




Arthrology

NUR ARFIAN

DEP ANATOMI FK UGM




Movement in locomotor

- Pulling
 - No movement without joint or articulation
 - Articulation: Connection between 2 bones regardless (with or without) to the movement
- 



ARTICULATIO

- Sendi, arthrosis, joints, junction
 - Connection between skeletal components (oss/cartilago)
 - Passive movement
 - Arthrology
- 




CLASSIFICATION

BASED ON THE MOVEMENT

- 1. Synarthrosis : IMPOSSIBLE TO MOVE**
 - 2. Amphiarthrosis: ANY MOVEMENT**
 - 3. Diarthrosis: FREE MOVEMENT**
- 




BASED ON CONNECTIVE TISSUE THAT CONNECTS THE BONES

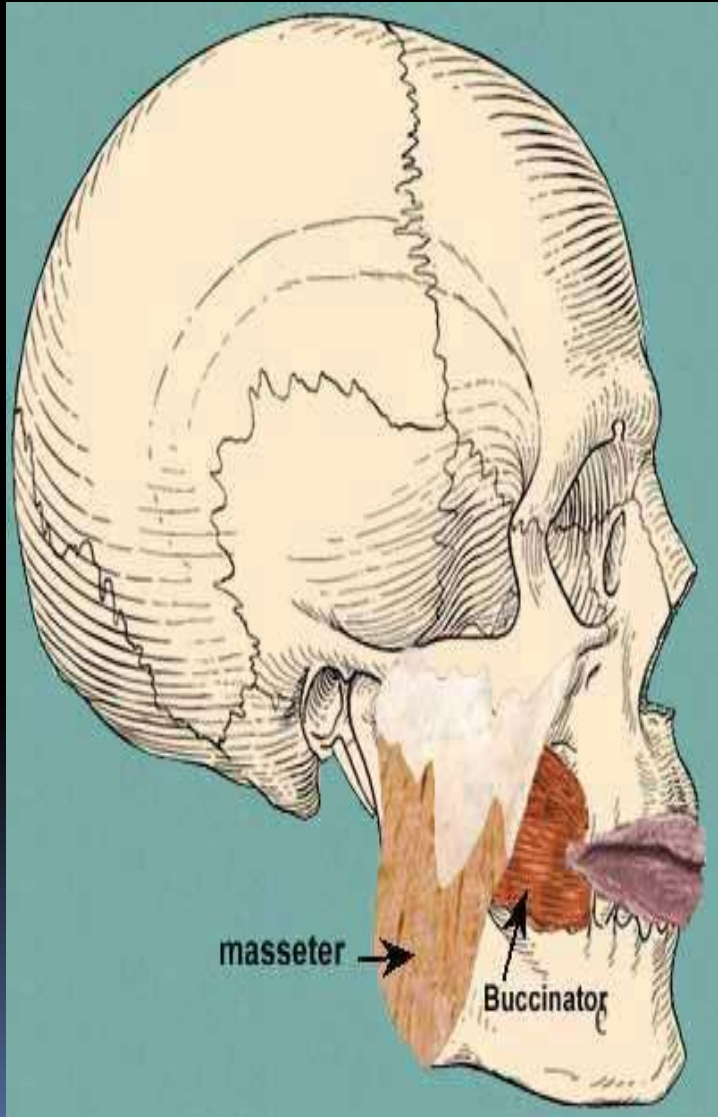
1. **Articulatio fibrosa : Fibrous tissue**
 2. **Articulatio cartilaginea : cartilage**
 3. **Articulatio synovialis : cavity between component**
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Articulatio fibrosa

- The amount of movement occurring at a fibrous joint depends in most cases on the length of the fibers uniting the articulating bones
 - Sutura
 - Syndesmosis
 - Gomphosis
- 

Articulation in cranium



Sutura

- Connected by fibrous tissue
- Collagen band, not hard
- Ossify : synostosis
- Seen in calvaria cranii, irregular bone surface
- Sutura coronaria, sutura sagitalis, dll.

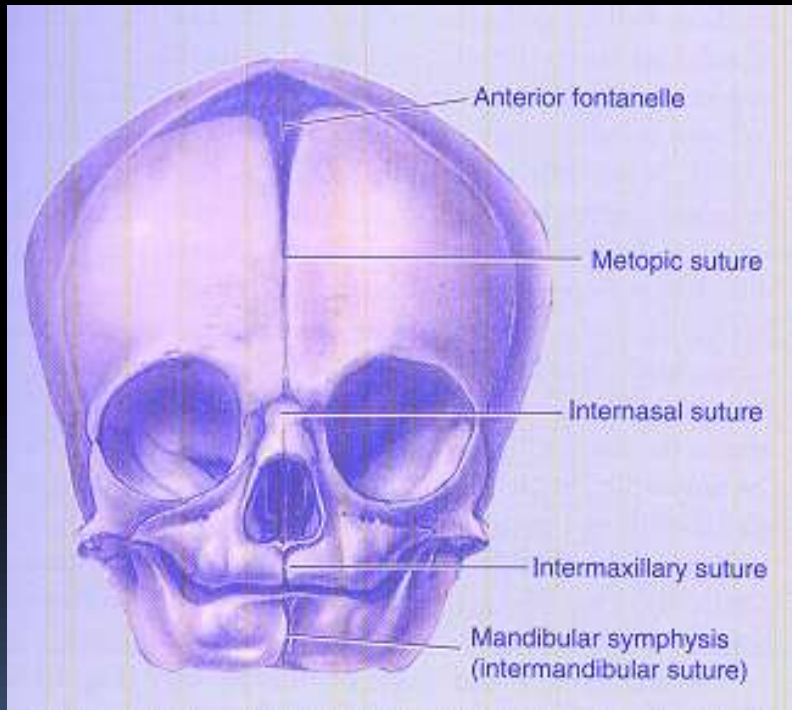
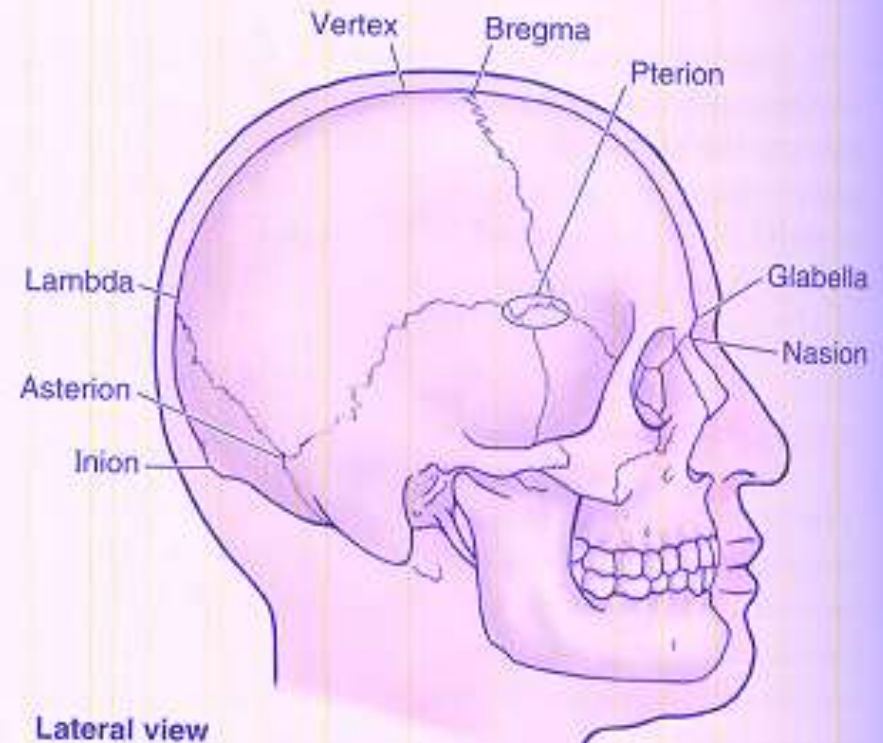


Table 7.1. Craniometric Points of the Cranium



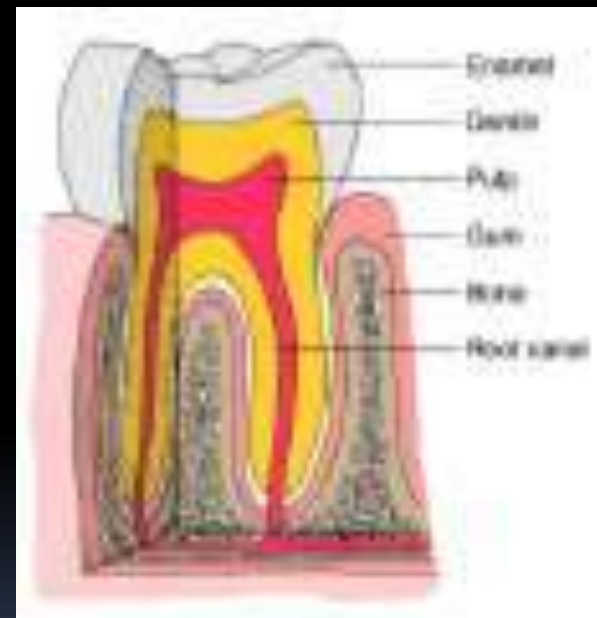
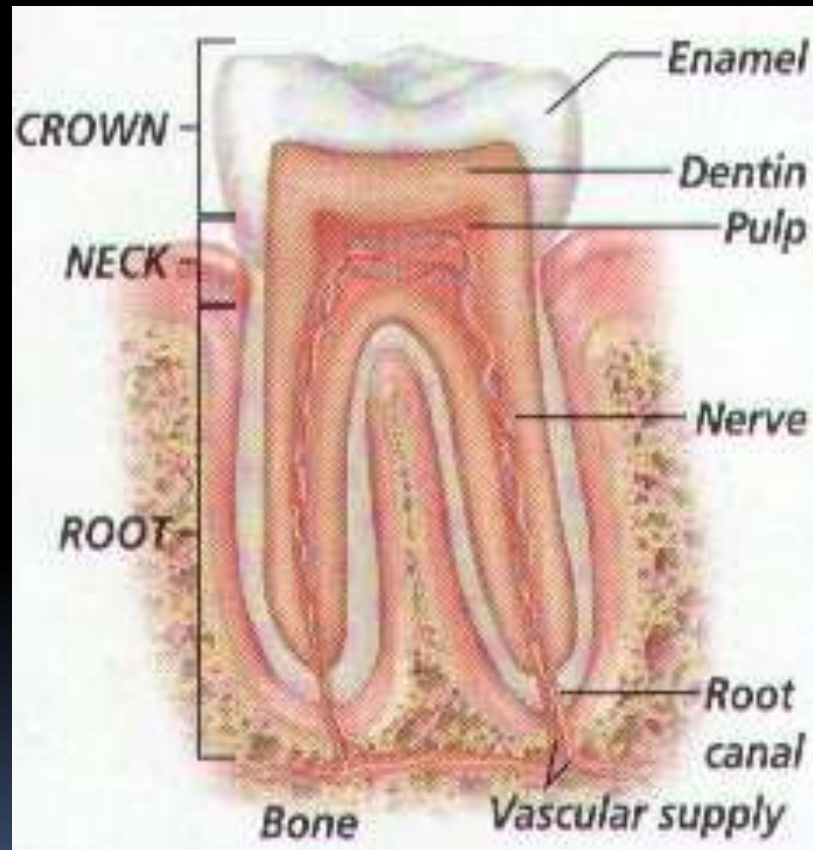
Syndesmosis

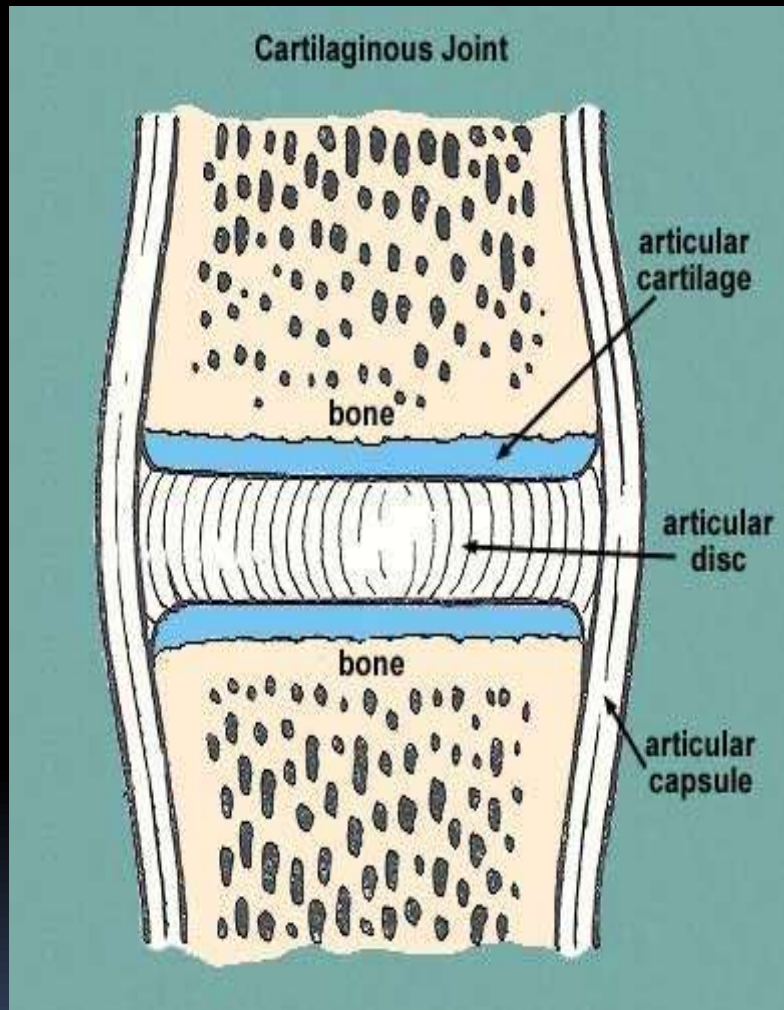
- unites the bones with a sheet of fibrous tissue, either a ligament or a fibrous membrane
- partially movable
 - - Membrana interossea, syndesmosis tibiofibularis inferior/distalis

Gomphosis

- **Articulation between teeth and alveolus (dentoalveolar syndesmosis)**
- a fibrous joint in which a peg like process fits into a socket
- articulation between the root of the tooth and the alveolar process of the jaw
- **Movable = pathological process**
- **Connected by lig. periodontale**

gomphosis







- **Articulatio cartilaginea**
 - **Articulatio cartilaginea primer/synchondrosis**
 - **Articulatio cartilaginea sekunder/symphysis**

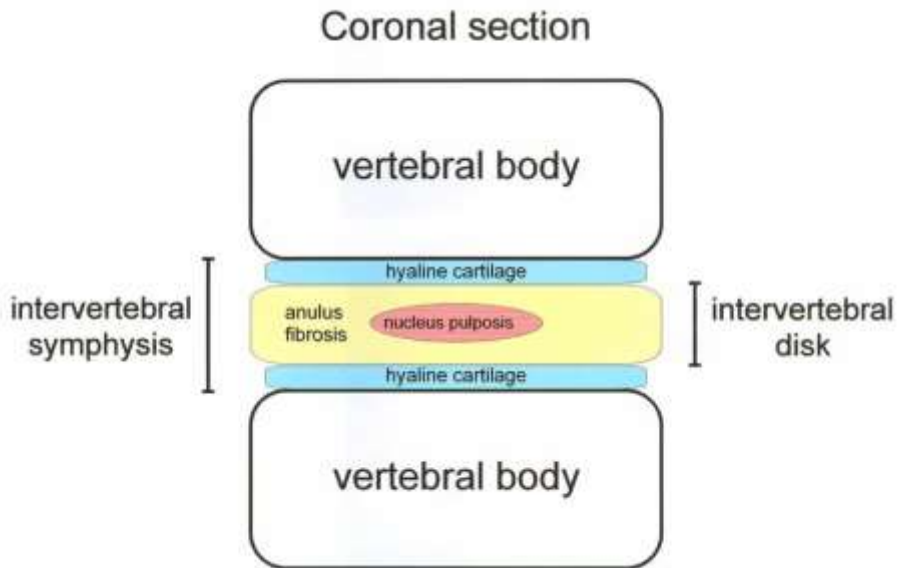
primary cartilaginous joints, or synchondroses

- the bones are united by Hyaline cartilage which permits slight bending during early life.
- Primary cartilaginous joints are usually temporary unions, such as those present during the development of a long bone
- **Become synostosis, no motion**
- **Discus epiphysialis, synchondrosis sphenoccipitalis, synchondrosis manubriosternalis**

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- Secondary cartilaginous joints, or symphysis, are strong, slightly movable joints united by fibrocartilage.
 - The fibro cartilaginous intervertebra disc

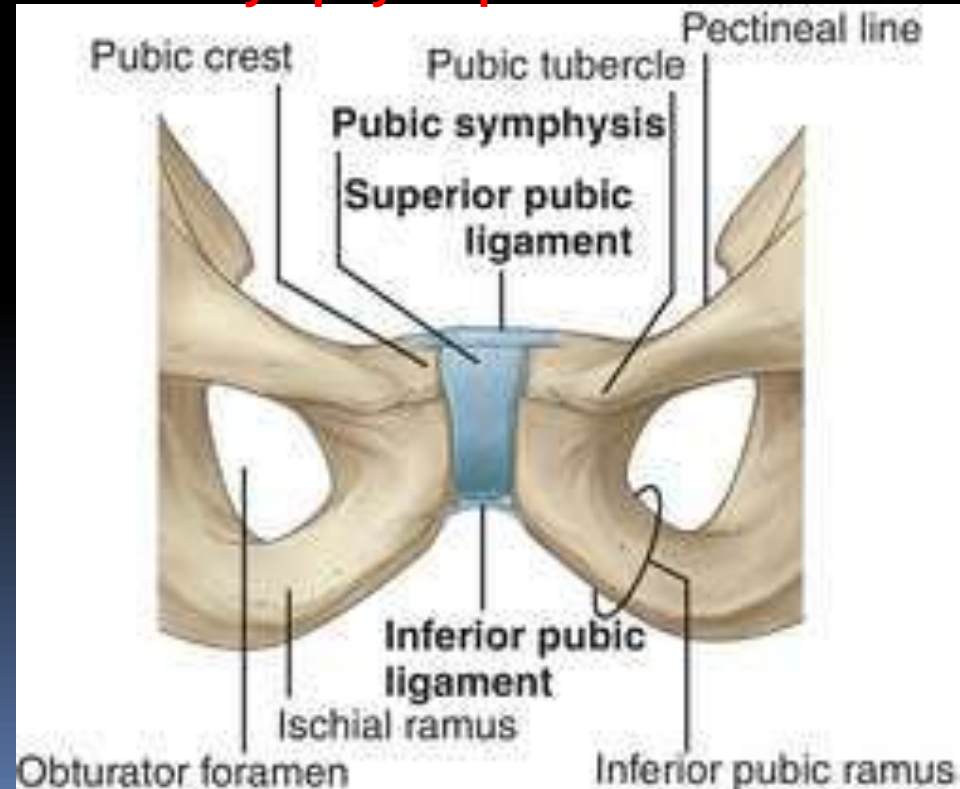
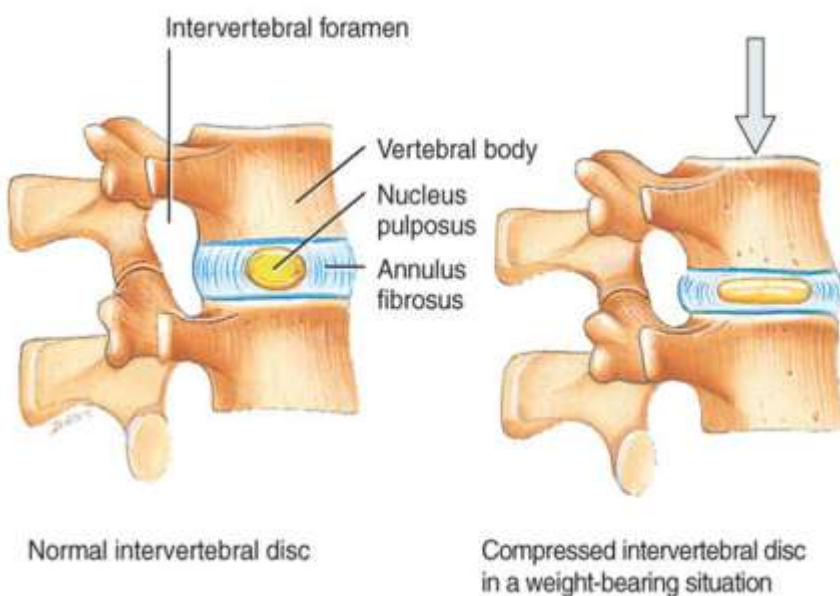
Symphysis

Discus intervertebralis



- Fused by fibrocartilaginea,
- cartilage mass with collagen
- little movement

Symphysis pubis



Articulatio synovialis (diarthrosis)

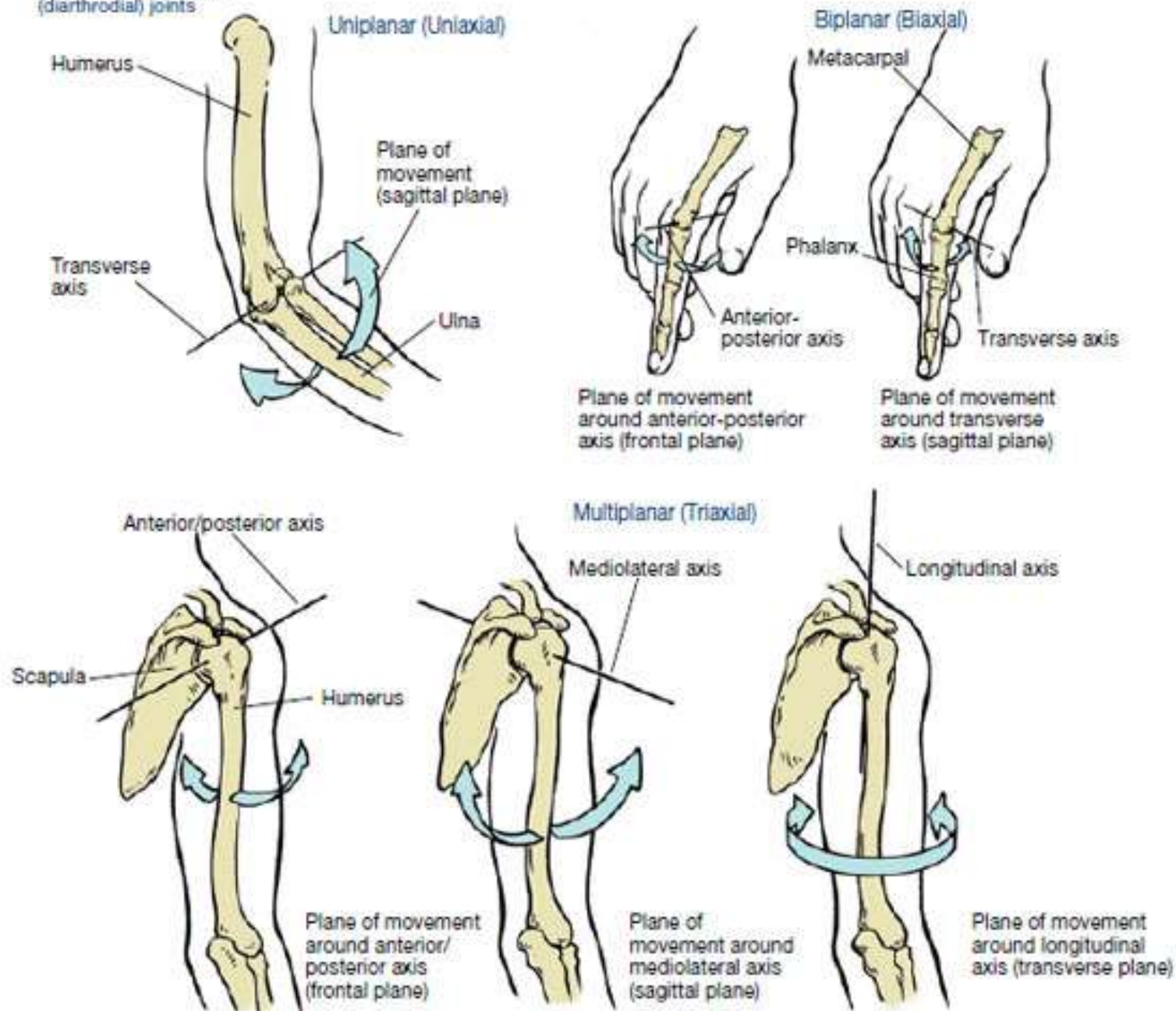
- Sendi
- Free movement : Diarthrosis
- Characteristic :
 - *Cavitas synovialis*
 - *Cartilago articularis* (non calcification, avascular, transmit load and reduce friction)
 - *Membrana synovialis*
 - *Capsula articularis*

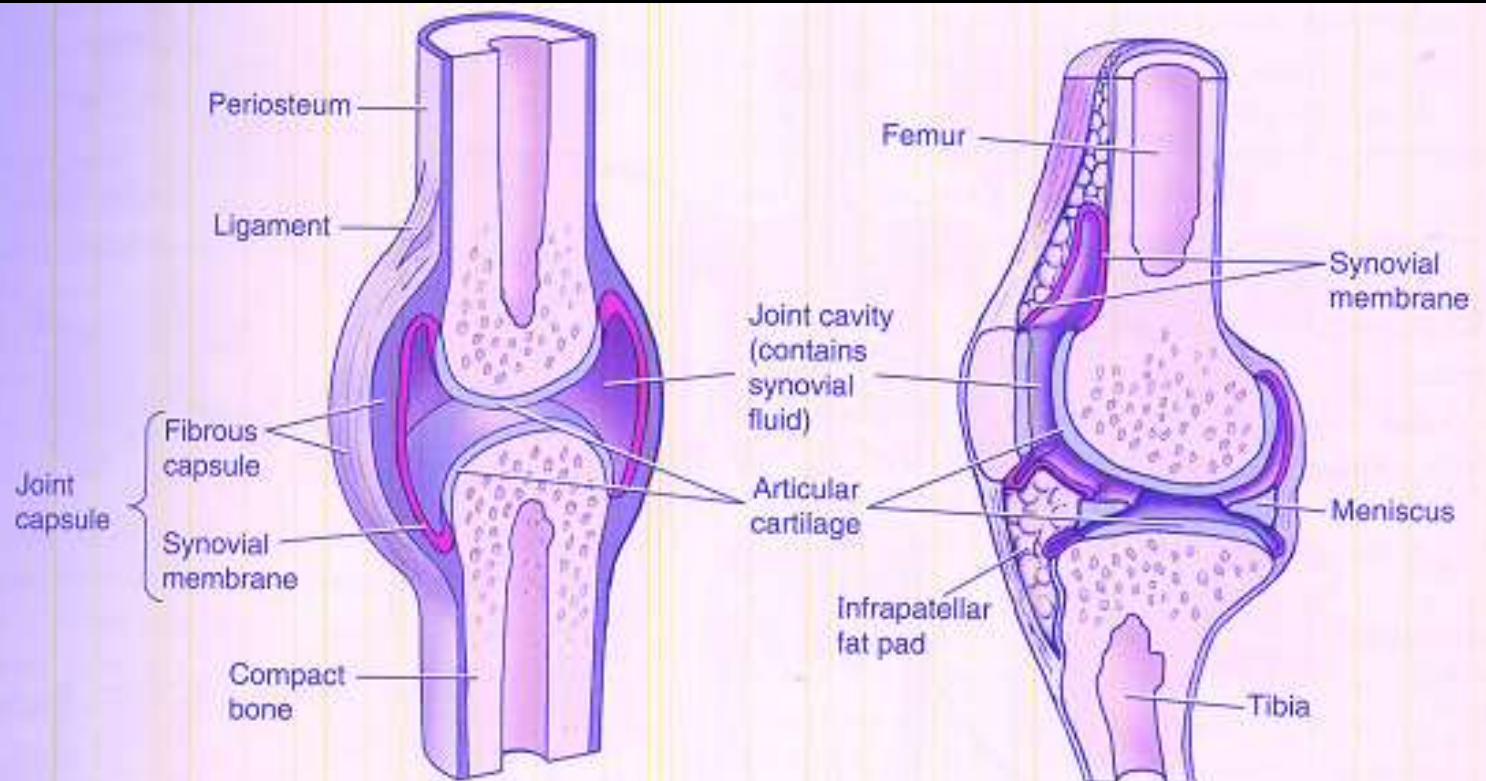
three axes of rotation

- Joints rotate in these axes, allowing movement to occur in the planes.
- the anterior-posterior axis (sagittal)
 - Abduksi-adduksi,
- the mediolateral axis (transversa / frontal)
 - Fleksi-ekstensi
- the longitudinal axis
 - Endorotasi-eksorotasi
- **Axis : uniaxial, biaxial, multiaxial**
Axis transversal – flexi & extensi
Axis longitudinal – rotasi
Axis sagittal – abduksi & adduksi

Figure 1-10

Movement of synovial (diarthrodial) joints

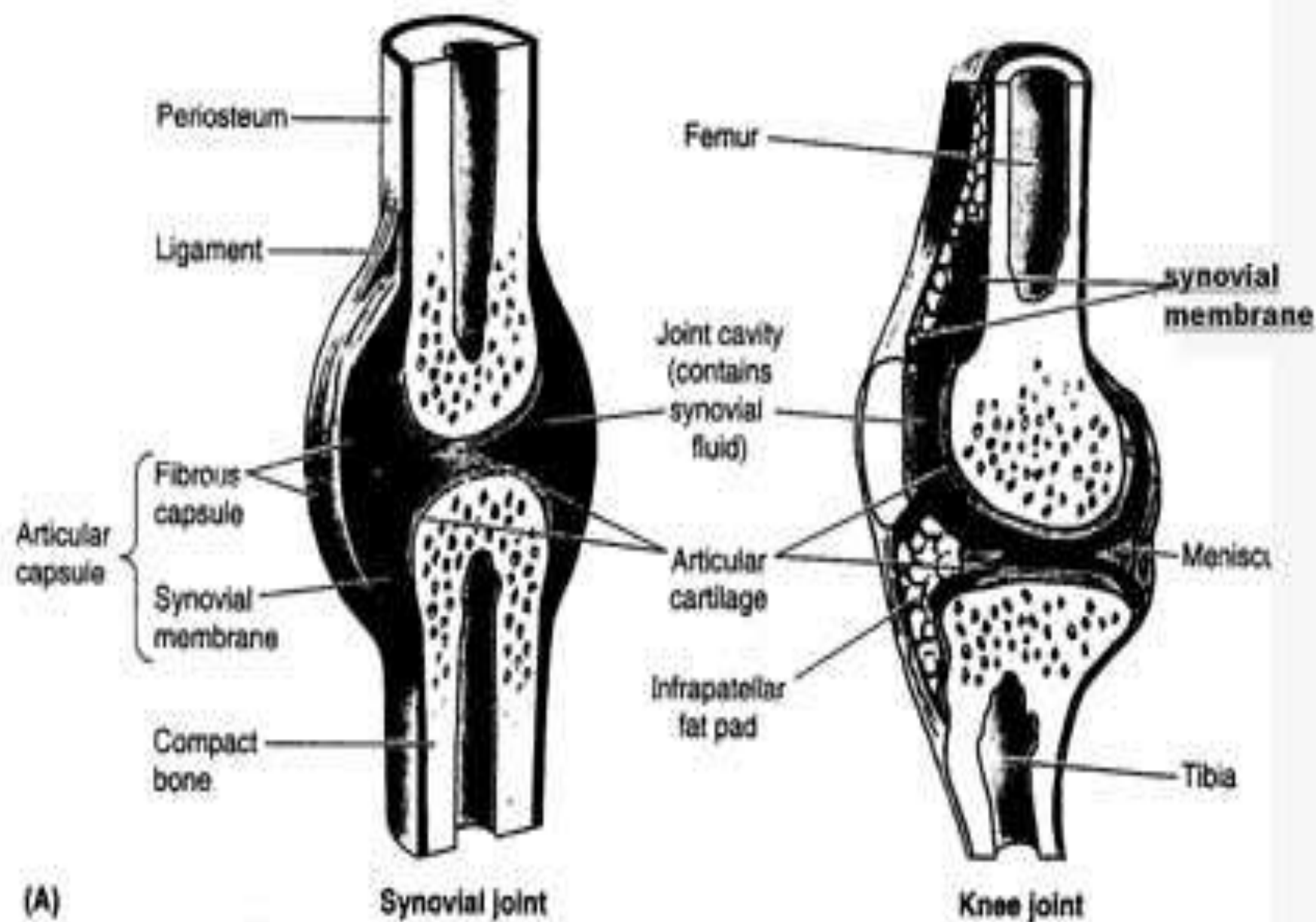




(A) Synovial joint

Schematic model

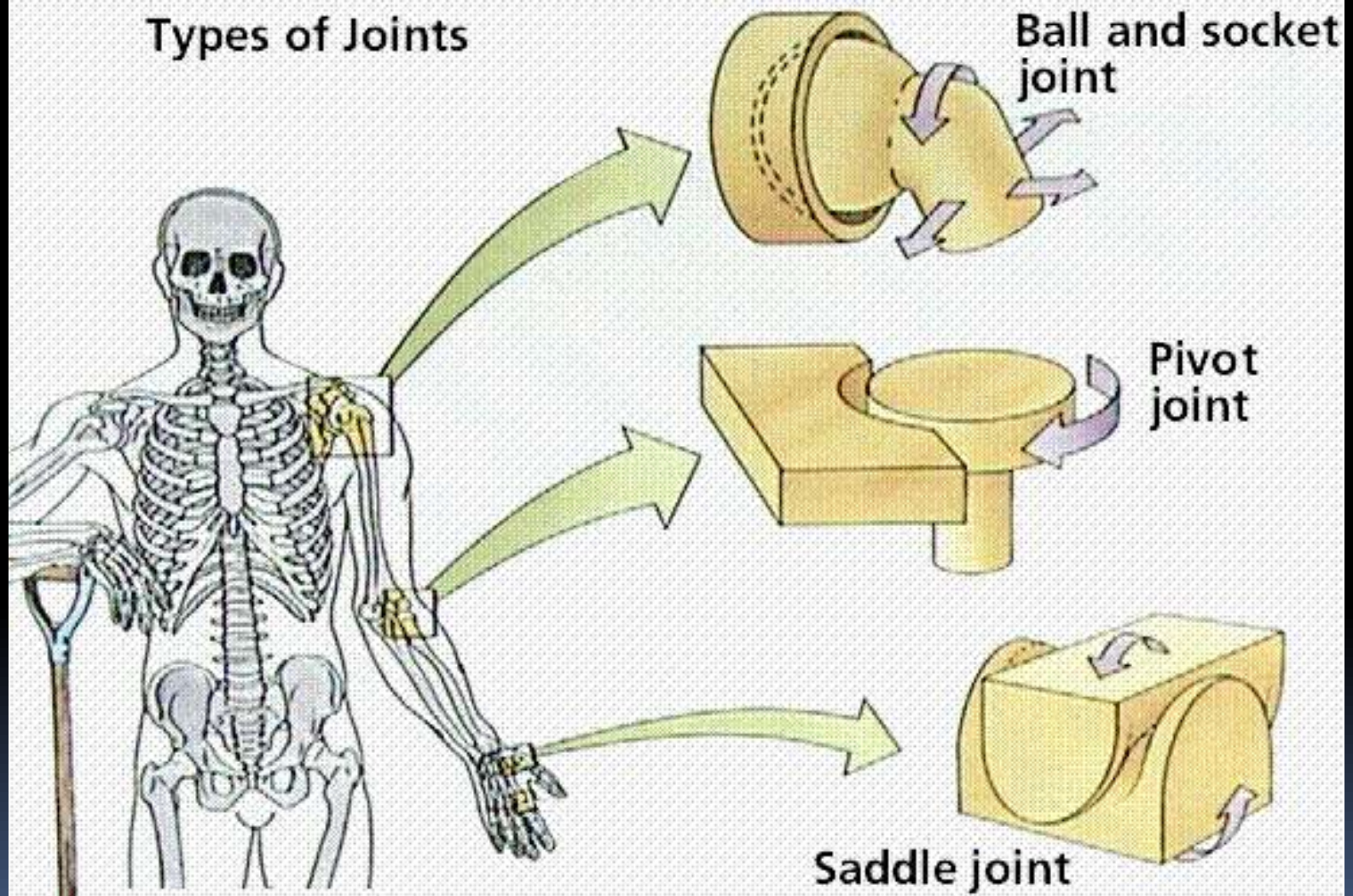
Knee joint

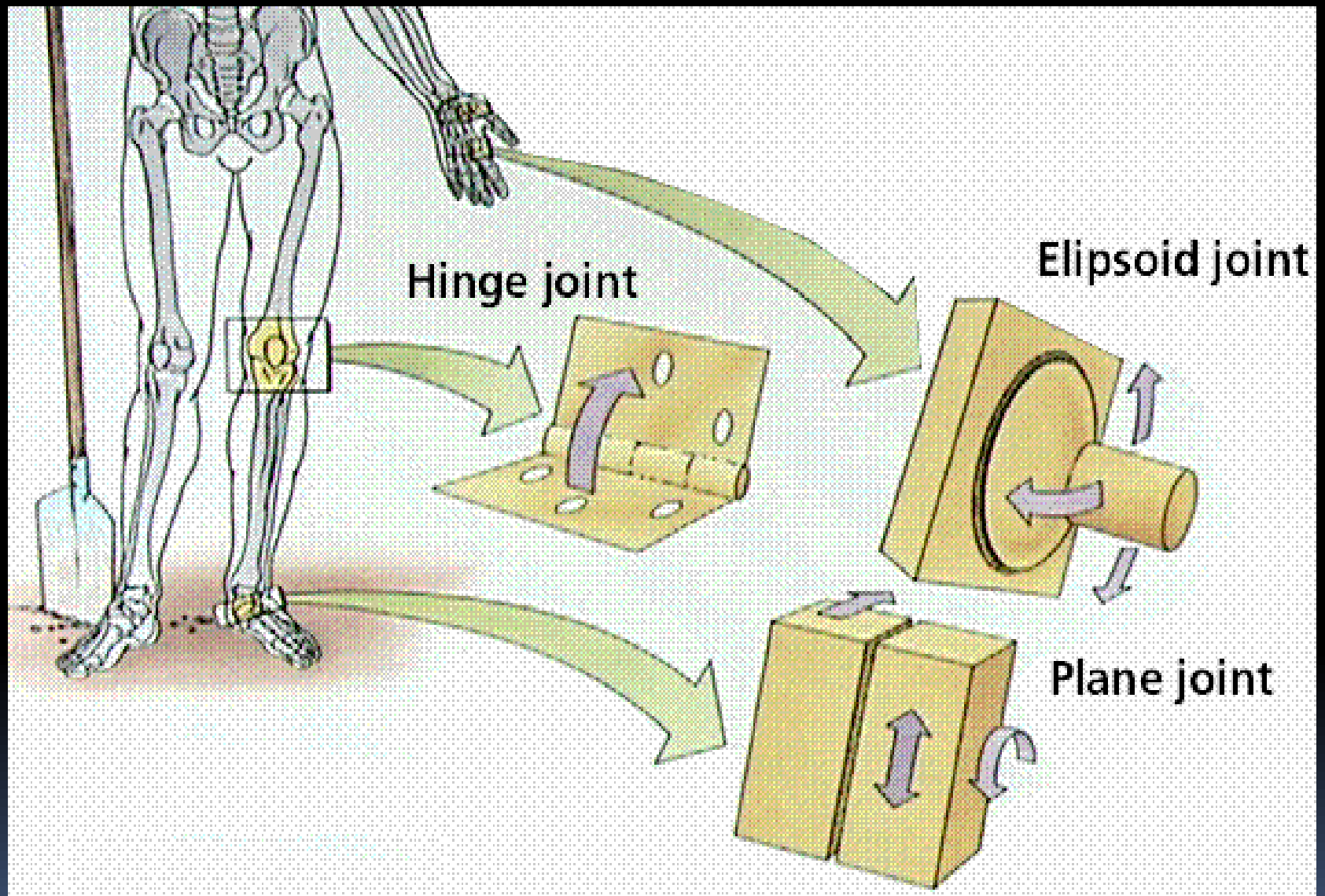


Based on the surface form of diarthrosis:

- 1. Articulatio plana**
- 2. Articulatio sellaris (saddle joint, pelana)**
- 3. Ginglymus (hinge joint, engsel)**
- 4. Articulatio trochoidea (pivot joint, putar, pasak)**
- 5. Articulatio condyloidea**
- 6. Articulatio ellipsoidea**
- 7. Artic. spherioidea (ball & socket joint, globoidea)**

Types of Joints





Gerakan –gerakan pada sendi

- Fleksi : gerakan menekuk atau mengurangi sudut antar bagian tubuh
- Ekstensi : pelurusan atau penambahan sudut
- Abduksi : gerakan menjauhi bidang tengah
- Adduksi : gerakan mendekati bidang tengah
- rotasi : gerakan mengelilingi aksis panjang

- Protrusi : gerakan kedepan
- Retrusi : gerakan ke posterior
- Pada lengan bawah
 - pronasi : gerakan telapak tangan menghadap posterior
 - supinasi : gerakan telapak tangan menghadap anterior
- Elevasi : mengangkat
- depresi : menurunkan
- kaki
 - inversi : gerakan kaki ke medial
 - eversi : gerakan kaki ke lateral

Articulatio plana

- Permukaan datar
- sliding/geser
- Artic. acromioclavicularis, artic. intercarpalia, artic. intermetacarpalia, artic. carpometacarpalia

Articulatio sellaris

- Permukaan sedel/pelana
- concavoconvex dgn convexoconcav
- Artic. carpometacarpalis I (gelang tangan & ibu jari tangan)

Ginglymus

- Bentuk engsel
- Uniaxial
- satu derajat kebebasan gerak: flexi - extensi
- Artic. humero-Ulnaris (artic. cubiti), artic. Interphalangea

Articulatio trochoidea

- Permukaan mirip roda
- Satu kebebasan gerak: rotasi dalam cincin
- Artic. radioulnaris proximalis/superior, Artic. atlantoaxialis

Articulatio condyloidea

- Permukaan condylus (satu atau dua) dengan fossa
- Satu condylus: Biaxial, 2 derajat kebebasan gerak:
Flexi-extensi & abduksi – adduksi (circumduksi)
Artic. humeroradialis (artic. cubiti)

Articulatio ellipsoidea

- Dataran sendi ellips
- Biaxial
- Dua derajat kebebasan gerak:
- flexi-extensi & abduksi – adduksi (circumduksi)
- Artic. metacarpophalangea, artic. Radiocarpea

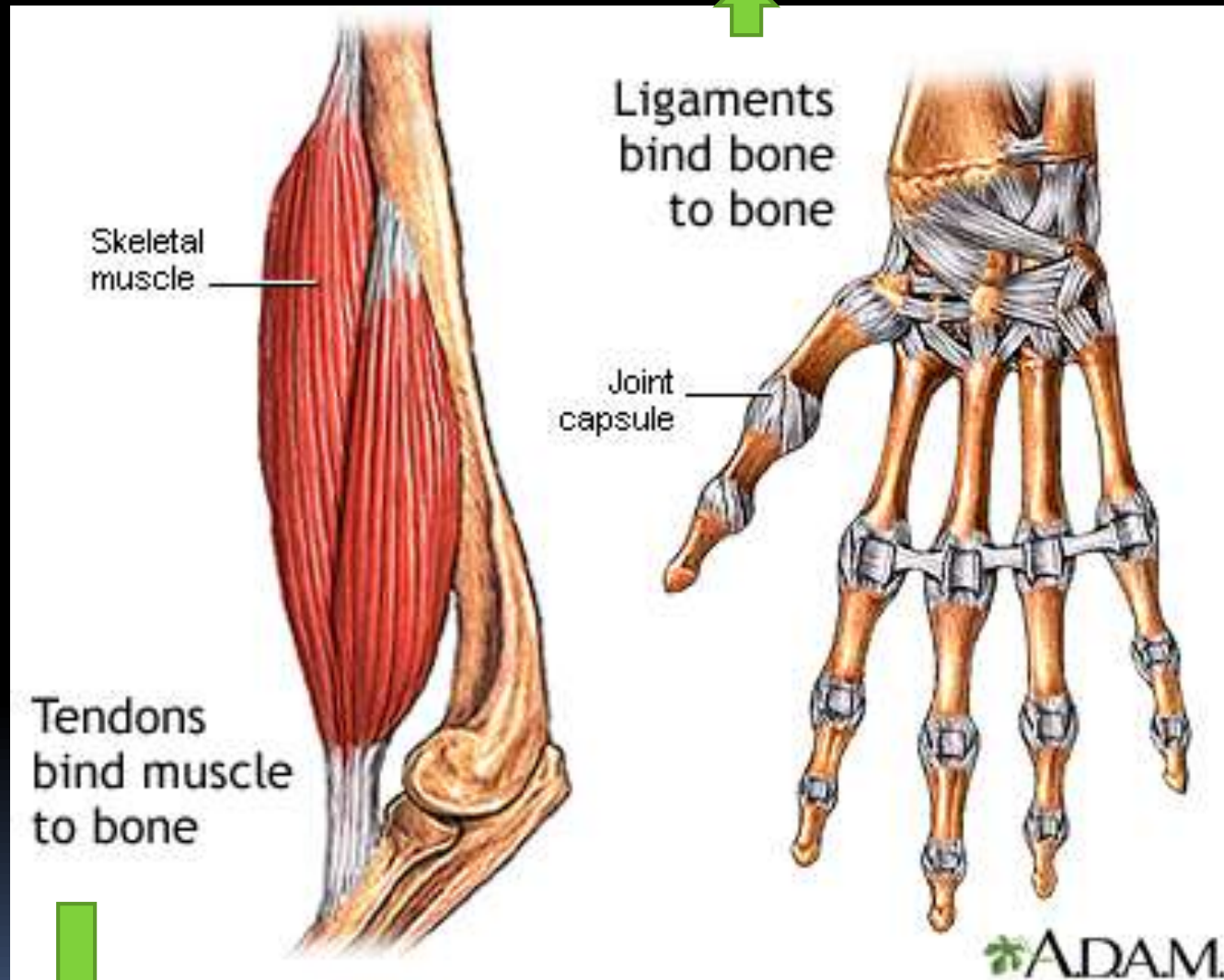
Articulatio spherioidea

- Bentuk bola & mangkok
- Multiaxial
- Flexi-extensi, abduksi – adduksi, (circumduksi), rotasi
- Artic. humeri, artic. coxae



TENDON AND LIGAMENT


Hold structure together
Stabilize of the joint.



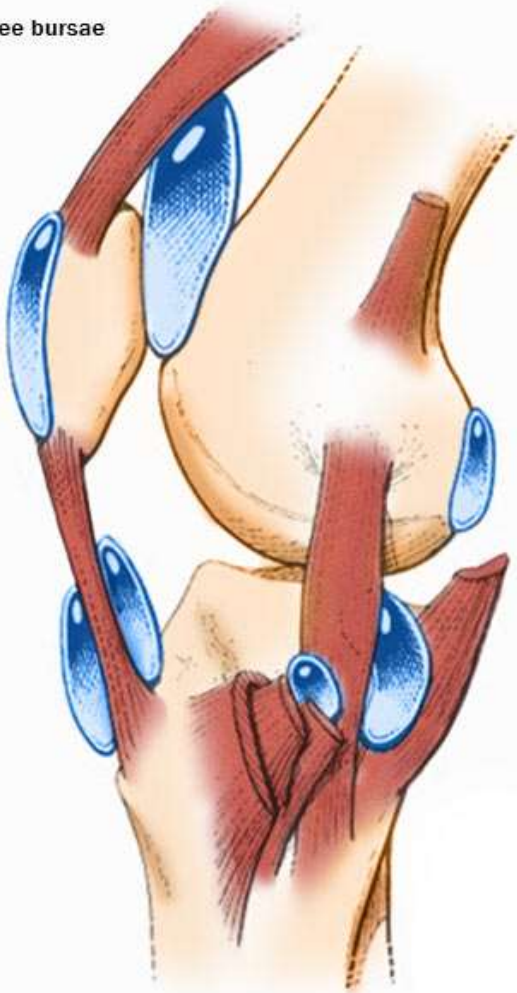
Connective tissue that attaches muscle to bone or structures



bURSAE

- A bursa is a fluid-filled structure that is present between the skin and tendon or tendon and bone.
 - The main function of a bursa is to reduce friction between adjacent moving structures.
 - Typically, bursae are located around large joints such as the shoulder, knee, hip, and elbow.
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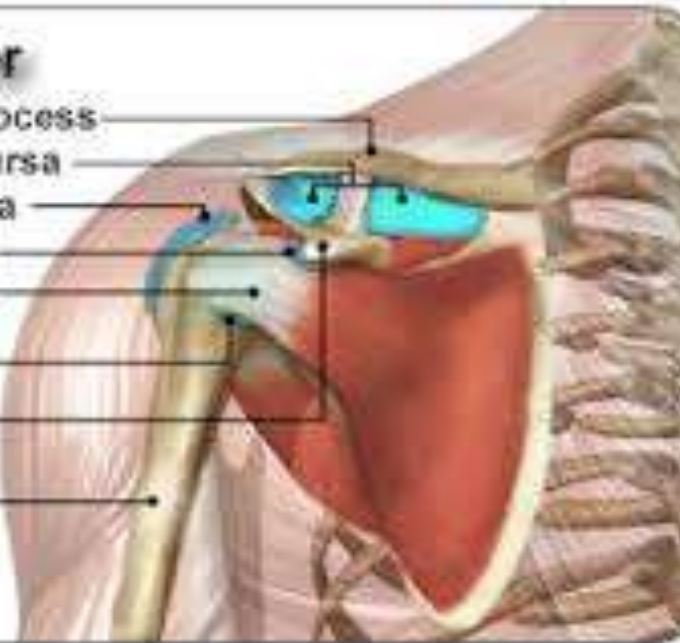
Knee bursae



Bursae in the Shoulder

- acromion process
- subacromial bursa
- subdeltoid bursa
- subcoracoid bursa
- subscapularis tendon
- subscapularis tendon
- coracoid
- humerus

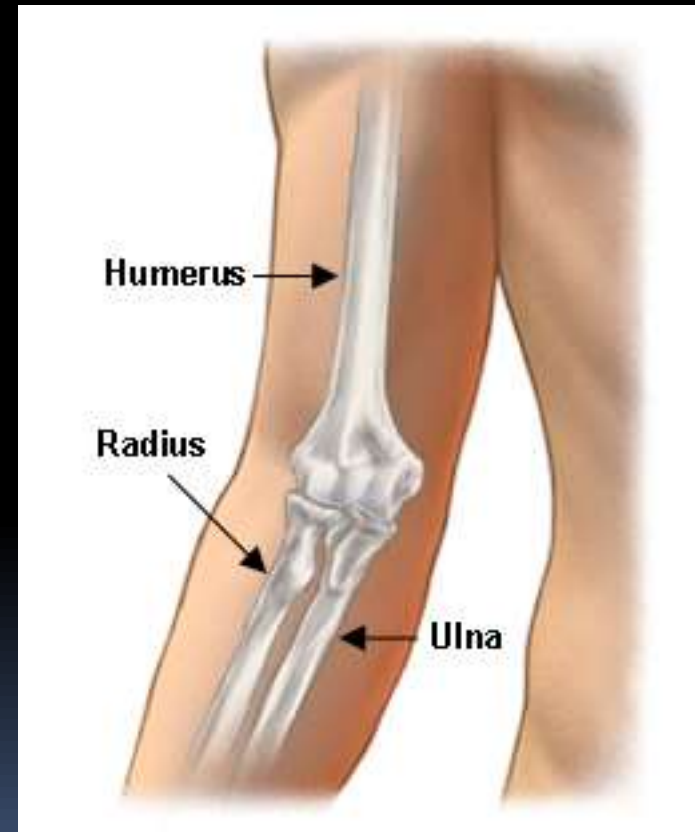
MendMeShop



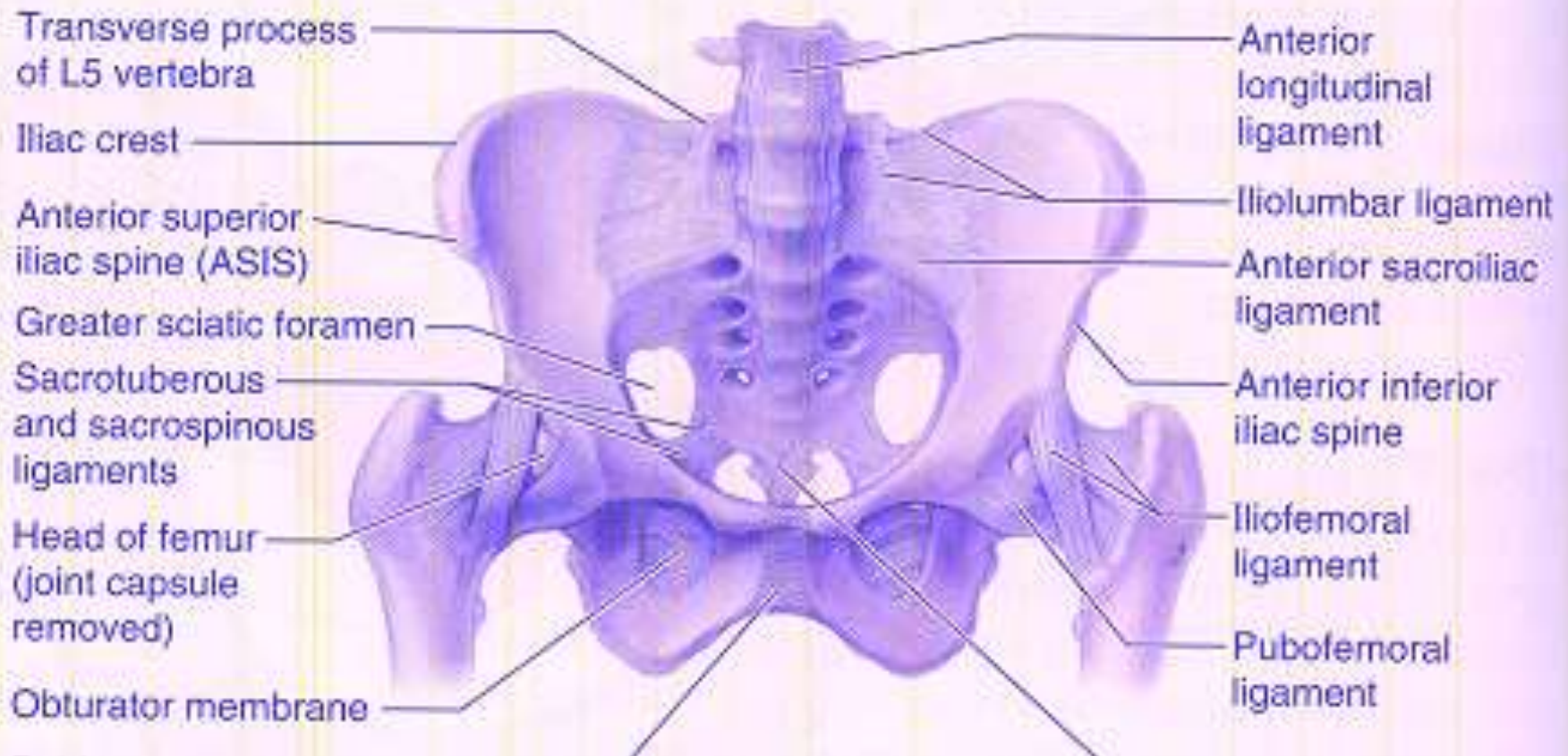
Articulatio globoidea, spherioidea



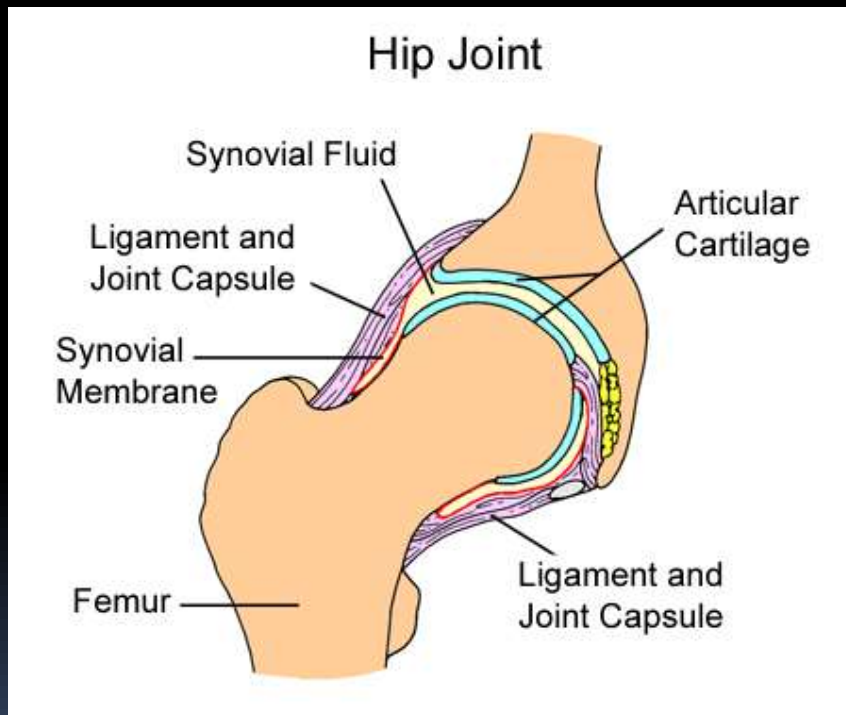
1. Articulatio cubiti: humero-ulnaris & humeroradialis
2. articulatio radioulnaris proximalis



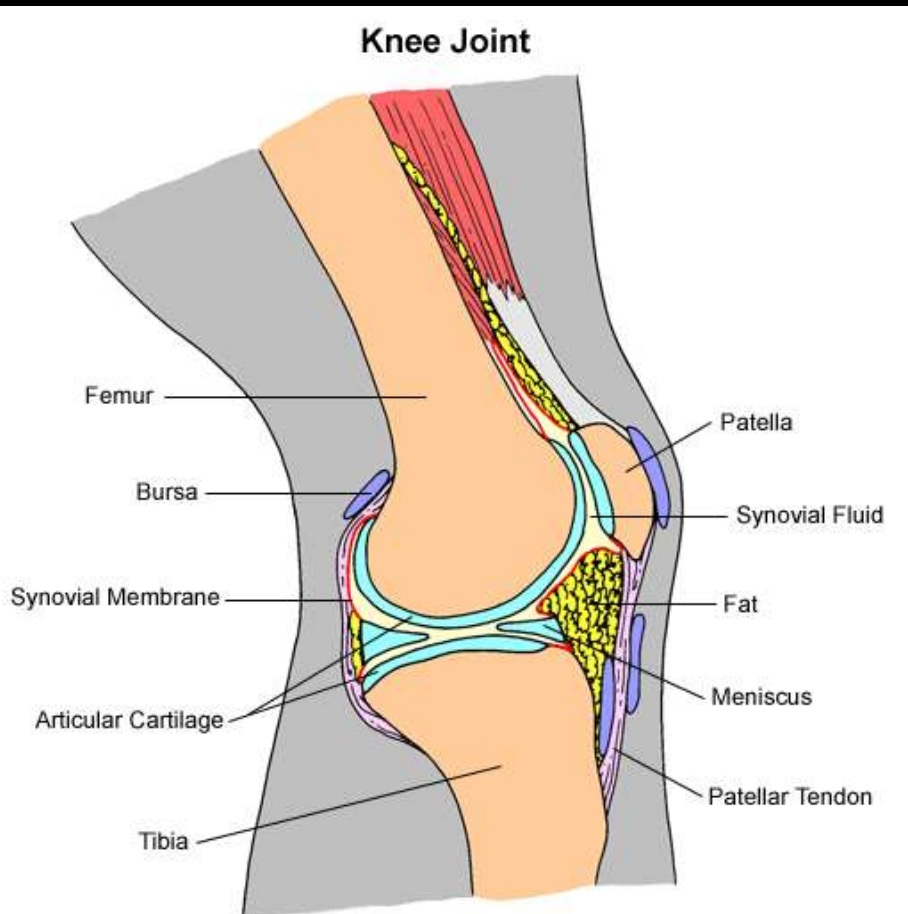
Art. Sacroiliaca



Articulatio coxae: BALL & SOCKET JOINT

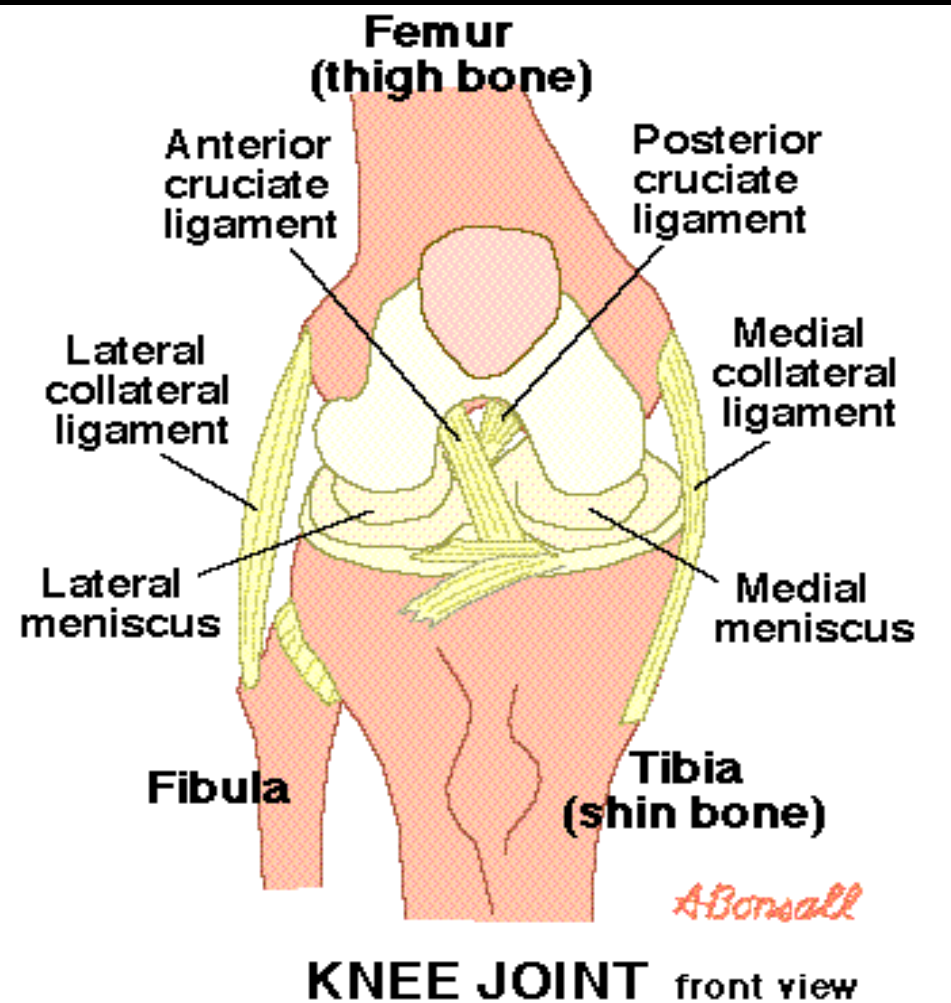


Articulatio genu : femoro-patellaris & femorotibialis articulatio tibiofibularis proximalis

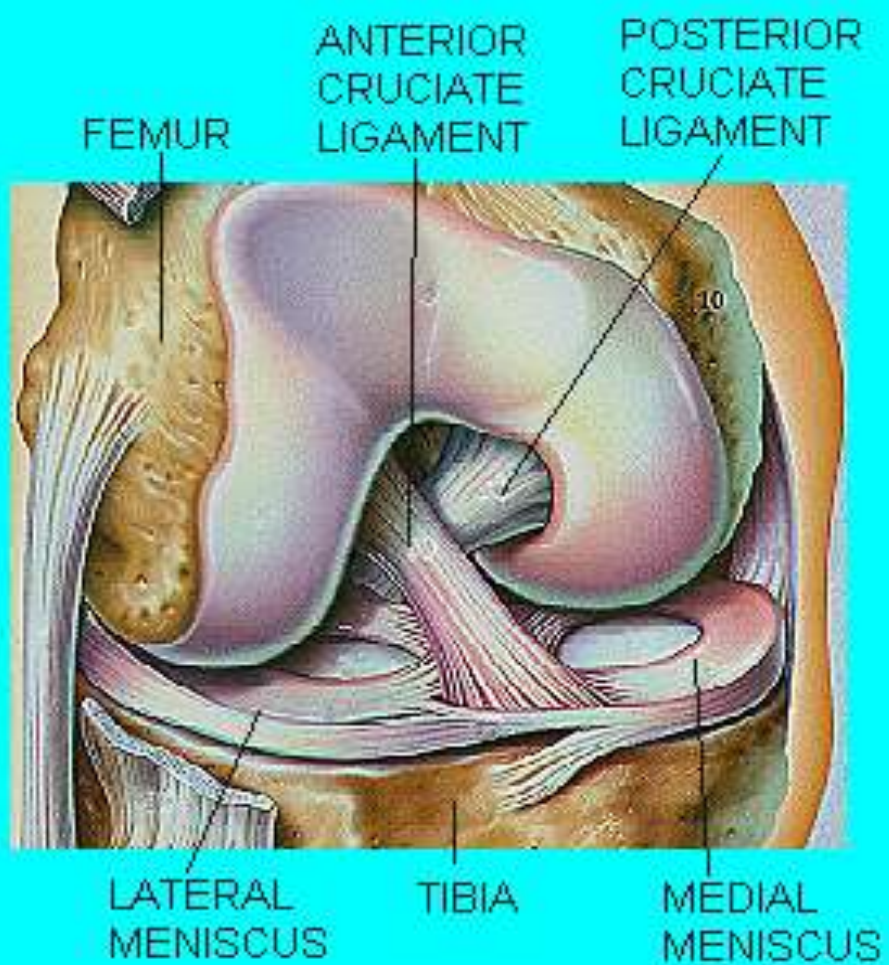


Articulatio genu, FLEKSI DAN EKSTENSI SAAT FLEKSI – SEDIKIT ROTASI

- Ligamen dalam kapsul artikularis



- **MENISCUS MEDIALIS**
- **MENISCUS LATERALIS**
- **LIGAMENTUM CRUCIATUM ANTERIOR DAN POSTERIOR**



Articulatio talocruralis (ankle joint)
articulatio subtarsalis
articulatio metatarsophalangea
articulatio interphalangea



Ankle joint (TALOCRURALIS) & Subtalar joint

- **DORSIFLEKSI
DAN
PLANTARFLEKSI**
- **Subtalar joint for
Eversi & inversi**

