


```
ListPlot[Table[{data[[i, 2, 5], data[[i, 2, 3]]}, {i, 1, IntegerPart[ $\frac{T^f}{\tau}$ ]}],  
Joined  $\rightarrow$  True, ImageSize  $\rightarrow$  Large, AxesLabel  $\rightarrow$  { $\epsilon - \epsilon^T$ ,  $\sigma$ }, AxesStyle  $\rightarrow$  
```