



Survival Guide

Spring Course Lyon 2016

God Save The GREEN



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The role of the organizers

The organizers are the ones who have spent their last months on the preparation of the entire course just for you. They are students like you working hard for this event. Their only motivation is to meet up with you and to share their Best conviction: The Best spirit.

We want the course period to be a meeting, a working and partying time!

The organizers also provide you housing, food, social activities and all the great theme parties. But, remember, they are particularly the ones who will help you with whatever you need!



Welcome to our Spring Course Survival guide. This guide, full of the BEST spirit, will find a path for you, to join us and get to meet us! To make this event as great as possible, here are some pieces of useful Information. Please read it carefully!



The city of Lyon

Lyon is a city in east-central France in the Rhône-Alpes region, situated between Paris and Marseille. Lyon is located at 470 km from Paris, 320 km from Marseille, 160 km from Geneva, 280 km from Turin, and 600 km from Barcelona. The residents of the city are called *Lyonnais*.

The city of Lyon has 480,660 inhabitants. Together with its suburbs and satellite towns, Lyon forms the second-largest metropolitan area in France after Paris, with the population of its urban area estimated to be 1,422,331 and that of its metropolitan area 1,757,180. Its urban region represents half of the Rhône-Alpes region population with 2.9 million inhabitants. Lyon is the capital of this region, as well as the capital of the smaller Rhône department.

The city is known for its historical and architectural landmarks and is a UNESCO World Heritage Site. Lyon was historically known as an important area for the production and weaving of silk and in modern times has developed a reputation as the capital of gastronomy in France. It has a significant role in the history of cinema due to August and Louis Lumière. The local professional football team, Olympique Lyonnais, has increased the profile of Lyon internationally through participation in European football championships.



Economically, Lyon is a major center for Banking and also the chemical, pharmaceutical, and biotech industries. The city contains a significant software industry with a particular focus on video games, and in recent years has focused on a growing local start-up sector.

Lyon also hosts the international headquarters of Interpol, Euronews and International Agency for Research on Cancer. Lyon is ranked 2nd in France as an economic center and convention center on some measures. Lyon was in 2010 ranked 9th globally and 2nd in France for innovation.

Arrival day and Departure day

Arrival day is Saturday, 9th April and departure day is Monday 18th April. Please let us know your arrival time to Lyon when we'll gather the information that will help us to welcome you the best way we can!

How to get here

From Lyon's Airport (Lyon St Exupéry)

There's a tramway that takes you from the airport to Part-Dieu Central Station called Rhône-Express (<http://www.rhonexpress.fr/>) it leaves every 15 minutes, a single way (12-25 years) ticket costs 12€50 at the tickets machine and 11€50 on the internet. Both ways ticket costs 22€ at the machine and 20€50 on the internet.

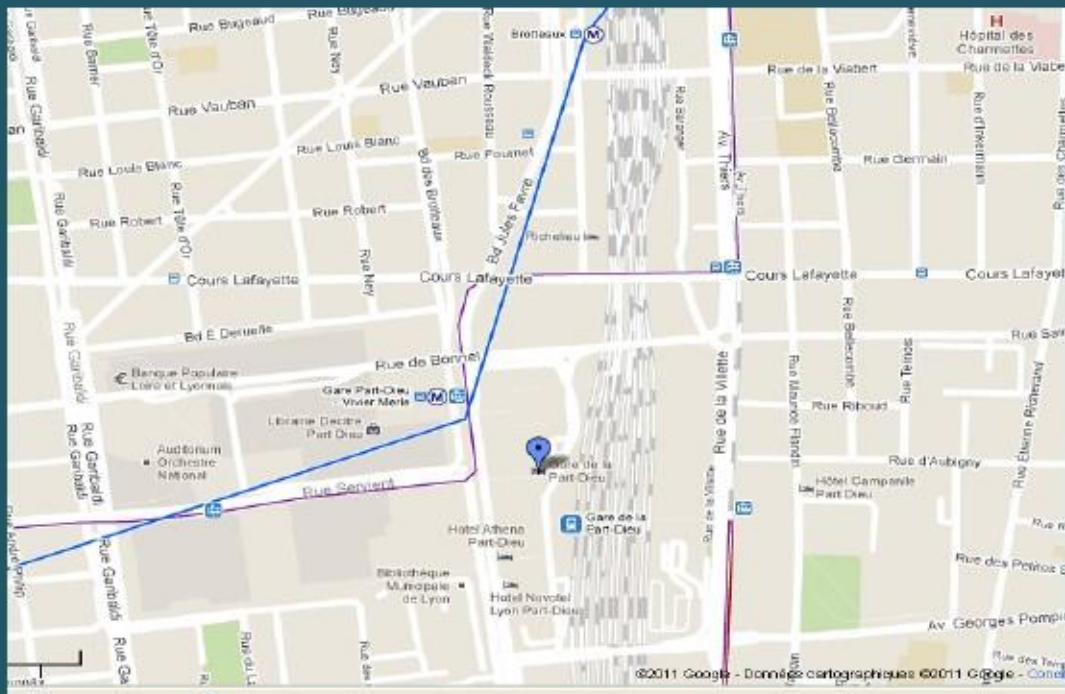
From another airport in France or by train

If you arrive to France but to another city first (Paris or elsewhere), you should take the train to Lyon Gare Part-Dieu (meeting point) or Gare de Perrache (then take the tramway T1 direction IUT Feyssine until the stop at Part-Dieu Vivier Merle).

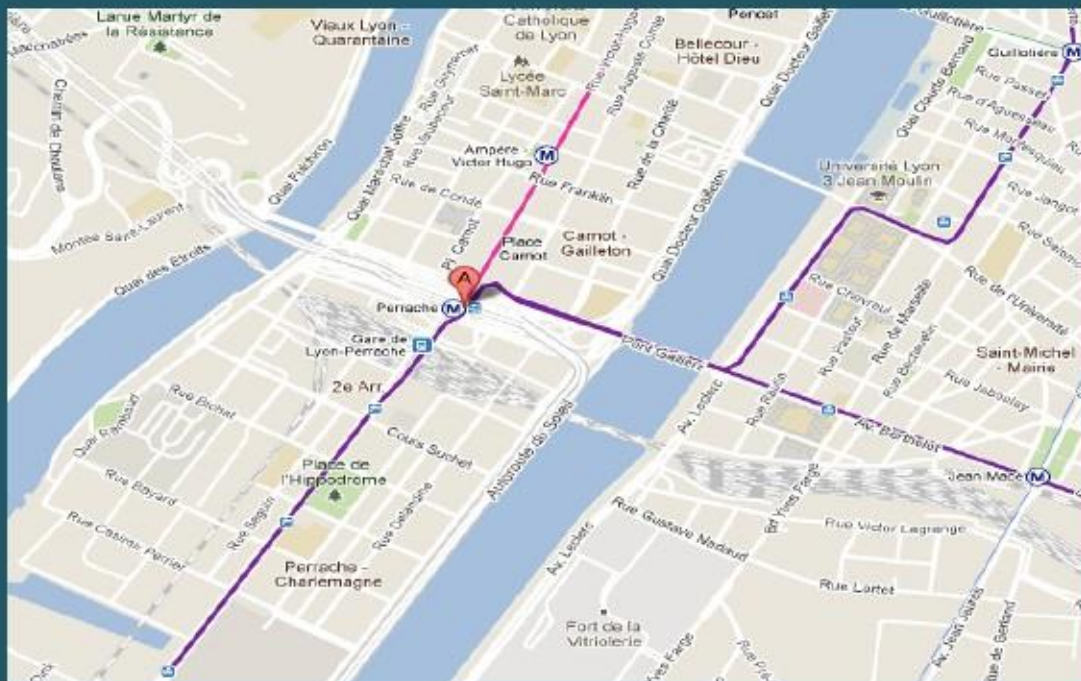
Here is the website if you need to take a train: <http://www.tgv-europe.com>

For any further information, don't hesitate to ask us.

Map from the Central Station (Part-Dieu)



Map from Perrache Station



If **ever** you get lost or there is a problem, the accommodation will be at university (20 Av. Albert Einstein 69100 Villeurbanne). To get there from any of the train stations, take the tramway T1 direction IUT Feyssine and stop at INSA-Einstein or take the T4 direction Gaston Berger till the last stop Gaston Berger. Call the main organizer if there's any problem (contact info at the end of this guide)

INSA LYON

Located on the premises of the Science and Technological Park of la Doua in Villeurbanne, INSA Lyon is ranked among the top universities of Science and Technology in Europe, pluridisciplinary and international, at the heart of the European Higher Education Area.

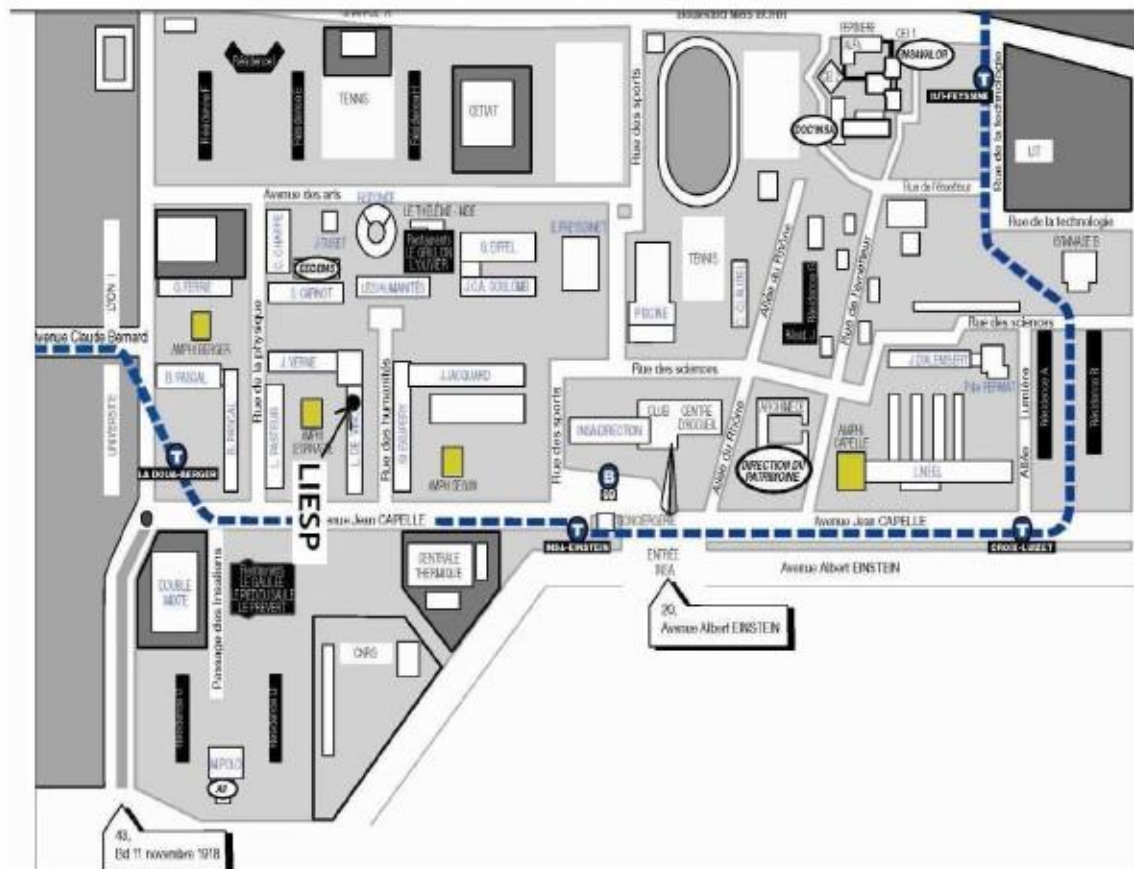
INSA Lyon is accredited by the [CTI](#) "Commission des Titres" to deliver Engineering Degrees.

Over a 5 year curriculum it trains **Humanist multi-competent engineers who are both innovative and entrepreneurial**. INSA Lyon applies a policy of excellence implemented at all levels. INSA Lyon was the first INSA to be created in 1957 and has always had a strong ambition in terms of social awareness.

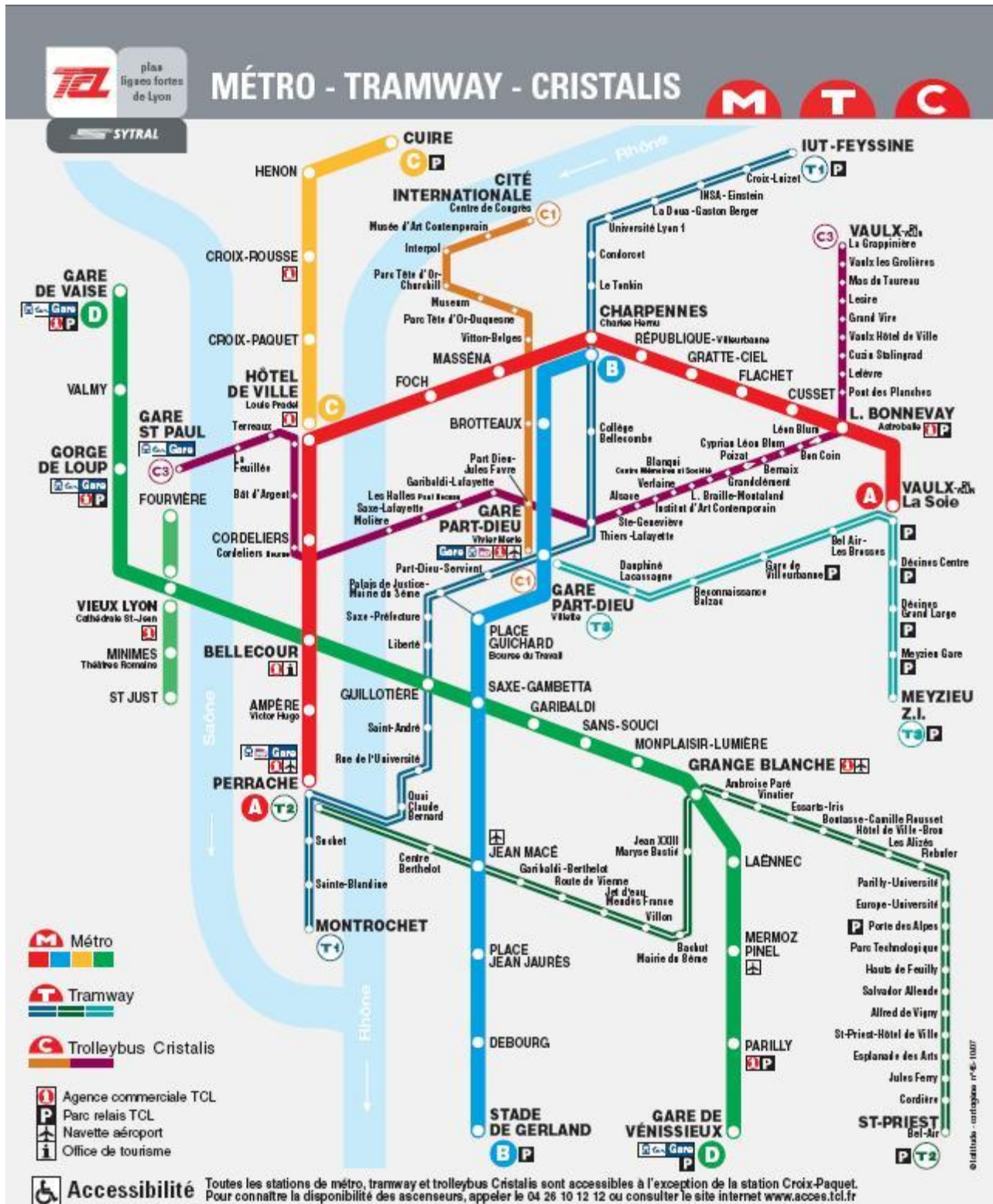
It graduates over 800 engineers each year in 12 fields of specialization. International perspective has always been a priority for the establishment which has progressively set up international options such as EURINSA, ASINSA, SCAN and AMERINSA.

Today INSA Lyon sets a new challenge for itself: **consolidate its position as one of the best Technological Higher Education Establishments in Europe**. The University places pedagogical innovation at the core of its training program in order to produce engineers who possess qualities of innovation and entrepreneurship.

It is located 20 minutes from Lyon centre. The tramway T1 can take you directly to INSA Lyon and its very close campus.



TRANSPORTATION IN LYON



BASIC FRENCH

What you need to know to survive in Lyon!!

In English	In French (pronunciation)
Good morning/afternoon	Bonjour (bonjoor)
Good bye	Au revoir (o rev war)
Hi, Hello	Salut (salu), Bonjour
Please	S'il vous plait (sil voo play)
Thank you	Merci (mercy)
You are welcome	De rien
Excuse me	Excusez moi (excusey mwa)
Sorry	Pardon
Yes/No	Oui (wi)/Non
Name	Nom
Surname	Prénom
Passport	Passeport
Date	Date
My name is	Je m'appelle
What time is it?	Quelle heure est-il ? (Kel er etil)
Where is my luggage?	Où sont mes bagages ? (oo son mey bagaj)
I don't know	Je ne sais pas. (je ne say pa)
I don't understand	Je ne comprends pas. (je ne compren pa)
I don't have a ticket, I'm a foreigner	Je n'ai pas de ticket, je suis étranger. (je nay de tikey, je sui etrangey)
Bus	Bus
Subway	Métro
Train / Train station	Train (Tran)/Gare
Plane/airport	Avion/Aéroport
Cab	Taxi
Do you suck for a chocolate?	Tu sucres pour un choco?
I find you very attractive! (For girls/boy)	Je te trouve très belle/beau
Do you want to dance with me?	Veux-tu danser avec moi ?
Would you like something to drink?	Tu veux quelque chose à boire ?
I am very pleased to meet you!	Je suis ravi de te connaître.
Cheers	Santé !
I like this song	J'aime cette musique.
Let's exchange phone numbers	Echangeons nos numéros de téléphone.
May I see you tomorrow?	On peut se voir demain ?
I'm having a really great time and you	Je me suis bien amusé et tu es très

are really nice!!	bonne.
I'm not drunk!	Je ne suis pas bourré !!!
Bartender, another drink please!	Un autre verre s'il vous plait !
Could you buy me a drink ?	Tu m'offres un verre ?
I'm a strawberry, eat me!	Je suis une fraise, mange-moi !
She is fucking hot!!	Elle est super intelligente !! (private jargon)

Prices

Here you will find some approximate prices. It can be very different depending on the neighborhood, the store, and so on...The currency is Euros.

A bus/tramway/metro ticket: 1€70
 Mcdo Menu (Big mac, French fries, drink): 6-8 €
 Pizza 7€-9€
 Kebab 5€
 Cinema 7€
 Cigarettes 7€
 Beer (pub) 6€
 Beer (BEST office) 1€



CONTACTS

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 www.best.insa-lyon.fr

What to bring

- Your Student ID Card, international if possible ISIC
- Cash Money
- Insurance papers and phone number of your insurance company
- Rain clothes (just in case ;))
- Suitable shoes for walking (sneakers)
- Camera
- English pocket dictionary
- Songs from your country/songs that you like for the parties
- For the International Evening, a bottle of your traditional DRINK and a typical meal from your home country. This would be very appreciated 😊. Please bring the ingredients you need if you think they won't be available here (you can store here your products in a fridge if you need).
- Your good mood, humor, Singing voice, Party and BEST Spirit!!!