

Safety Tips During Disasters in India

*** General Safety Tips for Any Disaster**

- Stay Calm and Think Clearly - Panic can lead to poor decisions.
- Keep Emergency Numbers Handy - 100 (Police), 101 (Fire), 102/108 (Ambulance).
- Have a 'Go Bag' Ready - With essentials like ID, cash, torch, radio, medicines, etc.
- Stay Informed - Follow official alerts (NDMA, IMD, etc.).
- Evacuation Plan - Know safe exit routes and nearby shelters.

*** During Floods**

- Avoid walking or driving through flood waters.
- Move to higher ground.
- Turn off electricity and gas.
- Boil drinking water.

*** During Earthquakes**

- Drop, Cover, and Hold.
- Stay away from windows and exterior walls.
- Do NOT use elevators.
- Move to open ground once safe.

*** During Cyclones**

- Secure doors, windows, and outdoor objects.
- Evacuate early if advised.
- Stay indoors and avoid windows.
- Watch out for fallen wires or unstable structures post-storm.

*** During Fires**

- Stay low to avoid smoke.
- Use wet cloth on nose and mouth.
- Never use elevators.
- If clothes catch fire: STOP, DROP, and ROLL.

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*** During Landslides**

- Stay away from steep slopes.
- Avoid riverbanks and unstable roads.
- Do not cross flooded areas.
- Evacuate if warned.

*** During Chemical or Industrial Accidents**

- Cover nose and mouth with cloth.
- Stay indoors, seal gaps.
- Evacuate if ordered.
- Avoid exposed food or water.

*** Psychological Safety**

- Talk to family or counselors.
- Help children, elderly, and disabled persons.

*** Family Emergency Kit Checklist**

- Water (3 liters per person/day for 3 days)
- Non-perishable food
- Torch + batteries
- First aid kit
- Mobile charger/power bank
- Emergency contacts list
- Local map