

60 SECONDS



How many times can you clap your hands in 60 seconds?

Estimate

17

Actual

79



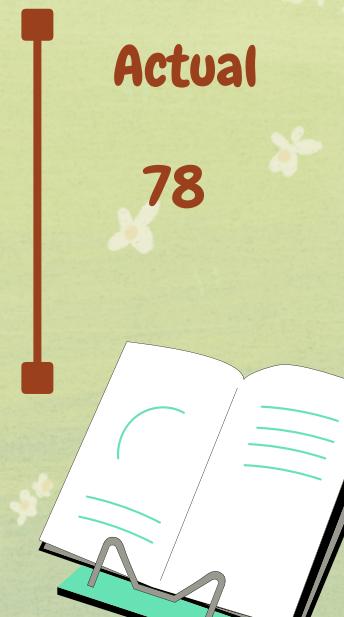
How many times can you hope hop up and down in 60 seconds?

Estimate

59

Actual

78



60 SECONDS

How many times can you touch your toes in 60 seconds?

Estimate

70

Actual

46



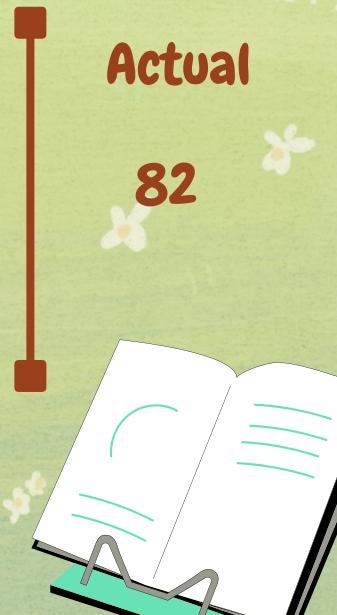
How many times can you do jumping jacks in 60 seconds?

Estimate

29

Actual

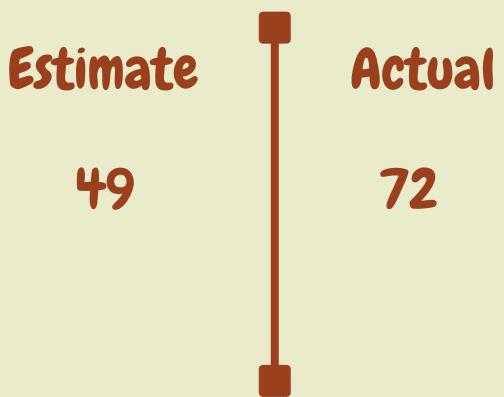
82



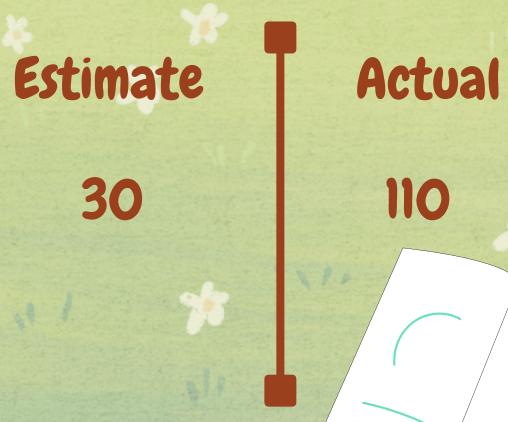
60 SECONDS



How many times can you stand and sit in 60 seconds?



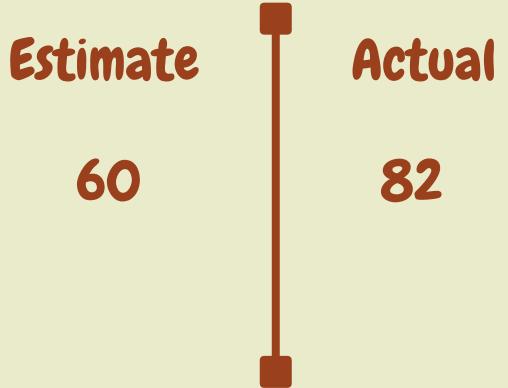
How many times can you blink, blink, your eyes in 60 seconds?



60 SECONDS



How many times can you
hop on one leg in 60
seconds?



VRINDA TRIPATHI

1 LILY

