Project 32: Monday Motivation Email

Description

This project is an automated script that sends a motivational quote via email every Monday. The script checks the current day of the week and, if it's Monday, selects a random quote from a text file and sends it to the specified email address using the SMTP protocol.

Key Technologies

- **Python:** Used for scripting the email sending functionality and handling date and time operations.
- **smtplib Module:** Utilized to send emails via SMTP.
- datetime Module: Used to check the current day of the week.
- random Module: Employed to select a random quote from the text file.
- Concepts Covered: Email automation, file handling, random selection, and date/time operations.
- Unique Features: Sends an email automatically every Monday with a random motivational quote from a pre-defined list.