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## EXCO .ORG

#### **DIRECTOR'S NOTE**

Warmest Greetings!

In this brand new year, let us embark on an exciting journey to learn something new. The Experimental College is always in support of novelty and uniqueness with an amazing line-up of classes. Be it Language, Technology, Self-help or the Arts, there is something in here for everyone. Also, we are proud to present the new ExCo logo. Check it out!

On behalf of the staff, I wish you all a very happy new year! Come Explore at the ExCo!

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Aditi Bhide

ASUW Experimental College Director 2015-2016

# WHAT IS THE EXPERIMENTAL COLLEGE?

The Experimental College (ExCo) is an ASUW business run by full-time students offering a wide range of non-academic, not-for-credit classes.

Our classes are open to University of Washington students and the general public, and are taught by both passionate community members and students.

Classes take place on the University of Washington campus and around Seattle neighborhoods. We offer a new catalog of courses each quarter.

We were founded in 1968 by a group of University of Washington students seeking education in areas outside of the traditional university environment, and we remain committed to this goal today.

Come Explore our Winter Catalog!





## **GENERAL INFO**

#### **OUR INSTRUCTORS**

The Experimental College instructors are a dedicated and talented group, competitively chosen, representing members of the University of Washington and the greater Seattle area. All of our instructors are local professionals with expertise in their respective fields.

#### **BECOME AN INSTRUCTOR!**

Do you have a great idea for a class? Share it with the Experimental College and the greater Seattle community! To receive an application to teach a new course, please call (206) 543-4375, or apply online at our website: EXCO.ORG. We look forward to hearing from you!

#### FOR STUDENTS WITH **DISABILITIES**

The University of Washington is committed to providing access, equal opportunity and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance at: (206) 543-6450/V, (206) 543-6452/TTY, (206) 685-7264 (Fax) or email dso@u.washington.edu.

#### **DISCLAIMER**

Experimental College classes do not serve as endorsements or advertisements for any specific business, service, consultant or methodology. Information, knowledge or techniques obtained through an Experimental College course remain the views of the individual instructor.

#### STUDENT VS. GENERAL PUBLIC

"Student" is a currently enrolled undergraduate, graduate or professional student at the University of Washington. ESL, Extension Program students, alumni and staff are not eligible for the "student" rates.

#### PERSONAL INFORMATION

Names, emails and phone numbers are provided to instructors so that they may contact students regarding classes. ExCo does not release any personal information to third parties for marketing purposes.

#### INSTRUCTOR'S COURSE FEE

Instructor's Course Fees covers supplies, instructor's time and the classroom rental. Unless otherwise noted or implied in the course description there will not be extra expenses for your class. Instructor course fee is paid directly to the instructor on the first day of class by cash or check, or other method agreed to by the instructor.

#### **HOW TO REGISTER FOR A CLASS**

**ONLINE** exco.org

Begins December 6

**PHONE** 206.543.4375 Begins January 3

 $\bowtie$ MAIL Mail your forms with cash/check to: PO Box 352238 SAO 21

**IN PERSON** University of Washington HUB, Room 131J

Monday - Friday 10:00 AM - 5:00 PM

#### **CONTACT US**

Seattle, WA 98195

#### **VISIT OUR OFFICE**

University of Washington HUB, ASUW+ Room 131J Monday - Friday, 10:00am - 5:00pm

#### **EMAIL US**

office@exco.ora

**CALL OUR OFFICE** 

206.543.4375

#### **EXCO.ORG**









#### **HOW FEES WORK**

Checks for the Registration Fee should be made payable to the University of Washington. Checks that are returned due to insufficient funds will be assessed a \$25 service fee.

Checks for the Instructor Course Fee should be made payable to the instructor.

#### **REGISTRATION FEE**

General Public \$12 per class UW Student \$5 per class

#### **INSTRUCTOR COURSE FEE**

Paid to instructor on first day of class by cash or check

#### TOTAL

### COURSE LOCATION INFORMATION

You can find the general neighborhood location of your class at the end of each course description. However, you will only be given the specific street address (or on-campus building) when you register, for security purposes.

#### **REGISTRATION RECEIPT**

Registration done online, by phone or by mail will be confirmed through email. The Experimental College requests that students bring their registration receipts to the first day of class and student IDs if University of Washington student.

ASUW EXPERIMENTAL COLLEGE



#### WINTER 2016 STAFF



Aditi Bhide Director



Megan Brewer Assistant Director



Stella Ding Marketing Coordinator



Erin Oefelein Office Assistant



**Agwa Alif** Accountant/Facilities Coordinator



Graphic Designer



**Bryce Kolton** Webmaster



Craig Office Mascot

#### IN THIS CATALOG

Key:



A "One Night Wonder" is a course offered over only one class period.



"New" courses are courses the Experimental College is offering for the first time.

Sec. 1 Sec. 2 A "section" is a time that a course is offered. If a course has more than one section, it means the instructor offers the same material at different times take your pick!

#### THANK YOU

The Experimental College would like to thank the following people for our success: Our instructors; the ASUW Board of Directors; the Student Activities Office; our Advisors, Jennifer Pope and Rene Singleton; Maggie Keech, Kristi Walker and UW Publications; Rotary Offset Press; our Interns; and the entire University of Washington student population who allow us to work on their behalf.

#### A BOOK IN A BOX **BONNIE THOMPSON-NORMAN**

Sec 1: Sat. 3/12-Sun. 3/13

10:00am-5:00pm

Learn the basics of traditional bookbinding and box making as you create a hard cover, cloth bound book and a custom-made clamshell box. You will be introduced to the techniques and materials of the craft of bookbinding: papers and adhesives, folding and sewing a blank book, constructing a square back case binding, &c. The second day, step by step, you measure and construct a matching box in which to house the book. Taught by a full-time, professional bookbinder in a fully equipped studio where you have all you need to create professional looking books and boxes for your albums, journals, &c.

**ARTS & CRAFTS** 

General Public / \$140 Max Enrollment / 8

UW Students / \$98 Location / Wedgwood

#### **ACRYLIC PAINTING FOR BEGINNERS NILS OSMAR**



Sec 1: Sun. 1/24

10:00am-4:00pm

Painting is fun! And acrylics are a great medium to start with. In this Seattle painting class, you'll learn how to mix and blend colors, how to use brushes, and how to paint some simple objects and landscapes. Even if you don't know an artist's brush from a toothbrush, you'll have fun and get off to a good start. You can either bring your own materials (a set of acrylic paints, brushes and an acrylic pad to paint on), or buy an inexpensive materials kit in class. (The kit is about \$35) More info: http://123classes.com/paint.

General Public / \$99 Max Enrollment / 12

UW Students / \$95 Location / On Campus

#### **REGISTRATION FEE + COURSE FEE = TOTAL**

General Public \$12/class Paid to instructor on UW Student \$5/class first day of class by cash or check paid online or by phone

### CARTOONING FOR FUN AND **PROFIT**

**NILS OSMAR** 

Sec 1: Sat. 1/23 Sec 2: Sun. 2/7-2/21

10:00am-4:30pm 10:00am-12:00pm

Cartooning is fun! In this easy introductory class, you'll learn how to create your own cartoon characters and show them in action, even if you've never drawn before. It's fun and easy; anyone can learn. Course covers drawing cartoon faces and figures; creating your own characters; tips for drawing cartoons, comic books & comic strip. Plus: How to get your cartoons published & make some \$\$'s doing cartooning. The instructor's cartoons have been published internationally. Total beginners are welcome. You can take it as a 3 wk class or a 1 day workshop. More info: http://123classes.com/cartoon.

General Public / \$99 Max Enrollment / 20

UW Students / \$95 Location / On Campus

#### **CERAMICS CLASS BETSY ALEXANDER**

Sec 1: Wed. 1/20-2/10, 2/24-3/16 9:30am-12:30pm

This is an eight week clay class that includes wheel throwing skills, hand building techniques, glazing and firing. Come and try out the wonderful art of clay.

General Public / \$300 Max Enrollment / 6

UW Students / \$250 Location / Ballard

## **COLORED PENCIL DRAWING** FOR BEGINNERS

**ROBIN WALKER** Sec 1: Sun. 2/21

10:00am-4:30pm

In this step-by-step class, aimed at total beginners, students will play and practice with colored pencils, developing foundation skills in stippling, hatching, cross-hatching, and scrambling, then blending to create beautiful effects. Plus: paper surfaces, layering, burnishing, and how to give your colored penciled drawings a "painted" appearance. We'll use pencils with soft, easy- to-blend pigments which glide on to the paper to layer and blend beautifully. Open to everyone -- no drawing experience necessary! More info: http://123classes.com/color.

General Public / \$99 UW Students / \$95 Max Enrollment / 12 Location / On Campus



## ARTS & CRAFTS

### DRAWING FOR ABSOLUTE **BEGINNERS**

**NILS OSMAR** 

Sec 1: Sat. 1/30-2/27

10:00am-12:00pm

Anyone can draw - this means you! In this fun five-week class, aimed at total beginners, we'll work our way through a number of exercises designed to train the eye, hand and imagination to work together as a unit, or a team. Most students notice striking improvement in their drawings as the class moves along. Whether your goal is to be able to draw what you see from life or photos, or draw from memory or imagination, you'll have fun and learn a lot. You can either bring your own materials or buy an inexpensive materials kit in class. More info: www.123classes.com/draw.

General Public / \$150 Max Enrollment / 20

UW Students / \$145 Location / On Campus

#### DRAWING UPON NATURAL **HISTORY** NEW

**BARBARA POLSTER** Sec 1: Sat. 2/6-2/27

1:00pm-4:00pm

Learn to draw dinosaurs, mastodons and saber-toothed cats (oh my!). Each class meets at the Burke Museum of Natural History, where you will spend afternoons refining artistic skills while taking a break from the often-hectic nature of daily life. Draw ancient animals in their elaborate settings while learning techniques including perspective, line weight, and mark-making. The smaller class size will allow everyone to receive individualized attention, allowing both beginning and intermediate students to flourish. Course fee includes all materials.

General Public / \$176 Max Enrollment / 12

UW Students / \$100 Location / Burke Museum of Natural History

#### **FUN AND FANCY CALLIGRAPHY WITH POINTED PENS! CAITLIN DUNDON**

**Sec 1: Tues. 2/9-2/23** 7:00pm-9:00pm Sec 2: Mon. 3/7-3/21 7:00pm-9:00pm

Explore the elegant art of pointed pen calligraphy - the style used by many wedding calligraphers. Learn through a step-by-step approach starting with lower case and upper case letters followed by creating words, making sentences and adding flourishes and other artistic touches. Students will come away with several greeting cards, quotations and poems in their own lettering style working with different inks and papers written in their own calligraphy. A great class for both beginners and experienced. There is a \$5 supply fee payable to the instructor in class. http://123classes.com/calligraphy.t

General Public / \$99 Max Enrollment / 20

UW Students / \$95 Location / On Campus

#### **HOW TO DRAW PEOPLE: FACES.** FIGURES. HANDS AND FEET **NILS OSMAR**

Sec 1: Sun. 2/7-2/21

12:30pm-2:30pm

In this easy, step-by-step class, open to total beginners, you'll learn how to draw realistic faces and figures using an easy step-by-step method. Total beginners welcome! We'll start out by drawing some figures based on simple shapes, learn about the proportions, then add shading and other details. Plus: drawing faces, features and hair; drawing hands and feet; drawing muscles; male & female figures; and more. A model will be present in one class meeting. Bring your own drawing materials or buy an inexpensive materials kit in class. Beginners welcome! More info: http://123classes.com/body.

General Public / \$99 Max Enrollment / 20

UW Students / \$95 Location / On Campus

#### NO CLASSES ON UNIVERSITY HOLIDAYS

Please note: classes do not run on university holidays. If you are considering a class that would normally fall on one of these dates, please contact our office for a more complete list of class days.

#### LEARN TO DRAW IN A DAY! **NILS OSMAR**

Sec 1: Sun. 1/31 Sec 2: Sun. 2/28 10:00am-4:30pm 10:00am-4:30pm

In this fun and easy, step-by-step Seattle drawing class, aimed at total beginners, you'll learn the fundamentals of how to draw, even if you've never drawn before. You'll learn to how to draw, sketch and doodle objects based on simple shapes, add details and shading, and make your drawings look real and three-dimensional. It's fun and easy - anyone can learn. (Note: This is the one-day version of the instructor's "Drawing for Absolute Beginners." It's the same class, as a 1-day workshop.) You can bring your own materials or buy a materials kit in class. More info: http://123classes.com/day.

General Public / \$99 Max Enrollment / 20

UW Students / \$95 Location / On Campus

## LETTERPRESS PRINTED **ARTIST'S BOOKS**

**BONNIE THOMPSON-NORMAN** 

Sec 1: Sat. 3/19-Sun. 3/20

10:00am-5:00pm

Hand made, hand printed, books are alive & well...and amazingly easy to produce! Create a limited edition artist's book in this introduction to the traditional craft of letterpress printing. Together, participants create the text, set type by hand and print on original, old presses in an old-fashioned printing studio. Each class produces a unique project and participants get at least 5 copies. The studio, established in 1978, has hundreds of cases of type, several printing presses, paper cutter, board shear, &c. No experience necessary. Bring lunch. More info www.thewindowpanepress.com.

General Public / \$150 Max Enrollment / 8

UW Students / \$115 Location / Wedgwood

#### **PAINTING FOR EVERYONE GEORGETTA GANCARZ**

Sec 1: Wed. 1/27-3/16

6:30pm-8:30pm

Designed for the beginner and intermediate, this course will focus on the individuality of each student. Working directly from models, memory or imagination, students will be encouraged to explore color, form, space, composition and technique as a source of personal expression. Acrylic, oil paint and other media will be explored. There will be individual feedback to assist students in their vision. Instructor is a professional artist, director of ART-POLI and has exhibited work in the Metropolitan Museum of Art; Great class! Optional materials fee \$35; not included in the course fees.

General Public / \$125 Max Enrollment / 20

UW Students / \$80 Location / On Campus



### PAINTING PORTRAITS AND **NUDE FIGURES**

**ILANA ZWESCHI** 

Sec 1: Sat. 2/6 Sec 2: Sat. 2/13

10:00am-5:00pm 10:00am-5:00pm

In section 1 of this class, students will learn how to paint head and shoulder portraits from photos. In sec. 2, students will learn how to paint the whole figure working from a nude model. Each section is a separate class; you can sign up for either or both. Total beginners are welcome. The instructor will quide you in understanding light and form and approaching your subject in a workable realistic method. You can use acrylics or water miscible oils. You can bring your own materials or purchase a materials kit in class. Please bring \$15 (cash) model fee. More: http://123classes. com/2paint.

General Public / \$99 Max Enrollment / 20

UW Students / \$95 Location / On Campus

#### PERFORMANCE ART: BODY ART, HAPPENINGS, AND **SOCIAL PRACTICE ALEX BERRY**

**Sec 1: Tues. 1/19-2/23** 

6:00pm-7:30pm

Interested in social art? Want to participate in street art interventions? Or use your body as art? In this class we discuss what Performance art is and why we do it. This is NOT a dance or theater class. We look at Performance art examples like: Marina Abramović hiked the Great Wall of China to end a relationship; or Emma Sulkowicz carried her mattress on Columbia University's campus every day to protest sexual assault. Each session opens with a bizarre participatory art exercise and student assignments explore body, time, space and audience to help develop ideas for their own original piece.

General Public / \$50 Max Enrollment / 20

UW Students / \$50 Location / On Campus









## ARTS & CRAFTS



#### PRO MAKE-UP 1: CUTS. BURNS. **BRUISES AND BULLET HOLES SETH WOLFSON**

Sec 1: Sun. 1/24

9:00am-5:00pm

In this class, students will learn how to make how to make realistic and visually convincing cuts, bruises, burns, and bullet holes, which will look real and believable up close, even when filmed in high definition. The instructor, Seth Wolfson, has worked for PBS, Universal Studios, Ripley's Believe It Or Not! Wax Figure Shop, and others. There is a \$75 materials fee payable to the instructor in class. For more information, go to: http://123classes.com/FX.

General Public / \$99 Max Enrollment / 12

UW Students / \$95 Location / On Campus

#### **COURSE LOCATION INFORMATION**

You can find the general neighborhood location of your class at the end of each course description. However, you will only be given the specific street address (or on-campus building) when you register, for security purposes.

#### PRO MAKE-UP 2: MAKE A LIFE MASK

Sec 1: Sun. 1/31

**SETH WOLFSON** 

9:00am-5:00pm

Life masks are realistic sculptures of a living person's face. They can make great gifts, mementos and works of art, and can also be used as a foundation for professional Make-Up Effects. In this class, you'll learn a safe and easy way to make one. (Note: If you are taking Seth's Make-Up 103 class, take this one first.) There is a \$75 pro materials fee payable to the instructor in class. The instructor has worked for PBS, Universal Studios, Ripley's Believe It Or Not! Wax Figure Shop, and others. Students must be 18 or older. More info: http://123classes.com/FX.

General Public / \$99 Max Enrollment / 10

UW Students / \$95 Location / On Campus

#### PRO MAKE-UP 3: MAKE A **PROSTHETIC MASK! SETH WOLFSON**

Sec 1: Sun. 2/7-2/21

10:00am-4:00pm

In this class students will learn how to make a professional-grade prosthetic, using a life mask as a foundation. (To get the most out of this class, you should also take Pro Make-Up 2, Life Mask Making.) Whether your objective is to make vampires, zombies or old age characters, you'll learn the foundation technique needed to make it look real. The instructor, Seth Wolfson, has done make-up for PBS, Universal Studios, Ripley's Believe It Or Not! Wax Figure Shop, and others. There is a \$75 materials fee payable to the instructor in class. For more info, go to: http://123classes.com/FX.

General Public / \$300 Max Enrollment / 12

UW Students / \$295 Location / On Campus

#### THE BOOK AS ART **BONNIE THOMPSON-NORMAN**



Sec 1: Sat. 1/30

10:00am-5:00pm

Making artist's books is a creative way to incorporate images and/or writing while learning fundamental techniques of book making. As you create one-of-a-kind books, instruction will include information about papers, adhesives, sewing and folding tips, simple hard cover, soft cover and accordion bindings, how to produce small editions, &c. By the end of class, you will have built up skills in basic book structures and created a number of beautiful, unusual books including pop-ups and pamphlets to use as models for your own book projects. No experience necessary. Bring

General Public / \$80 Max Enrollment / 8

UW Students / \$59 Location / Wedgwood

## **ADULT BALLET EXERCISE**

MAREN ERICKSON

Sec 1: Tues. 1/19-3/8 10:00am-11:00am **Sec 2: Tues. 1/19-3/8** 5:30pm-6:30pm Sec 3: Wed. 1/20-3/9 6:00pm-7:00pm Sec 4: Thurs. 1/21-3/10 10:00am-11:00am

Enjoy live music while you sculpt your body into the lean, muscular and graceful look of a ballet dancer. No experience necessary, all shapes and sizes welcome! The simplest ballet, Pilates and stretching exercises, with basic mat work and resistance bands, makes this class a great introduction to ballet or complement to other exercise forms. A truly ballet based exercise class in a real ballet studio. This is a great class to take if you have not exercised recently. Become stronger and more flexible in this class taught by former professional dancers.

General Public / \$117 UW Students / \$93 Max Enrollment / 24 Location / University District

#### **ADULT BEGINNING-**INTERMEDIATE BALLET MAREN ERICKSON

Sec 1: Mon. 1/18-3/7 5:00pm-6:30pm Sec 2: Tues. 1/19-3/8 6:30pm-8:00pm **Sec 3: Thurs. 1/21-3/10** 7:00pm-8:30pm Sec 4: Fri. 1/22-3/11 6:00pm-7:30pm Sec 5: Sat. 1/23-3/12 10:30am-12:00pm

Rediscover the grace, elegance and great workout of ballet in a class exclusively for adults with live music. Students with previous experience will progress at a comfortable pace, while increasing strength, flexibility and technique. Center floor combinations will be introduced slowly, so that students who have not danced in a while will feel confident. All shapes and sizes welcome. sec 2 and 4 are INTERMEDIATE LEVEL; all others are Beginning-Intermediate level. Contact us if you would like a complimentary placement class BEFORE classes start.

General Public / \$130 UW Students / \$120 Max Enrollment / 24 Location / University District

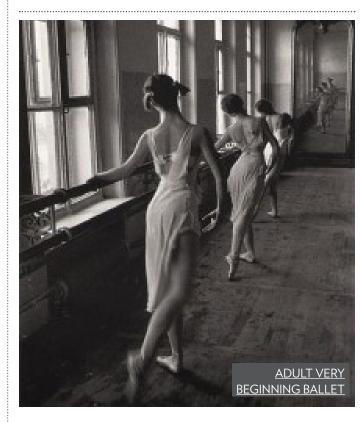
#### **ADULT VERY BEGINNING** BALLET MAREN ERICKSON

Sec 1: Mon. 1/18-3/7 6:30pm-7:30pm Sec 2: Wed. 1/20-3/9 7:00pm-8:00pm Sec 3: Thurs. 1/21-3/10 6:00pm-7:00pm

Sec 4: Sat. 1/23-3/12 9:30am-10:30am

Learn ballet from the absolute, very beginning with live music in a lovely old style studio with wood floors, mirrors and air conditioning. Ideal for individuals (all shapes and sizes!) who want ballet designed exclusively for adults. No experience necessary! This class will help students achieve the grace and posture of a ballet dancer, increasing flexibility and strength. The combination of a cultural experience, excellent live music and great workout from professional ballet teachers makes the class extremely popular. Come and dance with us! Sections 1, 2, 3 are Very Beginning; section 4 is Beginning 2 level.

UW Students / \$93 General Public / \$117 Max Enrollment / 24 Location / University District









## DANCE

#### **ARGENTINE TANGO -**EXPERIENCE THE PASSION MICHELLE BADION

Sec 1: Wed. 1/20-2/10 7:00pm-8:00pm Sec 2: Wed. 2/17-3/9 7:00pm-8:00pm

Come experience the sensual, exotic world of authentic Argentine Tango dancing. Once you try it, you'll see why this dance is gaining popularity throughout the world. You'll learn to dance this unique, special dance in a fun, easy environment. You don't need experience, just desire. Learn to dance tango and get the scoop on where to Tango in Seattle.

General Public / \$45 Max Enrollment / 20

UW Students / \$35 Location / University District



#### **BEGINNING BURLESQUE** DANCE **REBECCA LEE**

**Sec 1: Thurs. 1/21-3/3** 6:30pm-7:30pm

Get in touch with your sensual side through burlesque-inspired dance moves! You will learn classic vintage dance steps and techniques as well as modern burlesque inspired movements in the comfort of your own yoga pants! The class focuses on chorus-type dance numbers, using exaggerated hip movements, shimmies, and booty shakes. We will move slowly, doing low-impact movements, so all dance and fitness levels are welcome. Classes are held in an on-campus location, easily accessible from off-campus.

General Public / \$76 UW Students / \$55 Location / On Campus Max Enrollment / 22

#### **COUNTRY SWING AND 2-STEP MICHELLE BADION**

Sec 1: Tues. 1/19-2/9 8:00pm-9:00pm Sec 2: Tues. 2/16-3/8 8:00pm-9:00pm

Country Dancing is fun, upbeat, and easy to learn. If you like the music, you'll love the dance. Michelle has been teaching partner dancing for 20 years and has just rediscovered how fun Country Dancing is. You don't need a partner or experience; by the end of the class you'll be ready to step out into Seattle's fast growing country scene.

General Public / \$45 UW Students / \$35 Max Enrollment / 30 Location / University District

### **HOW DO YOU DANCE TO THAT?** - BLUES

LINDA TOWNSEND WEST

Sec 1: Wed. 1/20-2/10 6:30pm-7:30pm Sec 2: Wed. 2/17-3/9 6:30pm-7:30pm

There's a saying: "If you can walk you can dance." We'll prove it in this class. There are many ways to dance to the Blues, sweet, sultry, simple, sophisticated, all of it amazingly fun and easy! It starts with 'just' walking. We'll take that simple step we do every day and turn it into a dance you'll love...movin' to the Blues. As a bonus, we'll show you how to use this dance anywhere, anytime, to any music. As always, bring your favorite blues songs to class & we'll dance to them! Beginning level, no experience needed. Singles/couples welcome. New material each session, take either or both.

General Public / \$45 UW Students / \$35 Max Enrollment / 25 Location / On Campus

#### INTRO TO BALLROOM DANCING YU-SAN LONG

Sec 1: Thurs. 1/28-2/18 7:00pm-8:00pm

Learn the popular Ballroom, Swing, and Latin dances. Acquire the knowhow of leading/following and move to rhythms of past and present music, and get the beat in Foxtrot, Waltz, Swing, Tango, Salsa, and Cha Cha, and to change from an observer to a participant at dances. These easy-to-learn dances prepare you for any dance function or for a special occasion (Wedding, cruise, party). Learning to do the moves and steps with ease and style will be time well spent and bring you a life-time of dance pleasure. All are welcome!

General Public / \$48 UW Students / \$35 Location / University District Max Enrollment / 30

#### **SALSA DANCING - LEVEL 1** MICHELLE BADION

**Sec 1: Tues. 1/19-2/9** 7:00pm-8:00pm Sec 2: Tues 2/16-3/8 7:00pm-8:00pm

Learn Salsa dancing today. It's fun and Seattle has great Salsa clubs for all ages. You'll learn Salsa and Merenque from Seattle's most well known instructor and be ready to hit the clubs even if you have never danced before. You don't need experience or a partner, just show up and you'll be dancing the first day. Michelle has been teaching for over 20 years.

General Public / \$45 UW Students / \$35 Max Enrollment / 30 Location / University District

#### SECRETS OF PARTNER DANCING

NIGHT WONDER **LINDA TOWNSEND WEST** 

Sec 1: Wed. 1/13 6:30pm-8:30pm

Does dancing look like fun, but you've no clue where to start? This class is for you! We'll explore and explain dance basics, from walking in the front door of a class or dance, to the end of the evening. What to wear, what to expect, how to act. Basic elements like rhythm, beat, and connecting with a partner. Dance etiquette (what to do, what to say). Dance lingo, basic dance steps. (And treats!) All in 2 hours! You won't be Fred Astaire or Ginger Rogers, yet, but you'll know your way around a dance class. Beginning level, no experience, no partner needed. Singles/couples welcome.

General Public / \$25 UW Students / \$20 Max Enrollment / 25 Location / On Campus

#### SURVIVAL PARTNER DANCING FOR WEDDING AND PARTIES **MICHELLE BADION**

**Sec 1: Tues. 1/19-2/9** 6:00pm-7:00pm Sec 2: Tues. 2/16-3/8 6:00pm-7:00pm

Going to some weddings this winter? Want to be prepared? This class is for you! We'll do fun partner dances like swing to a variety of music. No dance experience or partner is needed. Just show up and leave the dancing to Michelle. she is one of Seattle best dance instructors and will make the class fun and easy.

General Public / \$45 UW Students / \$35 Max Enrollment / 20 Location / University District

#### VIENNESE WALTZ **LINDA TOWNSEND WEST**

Sec 1: Wed 1/20-2/10 7:30pm-8:30pm Sec 2: Wed 2/17-3/9 7:30pm-8:30pm

We'll learn the dance that revolutionized European social dancing in the 1700s and is still hugely popular today — Viennese waltz. It's simple, elegant and feels like flying! It scandalized high society back then because (gasp!) you hold your partner close and whirl around until you're giddy! We'll start at the beginning, slowly. :-) You'll learn how to start smoothly, maneuver gracefully, soar on the wind and land lightly. Dance at a waltz ball or in your kitchen -- it's way fun! Beginning level, no experience needed. Singles/couples welcome. New material each session, take either or both.

General Public / \$45 UW Students / \$35 Max Enrollment / 25 Location / On Campus

#### **REGISTRATION FEE + COURSE FEE = TOTAL**

General Public \$12/class Paid to instructor on UW Student \$5/class first day of class by paid online or by phone cash or check









## EXERCISE & HEALTH

#### **AERIAL SILKS CHARLY MCCREARY**

Sec 1: Tues. 1/19-2/23

7:30pm-9:00pm

Are you ready to take your workout to all-new heights? Explore the exciting, challenging art of aerial silks in a safe and supportive environment. In this beginner-level course, students will build strength and learn basic aerial silks technique including climbs, locks, and basic combinations in the air on traditional and looped aerial fabrics. Exercises to integrate core and upper body musculature and exercises to improve flexibility will also be included. No previous dance training or aerial experience required, but participants should be fit, strong and ready to work hard while having fun.

General Public / \$120 Max Enrollment / 18

UW Students / \$99 Location / West Seattle



#### CAPOEIRA ANGOLA **SILVIO DOS REIS**

Sec 1: Tues. 1/19-3/15

5:00pm-6:00pm

Learn to dance, play instruments, and sing in Brazilian Portuguese. The dance-fight game of Capoeira Angola weaves together intricate movements, mental and physical discipline, fight, strategy, and philosophy into a circle (roda) of joyful play. The game is spontaneous, un-choreographed and essentially a physical conversation amonge players and musicians. In this class, you will learn the fluid movements that will enable you to improvise and respond with grace in the roda and in life.

ASUW EXPERIMENTAL COLLEGE

General Public / \$100 Max Enrollment / 15

UW Students / \$80 Location / University District

#### INTRODUCTION TO CAPOEIRA REGIONAL **NEW**

**ALEXSANDRA FRIAS Sec 1: Thurs. 1/21-3/17** 

7:00-8:00pm

Experience the martial art of Capoeira Regional! Learn to move with power & grace, have fun, & get in amazing shape, regardless of your fitness level. Develop agility & self-confidence by learning a rich repertoire of kicks, ground moves, creative escapes, acrobatics, & partnered sequences. Rooted in Afro-Brazilian culture, capoeira is performed to live music - learn traditional instruments & sing call-and-response songs! Class will end with a roda — a cooperative game that builds camaraderie among the players. Contra-Mestra Tigresa emphasizes proper & safe technique with humor & patience.

General Public / \$100 Max Enrollment / 20

UW Students / \$80 Location / University District

#### **SELF DEFENSE 101** JOANNE FACTOR

Sec 1: Sun. 2/7-3/13

10:00am-12:00pm

In just 6 sessions you'll learn the 4 critical safety lessons: how to know when someone's planning an assault, how to interrupt the assault process, simply effective physical skills, and managing post-event trauma. You'll learn about real risks and assailant tricks, vulnerable targets and powerful impacts, and releases from the most common grabs. You'll also explore the dynamics of abusive and manipulative relationships, and how to better manage them if you can't get out of them. Great class to take with a friend - emPOWERment can be fun!

General Public / \$180 Max Enrollment / 18

UW Students / \$117 Location / International District



## **HOUSE & HOME**

#### **CONDOS & TOWNHOMES: BUYING & SELLING IN OUR** CURRENT MARKETPLACE **BRETT CLIFTON** NIGHT WONDER

Sec 1: Sat. 3/12

2:30pm-5:30pm

Today's marketplace offers unique opportunities in condos and townhomes. But buyers beware: there's more to consider than what meets the eye. We'll compare condos, co-ops and townhomes, including their financial and legal differences. Learn what to look for as a buyer, and what to prepare for as a seller. Lots of insider tips from an experienced real estate investor, developer, landlord, consultant and broker. Bring a friend/partner for \$15!

General Public / \$20 Max Enrollment / 50

UW Students / \$20 Location / On Campus

#### **MULTIPLEX MAGIC: INVESTING** IN MULTI-FAMILY PROPERTIES **SARAH CLIFTON**

Sec 1: Wed. 2/3

6:30pm-9:30pm

Now is the time to buy! Come learn how to make the most of your money as a buyer AND secure an income for your retirement by buying a multiplex (duplex/triplex/fourplex). Live in one unit and rent out the others, or buy as an investment. Hear how you can have your mortgage paid by tenants, your tax deductions increase and your overall investment grow faster. This can be an excellent choice for first time home buyers, retirees, and empty-nesters alike. Your instructors are highly-experienced real estate investors, developers, landlords and brokers. This is one class you don't want to miss!

General Public / \$20 Max Enrollment / 50

UW Students / \$20 Location / On Campus

#### **SEATTLE HOMES: BUYING & SELLING AROUND THE SOUND BRETT CLIFTON**

Sec 1: Sat. 3/12

9:00am-1:00am

Now in its 34th year, this course provides an in-depth introduction to buying and selling real estate for current and future owners. Join over 10,000 students who have learned how to make intelligent decisions concerning the largest investment in life - your home. We cover all the important topics, including mortgages, inspections, agents, contracts, and much, much more. Gain valuable insights from an experienced real estate investor, developer, landlord, consultant and broker. Bring a friend/partner for \$15!

General Public / \$25 Max Enrollment / 50

UW Students / \$25 Location / On Campus

#### STOP RENTING: SMART HOME BUYING

**SARAH CLIFTON** 

Sec 1: Wed. 2/24

6:30pm-9:30pm

Discover the step-by-step essentials of the home buying process, including: assessing your affordability for purchase, navigating your mortgage options, identifying qualified agents, negotiation tips, recognizing inspection pitfalls, and much more. Learn how to capture the unique opportunities of our current marketplace for your most important purchase- your home! Also see our other course: "Condos & Townhomes" (Course #17.07). Gain candid insights from an experienced real estate investor, developer, landlord, consultant and broker.

General Public / \$10 Max Enrollment / 50

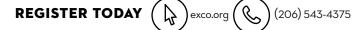
UW Students / \$10 Location / On Campus

#### NO CLASSES ON UNIVERSITY HOLIDAYS

Please note: classes do not run on university holidays. If you are considering a class that would normally fall on one of these dates, please contact our office for a more complete list of class days.

**WINTER 2016** 







## **LANGUAGE**

## **BASIC CONVERSATIONAL FRENCH**

**ALAIN DAUTRICOURT** Sec 1: Sat. 1/23-3/12

10:00am-12:00pm

This is a class for real beginners. By the end of this 16-hour session, the student should be able to communicate minimally in French in common everyday life situations. While covering basic grammar, the course focuses on developing listening and speaking skills. Instructor is a native speaker and has been teaching for twenty years.

General Public / \$130 Max Enrollment / 16

UW Students / \$110 Location / On Campus

#### **CONVERSATIONAL ILOCANO** SHIBONEY DUMO

Sec 1: Wed. 1/20-3/16

7:00pm-8:30pm

Ilocano is one of the major languages in the Northern Region of the Philippines. It is a spoken language with no real rules for writing. This course explores why there is no writing structure for Ilocano and a little bit of background to help understand in learning the language. You will learn basic conversational phrases that can be used when traveling to Northern Philippines or Hawaii.

General Public / \$110 Max Enrollment / 15

UW Students / \$85 Location / On Campus

#### CONVERSATIONAL TAGALOG **AZUCENA B. DAQUIZ**

Sec 1: Tues. 1/26-2/23

7:00pm-8:00pm

This course is designed for anyone who plans to travel to the Philippines and for US-born Filipinos who wish to communicate in Tagalog to enhance relationships with friends and relatives. This course enables students to understand the Philippine cultural background through conversational skills, reading and writing, and sets the foundation for them to express themselves through simple and easy to understand lessons and class interaction. Instructor has been with the Experimental College for over 30 years.

General price / \$110

Student Price / \$98 Location / On Campus

#### **CRASH COURSE TRAVEL** SPANISH LANGUAGE **CAROLINE EDWARDS**

Sec 1: 3/14-3/17 (4 nights)

6:30pm-8:30pm

This class is ideal for those who travel to Spanish-speaking countries. We will cover the basics, sounds, grammar structure, and current Spanish language as it is used today. Handouts will be provided. We will participate in a fun game with prizes on the last day of class. Instructor has been teaching for 40 years. Instructor is contributing writer for the Lonely Planet, Moon Travel, Rough Guide travel book series. Conducts tours into Mexico. One person in a family gets \$5 off, General Public only.

General Public / \$115 Max Enrollment / 15

UW Students / \$95 Location / On Campus



#### **ENGLISH GRAMMAR: SPEAK** WITH THE RIGHT VERB TENSES **ERICA PEDERSEN**

Sec 1: Wed. 1/20-2/24

7:00pm-8:00pm

Improve your conversation skills with this fun, practical grammar class! We review the rules and then spend most of our class time answering everyday questions that will show you how to use each verb form. When you can speak in the present, past, progressive, perfect and future tenses, you can really express yourself. After taking this class, you will sound more fluent, and you will feel more comfortable when you discuss a longterm project or tell your friends an amusing story. This class and the English Idioms class meet on the same day. Take both for lots of speaking practice!

General Public / \$70 Max Enrollment / 15

\$5 UW Student registration fee per class.

UW Students / \$50 Location / On Campus

## **ENGLISH IDIOMS: 100 CASUAL EXPRESSIONS**

**ERICA PEDERSEN** 

Sec 1: Wed. 1/20-2/24

8:00pm-9:00pm

Americans use a lot of idioms! These are casual expressions with cultural meanings. When your friend needs to relax, you can say "lighten up!" If your plans are "not set in stone," they might change. American TV shows and movies are full of these phrases. Take this class to learn 100 idioms. You will advance in your understanding of casual English. By using a few that you like, you will sound more fluent. In every class, we use speaking questions to give you lots of English practice.

General Public / \$70 Max Enrollment / 15

UW Students / \$50 Location / On Campus

#### **ENGLISH PRONUNCIATION NOW: SPEAK CLEARLY ERICA PEDERSEN**

Sec 1: Tues. 1/19-2/23

7:00pm-8:30pm

If you are from another country, take this class to fully understand the sounds and stresses of standard American English. Some letters change in pronunciation from one language to another: R, L, Th, A, I and more We also work on syllable stress and word stress to help you sound like a natural, fluent speaker. Using word lists and practice exercises, you can develop the understanding that you need to improve your pronunciation.

General Public / \$100 Max Enrollment / 20

UW Students / \$80 Location / On Campus

#### **REGISTRATION FEE + COURSE FEE = TOTAL**

General Public \$12/class UW Student \$5/class paid online or by phone

Paid to instructor on first day of class by cash or check

## **LIT. & WRITING**

#### **GUIDE TO GETTING PUBLISHED BETH JUSINO**

Sec 1: Sat. 2/27

10:00pm-5:00pm

Want to see your work in print but not sure where to start? This practical class about the business of books explores how to successfully publish your fiction or nonfiction work. Taught by a former literary agent, we'll discuss traditional and self-publishing options, e-books, when you need an agent (and how to find one), book proposal writing, working with editors, and building an author marketing plan. Bring your lunch and questions, and take advantage of a brown bag Q/A session mid-day. Appropriate for writers with finished manuscripts and those who are just starting to think about writing.

General Public / \$90 Max Enrollment / 20

UW Students / \$70 Location / On Campus

#### **NOVEL WRITING WORKSHOP NILS OSMAR**

Sec 1: Sun. 3/6

10:00am-5:00pm

Thinking about writing a novel? Get off to a good start in this fun and focused writing workshop. We'll look at character, plot and story structure, and do some in-class writing exercises to get you rolling. Plus, you'll learn about a storytelling template with roots in cultures around the world, which can be used to solve common story problems and bring your project into focus More info: http://123classes.com/novel

General Public / \$99 Max Enrollment / 15

UW Students / \$95 Location / On Campus









## **LIT. & WRITING**

#### SCREENWRITING 101: START WRITING YOUR SCREENPLAY **NILS OSMAR**

Sec 1: Tues. 1/26-2/16

7:00pm-9:15pm

In this class, open to all levels, you'll learn how professional-quality screenplays are written. You'll have opportunities to write some short scenes and scripts, workshop them aloud, and get feedback on your writings. We'll focus on plot and structure, formatting, dialogue & action, and what goes into writing a tightly written, effective and marketable script. Plus: tips for getting an agent & pitching your screenplay. The instructor, a Seattle filmmaker, has written over 30 screenplays. His films have played at international film festivals. More info: http://123classes.com/ screenplay.

General Public / \$125 Max Enrollment / 20

UW Students / \$120 Location / On Campus

#### SPEAK UP!: A PERFORMANCE POETRY INTRODUCTION **IMANI SIMS**

Sec 1: Tues. 1/19-2/16

5:30pm-7:00pm

Do you want to learn how to craft poetry for the stage? Do you want to become more comfortable on stage? Do you want to experience the rush of performance poetry? This class is for you! Speak Up! is designed to offer students an opportunity to integrate their unique world view with performance poetry. Students will:

- -Gain an understanding of how poets use social shifts to craft poetry.
- -Analyze the work of socially relevant poets and musicians.
- -Write poetry that acknowledges your individual world view.

General Public / \$65 UW Students /\$45 Max Enrollment / 20 Location / On Campus

#### **COURSE LOCATION INFORMATION**

You can find the general neighborhood location of your class at the end of each course description. However, you will only be given the specific street address (or on-campus building) when you register, for security purposes.



### WRITING FICTION AND SHORT **STORIES**

**NILS OSMAR** Sec 1: Mon. 1/18-2/8

Sec 2: Thurs. 2/18-3/10

In this class students will learn about the elements of short story writing, get practice coming up with stories of their own, and have opportunities to get feedback from the instructors and others in the course. The focus is on developing our skills and learning to let the process happen easily and spontaneously. Also: information about copyrighting your short stories and getting published. The instructor has written stories, articles, stage plays and screenplays. His short story collection, The Hungry Time, was published in 1995. More info: http://123classes.com/writing.

General Public / \$99 Max Enrollment / 12

UW Students / \$95 Location / On Campus

7:00pm-9:00pm

7:00pm-9:00pm

#### WRITING SCIENCE FICTION **AND FANTASY NILS OSMAR**

Sec 1: Mon. 2/22-3/14

7:00pm-9:15pm

In this fun four-week writing class, we'll focus on writing (short) science fiction and fantasy, paying special attention to what makes stories seem real and believable even when the characters and locale are exotic or unreal. Topics for the writing prompts will include time travel, alien invasions. robots, wizards and warriors, space travel, and other SF and fantasy themes. Students have opportunities to share their writings and get feedback from others in the class. Whether you're an established SF writer or a novice, come join us and have fun writing. More info: http://123classes. com/SF.

General Public / \$125 Max Enrollment / 15

UW Students / \$120 Location / On Campus

## MIND, BODY & SOUL

#### **HAPPINESS THROUGH MEDITATION NAYAK POLISSAR**

Sec 1: Mon. 2/22, Thurs. 2/25

7:00pm-8:30pm

Directly experience how meditation leads to the deepest part of yourself, where joy, happiness and other divine qualities are waiting to be discovered. It changes your life! We will practice a variety of meditation techniques. You can establish a regular practice and receive the life-illumining benefits. The instructors have studied meditation for over 40 years with Sri Chinmov and have taught meditation at venues around the world. The class is free--your fee has been donated as a community service. Please register by calling the Experimental College during business hours: 206-543-4375.

General Public / Free Max Enrollment / 50

**UW Students / Free** Location / University District

#### PARTNER MASSAGE **PINE CROOKS**

Sec 1: Fri. 1/29 Sec 2: Fri. 2/26 7:00pm-10:00pm 7:00pm-10:00pm

NIGHT WONDER

Learn and practice basic massage strokes on the back, arms, neck, and head, so you can help friends relax, reduce stress, muscle soreness, spasm and fatigue. Instructor is very knowledgeable and shares that knowledge in a relaxing, fun and safe learning environment. A truly enjoyable one night class to take with any friend. You need to have a partner take this class with you, and both you and your partner must register with the Experimental College and pay the instructor fee. Class is taught by a licensed massage therapist with 18 years experience in practicing and teaching massage.

General Public / \$35 Max Enrollment / 20

UW Students / \$25 Location / Roosevelt

#### NO CLASSES ON UNIVERSITY HOLIDAYS

Please note: classes do not run on university holidays. If you are considering a class that would normally fall on one of these dates, please contact our office for a more complete list of class days.

## **MUSIC**

#### COMPUTER MUSIC MAKING AND RECORDING **KENNETH FORDYCE**

Sec 1: Sat. 2/6-2/27

11:00am-1:00pm

Class features PC & Mac music creation and recording techniques, procedures, tips and tricks. Learn to record using software like Pro Tools, Samplitude, Sonar, Band in a Box and Reason. Some aspects of microphones, audio signal processing and analog basics will be covered. Learn about interfaces, audio drivers, hardware controllers, and plug-ins. You will be learning to install everything and fine tune it for your music making experiences. Ken Fordyce has been and Exco instructor since 1996.

General Public / \$90 Max Enrollment / 12

UW Students / \$66 Location / Shoreline



#### FIDDLING FROM SCRATCH **BETSY ALEXANDER**

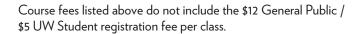
Sec 1: Wed. 1/20-2/10, 2/24-3/16 7:00pm-8:00pm Sec 2: Wed. 1/20-2/10, 2/24-3/16 8:00pm-9:00pm

In this class you will; learn to hold the fiddle and bow, learn to play in three different keys, learn how to play back up fiddle, explore rhythm and harmony, and take home many glorious tunes to play. Section 1 is for beginners, while section 2 is for intermediate/advanced.

General Public / \$130 Max Enrollment / 12

UW Students / \$112 Location / Ballard











## MUSIC

#### INTRO TO TAIKO KIMBERLY MATSUDAIRA

Sec 1: Sat. 1/23-2/6 Sec 2: Sat. 2/13-2/27 Sec 3: Sat. 3/5-3/19

10:30am-12:00pm 10:30am-12:00p 10:30am-12:00p

NEW

Intro to Taiko will teach you the basics and foundation of taiko, also known as Japanese drumming. Taiko is a synthesis of sound, rhythm, and movement that has been a part of Japanese culture for hundreds of years. Now, taiko is growing in popularity throughout the world! Throughout this 3 week course, participants will learn basic form, dynamics, and rhythmic patterns. By the end of the class, students will have learned a simple piece called Renshuu. This class is ideal for individuals of all shapes, sizes, and backgrounds. No musical experience necessary! Come join us and hit some drums!

General Public / \$50 Max Enrollment / 20

UW Students / \$40 Location / On Campus



#### SINGING FOR BEGINNERS JAIME NICOLAISEN

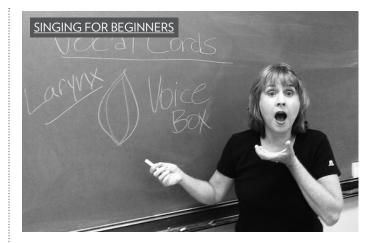
**Sec 1: Tues. 2/2-2/23** 

7:00pm-9:15pm

Are you an aspiring singer? Would you like to experience vocal control, strength, longevity and vibrant vocal health? In this enjoyable, supportive Seattle singing class, open to beginners and others, you'll get happy while learning the fundamentals of singing technique in an environment of encouragement, respect and support. Students learn voice and breath strengthening exercises and techniques that can lead to vocal control, health and longevity. Absolute beginners are welcome! For more information, please visit http://123classes.com/sing.

General Public / \$125 Max Enrollment / 20

UW Students / \$120 Location / On Campus



#### THE OK CHORALE **ELENA LOUISE RICHMOND**

Sec 1: Wed. 1/20-3/16

7:00pm-8:30pm

The OK Chorale is a non-audition choir of folks who love to sing. We sing in 4-part harmony with experienced singers and uncertain beginners, music readers and non-readers. My years as a teacher have taught me that joy in singing trumps conventional performance standards. This is a choir in which people are not afraid to make mistakes. The rehearsals are fun and no one gets hurt. Just because your grade school music teacher told you to mouth the words is no reason not to sing out now. Winter quarter we sing songs from the U.K. and perform several times around St Patrick's Dav.

General Public / \$120 Max Enrollment / 50

UW Students / \$107 Location / Phinney Ridge



## **PROFESSIONAL DEVELOPMENT**

#### HOW TO BE AN OUTSTANDING JOB APPLICANT **BECCA POLGLASE**

Sec 1: Tues. 2/16-3/15

In an increasingly competitive job market, this interactive, project-based class will guide you in presenting your qualifications so that you stand out among a sea of qualified candidates. By the end of this class, you will have a well-edited and well-formatted resume, a powerful cover letter, and a list of compelling answers to both common and less-common interview questions. Most importantly, you will have the tools to customize these products to any future job search.

General Public / \$50 Max Enrollment / 16

UW Students / \$45 Location / On Campus

7:00pm-8:30pm

#### SOFTWARE ENGINEER INTERVIEW PREP **CHRISTOPHER WILKINS**



Sec 1: Wed. 1/27-2/10

6:30pm-8:30pm

Learn and practice the interviewing skills required to get your next software engineer job. We will discuss resume tips, finding a good company fit, managing the interview process across multiple companies, and types of interview questions and how to prepare for them. Much of class will be spent discussing technical interview questions and practicing them in small groups. You will leave with resources for continuing your study. Class is suitable for a broad range of experience, skill level, and technical expertise but students are expected to have some knowledge of computer programming.

General Public / \$69 Max Enrollment / 25

UW Students / \$51 Location / On Campus

#### **REGISTRATION FEE + COURSE FEE = TOTAL**

General Public \$12/class UW Student \$5/class paid online or by phone

Paid to instructor on first day of class by cash or check

### **SELF IMPROVEMENT**

#### COMMUNICATING **ASSERTIVELY JUDY MACDONALD**





Sec 1: Sun. 1/31

9:00am-4:00pm

If you tend to be too shy and self-conscious to speak up for yourself, this class will provide you with both a foundation and the benefits of assertive communication. You will learn skills and techniques that will guide you through the process and develop the confidence to speak assertively and feel good about yourself for doing so!

General Public / \$76 Max Enrollment / 25

UW Students / \$55 Location / On Campus

#### **EVERYTHING YOU NEED TO KNOW ABOUT SEX** KATE STEWART

**Sec 1: Thurs. 2/18-3/10** 

6:30-8:30p

Never learned about the birds and the bees in school? This class is an introduction to sex: the information you need to know to be confident in your sexual expression. We will cover the varieties of different sex acts, the biology of sex, communication strategies for getting what you want, where and how to find sex partners, sex toys, safer sex practices and birth control. All ages, genders and sexual orientations welcome.

General Public / \$87 UW Students / \$63 Max Enrollment / 50 Location / On Campus

#### **UNLIMITED POTENTIAL: 4** STEPS TO HEALTH. HAPPINESS & SUCCESS

DR. BRANDON DINOVI

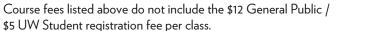
Sec 1: Sat. 1/23 Sec 2: Tues. 2/16 10:00am-11:30am 6:00pm-7:30pm

Do you feel stuck? Are you unable to stick with something long enough to accomplish a goal? When you remove limiting patterns from your life, you become supercharged...a powerhouse of productivity! This introductory workshop will explore Dr. DiNovi's 4 steps to health, happiness and success. Come and learn how you can achieve the life that most people only dream of. Dr. DiNovi's charismatic teaching style will keep you engaged and entertained. Don't miss out on this opportunity to improve vour life!

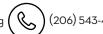
General Public / \$10 Max Enrollment / 20

UW Students / \$5 Location / On Campus









## **STAGE & SCREEN**

#### **ACCENTS & DIALECTS FOR ACTORS & OTHERS RICK MAY**

Sec 1: Thurs. 1/28-2/25

7:00pm-9:00pm

Are you an actor who's interested in learning how to speak believably in a variety of different accents? Or just someone who thinks it would be fun to learn to speak realistically and convincingly as if you were from another part of the world? This enjoyable five-week Seattle acting class, focusing specifically on dialects and accents, can help. Note: this class goes great with the instructor's Voiceover 101 course and Nils Osmar's Beginning Acting class. For more information, visit: http://123classes.com/accents.

General Public / \$150 Max Enrollment / 15

UW Students / \$145 Location / On Campus

## **ACTING 101: BEGINNING** ACTING

**NILS OSMAR** 

Sec 1: Sun. 1/24-2/14 6:00pm-8:30pm Sec 2: Wed. 1/27-2/17 7:00pm-9:30pm

Acting is fun! In this enjoyable introductory class you'll learn how to create characters, memorize dialogue, and use your voice, body and emotions as acting tools. Plus: warm-ups and theater games, improv and scene work, and information about Seattle's film and theater scenes. Whether you're looking for a class just for fun, or have professional aspirations to act on stage or in movies, everyone is welcome. Instructor has directed stage plays and feature films, and taught acting for over 15 years. His movies have played at international film festivals. More info: http://123classes.com/acting.

General Public / \$150 Max Enrollment / 25

UW Students / \$145 Location / On Campus

#### **COURSE LOCATION INFORMATION**

You can find the general neighborhood location of your class at the end of each course description. However, you will only be given the specific street address (or on-campus building) when you register, for security purposes.

#### **ACTING 102: INTERMEDIATE ACTING NILS OSMAR**

Sec 1: Sun. 2/21-3/13 6:00pm-8:30pm Sec 2: Wed. 2/24-3/16 7:00pm-9:30pm

Intermediate Acting is a follow-up workshop for students in Seattle who've taken Beginning Acting class (or a similar course) and would like to continue developing their understanding of acting. The focus is on moving into more in-depth character work, listening to and responding naturally, and becoming more comfortable feeling and expressing a range of emotions on stage or on camera. More information: http://123classes.

General Public / \$150 Max Enrollment / 15

UW Students / \$145 Location / On Campus

#### **CRASH COURSE IN** FILMMAKING **NILS OSMAR**

Sec 1: Sat. 1/30-2/27

1:00pm-3:00pm

Want to learn the basics of filmmaking without spending \$100,000 for film school? This class will teach you the essentials at a tuition you can afford. You'll learn how movies are made, step by step; how to use camera angles; what to look for in a camcorder or DSLR; how to set up film lights; how to record audio; how to get into film festivals; how to make professional-quality movies on a tight budget. Instructor's movies have played in international film festivals. For the full experience, consider taking this class along with Let's Make a Movie. More info: http://123classes. com/filmmaking.

General Public / \$150 Max Enrollment / 20

UW Students / \$145 Location / On Campus

#### **IMPROV 101: INTRODUCTION** TO IMPROVISATIONAL **THEATER CHAD O'BARA**

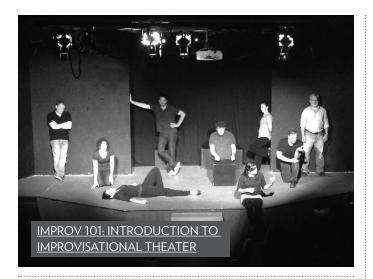
Sec 1: Sat. 1/23-2/13

12:00pm-2:30pm

Everyone should take an Improv class at least once in their life. Whether you have ambitions to perform on stage or just want to be more comfortable in your own skin, this class is for you. Lessons include: being in the present moment, building listening skills and collaborative, organic storytelling. You'll laugh a lot and make lifelong friends. Who know's, you might get the Improv bug and change your life! Either way, you can confidently say you tried it. Don't fear the unknown, embrace it. Life begins outside our safety zone. More info: 123classes.com/improv.

General Public / \$150 Max Enrollment / 26

UW Students / \$145 Location / Off Campus



#### LET'S MAKE A MOVIE **NILS OSMAR**

Sec 1: Sat. 1/30-2/27

3:30pm-5:30pm

In this class, students will learn how to create a short independent film from scratch, by actually making one. We'll learn some basics about filmmaking, choose a script, then work together to film it as a group. Students are free to act in the movie, help out on camera or both. No previous experience is necessary. Instructor's movies have played at international film fests. Note: If you're looking for a comprehensive introduction to filmmaking which includes both theory and practice, take this class along with Crash Course in Filmmaking (above). More info: http://123classes.com/movie.

General Public / \$150 Max Enrollment / 20

UW Students / \$145 Location / On Campus

#### MONOLOGUE WORKSHOP FOR **ACTORS RICK MAY**

Sec1: Thurs. 2/25-3/17

7:00pm-9:30pm

Monologues are fun! Learning how to perform one is an essential step for actors of all levels. In this class, students will learn how to choose, memorize and perform both comedic and dramatic monologues, have an opportunity to rehearse them with the help and quidance of the instructor, then perform them in class, guided by a top stage director. The instructor has been involved in the production of over 300 stage plays, as an actor or director. NOTE: This is NOT a Beginning Acting class; if you are a beginner, please take Nils Osmar's Acting 101 class first. More info: http://123classes.com/mon.

General Public / \$150 Max Enrollment / 15

UW Students / \$145 Location / On Campus

### **VOICEOVER 101: VOICE ACTING** FOR GAMES. ANIMATION AND MORE

**RICK MAY** 

**Sec 1: Tues. 1/19-2/16** Sec 2: Sat. 1/23-2/20

7:00pm-9:00pm 10:00am-12:00pm

Looking for voice acting classes in Seattle? Whether you're wanting to learn how to use your voice in games, animated cartoons, or commercials, or just doing some voice acting for fun, you've come to the right place. In voice acting, the actor's face never appears on screen, but he or she has the opportunity to create a character and make a connection with the audience using only vocals. Voice acting is fun, and a great way for actors to improve their general acting skills on and off the screen. See also: Beginning Acting, above. More info: http://123classes.com/voiceover.

General Public / \$150 Max Enrollment / 15

UW Students / \$145 Location / On Campus

## **VOICEOVER 102**

**RICK MAY** 

7:00pm-9:30pm

NEW

**Sec 1: Tues. 2/23-3/15** 

Voiceover 102 (Intermediate Level) is for the students who have completed Rick May's Voiceover 101 class. It is a continuance of in-depth instruction of advanced voice work. It continues to cover character development, cartoon voices, video games, announcing techniques and vocal development. Class material extensively covers all the elements of voice work and audition preparation. Please do not sign up unless you have taken or are taking the Voiceover 101 class. More info: http://123classes.com/

General Public / \$150 Max Enrollment / 12

UW Students / \$145 Location / On Campus

#### **REGISTRATION FEE + COURSE FEE = TOTAL**

General Public \$12/class UW Student \$5/class paid online or by phone

Paid to instructor on first day of class by cash or check









## **TECHNOLOGY**

#### ADOBE PHOTOSHOP FOR **BEGINNERS NILS OSMAR**

**Sec 1: Thurs. 1/28-2/11** 

7:00pm-9:00pm

In this easy step-by-step class, aimed at total beginners, you'll learn how to use Photoshop to fix color problems in photos, fix exposure, remove dust and scratches, and more. Plus, copying and pasting; cropping; adding text; layers and channels; saving photos for your web page. The class is held in a regular classroom, not a computer lab; you can bring your laptop to work along, or just take notes. Handouts will recap all the steps. Whether your goal is to learn Photoshop just for fun, or to use at work, this class will help. More: http://123classes.com/photoshop.

General Public / \$125 Max Enrollment / 20

UW Students / \$120 Location / On Campus

#### SKETCHUP FOR BEGINNERS **JUSTIN LYON**

Sec 1: Mon. 2/22-3/7

7:00pm-9:00pm

Get started using Sketchup, a FREE and easy 3d modeling program. It's great for home projects, hobbyists, artists, students and everyone else with a interest in learning 3d modeling. No previous experience with design or modeling software needed. Some basic computer know how is needed. Class will be an introduction to Sketchup. We will cover the interface and basic modeling practices that apply to all projects. This is a great class for beginners to design software. This is a hands-on class, so bring a laptop and mouse! Adults and teenagers welcome. More info: 123 classes.com/software.

General Public / \$125 Max Enrollment / 12

UW Students / \$120 Location / On Campus

#### **VIDEO EDITING FOR BEGINNERS! (USING ADOBE** PREMIERE PRO) **JONATHAN PECK**

Sec 1: Thurs. 2/4-2/18

7:00pm-9:30pm

Are you new to video editing? Or needing to move up to more professional editing software? Premiere Pro is a powerful, professional-grade software package. In this class you'll learn the basics of video editing; when and how to use (or avoid!) visual effects & custom transitions; color correction (both automatic & manual); audio cleanup & leveling, and addition of music & sound effects; how to export and digitally distribute your movie; how to get Premiere and other Adobe apps at a very reasonable cost. Held in a classroom, not a computer lab. More info: http://123classes.com/premiere.

General Public / \$125 Max Enrollment / 25

UW Students / \$120 Location / On Campus

#### **WORDPRESS FOR BEGINNERS JONATHAN PECK**

**Sec 1: Tues. 2/2-2/16** 

7:00pm-9:30pm

You may have heard of WordPress being used for blogs, but it can do much, much more. In this class, you'll learn: how to design your own website with easy-to-use tools (no HTML coding skills required!); what templates and images are available, and how to use them; how to pick a domain name (www.\_\_\_\_.com) and help search engines find it; how to make it possible for customers to shop & pay online; what WordPress plugins and widgets are, and how to use them; and more. Class is held in a classroom, not a computer lab. Absolute beginners welcome! More info: http://123classes.com/wordpress.

General Public / \$125 Max Enrollment / 15

UW Students / \$120 Location / On Campus

#### **REGISTRATION FEE + COURSE FEE = TOTAL**

General Public \$12/class UW Student \$5/class paid online or by phone

Paid to instructor on first day of class by cash or check

## **SPECIAL COURSES**

#### **ONE NIGHT WONDERS**

Busy schedule? Try one of these one-night or one-day courses, perfect for friends, family, or a date!

5	Condos &Townhomes: Buying & Selling in Our Current Marketplace	13
5	Multiplex Magic: Investing in Multi-Family Properties	13
5	Seattle Homes: Buying & Selling Around the Sound	13
5	Stop Renting: Smart Home Buying	13
7	Guide to Getting Published	15
8	Novel Writing Workshop	15
8	Partner Massage	17
8	Communicating Assertively	19
11	Unlimited Potential: 4 Steps to Health, Happiness & Success	19
	8	<ul> <li>Seattle Homes: Buying &amp; Selling Around the Sound</li> <li>Stop Renting: Smart Home Buying</li> <li>Guide to Getting Published</li> <li>Novel Writing Workshop</li> <li>Partner Massage</li> <li>Communicating Assertively</li> </ul>

#### ON A BUDGET

**REGISTER TODAY** 

Classes under \$50. These high-value courses show that fun and education don't have to cost a fortune.

Performance Art: Body Art, Happeni	ings, and Social Practice	7	Condos &Townhomes: Buying & Selling in Our Current Marketplace	13
Argentine Tango - Experience the Pa	assion	10	Multiplex Magic: Investing in Multi-Family Properties	13
Country Swing and 2-Step		10	Seattle Homes: Buying & Selling Around the Sound	13
How Do You Dance to THAT? – Blu	ies	10	Stop Renting: Smart Home Buying	13
Intro to Ballroom Dancing		11	Happiness through Meditation	17
Salsa Dancing - Level 1		11	Partner Massage	17
Secrets of Partner Dancing		11	Intro to Taiko	18
Survival partner dancing for Wedding	g and Parties	11	How to be an Outstanding Job Applicant	19
Viennese Waltz		11	Unlimited Potential: 4 Steps to Health, Happiness & Success	19





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Accents & Dialects For Actors & Others	20	Intro to Ballroom Dancing	11
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Acting 102: Intermediate Acting	20	Learn to Draw in a Day!	7
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Adult Ballet Exercise	9	Letterpress Printed Artist's Books	7
Adult Beginning-Intermediate Ballet	9	Monologue Workshop for Actors	21
Adult Very Beginning Ballet	9	Multiplex Magic: Investing in Multi-Family Propoerties	13
Aerial Silks	12	Novel Writing Workshop	15
Argentine Tango-Experience the Passion	10	Painted Portraits and Nude Figures	7
Basic Conversational French	14	Painting for Everyone	7
Beginning Burlesque	10	Partner Massage	17
Capoeira Angola	12	Performance Art: Body Art, Happenings, and Social Practice	7
Cartooning for Fun and Profit	5	Pro Makeup 1: Cuts, Burns, Bruises and Bullet Holes	8
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Colored Pencil Drawing for Beginners	5	Pro Makeup 3: Make a Prosthetic Mask!	8
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#### **COURSE REGISTRATION FORM**

ASUW EXPERIMENTAL COLLEGE • BOX 352238 SAO 21, UNIVERSITY OF WASHINGTON, SEATTLE, WA 98195-2238

Name:	GENERAL PUBLIC \$12 PER PERSON/PER CLASS. UW STUDENTS \$5 PER PERSON/PER CLASS				
Phone: () E-mail:		- 43 PER PERSON/P	T CLAS		
Address:	Course Name	Course Number	Section	Registration Fee	
City/State: Zip Code:				\$5 or \$12	
Are you a returning student? Yes: No:				\$5 or \$12	
LIABILITY STATEMENT - SIGNATURE REQUIRED I have read the ASUW Experimental College Catalog and understand that the Experimental College, ASUW and the University of Washington make no claims as to the qualifications, knowledge, skills or abilities of the instructors and are not responsible for the administration of their classes. I also understand that the instructors are independent contractors and not employees of the Experimental College, ASUW or the University of Washington. I acknowledge that all activities involve inherent risks and agree to assume all risks of personal harm or injury relating to or resulting from my participation in any or all Experimental College classes for which I have registered. I further agree to hold the Experimental College, ASUW and the University of Washington harmless for all liability that may arise as a result of my participation in these classes.				\$5 OF \$12	
				\$5 or \$12	
	Please pay only the registration fee at this time.  The Instructor's Course Fee is due on the first day of class.				
	We accept cash, check, or credit (Visa or Mastercard). For credit card payments please register online at www.EXCO.ORG or by calling us at (206)–543–4375 Monday–Friday between the hours of 10 am – 5 pm.  *** Please make all checks payable to: University of Washington, NOT Experimental College.				
Signature (or signature of guardian if under 18)  Date					

#### **REGISTRATION FEE**

General Public \$12 per class
UW Student \$5 per class

#### **INSTRUCTOR COURSE FEE**

Paid to instructor on first day of class by cash or check

#### **TOTAL**

#### **COURSE LOCATION INFORMATION**

You can find the general neighborhood location of your class at the end of each course description. However, you will only be given the specific street address (or on-campus building) when you register, for security purposes.

#### **NO CLASSES ON UNIVERSITY HOLIDAYS**

Please note: classes do not run on university holidays. If you are considering a class that would normally fall on one of these dates, please contact our office for a more complete list of class days.







## COME EXPLORE

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