Main title

first subtitle

second subtitle

1 Main title

1.1 first subtitle

1.1.1 second subtitle

We cannot go below a third level title as above

What will I have for dinner tonight? Most of this follows plain text rules. LaTeXis amazing

here is **bold face**

here is *italic font*

here is `plain text`

double back slash indicates a carriage return instead of double space

Quotations

"use two back ticks to start a quotation, and 2 apostrophes to end"

lists

must begin the itemized environment with begin command

- first bullet point

- second

- third

  the end statement

 or enumerate

1. first bullet point

2. second

3. third

   the end statement

 enumerate generates numbered list, itemized does bullet points. Can do sublayer but Nick doesn't know this.

Verbatim environment

```
Text here is literal, no formatting signs.

Also no margin control so need carriage returns
```

Quotation environment

> Indents an entire paragraph to display an extended quote. You still
> have to supply "quotation marks"

R code

use control alt I to put in a code chunk
within ¡¿ can put in echo, and other commands

```r
x <- seq(1,10,2)
y <- seq(1,12,3)
```