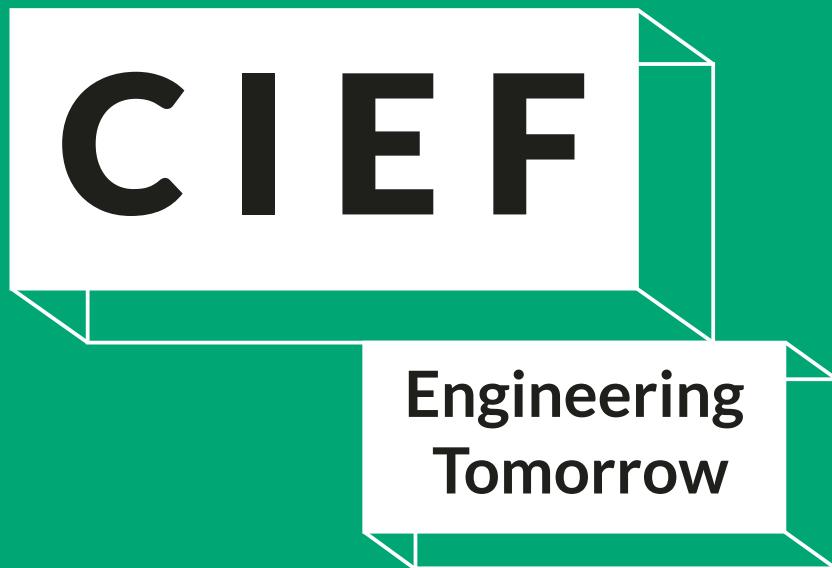


Survival Guide



Index

BEST	3
BEST Coimbra	
CIEF	4
Schedule	5
Participants Responsibilities	6
The Country	7
Language	
A bit of History	8
The City	10
A bit of History	
The University	11
Culture	12
General and Useful Info	13
What to bring	
Useful vocabulary	14
Meet the team	15
FAQs	16

BEST

*Board of European
Students of Technology*

34 countries • 97 local groups
• 3.000+ members

Board of European Students of Technology is an European non-profit student organization of technology, founded in 1989, whose main purpose is to provide opportunities for communication and exchange between students, businesses, and universities from all over Europe, underpinning student development, promoting their contact with other cultures and people. Our organization has more than 3.300 members from 97 different universities scattered around 34 countries all over Europe.

BEST Coimbra

Since 1992, the BEST Local Group of the University of Coimbra has aimed to promote the close development of students, through engineering competitions, job fairs, workshops and a lot more. BEST Coimbra also helps its members in developing soft and hard skills which will be valuable in their future. Simultaneously, BEST promotes important values, such as Friendship, Flexibility, Improvement and Learning, all in a healthy environment surrounded by the BEST spirit.





*Coimbra International
Engineering Forum*

Timeline
Event Period

CIEF (Coimbra International Engineering Forum) is an engineering forum held in Coimbra, in an online format, which aims to create solutions to problems on a worldwide scale, applying knowledge of engineering, science, and technology. The main focus of this event is the competition between the participants, who will have to find viable solutions to the proposed problems, focusing on environmental and social/humanitarian topics.

The event will have the participation of different cultures and will connect students from different countries, mainly students from the community of Portuguese speaking countries (CPLP) and Europe.

There will also exist workshops and lectures with the purpose of providing participants with the necessary tools and knowledge for the competition, as well as round tables and discussion panels to enrich and encourage discussion about related topics. In addition, we will have a fair open to the public where participants can get in touch with initiatives in the event.

05/05 to 05/06

Application period

25/06 to 30/06

Attendance confirmation period

25/07 to 31/07

Event period



Schedule

	25 Sunday	26 Monday	27 Tuesday	28 Wednesday	29 Thursday	30 Friday	31 Saturday
08:00							
08:30							
09:00							
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22:00							
22:30							
23:00							

* This is only a provisory schedule, the official one will be given to you once you are accepted as a participant.

** Our Time Zone: GMT+1

Participants Responsibilities*

Before the event, participants are expected to:

- Pay the deposit according to the instructions that will be delivered to you and within the communicated deadline.
- Provide us with specific personal information, as soon as it is requested.

During the event, participants are expected to:

- Be actively present in all of the event's activities. This is mandatory, only the social and fun activities are optional.
- Take part and try to solve 2 Case Studies: one about a Humanitarian & Social topic and other about an Environmental topic.
- Participants cannot leave work-related activities unless agreed upon by the organizers.
- Have a functioning camera and microphone.
- Attend on time to all the activities according to the official schedule, which will be provided if you are accepted. A specific adaptation to your timezone version of the schedule will be given to you later.
- Behave in a civilized manner, respecting people independently of their nationality, gender, sexual orientation or political and religious beliefs and in accordance with the rules set. If a participant misbehaves during the event, that participant may be expelled.
- Not consume alcohol or drugs nor be visibly intoxicated during work activities. Alcohol consumption is only allowed in social/fun activities previously authorized by the organizers.
- Not sleep during all the activities of the event.

After the event, participants are expected to:

- Evaluate the event according to the instructions that will be given and within a specific deadline.

* If all of the rules above are obliged, then your deposit will be given back to you. Exceptions for not following some of the rules in a specific moment, can be accepted with a valid explanation and previously announced to an organizer.

The Country

With its mild climate, 3000 hours of sunshine per year and 850 km of splendid beaches bathed by the Atlantic Ocean, Portugal is the perfect holiday destination all year round. This is a country that has the oldest borders in Europe, with an exceptional range of different landscapes just a short distance away, lots of leisure activities and unique cultural heritage, where tradition and modernity blend together in perfect harmony.

Its superb cuisine, fine wines and hospitable people make this a tourist paradise of the highest quality. Situated in the extreme southwest of Europe, just a few hours from any of the other European capitals, Portugal attracts visitors from all over the world. Come and discover the charms of this country too!



Language

*“Ó mar salgado, quanto do teu sal
São lágrimas de Portugal.”*

From a Latin root, Portuguese is spoken by about 250 million people in every continent and is the 5th most spoken language in the world and the 3rd, if we only consider the European languages. The Portuguese-speaking countries are scattered all over the world. Portuguese is spoken in Africa (Angola, Cape Verde, Guinea-Bissau, Mozambique and São Tomé e Príncipe), in South America (Brazil) and Asia, (East Timor), and it is also the official language in Macao Special Administrative Region of China. In Portugal, there are a lot of people who are able to communicate in English, French and Spanish, like us, BESTies!

A bit of History

Portugal is a country located in the southwestern Europe on the Iberian Peninsula. It is bordered by the Atlantic Ocean (west and south) and Spain (east and north). Azores and Madeira, two Atlantic Archipelagos, are also part of Portugal. The country is named after its second largest city, Porto, whose Latin name was Portus Cale.

Portugal had its independence recognised in 1143 by Leon & Castille which would later become the kingdom of Spain. This is all thanks to our first king, D. Afonso Henriques who fought bravely against his own mother. The legend says it all started with a slap in the backyard! 242 years later in Leiria, between Alcobaça and Batalha, took place the most glorious battle of the Portuguese history, “The Battle of Aljubarrota”. The 7000 Portuguese soldiers, with the help of 200 English long-bowmen, showed great valour, courage, will and vim against the 35000 Spanish soldiers. To counter the Spanish superior numbers, new tactics were employed like the Square tactic and, after 30 minutes of battle, the Spanish army sounded the retreat. One of the stories told about this battle is about a baker woman, who got the nickname “Padreira de Aljubarrota” that defeated 7 soldiers!

The city of Porto



But, Portugal is mostly known for the empire it held during the 15th and 16th centuries. Portuguese explorers were the first to set sail into the Atlantic leading to the large empire throughout Africa, Asia and South America. During the 16th century, poet Luís Vaz de Camões wrote ‘Os Lusíadas’, which is an epic poem that offers a fantastical interpretation of the Portuguese travels of discovery. Nowadays, Luís Vaz de Camões is recognised as one of the most brilliant poets in history, being compared to Homer, Virgil, Dante and Shakespeare.

Detail of “Padrão dos Descobrimentos”,
a monument that honors the portuguese
maritime explorers



We hope you'll love it as much as we do!

The City

The university tower,
"A Cabra"

Coimbra is a very beautiful and peaceful town situated on the Mondego River, approximately 185 kilometers Northeast of Lisbon and 98 km Southeast of Oporto.

Coimbra's commerce and the sector of services (especially the latter) are very important and famous for their very high-quality standards. The District of Coimbra has an area of about 3,956 km². Roughly oblong-shaped, it extends inland from the Atlantic Ocean halfway across the country.

A bit of History

The city of Coimbra served as the capital of Portugal from 1139 to 1385, and was the birthplace of six monarchs from the Portuguese 1st Dynasty. Noted for its cultural traditions and artistic treasures, Coimbra was long the intellectual capital of Portugal and remains one of its most picturesque cities. With its suburb of Santa Clara, the city spreads out along the two sides of the Mondego River. The older part of the city, with its narrow, crooked streets, is on a hill. Below it on all sides are the newer, more regularly patterned city districts. The life of the city depends primarily on the University of Coimbra. As in medieval universities, the students wear long black capes and ribbons of varying colour to distinguish the various faculties. The institution was founded in 1290 and it is one of the oldest universities in Europe. Like an acropolis, the white buildings of the University now dominate the hilltop overlooking the north bank of the river.



The University

The University of Coimbra is certainly one of the most prestigious and traditional universities in Europe and the most important cultural center in Portugal. The richness of its long History of seven centuries, its unique tradition and the quality and variety of its architecture enrich student's attraction to Coimbra.

However, the University of Coimbra has been able to conciliate the past with both the present and future and it is also a "modern" university, very well equipped with up-to-date technology in the various fields of knowledge, and where science and technology are considered to play an essential role. The Science and Technology Faculty has actually more than 8000 students and more than 300 senior professors that dedicate to the most relevant branches of fundamental and applied Science, being the largest and the most prominent faculty of the University. The Chemistry and the Physics Departments are certainly among the most important research centers in these fields of research in Portugal and both have since long ago attained the respect of the international scientific community. We have a special uniform: the "capa e batina". This one was inspired in canonicals of Jesuits and, "capa e batina" inspired J. K. Rowling for Harry Potter!!!

"Capa e Batina"



Culture

Coimbra has museums of natural history and archaeology and a botanical garden. The first cathedral, Sé Velha, in the middle of the old city, is one of the best examples of Romanesque churches in Portugal. The new Cathedral, Sé Nova, begun by the Jesuits in the late 16th century and consecrated a cathedral in 1772, has a single nave in the Roman style. Santa Cruz, a church dated mostly from the Renaissance, is famed for its cloisters and for the tombs of Afonso Henriques and his son Sancho I, the first two kings of Portugal. In the convent of Santa Clara, built on the height overlooking the south bank of the Mondego, are the remains of the sainted Queen Elisabeth, patroness of the city and of the University.

*“Capa negra de saudade
no momento da partida
segredos desta cidade
levo comigo p’ ra vida”*

“Sé Velha”



General and Useful Info

WHERE: Online
WHEN: 25/7/21 - 31/7/21
LANGUAGE: English
FEE: 0€
DEPOSIT: 5-35€*



Lisbon



+351



Summer UTC+1



Euro



230V/50Hz



112

What to bring

- Yourself
- Motivation
- Team spirit
- Creativity
- Competitiveness
- Good energy
- Big smile
- Computer
- Food & water
- Coffee
- Good night of sleep
- Active brain
- Good internet connection
- Earphones
- TONS OF JOY!

* Deposit amount depends on your country, but it will be returned after the event.

Useful vocabulary

Hello	Olá
Goodbye	Adeus
Good Morning!	Bom dia!
Good Afternoon!	Boa tarde!
Good Night!	Boa noite!
Please	Por favor
Thank you	Obrigado (fem: Obrigada)
Sorry	Desculpa
Excuse me	Com licença
Yes	Sim
No	Não
Perhaps	Talvez
Never mind	Esquece
Do you speak English?	Falas inglês?
I don't speak Portuguese	Não falo português
I don't understand	Não estou a perceber
How are you?	Como estás?
Nice to meet you	Prazer em conhecer-te
My name is...	Chamo-me...
See you tomorrow	Até amanhã
What time is it?	Que horas são?
Help me	Ajuda-me

Meet the team

We are working very hard for CIEF!

MAIN ORGANIZER



Carolina
Janeiro

SECRETARY



Patrícia
Cruz

ACADEMICS RESPONSIBLE



Lucas
Rebelo

CR RESPONSIBLE



Joel
Filho

TOPIC RESPONSIBLE



Ana
Antunes

GRANTS RESPONSIBLE



Rita
Reis

PR RESPONSIBLE



José
Teodoro

DESIGN RESPONSIBLE



Sofia
S. Almeida

IT RESPONSIBLE



Ângela
Calhau

FAQs:

Q: How many participants can attend the event?

A: We have a maximum of 60 participants for the event.

Q: Can I apply for the event alone, or do I need to apply with a team?

A: The application process is individual, you apply individually and we divide the participants into teams according to specific criteria.

Q: How many participants will my team have?

A: Each team will be composed of 5 members.

Q: When and how do I know if I was accepted?

A: If you are accepted, you'll be contacted by us and get a confirmation email. You have until the 5/06 to apply, then we will review all the applications, and if you are accepted, you will hear from us between the 25/06 to the 30/06.

Q: Do I have to participate in both the Case Studies?

A: Yes, the active participation in both the Humanitarian & Social and the Environmental Case Studies is mandatory, as well as the participation in all of the work related activities.

Q: How can I get my deposit back?

A: It's very simple! You just have to follow our rules, behave during the whole event and follow everything that is written in the "Participants Responsibilities" section of this document and then you will have your deposit back!



See you soon!

f bestcoimbra

o best_cief

in best-coimbra