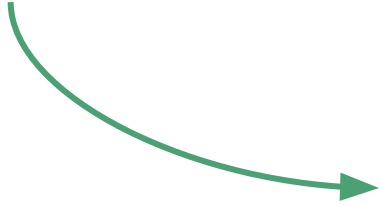


Computing GC content with for loops

BILD 62

Quick check in...



<https://www.menti.com/blhpa9c4jpki>

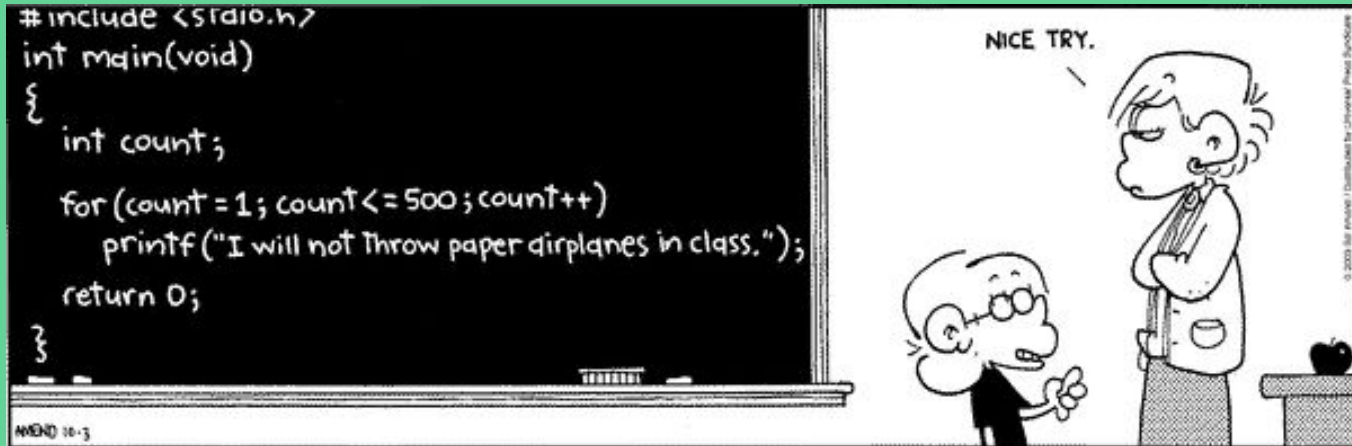
Recap of last time:

computing GC content with conditionals

- Can we do this with `elif` statements?
- Can we alert the user if the function gets incorrect input (a string of incorrect length)?

A **loop** is a procedure to repeat a piece of code.
(another way of saying this is that it **iterates** through code)

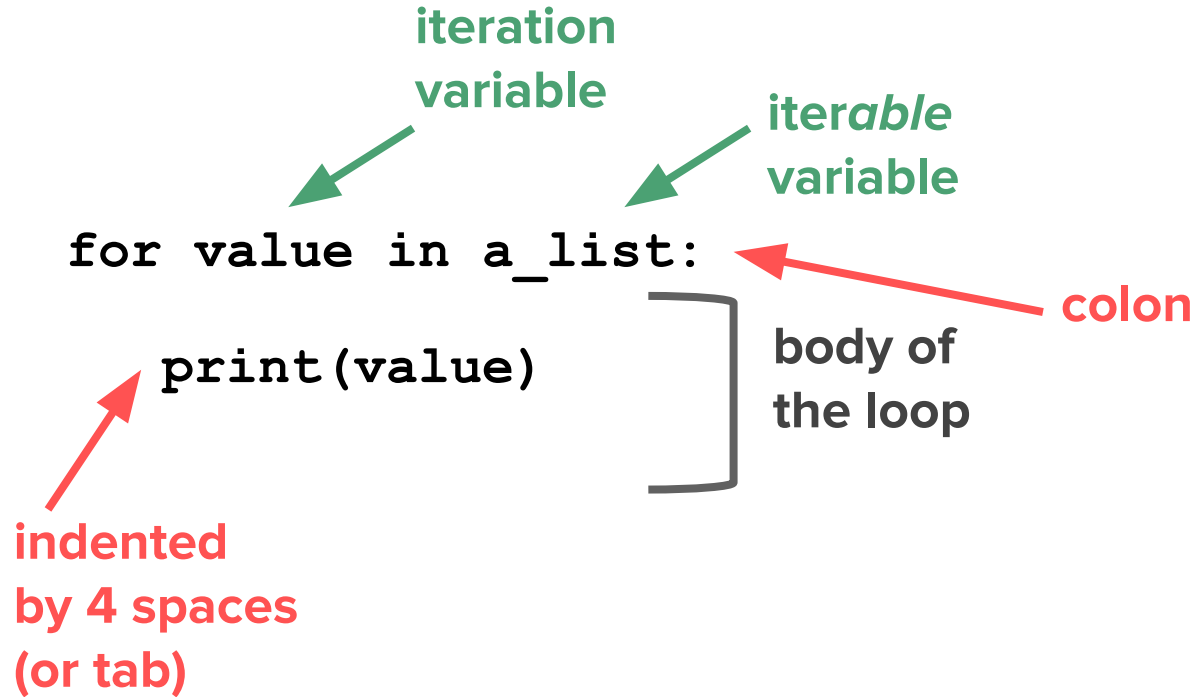
- Loops enable you to re-run blocks of code for as many times as you need.
- Python has two main ways to run loops: **for** & **while**



Objectives for this week

- Write a **for** loop to iterate over elements in an object
 - Use a **counter** in a loop
 - Use a **for** loop to count GC content and CCAAT boxes in a DNA string
 - Write **while** loops and implement **continue** and **break**
 - Develop a **growth mindset** towards your programming growth
-

for loop syntax



The diagram illustrates the syntax of a Python for loop. The code snippet is `for value in a_list:` followed by an indented line `print(value)`. Annotations include: a green arrow pointing to `value` labeled "iteration variable"; a green arrow pointing to `a_list` labeled "iterable variable"; a red arrow pointing to the colon `:` labeled "colon"; a red arrow pointing to the indentation of `print(value)` labeled "indented by 4 spaces (or tab)"; and a bracket under the indented line labeled "body of the loop".

```
for value in a_list:  
    print(value)
```

iteration variable

iterable variable

colon

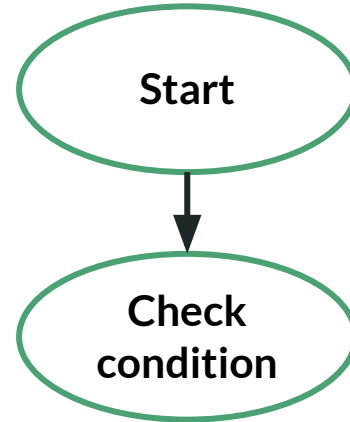
body of the loop

indented by 4 spaces (or tab)

A **for loop** is a procedure to repeat code for every element in a sequence.

for loop syntax

```
a_list = [1,2,3]  
  
for value in a_list:  
    print(value)
```



for loop syntax

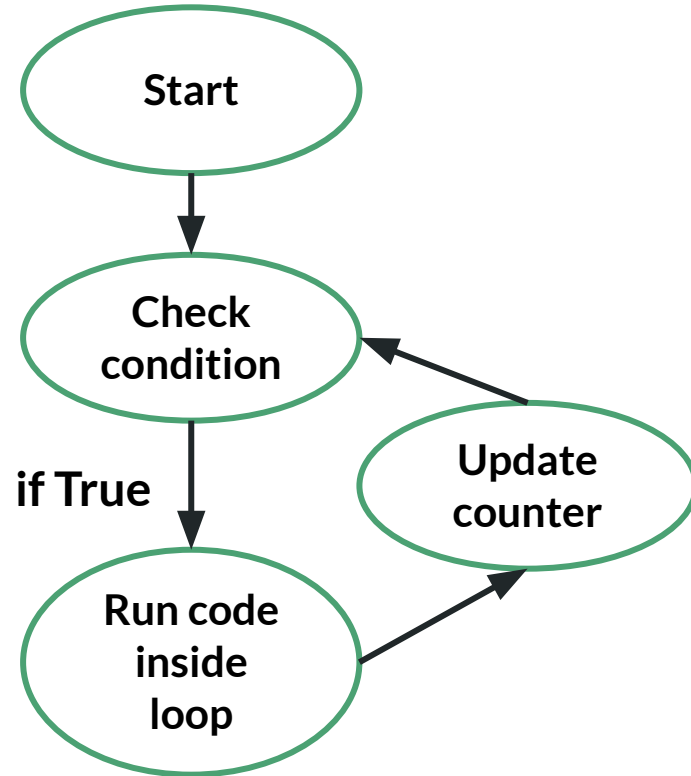
```
a_list = [1,2,3]
```

```
for value in a_list:
```

```
    print(value)
```

1

output



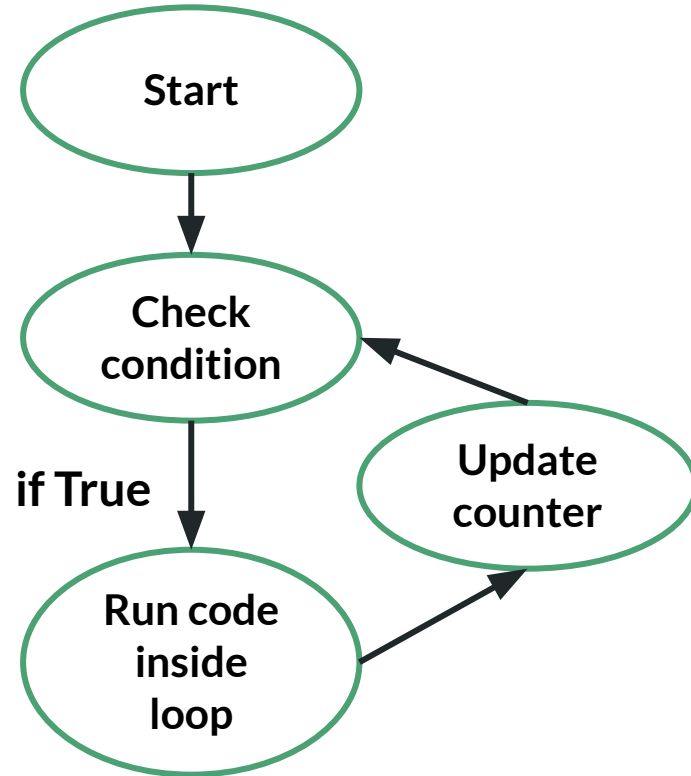
for loop syntax

```
a_list = [1,2,3]
```

```
for value in a_list:
```

```
    print(value)
```

```
1 |  
2 | output
```

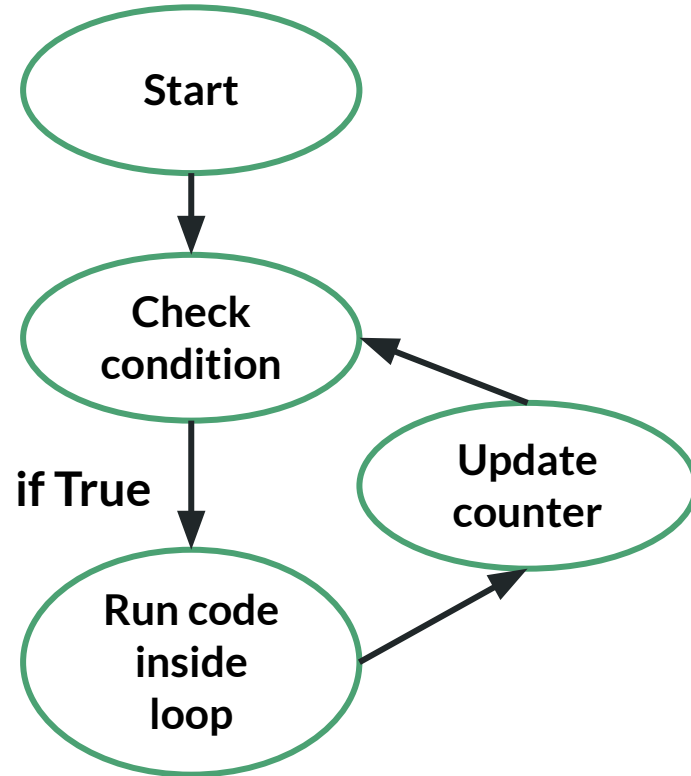


for loop syntax

```
a_list = [1,2,3]

for value in a_list:
    print(value)
```

```
1 |
2 | output
3 |
```



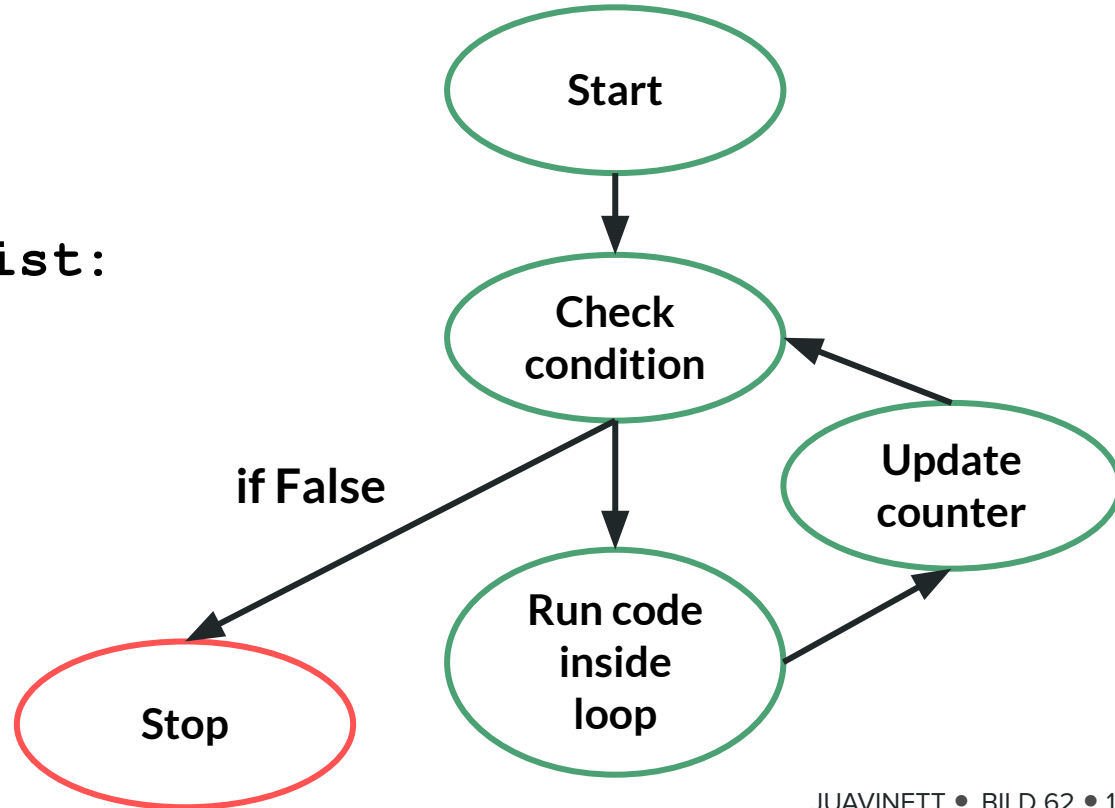
for loop syntax

```
a_list = [1,2,3]

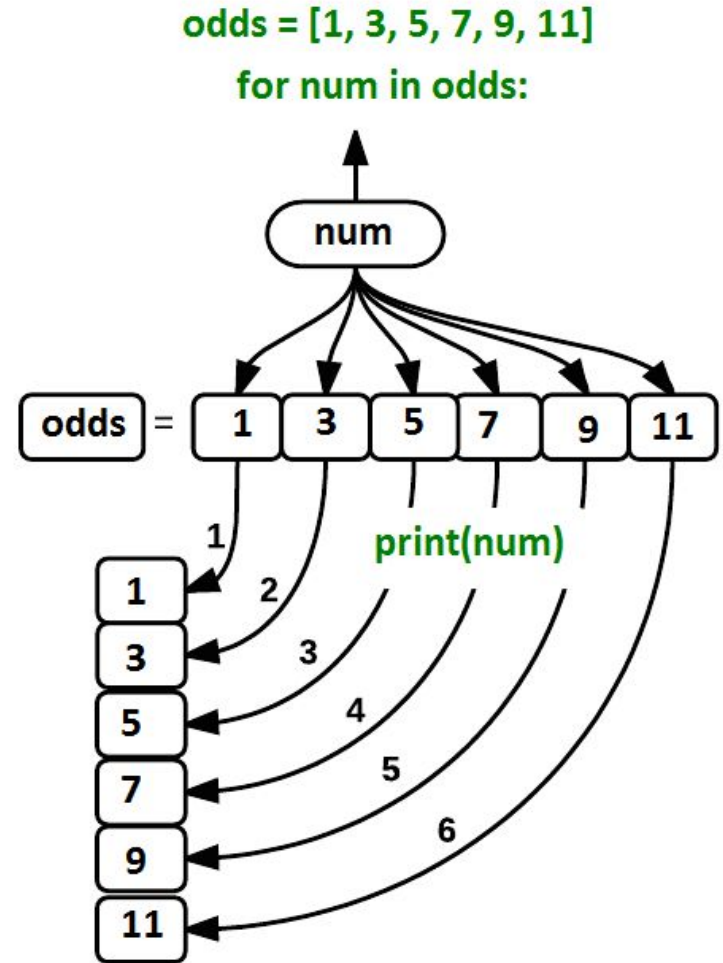
for value in a_list:

    print(value)
```

```
1 |
2 | output
3 |
```



Another way to visualize working
through a loop
([source](#))



efficiency benefit of `for` loops

Each of these would accomplish the same thing:

Option #1: 2+ lines of code

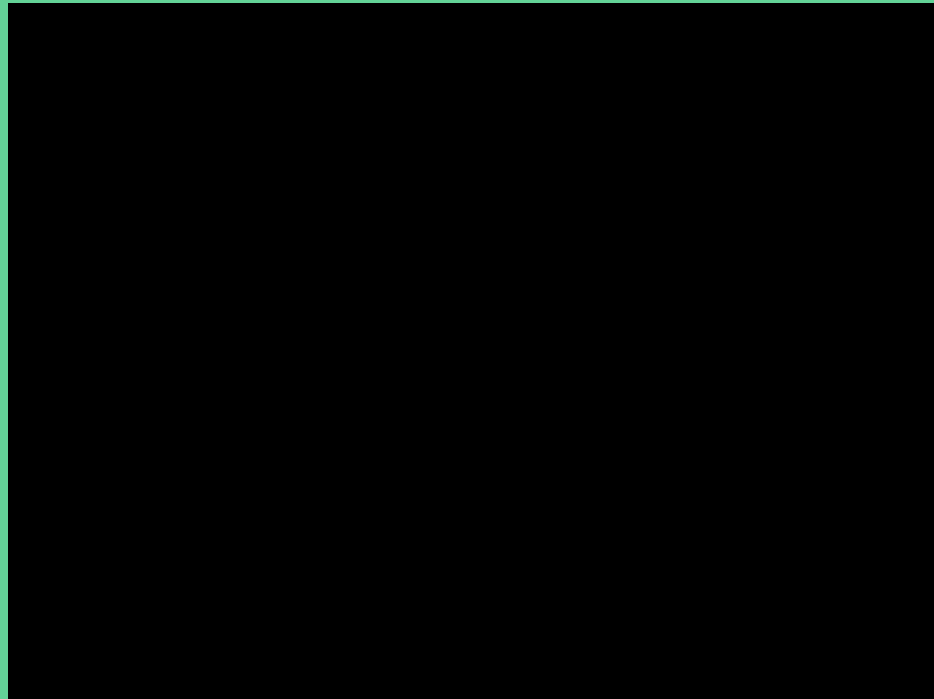
```
for value in a_list:  
    print(value)
```

**Option #2: as many lines of code
as there are list entries**

```
print(a_list[0])  
print(a_list[1])  
print(a_list[2])  
...
```

Let's create a
living loop.

We need to define an
iterable variable



Second task: count the # of “CAT” boxes (CCAAT) in a string of DNA.

The “CAT” box generally appears near the spot where transcription begins!

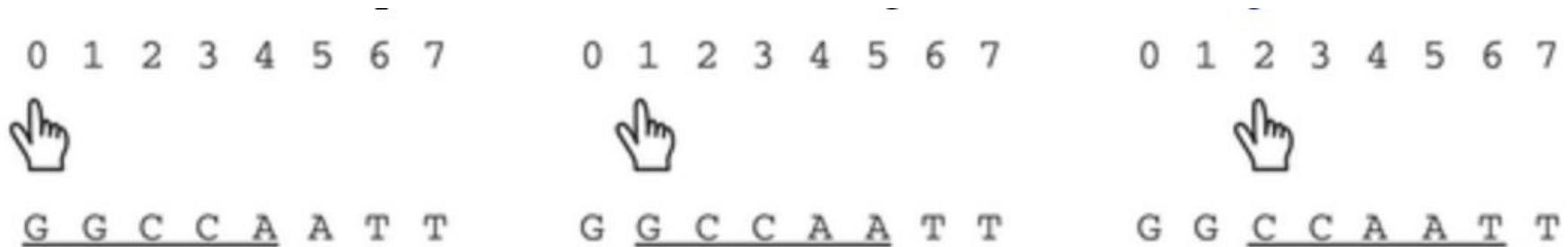


```
>>> countCCAAT( 'GGCCAATTGCCAAT' )  
>>> 2
```

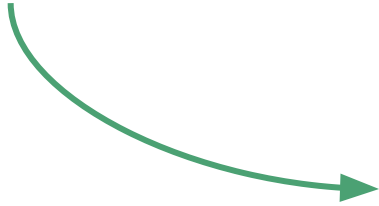
We can also loop over a list of indices!

Let's say we want to look for a “CAT” box, a common motif in DNA, with the sequence CCAATT

Since we want to look at a **slice** of DNA, rather than looping through individual items in the string, we need the indices.

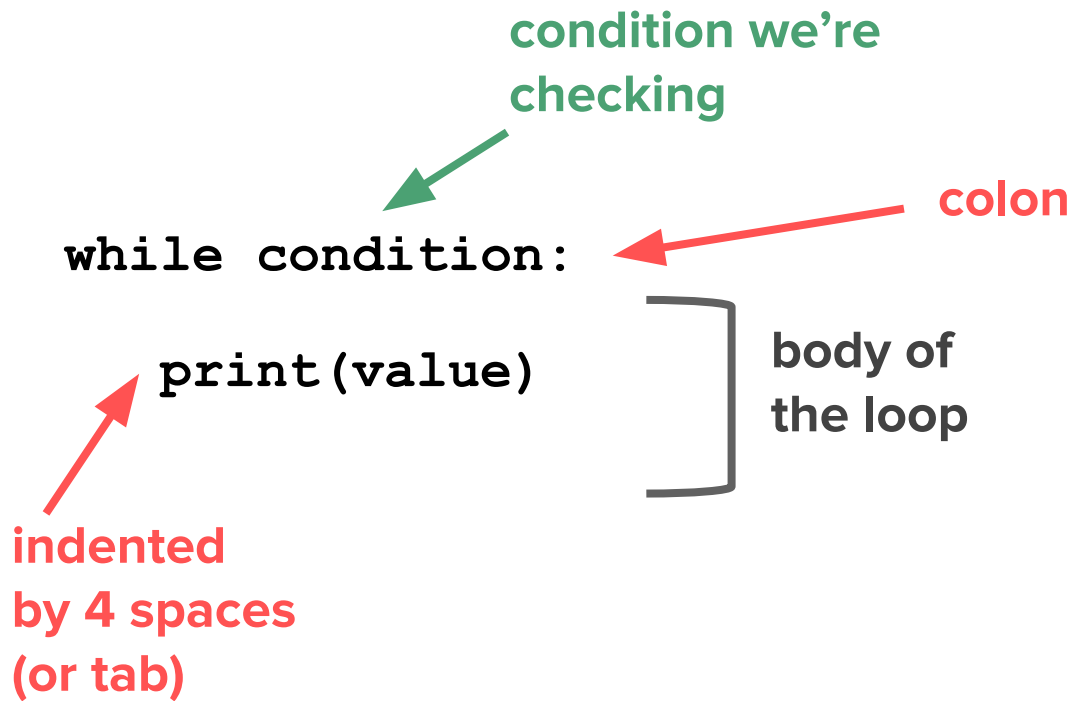


Quick check in...



<https://www.menti.com/blhpa9c4jpki>

while loop syntax



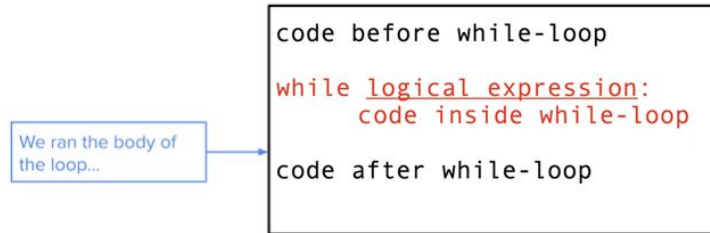
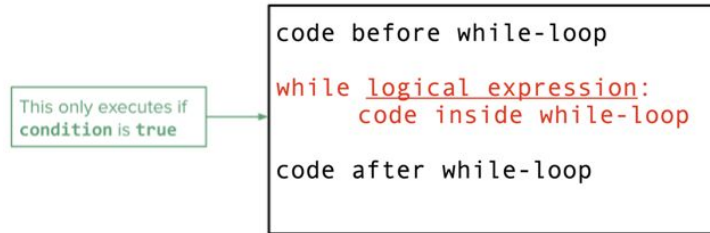
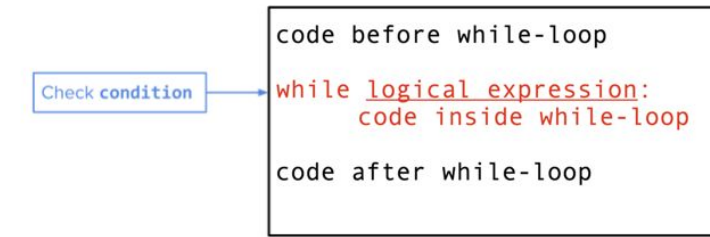
The diagram illustrates the syntax of a while loop with the following code and annotations:

```
while condition:  
    print(value)
```

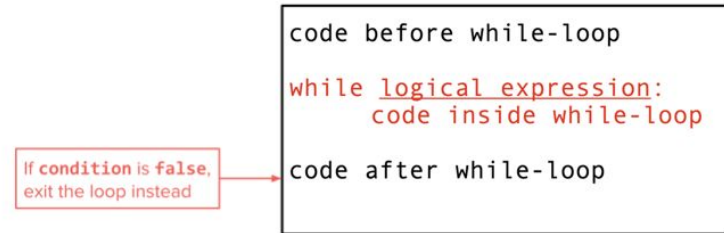
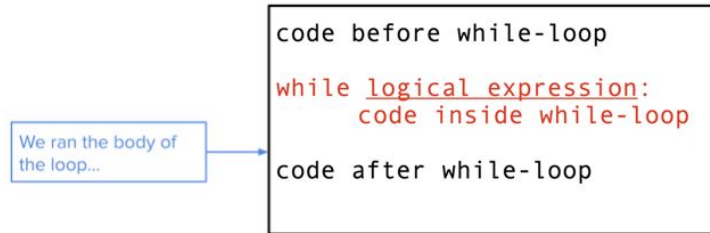
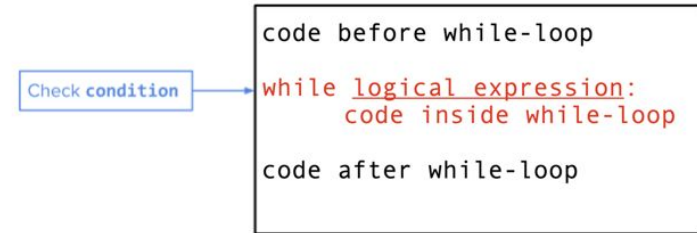
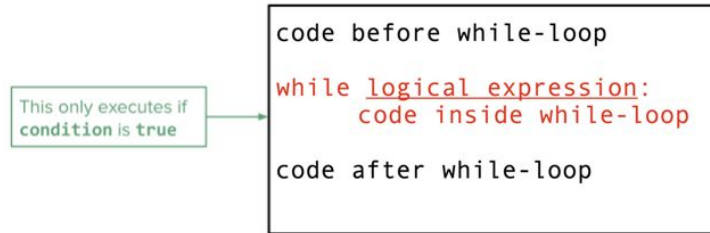
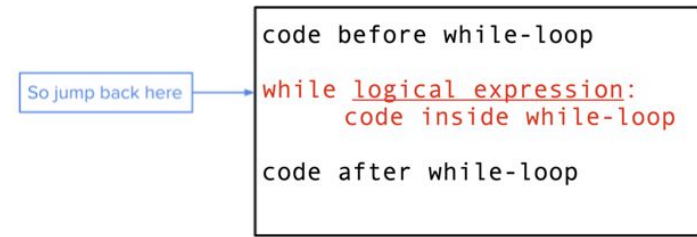
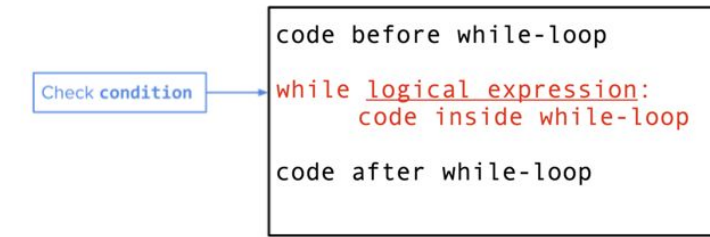
- condition we're checking**: A green arrow points to the `condition` part of the `while` statement.
- colon**: A red arrow points to the colon (`:`) at the end of the `while` statement.
- body of the loop**: A bracket on the right side of the `print(value)` line indicates the code block that is repeated.
- indented by 4 spaces (or tab)**: A red arrow points to the indentation of the `print(value)` line.

While this condition is true, the loop will run!

It will repeat until the condition is no longer True.



Order of execution in a while loop (from [Stepik](#))



Order of execution in a while loop (from [Stepik](#))

Mindsets about intelligence (and programming)

Fixed Mindset

Human traits (including programming skills) are ***fixed/innate***.

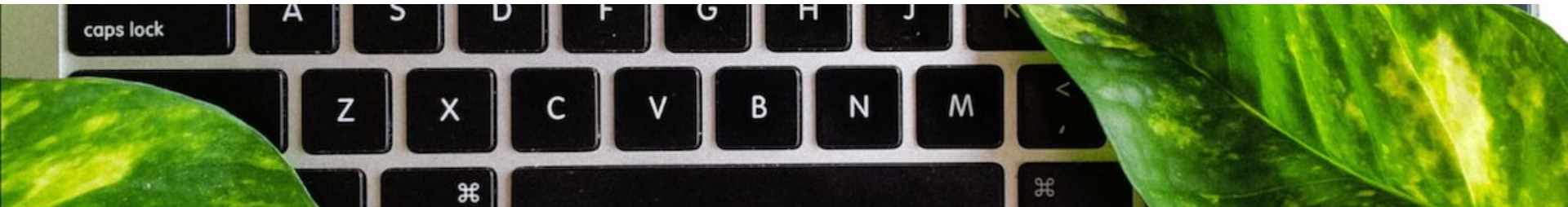
Fixed mindset about programming:

You have a certain amount of programming ability and *can't do anything to change it*.

Growth mindset

Human traits (such as programming skills) are ***malleable and can be shaped/developed***.

Programming skill can be developed through personal effort, good learning strategies, and feedback.



Which of these are indicative of a growth mindset?

Views on effort	Effort is seen as an important component of learning	Effort is seen as sign of weakness
Goal orientation	Performance goal orientation (picks challenges they know they can meet, uses them to prove yourself to others)	Mastery goal orientation (picks increasingly more difficult challenges)
Attribution of failure	Attributes failure to lacking ability or blames others or the circumstances	Attributes failure to not having put in enough effort or preparation, or having used ineffective strategies
Strategies	Increases effort, tries new things, asks for help from others	“Learned helplessness” or tries to persevere with the same (ineffective) study strategy
Feedback	Avoids feedback, acts defensively	Seeks out feedback
Results	Persistence, overcomes initial challenges, finds ways around it	Loses interest and withdraws in response to challenges, self-sabotage



How do these individuals demonstrate growth mindsets?



Learn more about their beginnings in programming!

Topics from this lecture & corresponding notebook

- Syntax of **for** and **while** loops
- How to iterate through strings, lists, and dictionaries
- Using a counter to count loop iterations
- Looping over lists of indices
- Calling functions within functions
- Using **break** to interrupt a loop, and **continue** to skip a loop
- Functions we learned: **range()** , **enumerate()**

Resources

[Stepik Introduction to Python book, Chapter 3](#)

[Whirlwind Tour of Python: Control Flow](#)