



UNIVERSITÄT
LEIPZIG

Masterthesis interim presentation

PRIVACY PRESERVING TRANSFORMER FOR STRESS DETECTION ON SMARTWATCH DATA

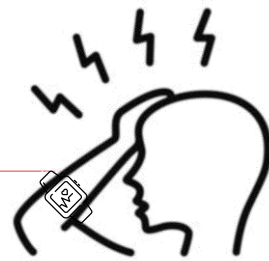
Leipzig, 07.12.2022

Borislav Degenkolb

RESEARCH QUESTIONS

Stressdetection

- is a transformer-architecture suitable for the classification of stress?
- How good, also in comparison to the results of Gil-Martin et al. [9], is this approach?
- How big are the losses in the results if the data set is anonymised using differential privacy?



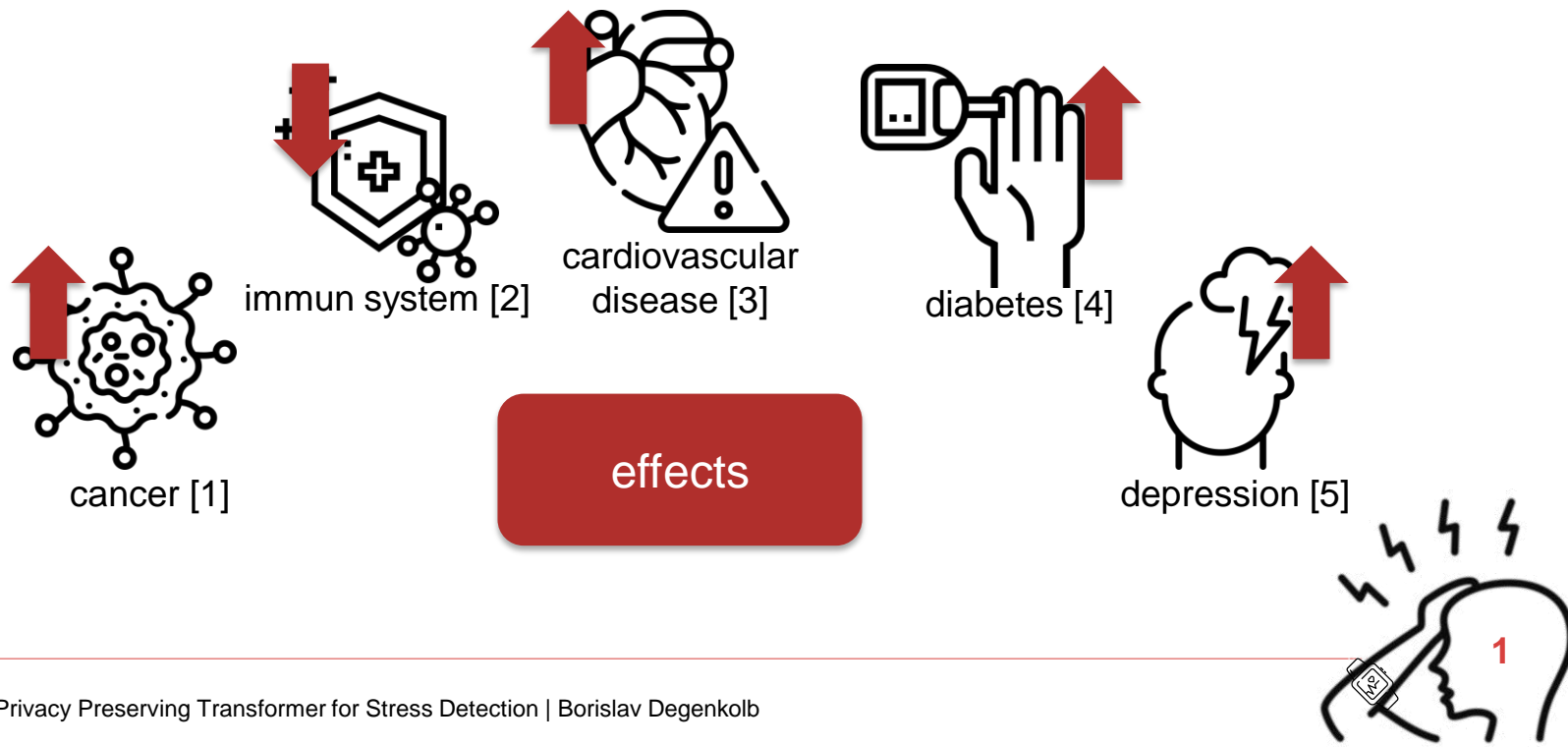
AGENDA

- Motivation
- Related Work
- Background
- Method
- Outlook
- Summary



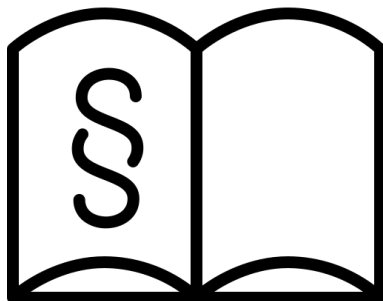
STRESS

What makes stress dangerous?

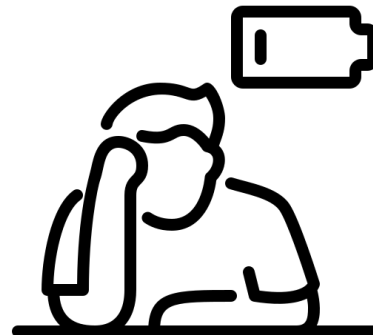


STRESS

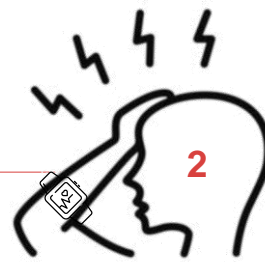
Stress at work



employers have a legal
obligation to ensure that
employees do not become ill

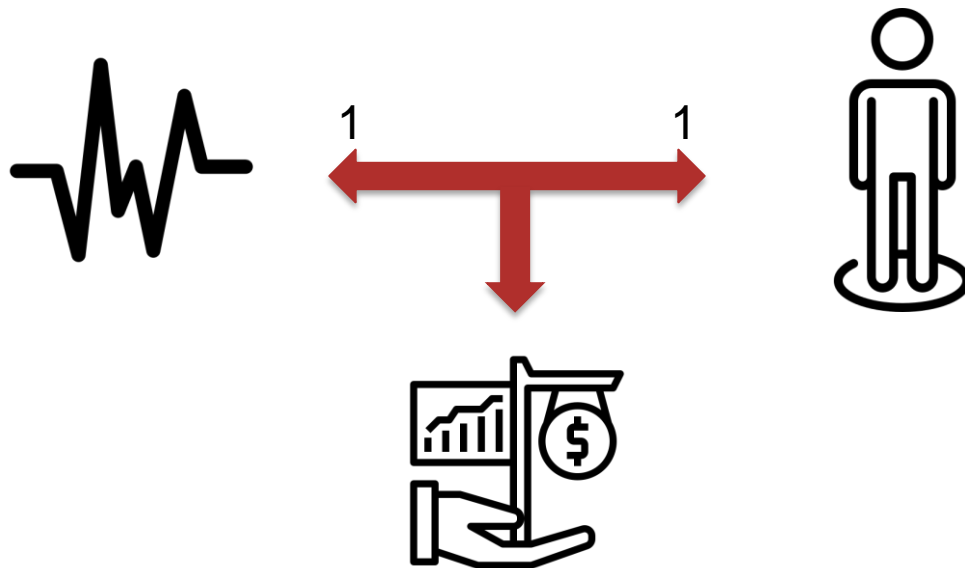


high staff turnover
increase in absenteeism
early retirement
reduced work performance [6]



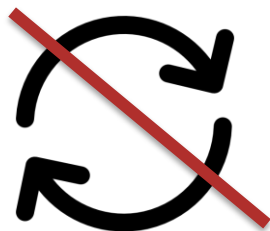
PRIVACY

Biosignals are personal data

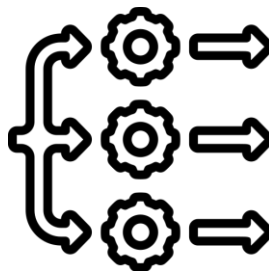


TRANSFORMER

Why not LSTM?

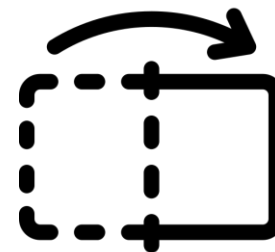


elimination of recurrence,
thus decreasing complexity



enabling parallelization,
thus improving efficiency in
computation [7]

Why not CNN?



capability of capturing long-
distance dependencies [12]



WESAD

Introducing WESAD, a Multimodal Dataset for Wearable Stress and Affect Detection

Philip Schmidt, Attila Reiss, Robert Dürichen, Claus Marberger, Kristof Van Laerhoven [8]

Decision Tree

Random Forest

AdaBoost DT

Linear discriminant analysis

k-nearest neighbour

Table 4: Evaluation of the given modalities and classifiers on the binary (*stress vs. non-stress*) classification task.

	DT		RF		AB		LDA		kNN	
	F_1 -score	Accuracy	F_1 -score	Accuracy	F_1 -score	Accuracy	F_1 -score	Accuracy	F_1 -score	Accuracy
Motion:										
ACC wrist	55.36 ± 0.47	64.08 ± 0.49	59.02 ± 0.78	69.96 ± 0.55	61.70 ± 0.80	71.69 ± 0.45	44.93	60.02	52.72	63.80
ACC chest	61.92 ± 0.83	71.75 ± 0.53	59.91 ± 0.25	72.87 ± 0.08	62.17 ± 0.45	73.87 ± 0.30	57.52	72.05	47.79	57.81
Wrist:										
BVP	78.27 ± 0.17	81.39 ± 0.15	81.35 ± 0.15	84.18 ± 0.11	81.23 ± 0.15	84.10 ± 0.13	83.08	85.83	78.94	82.06
EDA wrist	70.95 ± 0.37	76.21 ± 0.27	70.88 ± 0.20	76.29 ± 0.14	75.34 ± 0.57	79.71 ± 0.43	69.86	78.08	68.30	73.13
TEMP wrist	63.15 ± 0.18	68.22 ± 0.19	62.90 ± 0.10	67.82 ± 0.11	62.27 ± 0.25	67.11 ± 0.34	56.37	69.24	60.18	64.46
Wrist physio	82.37 ± 0.21	84.88 ± 0.11	86.10 ± 0.29	88.33 ± 0.25	85.86 ± 0.20	88.05 ± 0.18	83.77	86.46	78.93	81.96
Chest:										
ECG	77.01 ± 0.37	80.17 ± 0.29	79.64 ± 0.15	82.78 ± 0.11	80.20 ± 0.25	83.37 ± 0.20	81.31	85.44	75.39	79.19
EDA chest	69.88 ± 0.41	73.55 ± 0.44	73.63 ± 0.18	77.51 ± 0.23	71.97 ± 0.26	75.50 ± 0.29	74.51	81.70	66.64	69.73
EMG	47.06 ± 0.20	56.25 ± 0.05	49.42 ± 0.35	63.44 ± 0.18	50.84 ± 0.44	62.88 ± 0.31	52.49	67.10	51.84	58.74
RESP	79.92 ± 0.19	83.03 ± 0.17	84.33 ± 0.10	86.63 ± 0.08	84.64 ± 0.06	86.87 ± 0.06	85.61	88.09	69.17	75.67
TEMP chest	57.40 ± 0.08	64.33 ± 0.07	56.75 ± 0.25	64.75 ± 0.28	55.03 ± 0.27	63.46 ± 0.21	41.00	69.49	51.64	58.25
Chest physio	81.29 ± 0.22	84.18 ± 0.20	90.44 ± 0.66	92.01 ± 0.51	87.11 ± 0.57	89.76 ± 0.48	91.47	93.12	77.27	81.05
All modalities:										
All wrist	78.71 ± 0.53	82.19 ± 0.44	84.11 ± 0.33	87.12 ± 0.24	80.11 ± 0.93	83.98 ± 0.75	84.05	86.88	52.72	63.80
All chest	78.26 ± 0.46	81.29 ± 0.38	90.04 ± 0.83	91.50 ± 0.53	89.57 ± 0.61	91.58 ± 0.46	91.07	92.83	64.20	69.70
All physio	83.03 ± 1.61	85.16 ± 1.50	86.02 ± 0.55	87.91 ± 0.54	87.78 ± 1.38	89.77 ± 1.17	90.93	92.51	79.44	83.16
All modalities	80.83 ± 1.13	83.60 ± 1.08	85.71 ± 0.63	87.74 ± 0.60	83.88 ± 0.93	87.00 ± 0.78	90.74	92.28	69.14	74.20
Baseline										
Random Guessing					Sophisticated guessing					
F_1 -score		Accuracy		F_1 -score		Accuracy				
47.96		50.00		41.15		69.94				



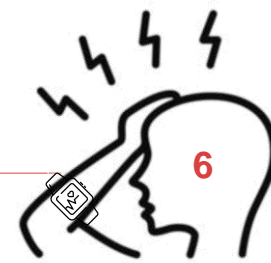
WESAD

Introducing WESAD, a Multimodal Dataset for Wearable Stress and Affect Detection

Philip Schmidt, Attila Reiss, Robert Dürichen, Claus Marberger, Kristof Van Laerhoven [8]

Table 6: Feature importance for the three-class and binary classification task considering all modalities.

Importance	Three-class	Importance	Binary Task
0.23	$\sigma_E^{RESP, chest}$	0.35	$\sigma_E^{RESP, chest}$
0.11	$\mu_{HR}^{ECG, chest}$	0.20	$\mu_{HR}^{ECG, chest}$
0.07	min_{TEMP}^{wrist}	0.09	max_{TEMP}^{wrist}
0.06	$\mu_{ACC, 3D}^{chest}$	0.07	$range_{EDA}^{wrist}$
0.05	$range_{EDA}^{wrist}$	0.05	μ_{SCR}^{chest}

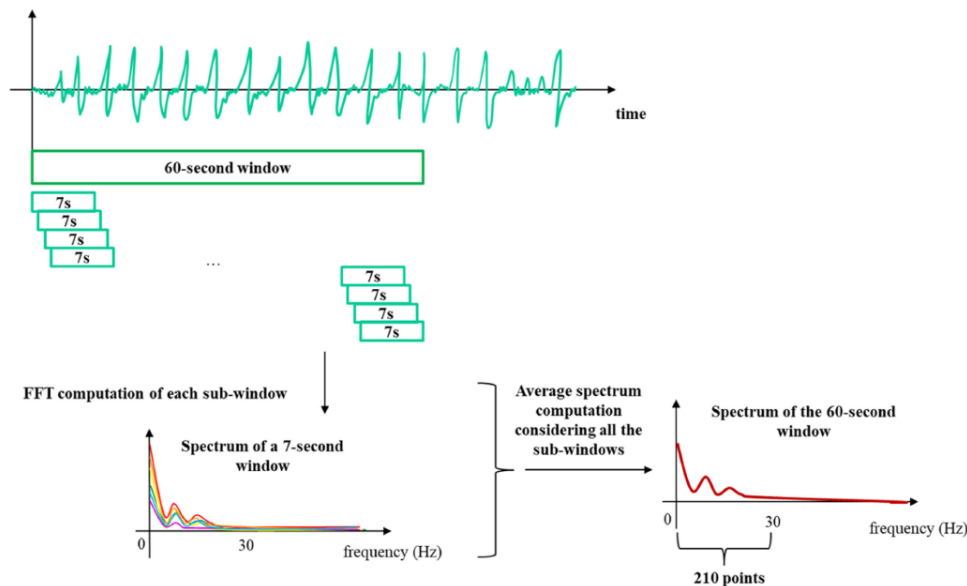


STRESS DETECTION VIA CNN

Human Stress Detection With Wearable Sensors Using Convolutional Neural Networks

Manuel Gil-Martin, Ruben San-Segundo, Ana Mateos, Javier Ferreiros-Lopez [9]

Signal preprocessing



STRESS DETECTION VIA CNN

Human Stress Detection With Wearable Sensors Using Convolutional Neural Networks

Manuel Gil-Martin, Ruben San-Segundo, Ana Mateos, Javier Ferreiros-Lopez [9]

Table 1.

Processing Details Per Signal					
Device	Signal	Sampling frequency	Frequency range	Sub-window length	Number of inputs to CNN
RespiBAN (Chest)	Accelerations (X, Y, and Z)	700 Hz	0–30 Hz	7 seconds	210
	ECG	700 Hz	0–7 Hz	30 seconds	210
	EDA	700 Hz	0–7 Hz	30 seconds	210
	EMG	700 Hz	0–250 Hz	0.84 seconds	210
	RESP	700 Hz	0–6 Hz	35 seconds	210
	TEMP	700 Hz	0–6 Hz	35 seconds	210
Empatica E4 (Wrist)	Accelerations (X, Y and Z)	64 Hz	0–30 Hz	7 seconds	210
	BVP	64 Hz	0–7 Hz	30 seconds	210
	EDA	64 Hz	0–7 Hz	30 seconds	210
	TEMP	64 Hz	0–6 Hz	35 seconds	210

Signal preprocessing



STRESS DETECTION VIA CNN

Human Stress Detection With Wearable Sensors Using Convolutional Neural Networks

Manuel Gil-Martin, Ruben San-Segundo, Ana Mateos, Javier Ferreiros-Lopez [9]

Table 4.

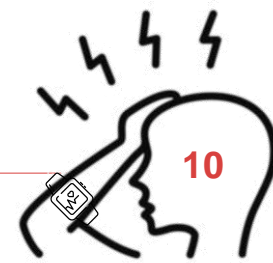
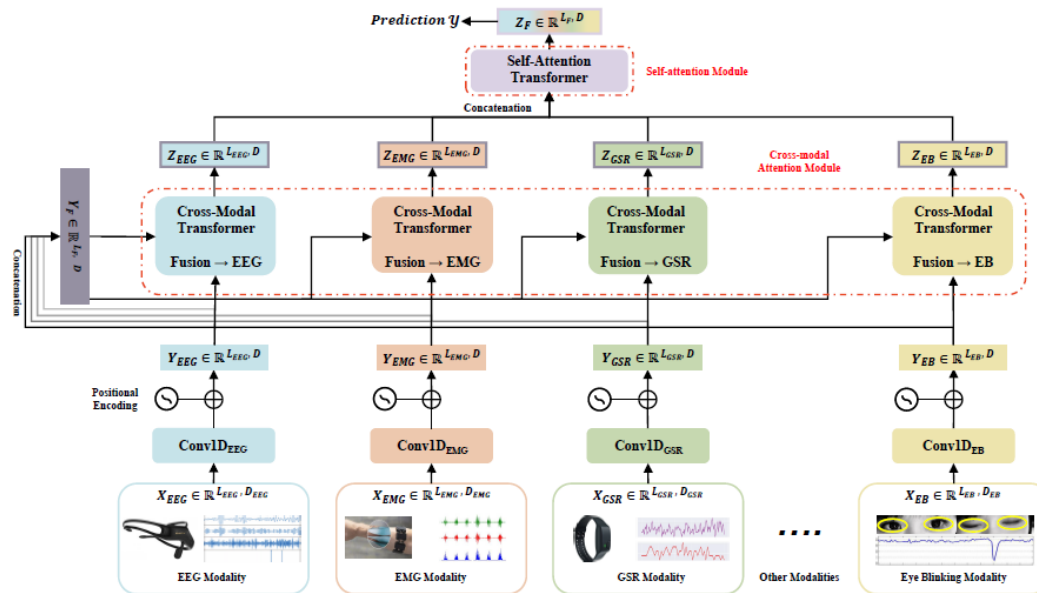
Accuracy (%) and F1-Score (%) Comparison with Schmidt et al. [12] Classifying Between Stress and Non-Stress Situations				
Stress versus Nonstress				
	Schmidt et al. [12]		This article	
	Accuracy	F1-score	Accuracy	F1-score
Wrist physiological signals	88.33	86.10	87.30 ± 0.21	87.00 ± 0.21
All inertial signals (acc)	–	–	91.50 ± 0.17	91.30 ± 0.17
All physiological signals	92.51	90.93	95.01 ± 0.13	94.78 ± 0.13
All chest signals	92.83	91.07	93.10 ± 0.16	93.01 ± 0.16
All wrist signals	87.12	84.11	92.70 ± 0.16	92.55 ± 0.16
All signals	92.28	90.74	96.62 ± 0.11	96.63 ± 0.11



HUSFORMER

Husformer: A Multi-Modal Transformer for Multi-Modal Human State Recognition

Ruiqi Wangy, Wonse Joy, Dezhong Zhao, Weizheng Wang, Baijian Yang, Guohua Chen and Byung-Cheol Min [10]



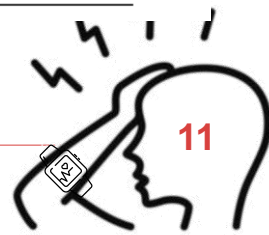
HUSFORMER

Husformer: A Multi-Modal Transformer for Multi-Modal Human State Recognition

Ruiqi Wangy, Wonse Joy, Dezhong Zhao, Weizheng Wang, Baijian Yang, Guohua Chen and Byung-Cheol Min [10]

TABLE 7: Performance of different models on WESAD, raw MOCAS, preprocessed MOCAS and CogLoad datasets in terms of average multi-class average accuracy (Acc) and multi-class average F1-score ($F1$) with stand deviations. Results of other models that are within 5% of the *Husformer's* on Acc or $F1$ are highlighted. ^h: higher is better.

Dataset	WESAD		Raw MOCAS		Preprocessed MOCAS		CogLoad	
Metric	$Acc(\%)^h$	$F1(\%)^h$	$Acc(\%)^h$	$F1(\%)^h$	$Acc(\%)^h$	$F1(\%)^h$	$Acc(\%)^h$	$F1(\%)^h$
EF-SVM	46.67 \pm 4.21	48.60 \pm 3.95	55.69 \pm 4.26	55.84 \pm 4.87	66.94 \pm 4.78	66.08 \pm 4.06	45.88 \pm 3.67	51.73 \pm 3.01
LF-SVM	49.19 \pm 2.35	51.72 \pm 2.87	52.95 \pm 3.27	53.06 \pm 3.29	64.01 \pm 5.03	64.89 \pm 4.94	43.19 \pm 2.58	50.08 \pm 1.99
EmotionMeter	69.24 \pm 1.20	69.44 \pm 1.13	77.38 \pm 3.27	77.21 \pm 3.18	85.03 \pm 2.33	86.17 \pm 2.40	65.80 \pm 1.21	69.22 \pm 1.09
MMResLSTM	72.49 \pm 0.86	73.05 \pm 0.98	82.06 \pm 2.15	82.17 \pm 1.95	89.54 \pm 1.08	89.98 \pm 1.14	68.17 \pm 1.41	70.12 \pm 1.45
HusFuse	74.58 \pm 1.37	74.29 \pm 1.12	76.46 \pm 2.17	77.03 \pm 2.20	83.81 \pm 1.91	84.62 \pm 1.67	64.30 \pm 0.49	63.46 \pm 0.64
HusPair	80.69 \pm 1.57	79.89 \pm 1.98	88.24 \pm 1.68	88.58 \pm 1.48	94.95 \pm 3.82	94.87 \pm 3.84	71.23 \pm 2.92	72.67 \pm 3.10
HusLSTM	76.40 \pm 0.99	76.76 \pm 1.06	84.74 \pm 2.50	85.04 \pm 2.39	88.16 \pm 1.58	88.30 \pm 1.56	72.85 \pm 0.84	72.36 \pm 0.79
HusFormer	85.02 \pm 1.91	85.85 \pm 2.14	93.71 \pm 2.26	93.82 \pm 2.41	96.42 \pm 2.11	96.51 \pm 2.03	80.40 \pm 2.34	81.27 \pm 2.63



TRANSFORMER

Attention is All you Need

Ashish Vaswani et al. [7]

parallel computation

efficiency in computation

decreased complexity

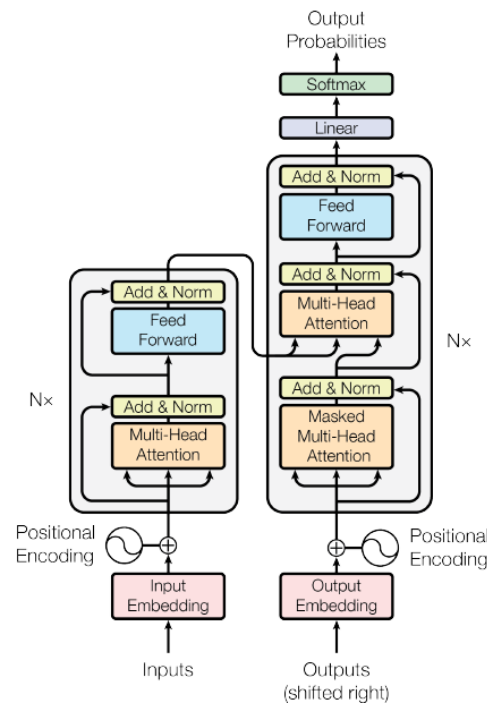


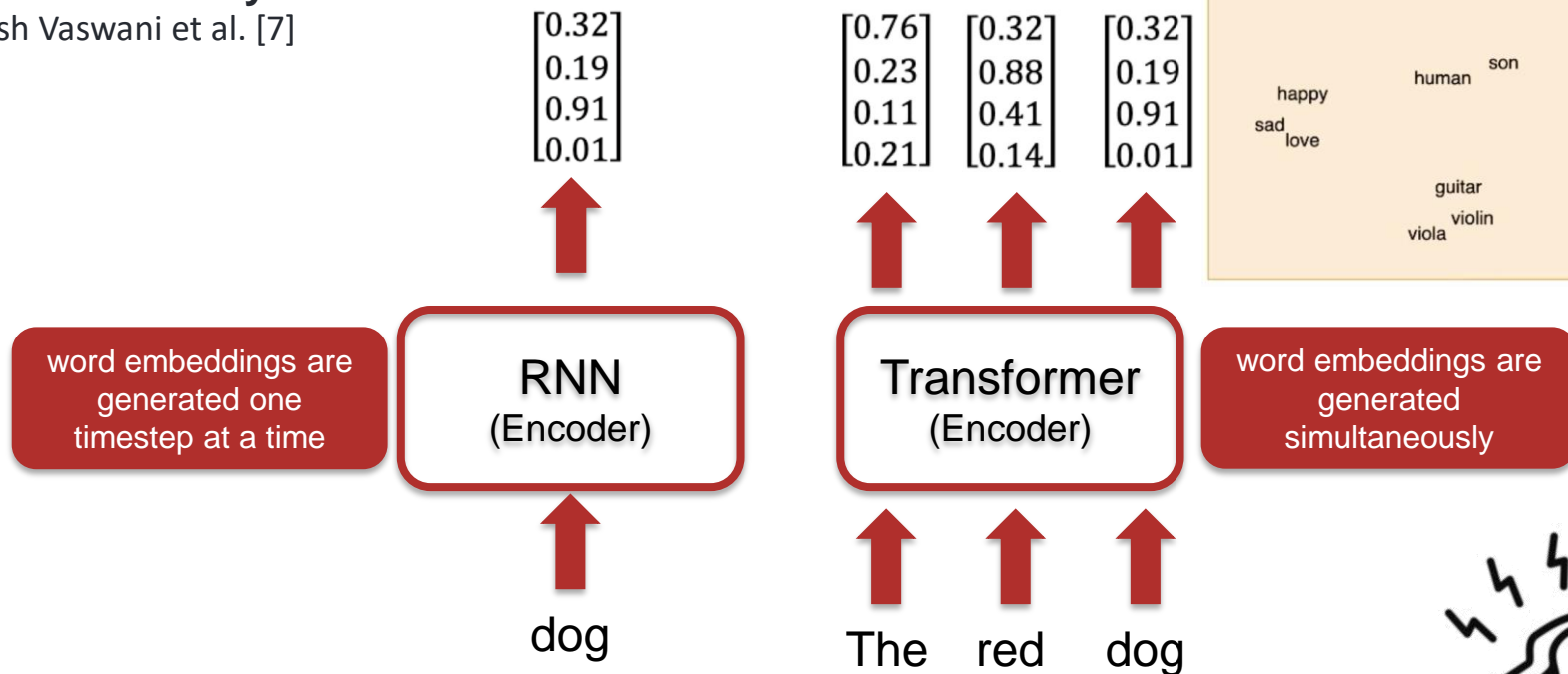
Figure 1: The Transformer - model architecture.



TRANSFORMER INPUT EMBEDDING

Attention is All you Need

Ashish Vaswani et al. [7]



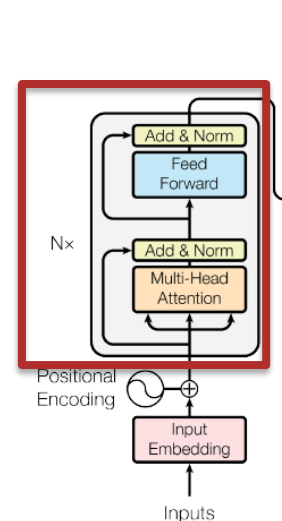
TRANSFORMER ENCODER

Attention is All you Need

Ashish Vaswani et al. [7]

Attention: what part of the input should be focused?

					Attention vectors				
The	→	The	big	red	dog	[0.71	0.04	0.07	0.18] ^T
big	→	The	big	red	dog	[0.01	0.84	0.02	0.13] ^T
red	→	The	big	red	dog	[0.09	0.05	0.62	0.24] ^T
dog	→	The	big	red	dog	[0.03	0.03	0.03	0.91] ^T


$$\begin{bmatrix} 0.48 \\ 0.29 \\ 1.61 \\ 1.28 \end{bmatrix}$$


TRANSFORMER DECODER

Attention is All you Need

Ashish Vaswani et al. [7]

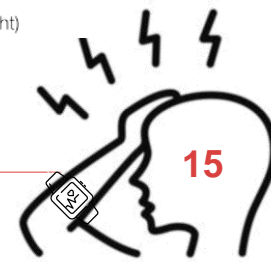
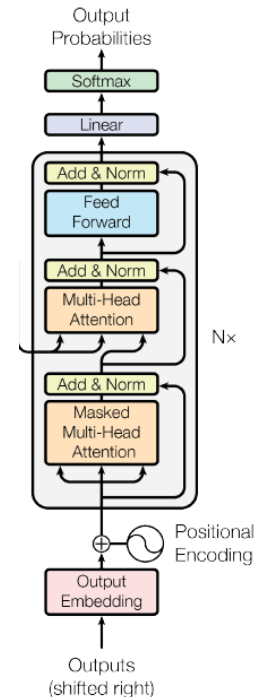
$\begin{bmatrix} 1 \\ 0 \\ 0 \\ 0 \end{bmatrix}$	$\begin{bmatrix} 0.1 \\ 0.9 \\ 0 \\ 0 \end{bmatrix}$	$\begin{bmatrix} 0.05 \\ 0.40 \\ 0.55 \\ 0 \end{bmatrix}$	$\begin{bmatrix} 0.16 \\ 0.09 \\ 0.15 \\ 0.66 \end{bmatrix}$
--	--	---	--

Le gros chien rouge

$\begin{bmatrix} 0.71 \\ 0.04 \\ 0.07 \\ 0.18 \end{bmatrix}$	$\begin{bmatrix} 0.01 \\ 0.84 \\ 0.02 \\ 0.13 \end{bmatrix}$	$\begin{bmatrix} 0.09 \\ 0.05 \\ 0.62 \\ 0.24 \end{bmatrix}$	$\begin{bmatrix} 0.03 \\ 0.03 \\ 0.03 \\ 0.91 \end{bmatrix}$
--	--	--	--

The big red dog

Encoder-Decoder-Attention



TOOLS

IDE



Google colab + Jupyter Notebook

Transformer



Tensorflow + Keras

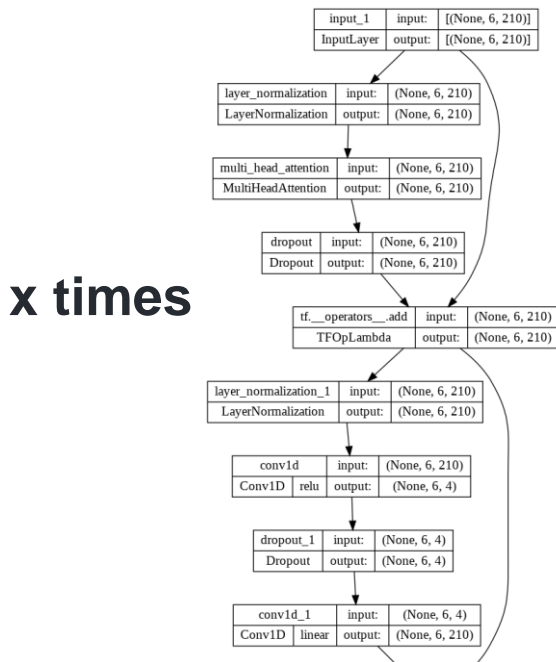
Hyperparameter Tuning



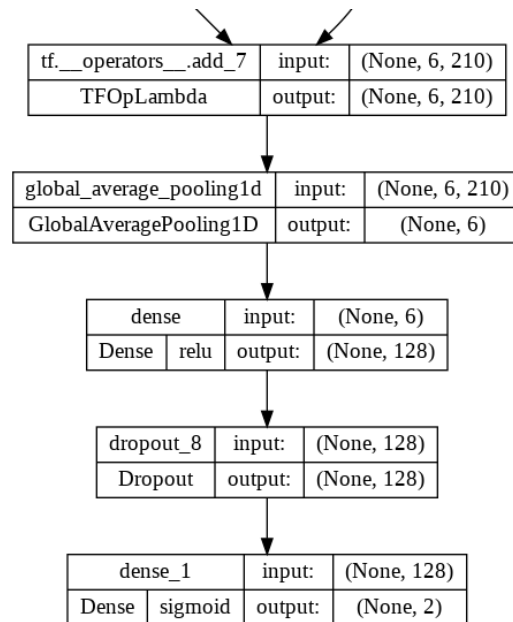
Neptune.ai



TRANSFORMER ARCHITEKTUR



+ 1 time



https://keras.io/examples/timeseries/timeseries_transformer_classification/#build-the-model



INTERIM RESULTS

Smartwatch OS: E4

Evaluation of Transformer model trained on 200 epochs

Subject	Accuracy	Precision	Recall	F1-Score

S2	0.91429	0.91429	0.91429	0.91429
S3	0.68571	0.68571	0.68571	0.68571
S4	0.97222	0.97222	0.97222	0.97222
S5	1.00000	0.97297	1.00000	0.98630
S6	0.94444	0.92105	0.97222	0.94595
S7	0.91667	0.91667	0.91667	0.91667
S8	0.94444	0.94444	0.94444	0.94444
S9	0.94444	0.94444	0.94444	0.94444
S10	1.00000	1.00000	0.97297	0.98630
S11	0.78378	0.77778	0.75676	0.76712
S13	0.91892	0.89474	0.91892	0.90667
S14	0.72973	0.71053	0.72973	0.72000
S15	1.00000	1.00000	1.00000	1.00000
S16	0.97297	0.94737	0.97297	0.96000
S17	0.70270	0.70270	0.70270	0.70270

Average	0.89536	0.88699	0.89360	0.89019



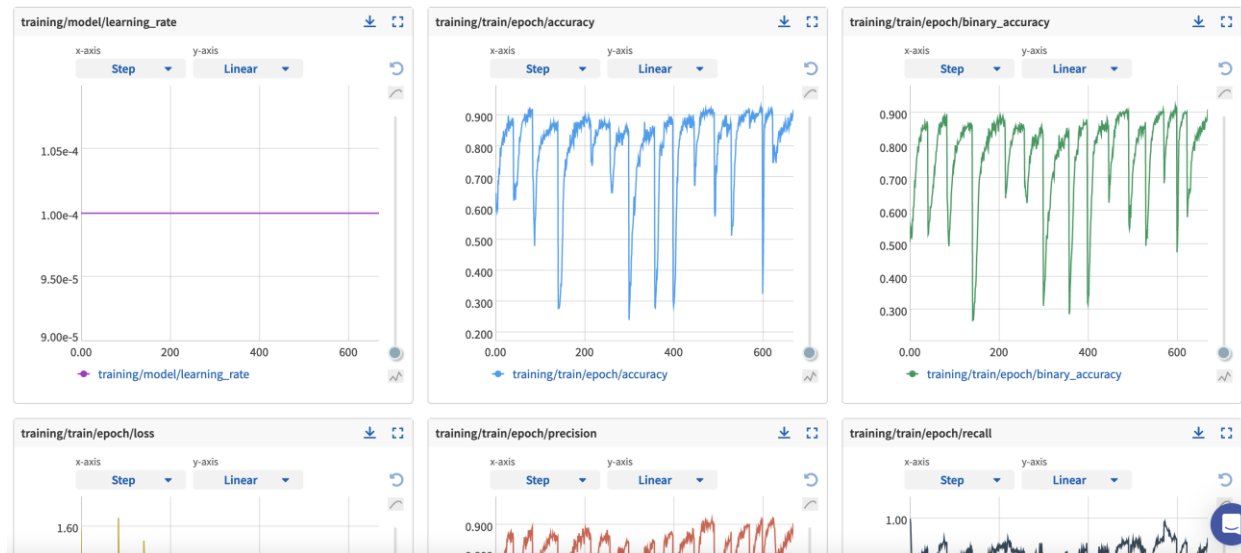
HYPERPARAMETER TUNING

DEMO



HYPERPARAMETER TUNING

batch_size	50
dropout	0.25
epochs	200
lr	0.0001
min_delta_loss	0.01
mlp_dropout	0.2
momentum	0.4
num_transformer_blocks	7



HYPERPARAMETER TUNING

PINNED COLUMNS ⓘ											
<input type="checkbox"/>	A	Creation Time	A	Monitoring Time	Acc	Loss	F1	LR	#EncBlocks	BatchSize	{A}
<input type="checkbox"/>	Id		Owner								Tags
<input type="checkbox"/>	STRESS1-23	2022/11/29 12:29:27	boris	1h 14m	0.72973	1.12489	0.702703	0.0001	6	50	all ×
<input type="checkbox"/>	STRESS1-22	2022/11/29 11:23:09	boris	47m	0.72973	1.00632	0.72	0.0001	5	50	all ×
<input type="checkbox"/>	STRESS1-21	2022/11/29 09:50:01	boris	47m 7s	0.783784	0.573396	0.746667	0.0001	6	50	all ×
<input type="checkbox"/>	STRESS1-20	2022/11/28 21:12:57	boris	56m 24s	0.72973	0.710102	0.72973	0.0001	7	50	all ×
<input type="checkbox"/>	STRESS1-19	2022/11/28 18:52:31	boris	1h	0.675676	0.763053	0.666667	0.0001	7	50	all ×
<input type="checkbox"/>	STRESS1-18	2022/11/28 18:04:24	boris	35m 10s	0.648649	0.900816	0.638889	0.0001	7	50	all × val_lo
<input type="checkbox"/>	STRESS1-17	2022/11/28 17:51:13	boris	10m 2s	0.702703	0.64422	0.702703	0.0001	7	50	onlyE4 × ve
<input type="checkbox"/>	STRESS1-16	2022/11/28 17:18:52	boris	10m 23s	0.837838	0.310676	0.849315	0.0001	7	50	onlyE4 ×
<input type="checkbox"/>	STRESS1-15	2022/11/28 16:06:09	boris	13m 40s	0.837838	0.342507	0.853333	0.0001	7	50	onlyE4 ×
<input type="checkbox"/>	STRESS1-14	2022/11/28 15:52:48	boris	9m 31s	0.702703	0.636979	0.704225	0.001	7	50	onlyE4 ×
<input type="checkbox"/>	STRESS1-13	2022/11/28 14:09:12	boris	18m 52s	0.756757	0.549588	0.756757	0.0001	8	50	onlyE4 ×



OUTLOOK

1. further Hyperparameter-Tuning / architecture changes
 - evaluation of the transformer architecture
2. Insert two LSTM-Layers for better positional encoding [11]
3. differential privacy
 - evaluation of the privacy preserving architecture



OUTLOOK

Differential Privacy with Opacus [13]

```
# define your components as usual
model = Net()
optimizer = SGD(model.parameters(), lr=0.05)
data_loader = torch.utils.data.DataLoader(dataset, batch_size=1024)

# enter PrivacyEngine
privacy_engine = PrivacyEngine()
model, optimizer, data_loader = privacy_engine.make_private(
    module=model,
    optimizer=optimizer,
    data_loader=data_loader,
    noise_multiplier=1.1,
    max_grad_norm=1.0,
)
# Now it's business as usual
```



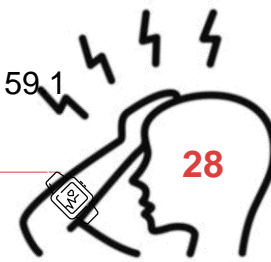
SUMMARY

1. stressdetection is relevant
2. biosignals are personal data
3. a Transformer is suitable for time-series-problems



LITERATURE

- [1] Miller GE Cohen S Janicki-Deverts D. „Psychological stress and disease.“ In: JAMA. 298 (2007), S. 1685–7.
- [2] Miller GE Segerstrom SC. „Psychological stress and the human immune system: a metaanalytic study of 30 years of inquiry.“ In: Psychol Bull. 130 (2004), S. 601–30.
- [3] Kivimäki M. Steptoe A. „Stress and cardiovascular disease: an update on current knowledge.“ In: Annu Rev Public Health. 34 (2013), S. 337–54.
- [4] Alexandros M. Heraclides u. a. „Work Stress, Obesity and the Risk of Type 2 Diabetes: Gender-Specific Bidirectional Effect in the Whitehall II Study“. In: Obesity 20.2 (2012), S. 428–433.
- [5] H.M. van Praag. „Can stress cause depression?“ In: Progress in Neuro-Psychopharmacology and Biological Psychiatry 28.5 (2004), S. 891–907.
- [6] S Michie. „Causes and Management of stress at work“. In: Occupational and Environmental Medicine 59.1 (2002), S. 67–72. issn: 1351-0711



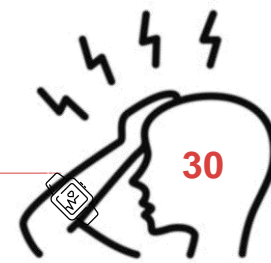
LITERATURE

- [7] Ashish Vaswani u. a. „Attention is All you Need“. In: Advances in Neural Information Processing Systems. Hrsg. von I. Guyon u. a. Bd. 30. Curran Associates, Inc., 2017.
- [8] Philip Schmidt u. a. „Introducing WESAD, a Multimodal Dataset for Wearable Stress and Affect Detection“. In: ICMI '18. Boulder, CO, USA: Association for Computing Machinery, 2018, S. 400–408.
- [9] Manuel Gil-Martin u. a. „Human Stress Detection With Wearable Sensors Using Convolutional Neural Networks“. In: IEEE Aerospace and Electronic Systems Magazine 37.1 (2022), S. 60–70
- [10] Ruiqi Wang u. a. Husformer: A Multi-Modal Transformer for Multi-Modal Human State Recognition. 2022.
- [11] Albert Zeyer u. a. „A Comparison of Transformer and LSTM Encoder Decoder Models for ASR“. In: 2019 IEEE Automatic Speech Recognition and Understanding Workshop (ASRU). 2019, S. 8–15.
- [12] Chang Li, Xiaoyang Huang, Rencheng Song, Ruobing Qian, Xiang Liu, Xun Chen, EEG-based seizure prediction via Transformer guided CNN, Measurement, Volume 203, 2022



LITERATURE

- [13] Ashkan Yousefpour u. a. „Opacus: User-Friendly Differential Privacy Library in PyTorch“.
In: CoRR abs/2109.12298 (2021).





UNIVERSITÄT
LEIPZIG

THANK YOU!