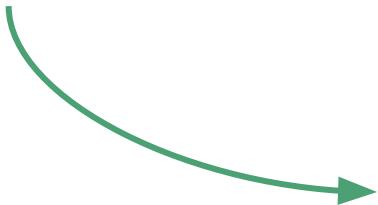


Computing GC content with for loops

BILD 62

Quick check in...



<https://www.menti.com/blhpa9c4jpk>

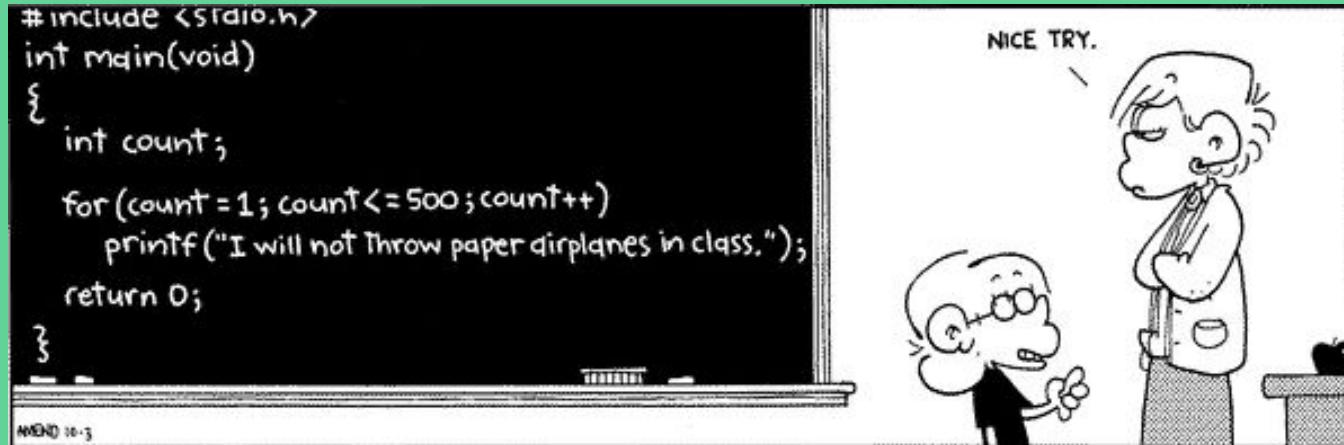
Recap of last time:

computing GC content with conditionals

- Can we do this with `elif` statements?
- Can we alert the user if the function gets incorrect input (a string of incorrect length)?

A **loop** is a procedure to repeat a piece of code.
(another way of saying this is that it **iterates** through code)

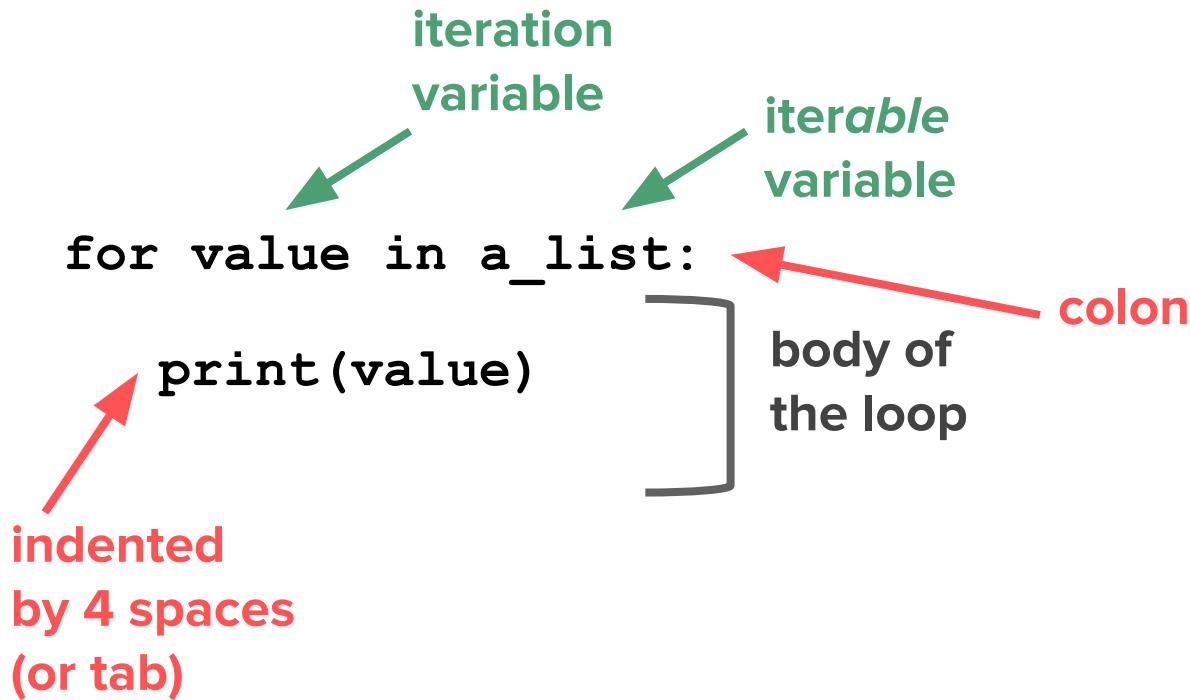
- Loops enable you to re-run blocks of code for as many times as you need.
- Python has two main ways to run loops: **for** & **while**



Objectives for this week

- Write a **for** loop to iterate over elements in an object
 - Use a **counter** in a loop
 - Use a **for** loop to count GC content and CCAAT boxes in a DNA string
 - Write **while** loops and implement **continue** and **break**
 - Develop a **growth mindset** towards your programming growth
-

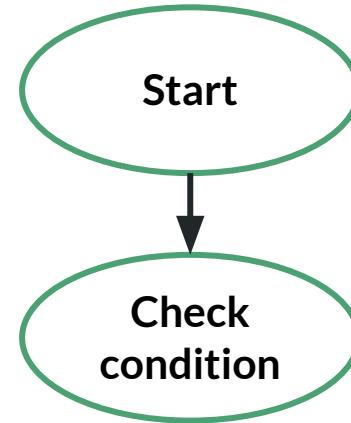
for loop syntax



A **for loop** is a procedure to repeat code for every element in a sequence.

for loop syntax

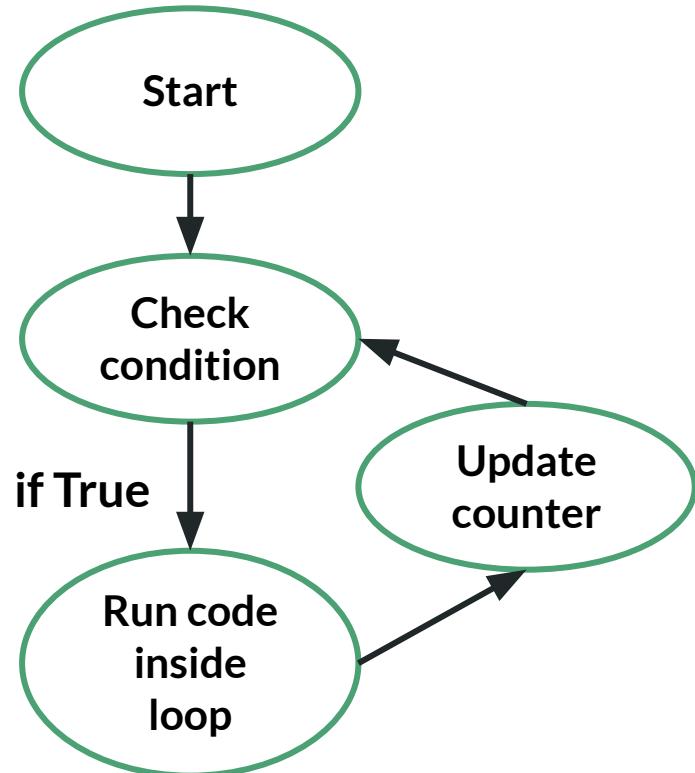
```
a_list = [1,2,3]  
  
for value in a_list:  
    _____  
        print(value)
```



for loop syntax

```
a_list = [1,2,3]  
  
for value in a_list:  
  
    print(value)
```

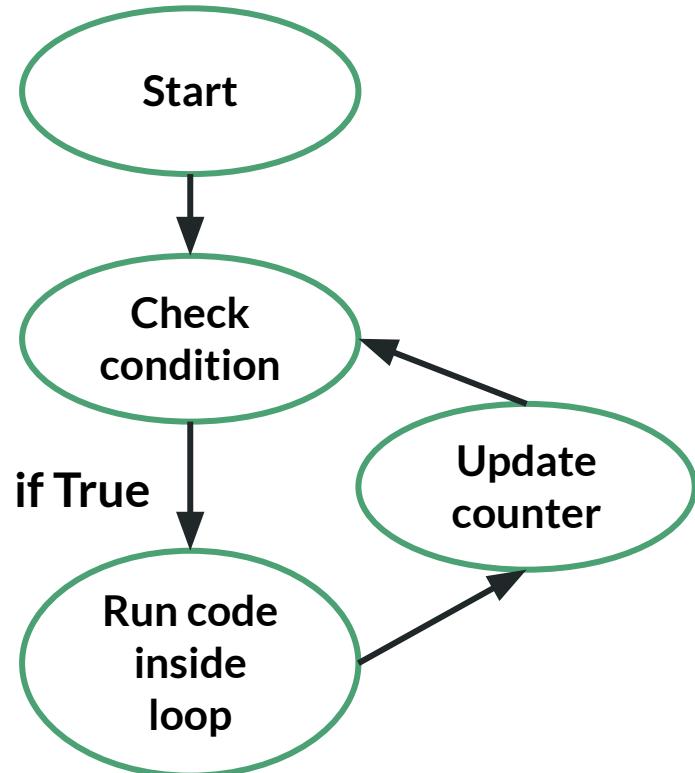
1 | output



for loop syntax

```
a_list = [1,2,3]  
  
for value in a_list:  
  
    print(value)
```

1
2 | output

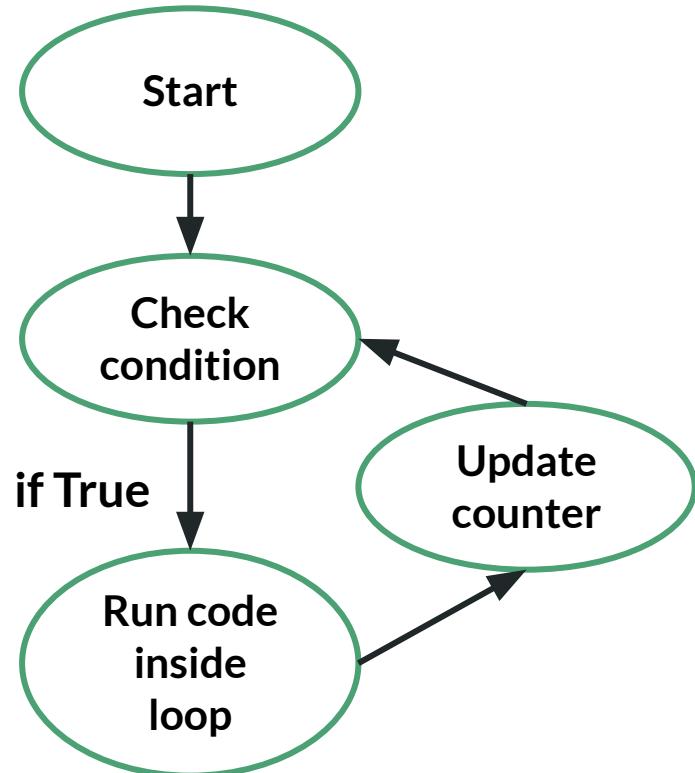


for loop syntax

```
a_list = [1,2,3]  
  
for value in a_list:  
  
    print(value)
```

1
2
3

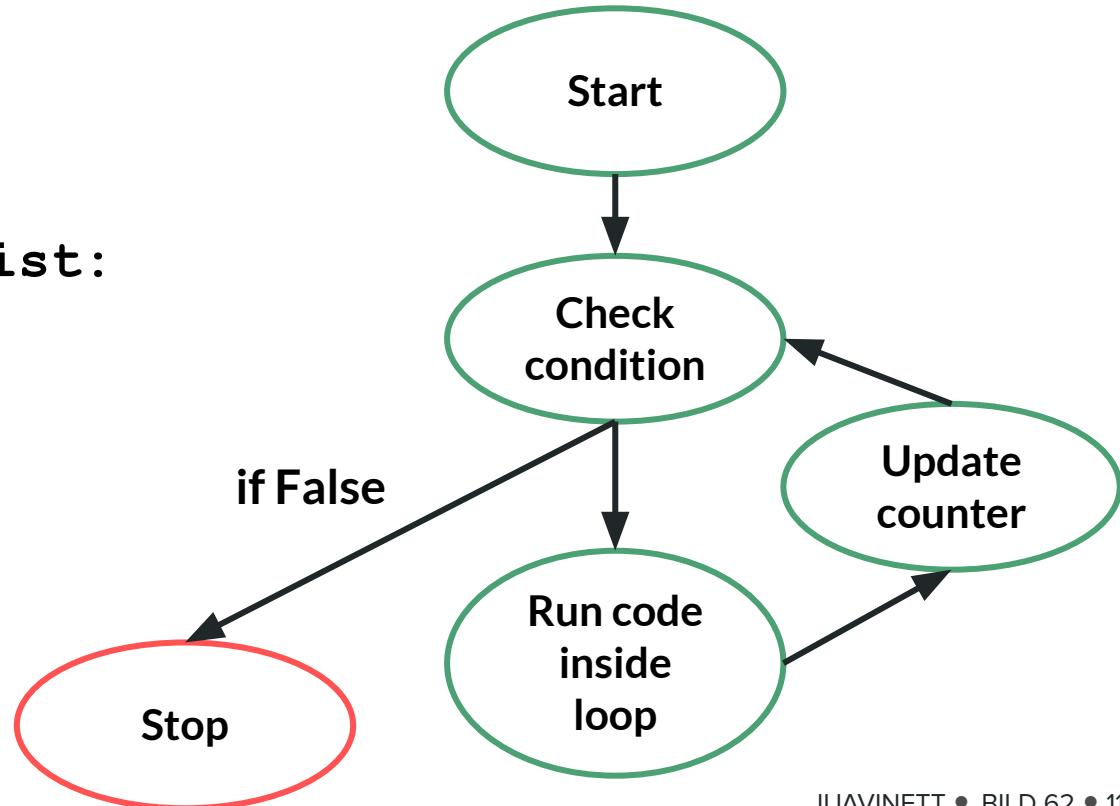
output



for loop syntax

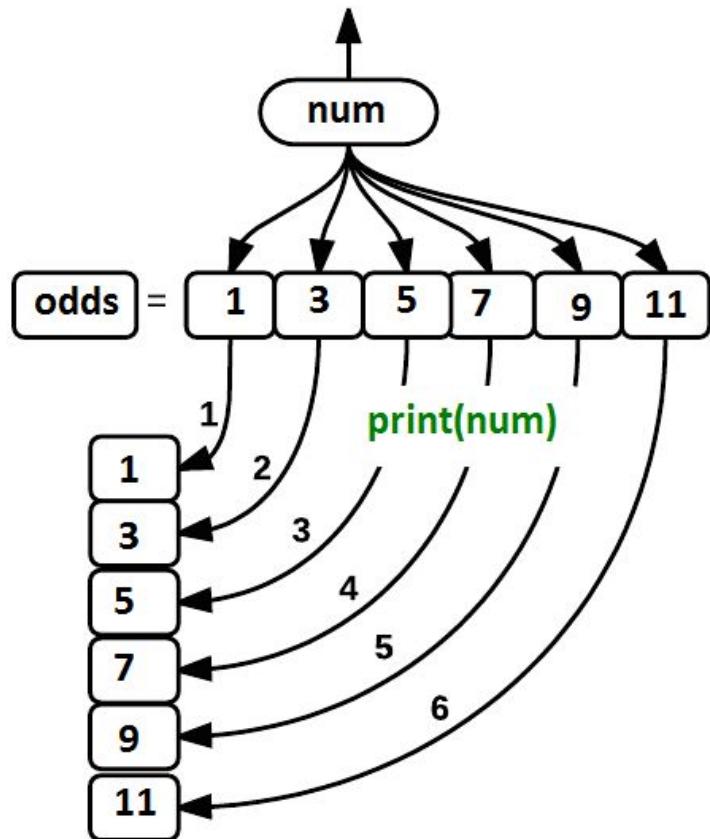
```
a_list = [1,2,3]  
  
for value in a_list:  
  
    print(value)
```

1
2
3
| output



`odds = [1, 3, 5, 7, 9, 11]`

`for num in odds:`



Another way to visualize working
through a loop
([source](#))

efficiency benefit of `for` loops

Each of these would accomplish the same thing:

Option #1: 2+ lines of code

```
for value in a_list:  
    print(value)
```

**Option #2: as many lines of code
as there are list entries**

```
print(a_list[0])  
print(a_list[1])  
print(a_list[2])  
...
```

Second task: count the # of
“CAT” boxes (CCAAT) in
a string of DNA.

The “CAT” box generally
appears near the spot
where transcription begins!

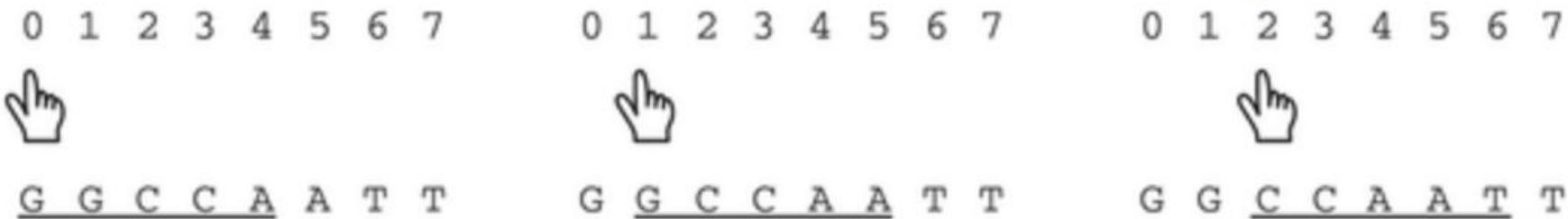


```
>>> countCCAAT('GGCCAATTGCCAAT')  
>>> 2
```

We can also loop over a list of indices!

Let's say we want to look for a "CAT" box, a common motif in DNA, with the sequence CCAATT

Since we want to look at a **slice** of DNA, rather than looping through individual items in the string, we need the indices.



Into the notebook...



while loop syntax

```
while condition:  
    print(value)
```

condition we're
checking

colon

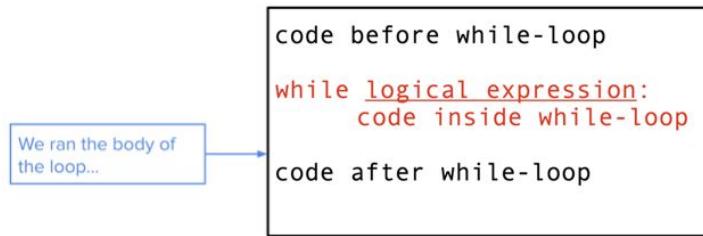
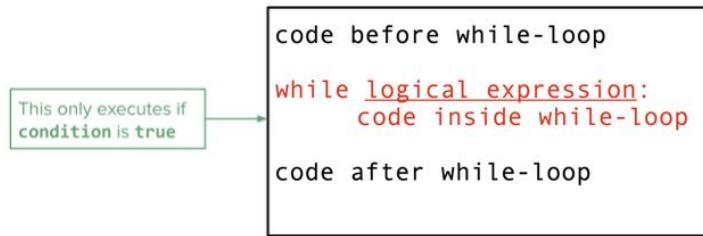
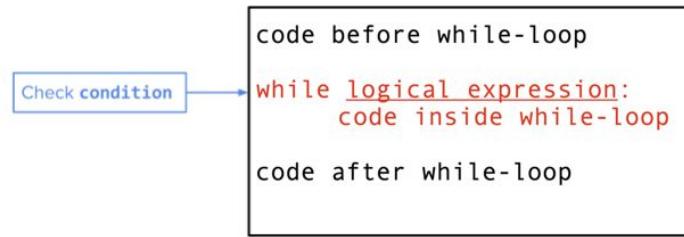
body of
the loop

indented
by 4 spaces
(or tab)

The diagram illustrates the syntax of a while loop. It starts with the keyword 'while' followed by a space and the word 'condition'. A green arrow points from the text 'condition we're checking' to the word 'condition'. After ':', a red arrow points to it from the text 'colon'. Below the colon, a large curly brace encloses the entire block of code starting with 'print(value)'. This block is labeled 'body of the loop'. A red arrow also points from the text 'indented by 4 spaces (or tab)' to the first line of the body code, 'print(value)'.

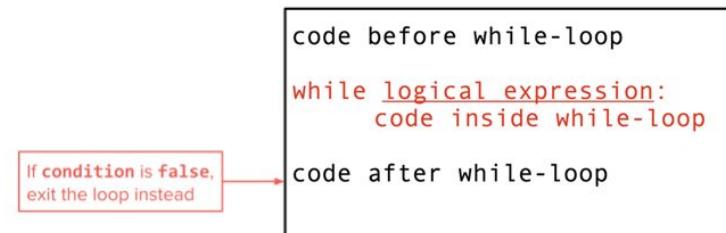
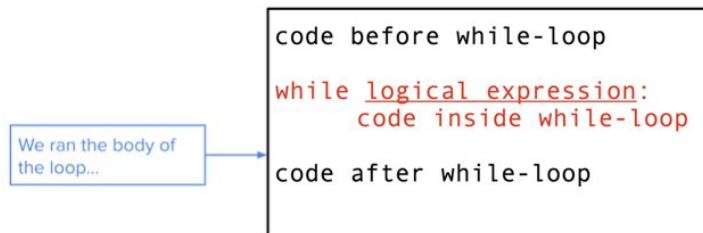
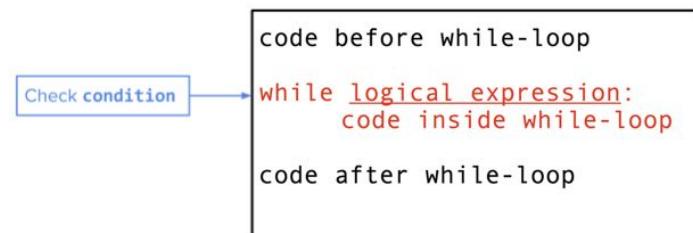
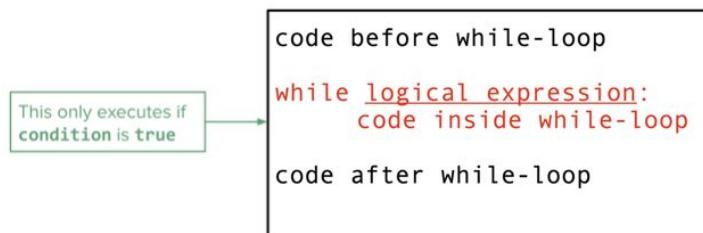
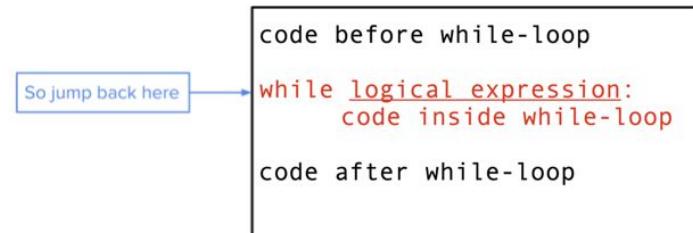
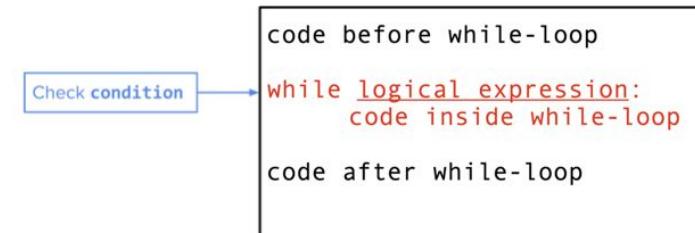
While this condition is true, the loop will run!

It will repeat until the condition is no longer True.



Order of execution in a while loop

(Image credit: Niema Moshiri & Sabeel Mansuri)



Order of execution in a while loop

(Image credit: Niema Moshiri & Sabeel Mansuri)

Mindsets about intelligence (and programming)

Fixed Mindset

Human traits (including programming skills) are ***fixed/innate***.

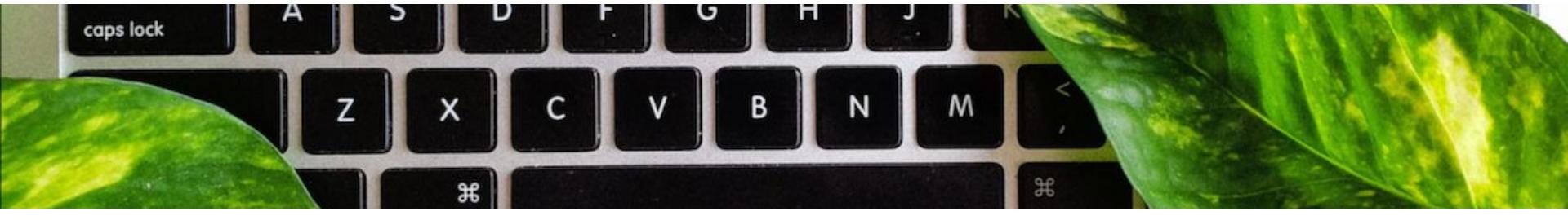
Fixed mindset about programming:

You have a certain amount of programming ability and *can't do anything to change it.*

Growth mindset

Human traits (such as programming skills) are ***malleable and can be shaped/developed.***

Programming skill can be developed through personal effort, good learning strategies, and feedback.



Which of these are indicative of a growth mindset?

Views on effort	Effort is seen as an important component of learning	Effort is seen as sign of weakness
Goal orientation	Performance goal orientation (picks challenges they know they can meet, uses them to prove yourself to others)	Mastery goal orientation (picks increasingly more difficult challenges)
Attribution of failure	Attributes failure to lacking ability or blames others or the circumstances	Attributes failure to not having put in enough effort or preparation, or having used ineffective strategies
Strategies	Increases effort, tries new things, asks for help from others	“Learned helplessness” or tries to persevere with the same (ineffective) study strategy
Feedback	Avoids feedback, acts defensively	Seeks out feedback
Results	Persistence, overcomes initial challenges, finds ways around it	Loses interest and withdraws in response to challenges, self-sabotage



How did you overcome difficulties while learning?

How do these individuals demonstrate growth mindsets?



When and why did you start coding?

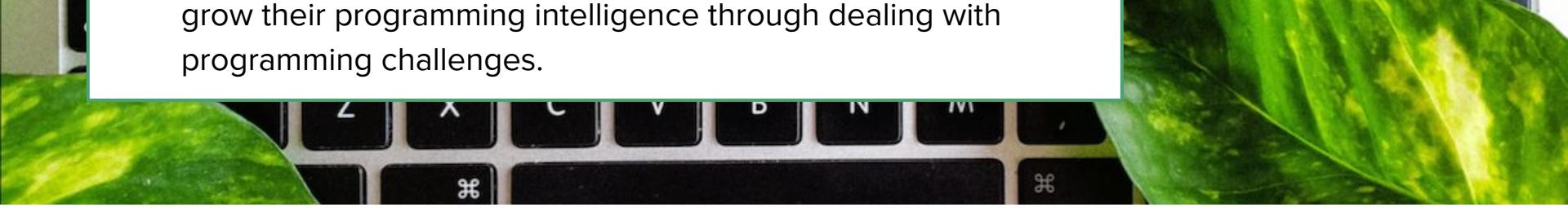
Learn more about their beginnings in programming!

Thinking back on mindset...

- Describe a time when you were learning something new other than programming (e.g., from school, at work or in everyday life) where you had to work really hard on a challenging task. Maybe you made a lot of mistakes, became extremely frustrated and wanted to give up, but with practice and perseverance you were able to succeed. Please be specific about the kinds of mistakes you made and how you overcame them.
- What advice would you give a beginning programmer in BILD 62 to help them cope with the challenge of learning to write and debug Python programs? Be sure to emphasize to them how to grow their programming intelligence through dealing with programming challenges.

Respond on Canvas
for credit.

Your (anonymous)
input will be shared
with future classes!



Topics from this lecture & corresponding notebook

- Syntax of **for** and **while** loops
- How to iterate through strings, lists, and dictionaries
- Using a counter to count loop iterations
- Looping over lists of indices
- Calling functions within functions
- Using **break** to interrupt a loop, and **continue** to skip a loop
- Functions we learned: **range()** , **enumerate()**

Resources

[Stepik Introduction to Python book, Chapter 3](#)

[Whirlwind Tour of Python: Control Flow](#)