Rachel Asmal

Clinical Associate





South African





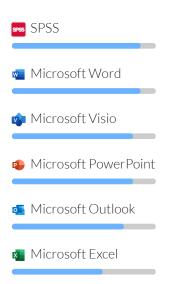
LANGUAGES

English	Mother tongue				
Afrikaans					
Zulu					

PROFESSIONAL SKILLS

- Effective Communication
- Z Patient
- Reliable Team Player
- Attentive Listener
- Problem Solving
- Decision Making
- Customer Care

COMPUTER SKILLS



PERSONAL PROFILE

Lorem Ipsum has been the industry's standard dummy text ever since the 1500s, when an unknown printer took a galley of type and scrambled it to make a type specimen book. It has survived not only five centuries, but also the leap into electronic typesetting, remaining essentially unchanged. It was popularised in the 1960s with the release of Letraset sheets containing Lorem Ipsum passages, and more recently with desktop publishing software like Aldus PageMaker including versions of Lorem Ipsum

TECHNICAL COMPETENCIES



Wound Care



Catheter Care



Vital Signs



Patient Admission



IV Line Insertion

EXPERIENCE

- **Clinical Associate**
- Dec 2018 Now

Netcare Olivedale Hospital

Randburg

Duties:

- Integer aliquet leo hendrerit consectetur.
- Sed maximus ante vel lectus.
- Quisque nec metus vitae dui rutrum efficitur.
- enean sem purus, malesuada id libero sed.

EDUCATION

BSc Clinical Associate

🃋 Jan 2014 - Nov 2017

Johannesburg

Main Courses:

Nursing Ethics Professional Practice & Communication
Information Technology

VOLUNTEER EXPERIENCE

Community Outreach

- Open Arms & Hands
 Organisation
- **J**an 2021 Now

Career Guidance to Learners and Mentorship

- Taxila High School
- **2010 Now**

Student Shadower

Patient care: medicine preparation and health check. Generating files and filing.

- Mar 2010 Oct 2010

ACHIEVEMENTS

Published as First Author for my Honours Research Project

International Journal of

- Environmental Research and Public Health (MDPI)
- **2020**

Top Learner in Physiology and Environmental Health (Chronic Diseases of Lifestyle)

- **2**018

Top Learner in Physiology 2 class (SPLA021 & SPLA022)

- **=** 2017

Manager

Mar 2019 - Apr 2019

Boerriechak Restaurant

Polokwane

Duties:

- Planning, facilitation, managing and evaluation.
- · Stock-taking.
- Conduct customer surveys.
- Market research.
- Budgeting and financial reconciliation.
- Customer care.

Research Assistant

iii Feb 2018 - Oct 2018

Duties:

- Tutoring physiology 2^{nd} year students.
- Practical and exam assistance.
- Student mentoring and support.
- Sampling and interpretation.

■ University of Limpopo

Polokwane

EDUCATION

Honours in Physiology and Environmental Health

2018

1 University of Limpopo

Limpopo

Research Topic:

"The Relationship between Under-Nutrition and Hypertension among Ellisras Children and Adolescents Aged 9 to 17 Years."

Main Courses:

Physiology Occupational Hygiene Occupational Health

BSc Life Sciences

2017

1 University of Limpopo

Limpopo

Main Courses:

Physiology Biochemistry Microbiology

National Senior Certificate (Matric)

= 2010

Taxila Secondary School

Polokwane

Main Subjects:

Mathematics | Life Sciences | Physical Sciences | English

MEMBERSHIPS

Member: Occupational Hygiene Assistant

South African Institute of Occupational Hygiene

Since May 2021

REFERENCES

* Available upon request

CERTIFICATIONS & SHORT COURSES

2021 **Basic Principles of Occupational Hygiene (W201)**

 ⚠ Occupational Hygiene Training Association

2021 **Candidate Scientist**

■ SACNASP

PUBLICATIONS

2020 "The Relationship between Under-Nutrition and Hypertension among Ellisras Children and Adolescents Aged 9 to 17 Years"

International Journal of Environmental Research and Public Health (MDPI), vol 17, issue 23