

Rachel Asmal

Clinical Associate

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🌐 Rachel Asmal

🇿🇦 South African

🚗 Code 10/C1

LANGUAGES

English Mother tongue

Afrikaans ● ● ● ● ●

Zulu ● ● ● ● ●

PROFESSIONAL SKILLS

💬 Effective Communication

⌚ Patient

👥 Reliable Team Player

👂 Attentive Listener

⚙️ Problem Solving

🔗 Decision Making

🤝 Customer Care

COMPUTER SKILLS

📊 SPSS ▬

📄 Microsoft Word ▬

📊 Microsoft Visio ▬

📄 Microsoft PowerPoint ▬

📧 Microsoft Outlook ▬

📊 Microsoft Excel ▬

PERSONAL PROFILE

“ Lorem Ipsum has been the industry’s standard dummy text ever since the 1500s, when an unknown printer took a galley of type and scrambled it to make a type specimen book. It has survived not only five centuries, but also the leap into electronic typesetting, remaining essentially unchanged. It was popularised in the 1960s with the release of Letraset sheets containing Lorem Ipsum passages, and more recently with desktop publishing software like Aldus PageMaker including versions of Lorem Ipsum ”

TECHNICAL COMPETENCIES

🔬 Wound Care

🩺 Catheter Care

📊 Vital Signs

📄 Patient Admission

📊 IV Line Insertion

EXPERIENCE

🏢 **Clinical Associate**

📅 Dec 2018 – Now

🏢 Netcare Olivedale Hospital

📍 Randburg

Duties:

- Integer aliquet leo hendrerit consectetur.
- Sed maximus ante vel lectus.
- Quisque nec metus vitae dui rutrum efficitur.
- enean sem purus, malesuada id libero sed.

EDUCATION

🎓 **BSc Clinical Associate**

📅 Jan 2014 – Nov 2017

🏢 Wits University

📍 Johannesburg

Main Courses:


Nursing Ethics

Professional Practice & Communication

Information Technology


VOLUNTEER EXPERIENCE

Community Outreach

 Open Arms & Hands Organisation

 Jan 2021 - Now

Career Guidance to Learners and Mentorship

 Taxila High School

 2010 - Now

Student Shadower


Patient care: medicine preparation and health check. Generating files and filing.

 Unicare Hospital

 Mar 2010 - Oct 2010

ACHIEVEMENTS

Published as First Author for my Honours Research Project

 International Journal of Environmental Research and Public Health (MDPI)

 2020

Top Learner in Physiology and Environmental Health (Chronic Diseases of Lifestyle)

 University of Limpopo


 2018

Top Learner in Physiology 2 class (SPLA021 & SPLA022)

 University of Limpopo

 2017

Manager

 Mar 2019 – Apr 2019

 Boerrieckak Restaurant

 Polokwane

Duties:

- Planning, facilitation, managing and evaluation.
- Stock-taking.
- Conduct customer surveys.
- Market research.
- Budgeting and financial reconciliation.
- Customer care.

Research Assistant

 Feb 2018 – Oct 2018

 University of Limpopo

 Polokwane

Duties:

- Tutoring physiology 2nd year students.
- Practical and exam assistance.
- Student mentoring and support.
- Sampling and interpretation.

EDUCATION

Honours in Physiology and Environmental Health

 2018

 University of Limpopo

 Limpopo

Research Topic:

"The Relationship between Under-Nutrition and Hypertension among Ellisras Children and Adolescents Aged 9 to 17 Years."

Main Courses:

Physiology

Occupational Hygiene

Occupational Health

BSc Life Sciences

 2017

 University of Limpopo

 Limpopo

Main Courses:

Physiology

Biochemistry

Microbiology

National Senior Certificate (Matric)

 2010

 Taxila Secondary School

 Polokwane

Main Subjects:

Mathematics

Life Sciences

Physical Sciences

English

MEMBERSHIPS



Member: Occupational Hygiene Assistant



South African Institute of Occupational Hygiene



Since May 2021

REFERENCES

* Available upon request

CERTIFICATIONS & SHORT COURSES

2021



Basic Principles of Occupational Hygiene (W201)



Occupational Hygiene Training Association

2021



Candidate Scientist



SACNASP

PUBLICATIONS

2020



"The Relationship between Under-Nutrition and Hypertension among Ellisras Children and Adolescents Aged 9 to 17 Years"



International Journal of Environmental Research and Public Health (MDPI), vol 17, issue 23