

PREPARING FOR EXAMS



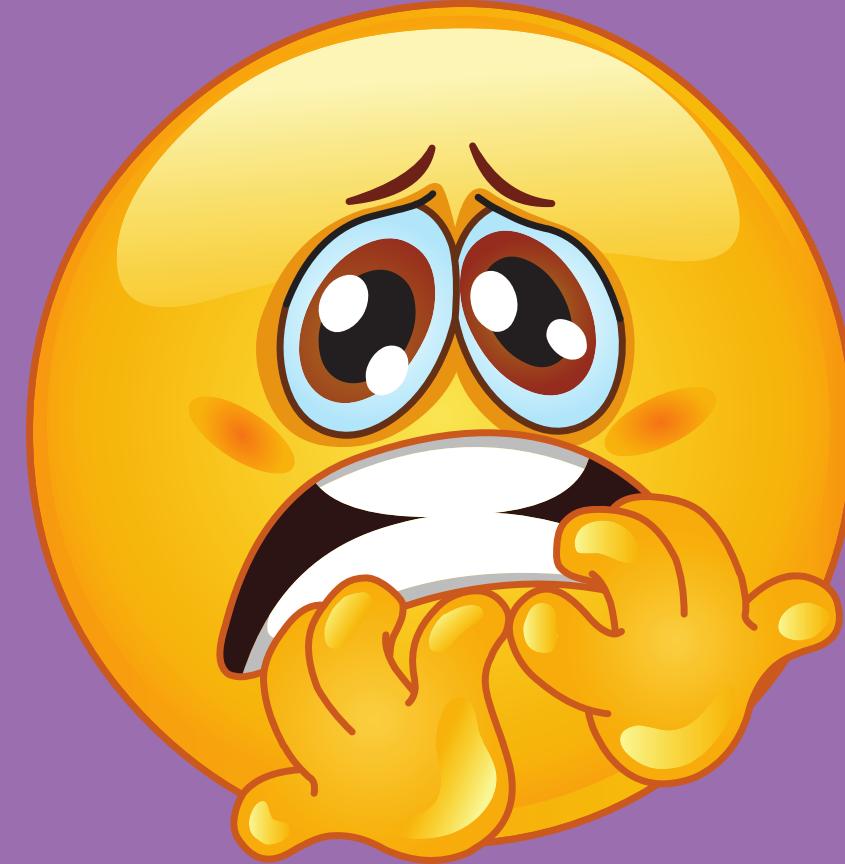
Hello there!

I'm sure you are all aware of the upcoming exam.

So get ready to learn some useful tips and tricks to help you get the most out of your exam prep!

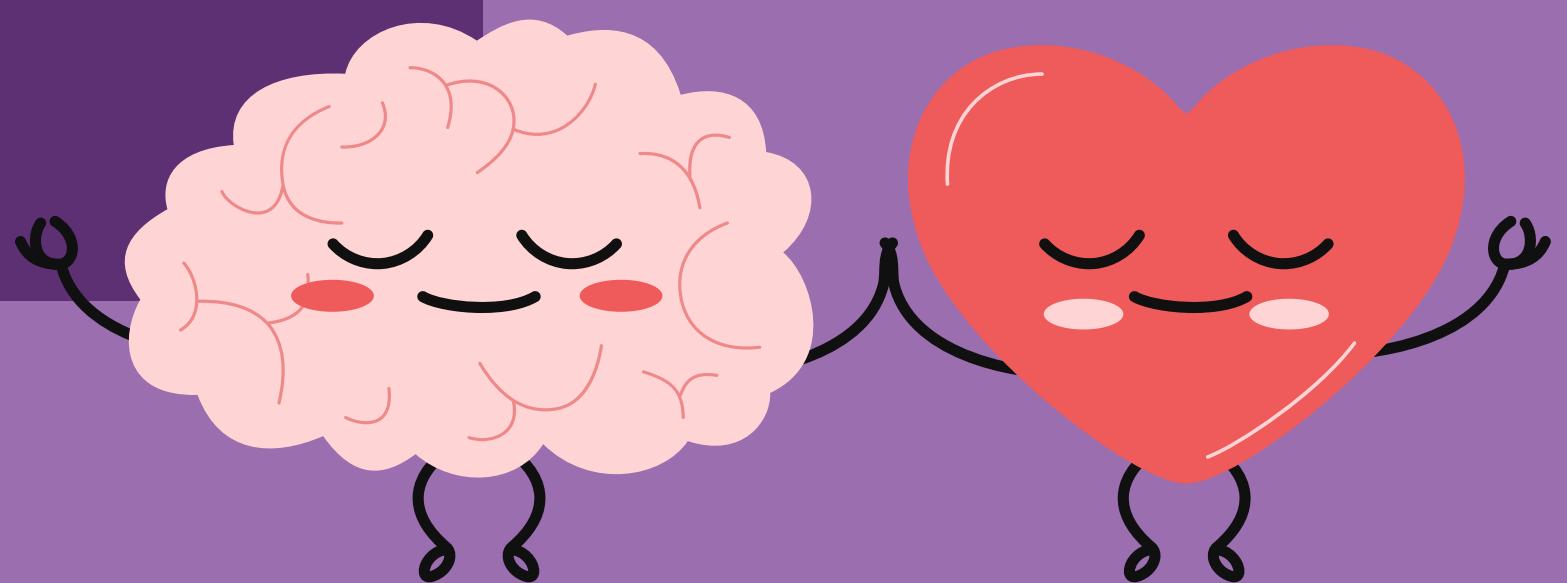


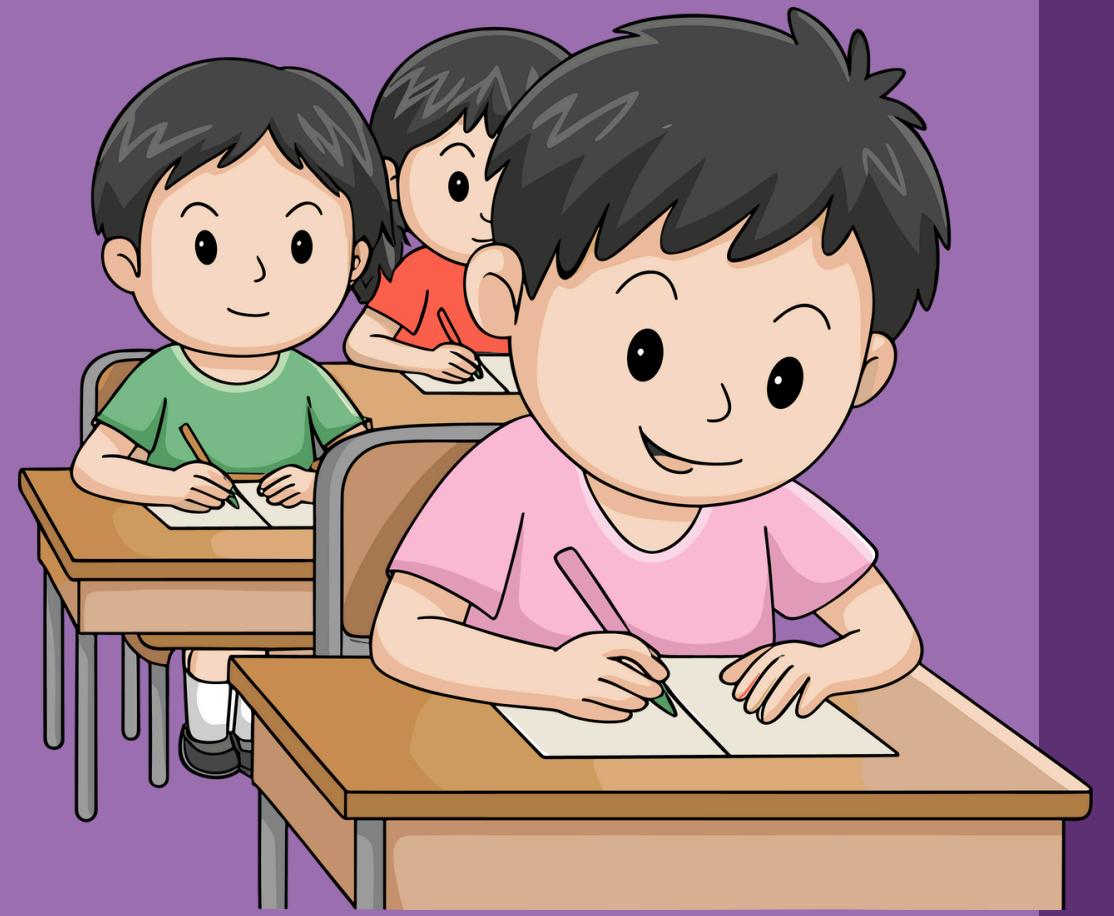
How do you feel about the exams?



What we will cover:

- Why exams exist
- Preparing for exams
- Study tips that actually help





Why do we have exams?



We have exams as a form of torture for students?

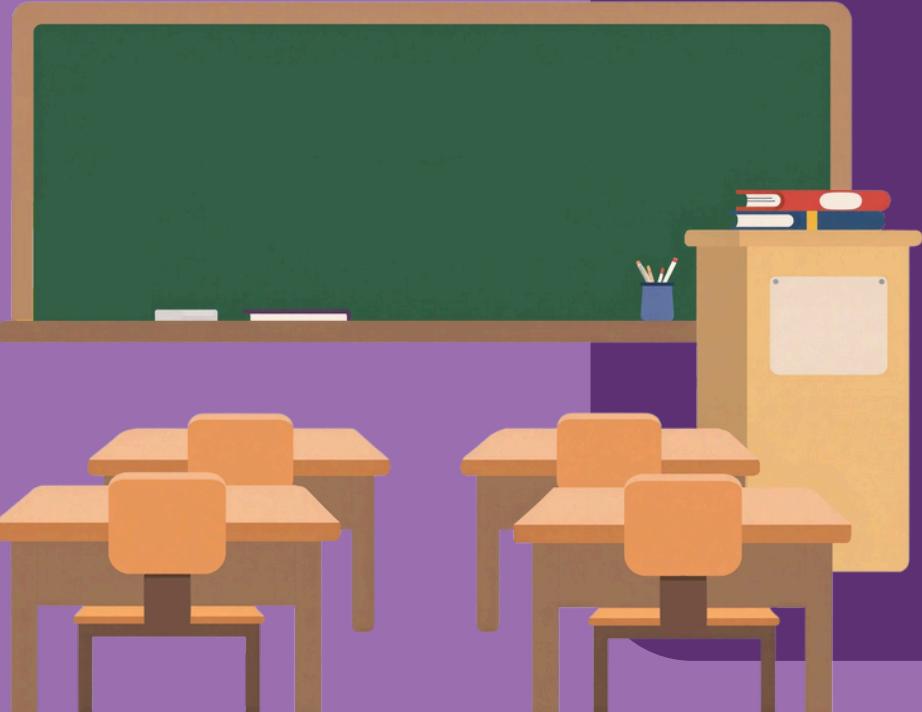


True or False

We have exams as a form of torture for students?

True or **False**





We have exams:

- To let teachers know what your strengths are.
- To help teachers do their jobs better.
- To know what areas we might need extra work in.
- To help you get comfortable sitting in an exam centre for the future.

HOW DO I STUDY???





Find somewhere that has lots of space, that is quiet and has good lighting.

Pick a comfortable chair

Try have nothing around you that might distract you like video games.



Which picture shows the best environment for studying
? and Why?

Leave your phone in another room OR find ways for it to support your study

Forest study app locks your phone for a set amount of time and once the timer is up you get a tree planted in your forest



Or use your phone to watch
Youtube videos on a certain
topic that you think might be on
your exam



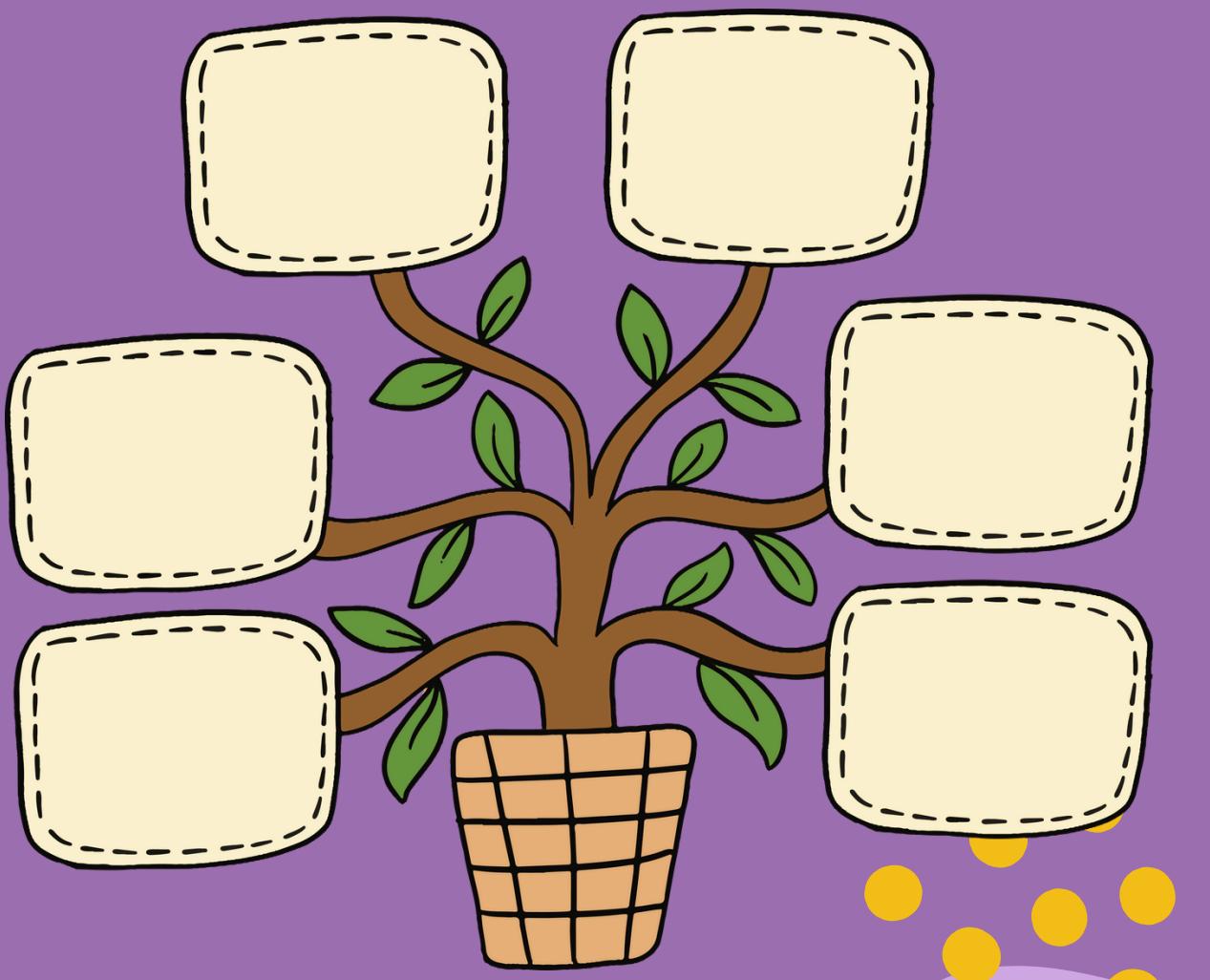
YouTube

Start Your Preparation Early

Set up a timetable to manage your time effectively.

Think about all your subjects and which ones might require more study time depending on your strengths and areas of challenge.





Useful study tools:

Highlighters

Flashcards

Mind-Maps

Videos

Notes

podcasts

Using AI to help make notes

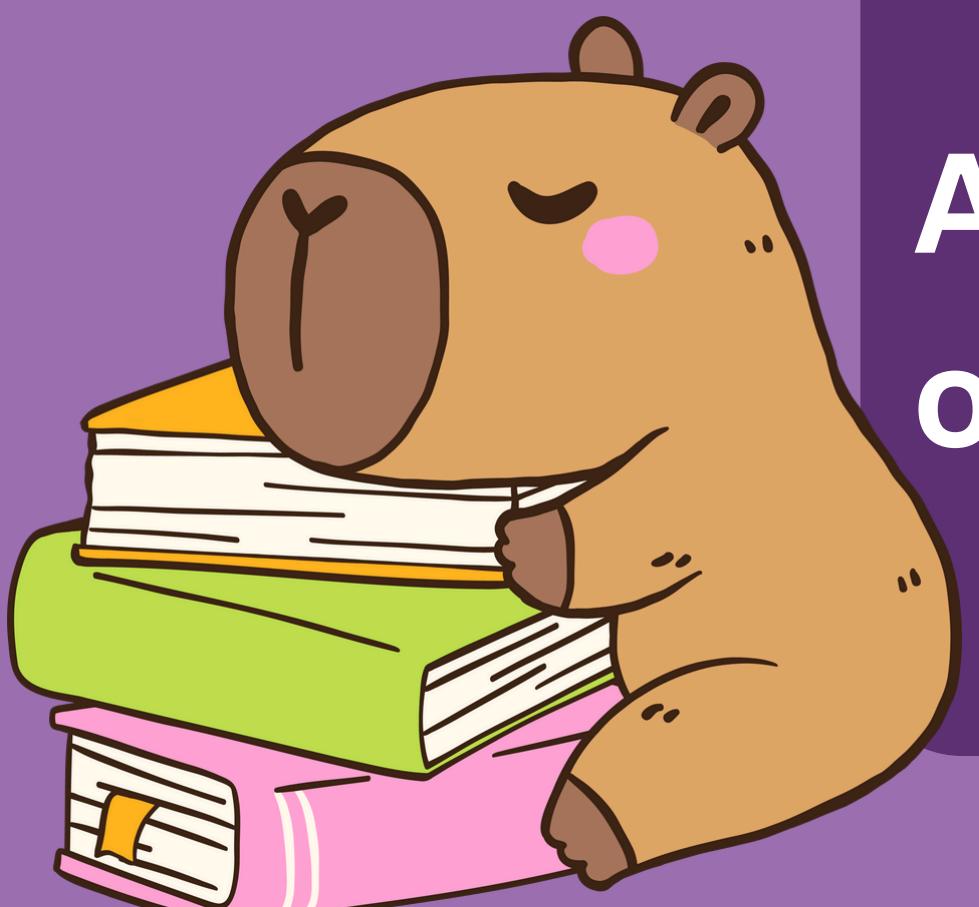




Active studying:

Teach something you have learnt to someone else.

Talk about the topics with your friends.



Ask your parents/siblings to quiz you or to talk about a topic with you (you can also talk to your pets).

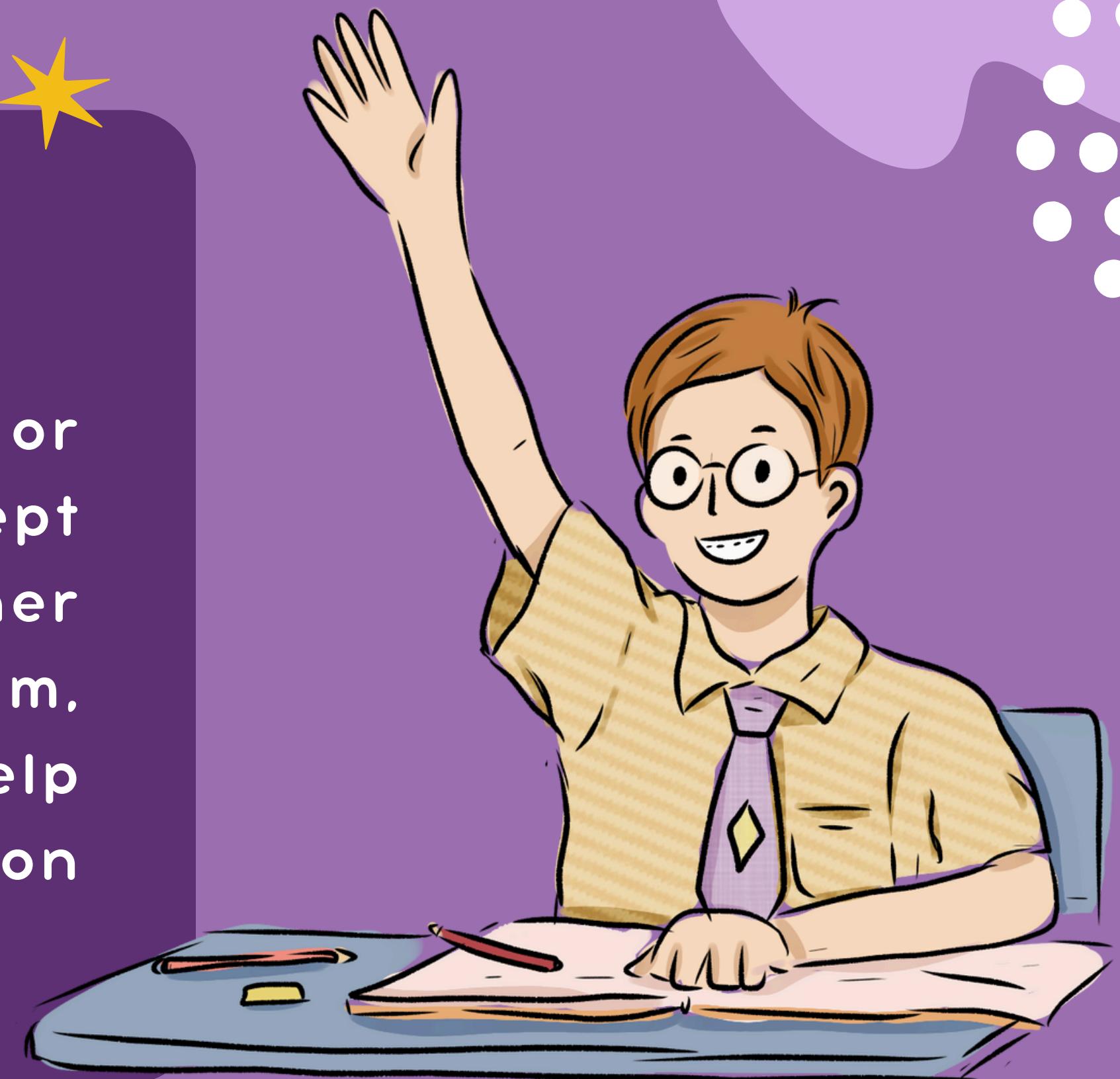


Set Study Goals

Set goals for each study session and record what you learn and review. Learning objectives can be written down at the beginning of a unit of study or set for the next unit.

Ask for Help

Talk to your teacher, tutor, or friend to understand the concept better before it's too late. Rather than trying to memorize or cram, guidance from someone can help you remember the information for longer.



Don't Stay Up Late!!

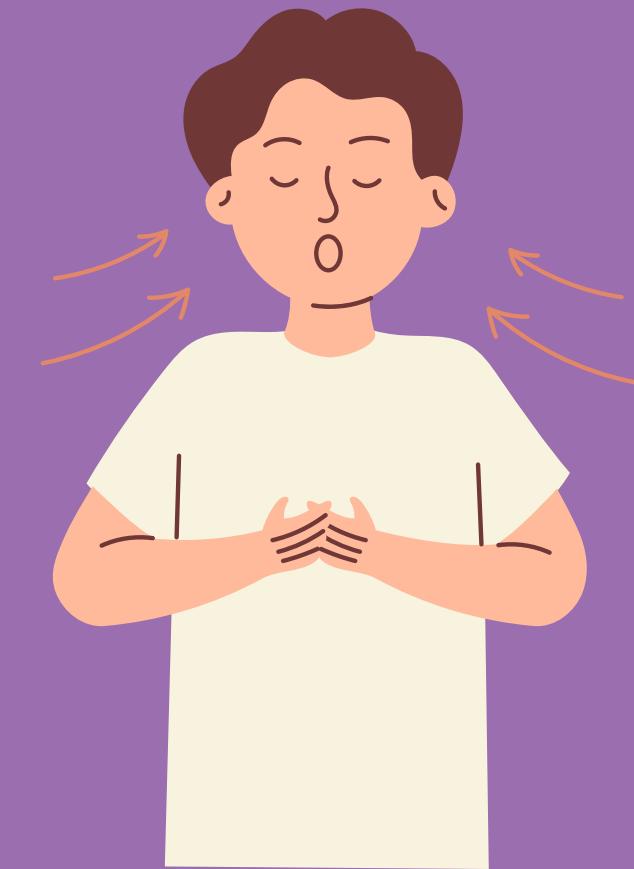
Sleep is the most important thing !!!

You need at least 8 hours for your
brain to work properly during your
exam!!

Staying up all night and
cramming will make you more
anxious and stressed.



Remember to breathe and
remember you can only do your
best !!!



andddd.....



When your exams are finished it is ... Christmas





THANK YOU