transgenic expression of G6PD was also shown to improve healthspan in mouse. Here, the deciphered and implicated roles of G6PD and PPP in protection against brain injury, neurodegenerative diseases, and in healthspan/lifespan extensions are discussed together with an important caveat, namely NADPH oxidase (NOX) activity and the oxidative stress generated by the latter. Activation of G6PD with selective inhibition of NOX activity could be a viable neuroprotective strategy for brain injury, disease, and aging.

## 1 | INTRODUCTION

Glucose-6-phosphate dehydrogenase (G6PD) (EC 1.1.1.49)<sup>1</sup> catalyzes the conversion of G6P into 6-phosphoglucono- $\delta$ -lactone, thus channeling glucose into the pentose phosphate pathway (PPP).<sup>2</sup> This rate limiting step of PPP catalyzed by the oxidoreductase is coupled to the reduction of nicotinamide adenine dinucleotide phosphate (NADP<sup>+</sup>) to form NADPH. The PPP is the major source of NADPH in animals, providing the cellular reducing equivalent for various biosynthetic reactions. Importantly, NADPH is the reductant that

regenerates a major cellular antioxidant, namely reduced glutathione (GSH), from its oxidized, disulfide form (GSSG).<sup>3</sup> Mammalian G6PD is localized to the X-chromosomes, and mouse hemizygous male embryos died by E10.5. Heterozygous females may also die in utero because of specific inactivation of the otherwise normal paternal allele.<sup>4</sup> The human G6PD gene is localized to Xq28. G6PD deficiency in humans<sup>5,6</sup> resulting from gene mutations and polymorphisms<sup>7,8</sup> underlies the most common form of nonimmune hemolytic anemia precipitated by infection, certain food (eg, fava beans) or medication (eg, primaquine). This condition arises

because G6PD-deficient erythrocytes could only generate NADPH through the PPP and are therefore more susceptible than other cell types to oxidative damage.<sup>9</sup>

Neurons are metabolically vulnerable and neuronal metabolic responses play critical roles in survival during stress and injury.<sup>10</sup> Oxidative stress by reactive oxygen species (ROS) occurs in multiple neuronal injuries<sup>11</sup> and neurodegenerative diseases.<sup>12,13</sup> Adequate generation of NADPH to sustain the level of GSH is therefore important for neuronal survival.<sup>14,15</sup> In this regard, G6PD expression is indeed regulated<sup>16,17</sup> by the master redox stress regulator system of Kelch-like enoyl-CoA hydratase-associated protein 1/nuclear factor erythroid 2-related factor 2 (KEAP1/NRF2).<sup>18</sup> For the neonate, G6PD deficiency is a major risk factor for hemolysis precipitated hyperbilirubinemia and the risk of bilirubin encephalopathy, or kernicterus.<sup>19,20</sup> Over the years, however, a neuroprotective role for G6PD and the PPP in adult brain injury and neurodegenerative diseases of the elderly has also been implicated by a number of studies. More definitive works in this regard have emerged recently together with clear indications of G6PD activity promoting healthspan and lifespan in animal models.<sup>21-24</sup> Notably, there is a high level of metabolic co-operation between neurons and astroglia in the brain.<sup>25-28</sup> Astrocytes exhibit a high degree of glucose consumption,<sup>29</sup> which could be higher than that of neurons. Importantly, astroglia also have a high flux of glucose into the PPP pathway and higher activity of the latter compared to neurons.<sup>30,31</sup> Thus, astroglia play an important role in ROS reduction in the brain and could provide neurons with GSH through an astrocyte-neuronal glutathione shuttle.<sup>25</sup> Attempts at acute reduction of hyperglycemia may in fact work against this protective function.<sup>30,31</sup> A perspective on G6PD and PPP-mediated neuroprotection should therefore include considerations on the activity of the enzyme and pathway in both neurons and astroglia.

There are two principle sources of cellular oxidative stress in neuronal injury and diseases, namely heightened production of ROS by dysfunctional mitochondria,<sup>32</sup> and ROS bursts produced by NADPH oxidases (NOXs)<sup>33,34</sup> (Figure 1). NOXs are electron transporting membrane proteins that produce extracellular or luminal superoxide and H<sub>2</sub>O<sub>2</sub>. A classical notion of the function of NOX is based on NOX2 expressed in neutrophils and macrophages, which has a key role in immune defense via the generation of ROS during oxidative bursts to destroy engulfed foreign microbial entities.<sup>35</sup> However, there are seven NOX isoforms in the human genome with different modes of activation,<sup>36</sup> and these are expressed in different central nervous system (CNS) cell types like neurons, microglia, astrocytes as well as cerebrovascular endothelial cells.<sup>37</sup> These NOXs, together with those

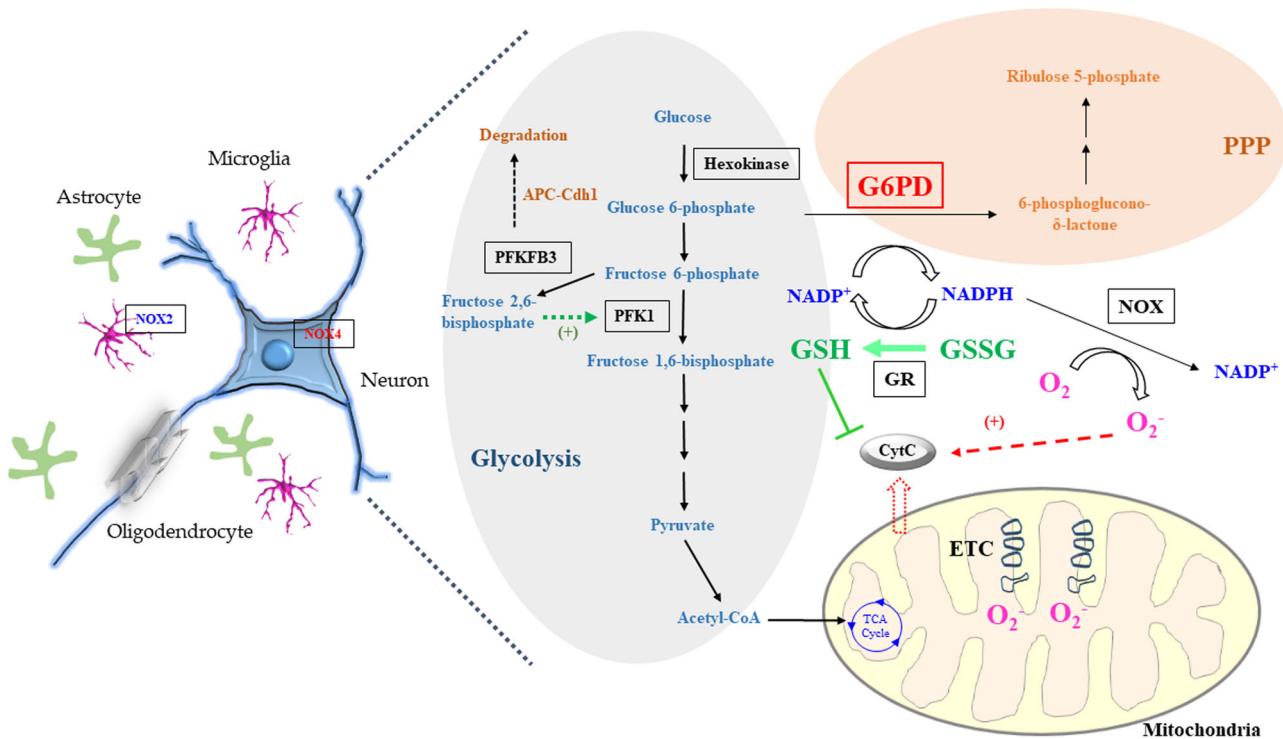
carried by immune cells, collectively contribute to oxidative stress during CNS injury<sup>34,38</sup> and neurodegenerative diseases.<sup>33</sup> In this regard, microglia NOX2<sup>39</sup> and neuronal/endothelial NOX4 are known to be induced during CNS injury and ischemia. In particular, the latter appears to be a major contributor to neuronal death and disruption of the blood-brain barrier (BBB).<sup>40,41</sup> Clearly, NADPH production could be either antioxidative and beneficial, or pro-oxidant and detrimental, depending on the enzymatic processes it participates in.

The role of NOXs in ischemic injury and CNS neurodegeneration has been the subject of a number of recent excellent reviews.<sup>33,34,38,42-45</sup> In the paragraphs below, the focus shall be on works implicating a beneficial role for G6PD and PPP in neuroprotection. The relevant findings are summarized and discussed, together with recent advances in G6PD activation as a potential therapeutic approach, bearing in mind the important caveat of NADPH-mediated ROS production by NOXs.

## 2 | G6PD AND BRAIN INJURY

A myriad of evidence point toward G6PD's neuroprotective function during brain injury. Glucose is the primary fuel for brain neurons and a persistent supply of glucose and oxygen is critical for neuronal survival and function.<sup>46</sup> In metabolic resting states, brain neurons are in fact the major glucose consuming cell type in the body. Imported by the high affinity glucose transporters GLUT1 and GLUT3 expressed in neurons,<sup>47</sup> glucose is converted to pyruvate by glycolysis, with the carbon subsequently channeled into the tricarboxylic acid (TCA) cycle for the production of more reducing equivalents for adenosine triphosphate (ATP) synthesis during aerobic respiration.<sup>48</sup> Recent works also suggest that during neuronal stimulation, direct glucose uptake and neuronal glycolysis-TCA cycle<sup>49,50</sup> is important for sustaining the heightened ATP requirement for brain neuronal activity. However, upon glucose conversion to G6P by hexokinase, the latter can also be channeled to the PPP.<sup>2</sup> This latter mode of glucose metabolism plays an important role in neuronal survival. One reason for this is that the proapoptotic activity of cytochrome *c* is increased by ROS following injury or insult, which leads to the former's oxidation and activation. In healthy neurons, cytochrome *c* is reduced and inactivated by PPP generated GSH.<sup>51</sup>

This bifurcation of glucose metabolism between ATP-producing glycolysis and NADPH-producing PPP is dependent on 6-phosphofructo-2-kinase/fructose-2,6-bisphosphatase-3 (PFKFB3). The latter synthesizes



**FIGURE 1** A simplified schematic diagram of the metabolic pathways and intermediates around the action of glucose-6-phosphate dehydrogenase (G6PD) in various CNS cell types. Glycolysis commitment in neurons could be limited by synthesis of fructose 2,6-bisphosphate, the allosteric activator of phosphofructokinase 1 (PFK1), by the labile 6-phosphofructo-2-kinase (PFKFB3). Neurons (but not astrocytes) have a high level of the E3 ubiquitin ligase anaphase-promoting complex-Cdh1 (APC-Cdh1), of which PFKFB3 is a substrate. G6PD's activity channels carbon from glycolysis to the pentose phosphate pathway (PPP) and reduces nicotinamide adenine dinucleotide phosphate (NADP<sup>+</sup>) to NADPH. The latter is used by glutathione reductase (GR) to reduce the oxidized, disulfide form of glutathione (GSSG) to the sulfhydryl form (GSH). NADPH is, however, also a substrate of NADH oxidases (NOX), with NOX2 and NOX4 being expressed in microglia and neurons, respectively. NOX activity generates superoxide anion ( $O_2^-$ ), a form of ROS.  $O_2^-$  is also constantly generated by the electron transport chain (ETC) activities within the mitochondria during oxidative phosphorylation, and this is heightened in dysfunctional or damaged mitochondria. G6PD's generation of NADPH and maintenance of GSH levels would be neuroprotective if NOX activities could be selectively inhibited.

fructose-2,6-bisphosphate, which allosterically activates phosphofructokinase-1 (PFK-1), the enzyme catalyzing the committed or irreversible step of glycolysis (Figure 1).<sup>52</sup> Neurons have a high level of the E3 ubiquitin ligase anaphase-promoting complex (APC) and its coactivator Cdh1 (APC/Cdh1), of which PFKFB3 is a substrate. PFKFB3 in neurons, and consequently commitment to glycolysis for energy production, could be kept in check by its proteasomal degradation.<sup>53</sup> PFKFB3 activity would therefore result in a decrease in substrate channeling to the PPP, with a consequential reduction in NADPH. Neurons could thus use glucose metabolism for antioxidant function at the expense of its role in bioenergetics.<sup>54</sup> During injury and ischemia, neurons are particularly vulnerable to excitotoxic death due to uncontrolled glutamate release and massive activation of glutamate receptors. Activation of *N*-methyl-D-aspartate glutamate receptors (NMDARs) is shown to stabilize PFKFB3 protein

levels in cortical neurons, and this NMDAR-mediated increase in PFKFB3 levels elevated glycolysis, reduced PPP's generation of NADPH leading to a consequential drop in GSH levels, thus enhancing oxidative stress and apoptotic neuronal death.<sup>55</sup> Importantly and interestingly, this effect could be counteracted by G6PD overexpression.<sup>10,55</sup> A very recent report also showed that APC/Cdh1 levels were reduced in rat primary cortical neurons under conditions of oxygen-glucose deprivation and reperfusion (OGD/R). Reperfusion enhanced glycolysis, with an elevation in PFKFB3 expression that was concomitant with a reduction in G6PD.<sup>56</sup> These changes switch neuronal glucose metabolism from PPP to aerobic glycolysis, effectively resulting in an increase in ROS production and apoptosis during reperfusion.

The TP53-induced glycolysis and apoptosis regulator (TIGAR)<sup>57</sup> inhibits glycolysis and increases the flow of glucose to the PPP.<sup>58</sup> Qin et al have extensively

documented TIGAR's beneficial effect against ischemic injury through its actions in neurons<sup>59,60</sup> as well as astrocytes.<sup>61</sup> TIGAR appears to be highly expressed in brain neurons and was further upregulated in response to ischemia/reperfusion.<sup>60</sup> The authors showed that TIGAR overexpression reduced, whereas its silencing aggravated, ischemic neuronal injury in vivo and oxygen and glucose deprivation/reoxygenation (ODG/R)-induced injury of neurons in culture. G6PD levels are upregulated during ischemic injury and this elevation is further enhanced by TIGAR expression. In fact, TIGAR expression level changes during mouse postnatal development appear to correlate with the vulnerability of neurons of different ages to ischemic injury.<sup>59</sup> On the whole, TIGAR's neuroprotective activity appears to stem from its suppression of oxidative damage and neuronal death, at least partially through G6PD and PPP. A direct involvement of G6PD in alleviation of neuronal death in ischemic injury was demonstrated by the group with reciprocal overexpression and silencing of G6PD itself in vivo with an ischemia/reperfusion mouse model, as well as in vitro with ODG/R treatment of primary neurons.<sup>62</sup> The negative effect of G6PD silencing is in turn alleviated by exogenous NADPH. In fact, exogenous NADPH administration significantly protected neurons against ischemia/reperfusion-induced injury in mouse and rat stroke models, with beneficial effects still observed even when given 24 hours after experimental ischemia.<sup>63</sup>

The activation of G6PD and enhanced flux through PPP have also been demonstrated to contribute towards ischemic injury protection mechanisms associated with various neuroprotective factors. The chaperone protein HSP27 is known to be protective against ischemic brain injury<sup>64</sup> in a manner that is regulated by its phosphorylation.<sup>65</sup> In models of cerebral ischemia with<sup>66</sup> and without<sup>67</sup> reperfusion, ischemic injury resulted in an increase in HSP27 Ser85 phosphorylation and concomitant upregulation of G6PD activity, which was blocked by the ataxia telangiectasia mutated (ATM) kinase inhibitor (KU-55933).<sup>66,67</sup> Ischemia induced HSP27 phosphorylation may thus be an upstream signaling event that contributes towards the increase in G6PD and PPP. The ischemic injury protective effect of hypoxic preconditioning has recently been shown to also involve an inhibition of HSP27 degradation.<sup>68</sup> Another report has implicated the involvement of the oxidative stress regulator hypoxia-inducible factor 1 (HIF1) in maintaining the expression of G6PD that is reduced by severe hypobaric hypoxia.<sup>69</sup> Interestingly, cannabidiol, an FDA-approved nonpsychotropic compound from *Cannabis sativa* that has antiepileptic properties, attenuated ODG/R induced death of a cultured hippocampal neuronal cell line.<sup>70</sup> Cannabidiol

treatment resulted in G6PD activation and maintenance of the NADPH/NADP<sup>+</sup> ratio, and could be of therapeutic interest.

On the other hand, one needs to bear in mind that NADPH produced by G6PD and PPP is notably also a substrate for NOXs.<sup>35</sup> The detrimental role of CNS expressed NOX4 in ischemic injury is particularly well known.<sup>40,41,71,72</sup> In fact, it was shown that G6PD silencing by an antisense approach reduced global cerebral ischemia-induced oxidative DNA damage and delayed neuronal cell death in rat hippocampal CA1 region.<sup>73</sup> However, silencing of G6PD at a later reperfusion period instead increased oxidative DNA damage and exacerbated neuronal cell death. Although it is unclear in this case as to the degree of contribution of NOXs to the ischemic injury, G6PD activation may well be a double-edged sword in brain injury and ischemia, and its effect could be complex depending on the extent of injury and the cell types involved.

### 3 | G6PD AND NEURODEGENERATIVE DISEASES

Oxidative stress underlies all major neurodegenerative diseases<sup>12,21</sup> and it is therefore unsurprising that changes and involvement of G6PD and PPP have been implicated in myriad of neurodegenerative disease as gleaned from post-mortem human brain samples and cellular/animal models. A brief summary of these findings are described and discussed below.

G6PD levels have been found to be elevated in postmortem brain samples of Alzheimer's disease (AD)<sup>74</sup> patients as indicated by a majority of early reports.<sup>75-79</sup> However, in one report in which the enzyme activity was measured, G6PD activity was found to be reduced in the hippocampi of human AD brains.<sup>80</sup> A more recent study found G6PD activities to be elevated in the serum of AD patients compared to age controlled subjects.<sup>81</sup> Despite speculations of a link between G6PD and AD,<sup>82</sup> there is, however, very limited direct evidence for a role for G6PD in alleviating AD pathology. In a rat aluminum neurotoxicity model, G6PD activities were shown to be reduced by direct injection of an AlCl<sub>3</sub> solution into the CA1 region of the hippocampus. Aluminium-treated animals exhibited a significantly worse response in a two-way active avoidance task, which was alleviated by co-administration with a G6PD enzyme solution.<sup>83</sup> The latter also appeared to reduce immunohistochemical signals for tau and amyloid- $\beta$ . However, exactly how exogenously added G6PD could improve behavioral deficits and alleviate AD pathological manifestations is completely unclear.

For Parkinson's disease (PD),<sup>84</sup> an early report has indicated that the levels of a number of antioxidant enzymes, including G6PD, were significantly lower in the erythrocytes of PD patients compared to controls.<sup>85</sup> However, other reports found no significant difference in this regard.<sup>86</sup> While AD brains showed clear increases in NADPH in diseased areas, this was only seen in some late-stage PD cases.<sup>75</sup> Both the PPP's NADPH-producing enzymes, G6PD and 6-phosphogluconate, are reduced in the putamen of early-stage PD and in the cerebellum of early and late-stage PD. There are also conflicting reports on whether G6PD is neuroprotective in PD models. Transgenic overexpression of G6PD in the dopaminergic nigrostriatal pathway neurons in mice protected these from the toxic effects of the PD-associated neurotoxin 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP), even in aged animals that are more susceptible to the neurotoxin.<sup>87</sup> On the contrary, the herbicide paraquat, another neurotoxin often associated with PD, elevated the PPP and G6PD levels in dopaminergic neuroblastoma cells (SK-N-SH). Overexpression of G6PD in this case selectively increased paraquat toxicity, while its inhibition with 6-aminonicotinamide attenuated the paraquat-induced oxidative stress and cell death.<sup>88</sup> In the context of PD, astroglia plays pivotal roles in disease pathology.<sup>89</sup> A recent report has indeed showed that dopamine-induced increase in PPP activity in astroglia produced a protective effect on cocultured neurons.<sup>90</sup>

In amyotrophic lateral sclerosis (ALS),<sup>91</sup> an early work did not discern any clear changes in posterior root ganglion cells of the spinal cord,<sup>92</sup> but G6PD activity and transcript levels were shown to be increased in biopsied quadriceps muscle samples from ALS and other neurogenic myopathy patients.<sup>93</sup> The activities of G6PD and other antioxidant factors were also found to be significantly reduced in erythrocytes from ALS patients compared to those from healthy subjects, with reductions in G6PD and GSH levels correlating with disease progression.<sup>94</sup> In a popular ALS animal model, namely mice with transgenic expression of the human superoxide dismutase 1 mutant, hSOD1-G93A, G6PD activity, and PPP were reduced in the spinal cord at disease onset.<sup>95</sup>

An early study with erythrocytes from a small cohort of Huntington's disease (HD)<sup>96</sup> patients indicated an increase in G6PD, but a decrease in GSH, in five of eight individuals.<sup>97</sup> In a study of bioenergetics changes in cybrids (generated by fusion of mitochondrial DNA-depleted human teratocarcinoma cells with platelets from HD individuals), an increase glycolysis rate and a decrease in G6PD levels were observed.<sup>98</sup> A more direct indication of a beneficial effect of G6PD in HD is demonstrated by a *Drosophila* transgenic model. For flies carrying the exon 1 of the human huntingtin gene with 93 glutamine repeats (HQ93), overexpression of G6PD

was shown to significantly increased lifespan and reduced eye neurodegeneration.<sup>99</sup>

G6PD activity may also be disease determinants in nerve damage and neuropathy.<sup>100</sup> G6PD-deficient patients in the Sardinian population have a significantly decreased risk of nonarteritic anterior ischemic optic neuropathy.<sup>101</sup> However, a meta-analysis of published data indicated that G6PD deficiency is associated with a higher risk of diabetes, more so for men compared to women.<sup>102</sup> Interestingly, the messenger RNA (mRNA) and protein expression levels of G6PD in rat L4-L6 dorsal root ganglion cells were significantly decreased in diabetic rats. Furthermore, adenoviral vector-mediated G6PD overexpression markedly attenuated the pain hypersensitivity of the hindpaw of these animals,<sup>103</sup> which is attributed to a suppression of Toll-like receptor 4 expression. The latter is known to have CNS roles in initiation of CNS neuroimmune activation that contribute to painful neuropathy.<sup>104</sup>

G6PD also appears to be protective against endogenous ROS-mediated neurodegeneration during aging.<sup>105</sup> In comparing aged female mice which are either wild-type (*G6PD* (+/+)), heterozygous (*G6PD* (+/def)) or homozygous (*G6PD* (def/def)) with respect to a G6PD deficiency mutant allele,<sup>106</sup> DNA oxidation (assessed by the levels of 8-oxo-2'-deoxyguanosine, the oxidized derivative of deoxyguanosine) is increased in the G6PD-deficient mice in multiple brain regions compared to wild-type mice. The level of DNA oxidative damage corresponded with enhanced morphological changes indicative of neurodegeneration in a brain region and cell type-specific manner.<sup>23</sup> These findings points to the notion that hereditary G6PD deficiency may be a risk factor for aging-associated neurodegeneration.

The studies summarized above suggest a link between G6PD and neurodegenerative diseases, likely through the former's role in PPP channeling and maintenance of GSH levels. However, definitive proof that G6PD elevation is beneficial to neurodegenerative disease progression, particularly in mammalian models, is still lacking.

#### 4 | G6PD AND HEALTHSPAN/LIFESPAN EXTENSION

Given that G6PD deficiency could impact upon aging-associated neurodegeneration,<sup>23</sup> it is therefore likely that G6PD levels impacts upon aging, health-span and lifespan. Emerging evidence in this regard is discussed in the paragraphs below.

Early observations made with *Drosophila* indicated that long-lived strains generally have higher levels of G6PD activities.<sup>107</sup> That G6PD activity has a lifespan

extension effect in flies was demonstrated by transgenic overexpression of G6PD under the control of either ubiquitous or neuron-specific promoters.<sup>108</sup> All G6PD transgenic flies made exhibited an extended mean lifespan, with the broad overexpressing strains being longer living than those with neuronal overexpression. Transgenic G6PD expression is associated with an increase in the levels of NADPH and GSH/GSSG ratio, with the flies demonstrating increased resistance to challenges with hyperoxic conditions and paraquat.<sup>108</sup> In another recent report which revisited the mechanistic basis of a previous observation of lifespan extension in *Drosophila* by the c-Jun N-terminal kinase (JNK),<sup>109</sup> Jasper's laboratory found that flies carrying a loss-of-function allele for *puckered* (*puc*<sup>E69</sup>) (which encodes a JNK phosphatase) exhibit a delay in aging-related decline in proteostasis.<sup>21</sup> Interestingly, metabolite analyses showed a significant reduction of glucose 6-phosphate in the *puc* mutant fly brains, accompanied by an elevated carbon flux into the PPP due to G6PD induction by the elevated JNK activity.<sup>21</sup> Optimal proteostasis is critical for neuronal functions, as the rate of protein turnover declines with aging, and dysfunction in proteostasis underlies neurodegenerative disease pathologies.<sup>110</sup> Interestingly, overexpression of G6PD in fly neurons is sufficient to phenocopy the JNK activity-induced metabolic and proteostatic changes, as well as the lifespan extension. G6PD and PPP therefore has a definitive lifespan extension effect in *Drosophila*.

In mammals, G6PD levels impacted embryonic and early postnatal survival, as litters from mutant mice with a hereditary G6PD deficiency had increased prenatal (manifested as fetal resorptions) and postnatal death.<sup>106</sup> As discussed in the section above, G6PD-deficient mice have an elevated levels of DNA oxidation damage and increased neurodegenerative morphologies with aging compared to wild-type animals.<sup>23</sup> In the rat cerebral cortex, the levels and activities of G6PD and other glutathione regenerating enzymes were shown to decline with age.<sup>111</sup> A demonstration of G6PD conferring a positive effect in mammalian lifespan extension is offered by a mouse model with transgenic expression of a human *G6PD* genomic fragment carrying its own promoter. This resulted in a moderate (~twofold) increase in G6PD mRNA and protein across multiple tissues, as well as derived embryonic fibroblasts (MEFs).<sup>24</sup> The G6PD transgenic mice have elevated levels of NADPH in several tissues including the brain, and their MEFs exhibited an increased resistance to the oxidant diamide. Both G6PD transgenic mice and MEFs were, however, more sensitive to paraquat toxicity, which is in line with findings in dopaminergic SK-N-SH cells discussed above.<sup>88</sup> Interestingly, there is a significant increase in

the median lifespan of the G6PD transgenic female mice, but not in the males. The transgenic mice tend to be leaner with age, and the males are more glucose-tolerant and have higher insulin sensitivity at 1 year old. The females performed significantly better than controls at 1.5 to 2 years of age in the rotarod test (males showed a trend that was not statistically significant). Of note, both aged male and female transgenic mice showed a diminished accumulation of 8-hydroxyguanosine in liver and brain, and liver from 2-year old mice presented an elevated GSH levels compared to control. Taken as a whole, a moderate global increase in G6PD levels extended the healthspan and, albeit in a sexually dimorphic manner, the lifespan of mice. The sexual dimorphism observed is likely linked the well-known fact that estrogen induces G6PD activity.<sup>112,113</sup>

On the contrary, it should be noted that human genetics and epidemiological studies have suggested an opposite notion, namely the association of G6PD deficiency with beneficial effects that might contribute towards longevity.<sup>9,114,115</sup> Sardinians have a prevalence of G6PD deficiency<sup>116</sup> but a disproportionately large number of male centurians.<sup>117,118</sup> G6PD deficiency has been associated with a lower risk in cancer,<sup>114,119</sup> vascular diseases<sup>120</sup> and malaria.<sup>121</sup> G6PD deficiency has also been associated with an alleviation of insulin resistance in obesity by reducing adipose inflammation.<sup>122</sup> Of course, longevity as a phenotype has polygenic contributions and at the moment it is difficult to clearly discern a causal relationship between G6PD deficiency and lifespan extension.

## 5 | G6PD AS A THERAPEUTIC TARGET FOR BRAIN INJURY AND DISEASES

The preceding discussions point toward beneficial effects of elevating G6PD activity and the ensuing PPP-based production of NADPH and maintenance of GSH in terms of neuronal injury, neurodegenerative diseases, as well as possibly other aging-associated disorders. It is therefore tempting to consider G6PD as a target for possible therapeutic intervention for neurological disorders beyond the treatment of clinical symptoms arising from G6PD deficiency.<sup>6</sup> There has been, however, no effective way of selectively elevating G6PD activity. In this regard, the recent report of a small molecule G6PD activator is particularly exciting. Hwang et al<sup>22</sup> screened for a possible agonist for the Canton variant of G6PD mutation (R459L), which has both reduced activity and stability. An identified compound, AG1, both activates and stabilizes the mutant, and also has the capacity to

**TABLE 1** Some key recent findings directly implicating the activation of G6PD and PPP in neuroprotection and longevity

Models	Key findings	References
Ischemia/reperfusion model in mice and OGD/reoxygenation treatment of primary neurons	Overexpression and silencing of G6PD confers protection and exacerbated injury and neuronal death, respectively.	62
<i>Drosophila</i> transgenic model carrying the exon 1 of the human huntingtin gene with 93 glutamine repeats (HQ93)	Overexpression of G6PD extended lifespan of transgenic HD fly significantly	99
<i>Drosophila</i> transgenic model	Overexpression of G6PD in <i>Drosophila</i> neurons delayed proteostasis decline with age and extend lifespan	21
Transgenic mice with moderate expression of G6PD	Moderate transgenic overexpression of G6PD in mice extended healthspan and median lifespan of females	24
Development of a G6PD agonist	G6PD agonist AG1 effectively activated G6PD and reduced oxidative stress in G6PD-deficient human fibroblasts and zebrafish embryo	22

Abbreviations: G6PD, glucose-6-phosphate dehydrogenase; OGD, oxygen-glucose deprivation; PPP, pentose phosphate pathway.

increase the activity of the wild-type protein. AG1 is shown to reduce oxidative stress in G6PD-deficient human fibroblasts and zebrafish embryo, as well as hemolysis of human erythrocytes induced by chloroquine and diamide. This compound therefore appears therapeutically promising, at least as a lead compound for the eventual development of clinically viable G6PD activating drugs.

However, as for all CNS drugs, bioavailability and the ability to cross the BBB to reach brain tissues would be critical. Furthermore, in attempting to activate G6PD systemically, one should need to be mindful of various negative implications. G6PD is a regulator of vascular smooth muscle contraction<sup>123,124</sup> and its acute systemic activation may result in pulmonary hypertension.<sup>125</sup> Excessive generation of NADPH by G6PD and PPP may of course lead to superoxide production by NOXs, which has been implicated in oxidative and inflammatory signaling in vascular cells,<sup>126</sup> airway epithelial cells<sup>45</sup> and adipose tissues,<sup>122</sup> and could contribute to further damages of relevant diseased tissues. Importantly, NADPH could be used by CNS NOXs<sup>37,44</sup> for ROS production, which exacerbates neuronal injury and death. The ability to produce more NADPH while inhibiting key NOXs within CNS cell types and those carried by invading immune cells would be critical for achieving a beneficial outcome. In this regard, a recent report on the combination of a NOX inhibitor apocynin and NADPH conferring greater benefits than either alone in an ischemia/reperfusion-induced brain inflammation and neuronal injury model seems rather encouraging.<sup>127</sup> With the development of better isoform-specific NOX inhibitors,<sup>128</sup> these maybe tailored to different CNS disease conditions in conjunction

with G6PD activation to achieve more synergistic beneficial effects.

## 6 | EPILOGUE

In the paragraphs above, the deciphered and implicated roles of G6PD and PPP in protection against brain injury and neurodegenerative diseases, as well as documented health-span/lifespan extension are discussed (see summary in Table 1). Recent advances that point toward possible pharmacological activation of G6PD are also discussed along with the caveat of NADPH being a substrate for ROS production by CNS NOXs. On the whole, efficient G6PD agonists, in combination with selective NOX inhibitors, offer a reasonable therapeutic option for neuronal injury and neurodegenerative diseases in the adult or aged brain.

The benefits of G6PD elevation provides a cell autonomous production of NADPH and maintenance of GSH level in neurons that would guard against acute and chronic oxidative stresses. However, benefits may also be conferred indirectly, as G6PD activation in glial cells would likely attenuate stress-induced inflammatory responses<sup>129-131</sup> and reactive gliosis<sup>132</sup> that could enhance neuronal demise and inhibit regeneration. Therefore, activation of G6PD may also create a regeneration conducive post-injury CNS environment. This would likely be a notable additional benefit that attests to the therapeutic value of G6PD activation in neuronal injury and diseases.

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## AUTHOR CONTRIBUTION

BLT conceived and drafted the manuscript.

## CONFLICT OF INTERESTS

The authors declare that there are no conflict of interests.

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