

Lab - My On-line Day

Objectives

- Record all of your on-line interactions for a single day.
- Categorize the reasons behind your on-line activities.
- Describe how you might accomplish the same tasks without being on-line.

Background

Everything that you access online is located somewhere on the global Internet. Social media sites, multi-player games, messaging centers that provide email, online courses – all of these Internet destinations are connected to local networks that send and receive information through the Internet.

Think about all of the interactions that you have during the day which require you to be online. Use this worksheet to make a list to share with your classmates. Add additional lines or pages as necessary.

Sample:

Time	Device	Activity	Reason	Alternative
8:00	Phone	Check email	Address any important messages	none
8:15	Phone	Check overnight text messages	Update myself on what's happening	Call everyone?
8:30	Desktop	Login at school library to check assignments	Get ready for class	Printed calendar, course schedule, and syllabus
8:35	Phone	Check Facebook and Instagram	Update	Print and share pictures. Copy videos to thumb drive and show people in person.
9:00	Phone	Played "Angry Birds"	Entertainment	Boredom
Noon	Phone	Used Google maps to find closest pizza	Hungry	Call directory assistance

Your Activities:

Time	Device	Activity	Reason	Alternative

Continue the list on a separate page if necessary.

Reflection

1. How many of your daily on-line activities would not be possible without being connected to the Internet or a local network?

2. How many different devices did you use to accomplish your on-line activities?
