INDICATES HEALTHIER CHOICE

CHECK WITH YOUR SERVER FOR OUR SPECIAL DU JOUR!

SOUPS AND SALADS

DAILY SPECIALS...ASK YOUR SERVER

CUP \$2.50 BOWL \$3.25

CUP OF SOUP AND HALF COVE CLUB \$4.25

CUP OF SOUP AND COVE SALAD \$4.25

CLASSIC CHEF

FRESH SALAD GREENS TOPPED WITH JULIENNE SWISS AND AMERICAN CHEESES, HAM AND TURKEY \$4.95

VEGGIE DELIGHT

FRESH SALAD GREENS TOPPED WITH A VARIETY OF GARDEN FRESH VEGETABLES \$4.75

GRILLED CHICKEN OR YELLOW FIN TUNA SALAD

FRESH SALAD GREENS TOPPED WITH A VARIETY OF GARDEN FRESH VEGETABLES, FRENCH FRIES AND A CHARGRILLED BREAST OF CHICKEN \$4.95 OR YELLOW FIN TUNA STEAK \$5.25 BUFFALO STYLE CHICKEN \$4.95

CLASSIC COBB SALAD

GRILLED DICED CHICKEN, CRUMBLED BACON, AVOCADO, TOMATO AND BLEU CHEESE CRUMBLES. ACCOMPANIED WITH MIXED GREENS \$4.95

MANGO CHICKEN SALAD

GARDEN FRESH BABY GREENS TOSSED WITH GRILLED BREAST OF CHICKEN, MANGO, COCONUT AND LIME VINAIGRETTE \$4.95

SPINACH PEAR SALAD

FRESH SPINACH LEAVES TOPPED WITH JUICY RED PEARS, DRIED CRANBERRIES AND TOASTED PECANS TOSSED A LIGHT HONEY DIJON VINAIGRETTE \$3.99 ADD GRILLED CHICKEN BREAST \$4.95

STEAK SALAD

FRESH SALAD GREENS TOPPED WITH A VARIETY OF GARDEN FRESH VEGETABLES, FRENCH FRIES AND A GRILLED FLAT IRON STEAK \$5.75

COVE SALAD 🔍

OUR SMALL HOUSE SALAD \$3.95

CRUDITÉS PLATE

ASSORTMENT OF GARDEN FRESH VEGETABLES SERVED WITH CUP OF RANCH \$3.25



SANDWICHES AND SUCH



COVE CLUB

A TRIPLE DECKER HOUSE SPECIALTY \$4.95

RUEBEN

THINLY SHAVED CORNED BEEF WITH SAUERKRAUT AND SWISS ON JEWISH RYE \$4.95

TURKEY RUEBEN

HONEY ROASTED TURKEY BREAST WITH SAUERKRAUT AND SWISS ON JEWISH RYE \$4.95

GYRO

A PITA FILLED WITH LAMB, SHREDDED LETTUCE, DICED TOMATOES AND TOPPED WITH OUR HOMEMADE CUCUMBER DRESSING \$3.95 WITH GRILLED CHICKEN \$4.95

PHILLY SANDWICH

PHILLY STYLED STEAK SANDWICH SMOTHERED WITH PEPPERS, ONIONS AND MOZZARELLA CHEESE \$4.75

RANCH PHILLY

PHILLY STYLED STEAK SANDWICH TOPPED WITH RANCH DRESSING, CHEDDAR CHEESE AND BACON \$4.95

COVE BURGER

GENEROUS 6 OZ. ANGUS BEEF PATTY COOKED TO PERFECTION. TOPPED WITH YOUR CHOICE OF TOPPINGS. FRIES ARE INCLUDED. \$4.95 WITH BACON \$5.45

BLT

TRADITIONAL ON TOAST WITH MAYO \$3.25

GRILLED CHEESE

YOUR CHOICE OF CHEESE AND BREAD \$2.95 ADD HAM \$3.95 ADD CIABBATTA OR RYE \$3.25 CHICKEN FINGER BASKET

BREADED CHICKEN FINGERS AND HOMEMADE FRIES SERVED WITH HONEY MUSTARD \$4.95

BUFFALO CHICKEN SANDWICH

BONELESS BREAST OF CHICKEN GRILLED AND SOAKED IN HOT WING SAUCE. TOPPED WITH LETTUCE AND TOMATO SERVED ON A KAISER ROLL \$4.95

BBQ CHICKEN BACON SANDWICH

GRILLED CHICKEN BREAST SMOTHERED IN BBQ SAUCE TOPPED WITH BACON, SWISS CHEESE, LETTUCE AND TOMATO \$4.95

CHICKEN AND BROCCOLI ALFREDO

TENDER MORSELS OF CHICKEN AND FRESH BROCCOLI IN A CREAMY ALFREDO SAUCE TOSSED WITH FETTUCCINI, INCLUDES SMALL SIDE SALAD \$4.95

GARDEN BURGER

SURGER 🔍

MEATLESS YEGAN GARDEN BURGER CHARGRILLED TOPPED WITH LETTUCE AND TOMATO \$3.95

PANINI SANDWICHES AND WRAPS

CALIFORNIA PANINI

CHICKEN BREAST STRIPS WITH BACON, CHEDDAR CHEESE, GUACAMOLE AND MAYO ON ROASTED PEPPER AND GARLIC BREAD. \$4.95
½ \$2.95

GRILLED VEGGIE PANINI 🛇

MOZZARELLA CHEESE, ZUCCHINI, YELLOW SQUASH, PORTABELLA MUSHROOMS, RED ONION, RED AND GREEN PEPPERS WITH BASIL MAYONNAISE ON ROASTED PEPPER AND GARLIC BREAD. \$4.50 1/2 \$2.75

SPICY BUFFALO WRAP

BREADED CHICKEN TENDERLOINS DIPPED IN SPICY BUFFALO WING SAUCE WITH CRISP SHREDDED LETTUCE, THIN-SLICED TOMATO AND COOL RANCH DRESSING IN A HONEY WHEAT WRAP \$3.99 SUB GRILLED CHICKEN BREAST \$4.95

GRILLED CHICKEN SPINACH WRAP

GRILLED CHICKEN BREAST WITH SPINACH, MUSHROOMS, RED ONION, BACON, PARMESAN CHEESE AND HOT BACON DRESSING IN A SPINACH WRAP. \$4.95

COVE WRAP

GRILLED CHICKEN BREAST WITH SPECIAL SAUCE, BACON, ONION, TOMATO AND CHEDDAR CHEESE ALL ROLLED IN A HONEY WHEAT WRAP \$4.95

BUFFALO OR BBQ CHICKEN PANINI

BREADED CHICKEN FINGERS SOAKED IN OUR BUFFALO SAUCE OR BBQ SAUCE AND TOPPED WITH MOZZARELLA CHEESE GRILLED ON CIABATTA BREAD \$4.95
½ \$2.95

CHICKEN PARMESAN PANINI

FIRENZA PANINI

SPINACH, ARTICHOKE HEARTS, FRESH BASIL, ROASTED RED PEPPERS, MOZZARELLA CHEESE AND TOMATO BASIL DRESSING ON CLABATTA BREAD. \$4.95 1/2 \$2.95

CHICKEN RANCH PANINI

CRISPY CHICKEN TENDERS SMOTHERED WITH RANCH DRESSING, BACON AND CHEDDAR CHEESE ROLLED IN HONEY WHEAT WRAP \$4.95





ALL SANDWICHES ARE SERVED WITH CHOICE OF COLESLAW, VEGGIES, SIDE SALAD OR CHIPS SUBSTITUTE FRENCH FRIES \$.50









HOMEMADE FRENCH-FRIES \$1.25 STUFFED POTATO SKINS \$2.95 POTATO CHIPS \$.50 MOZZARELLA STICKS \$3.25 RANCH FRIES \$3.95 CUP OF RANCH DRESSING \$.75
COFFEE, TEA & ICED TEA \$.75
JUICES AND FLAVORED TEA \$1.00-\$1.25
ARNOLD PALMER \$1.25
SOFT DRINKS \$1.00

DRESSINGS
RANCH
1,000 ISLAND
FRENCH
ITALIAN

BLEU CHEESE

FAT FREE HONEY MUSTARD
FAT FREE RUBY RED
FAT FREE CHERRY VINAIGRETTE
FAT FREE RASPBERRY VINAIGRETTE

