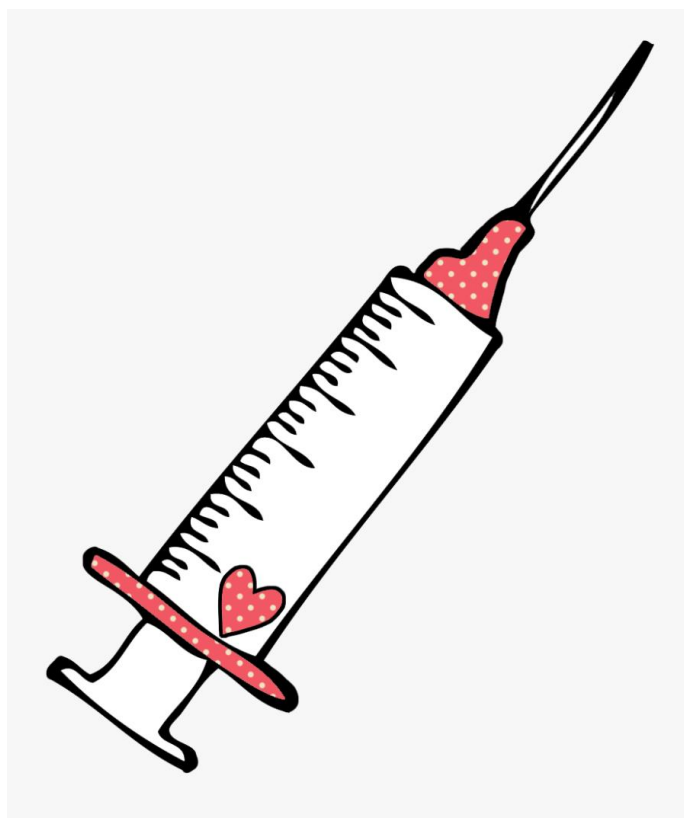


Getting a Shot

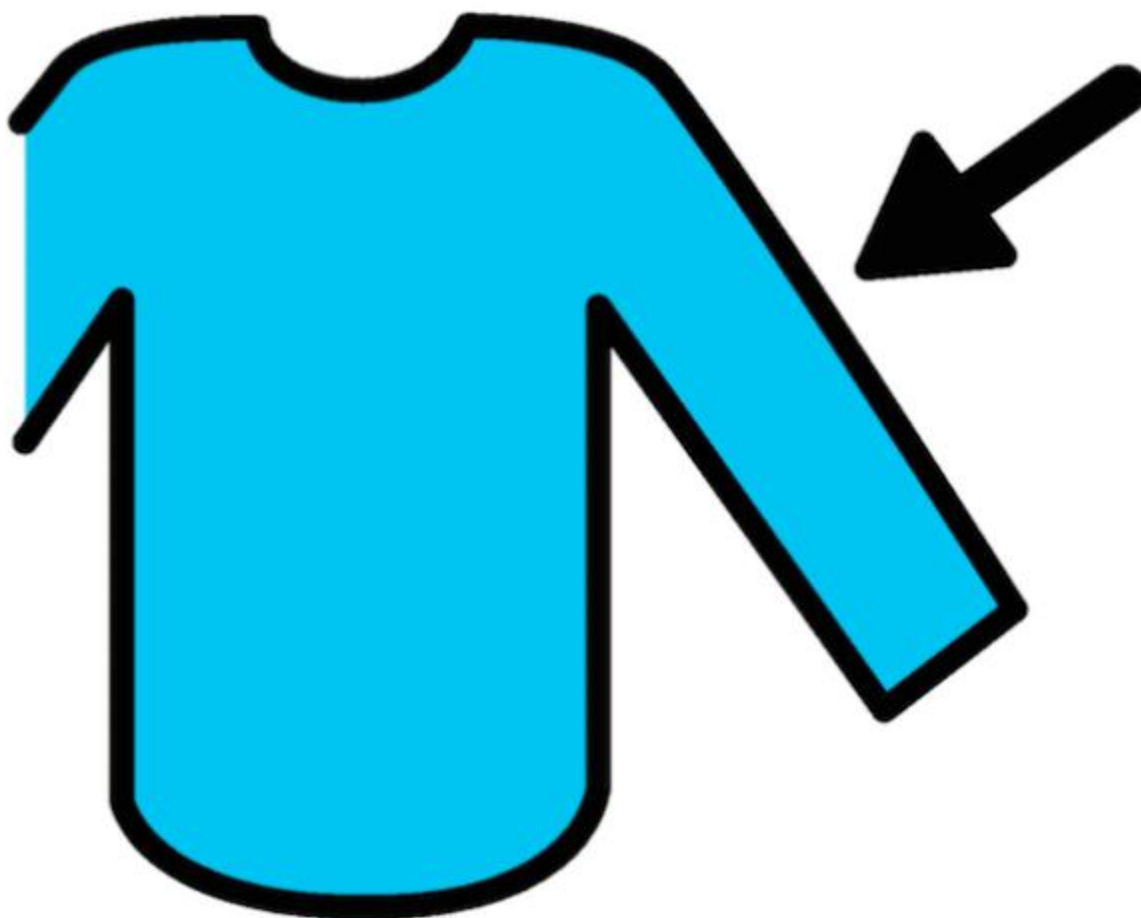


This story is about how the nurse will give me a shot.
If I feel nervous, I can:

- Think of something that makes me happy
- Ask someone to hold my hand
- Look away
- Remember that I'm staying strong and healthy



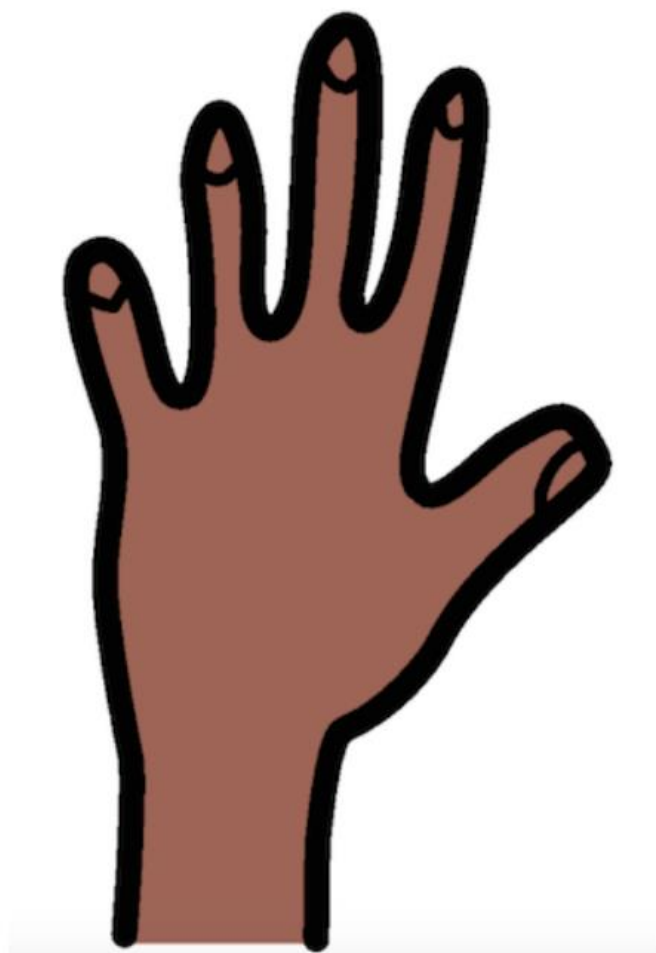
I will roll up my sleeve.



The nurse will clean a spot on my arm by wiping it with a damp alcohol pad. It might feel cold. I also might smell something different.



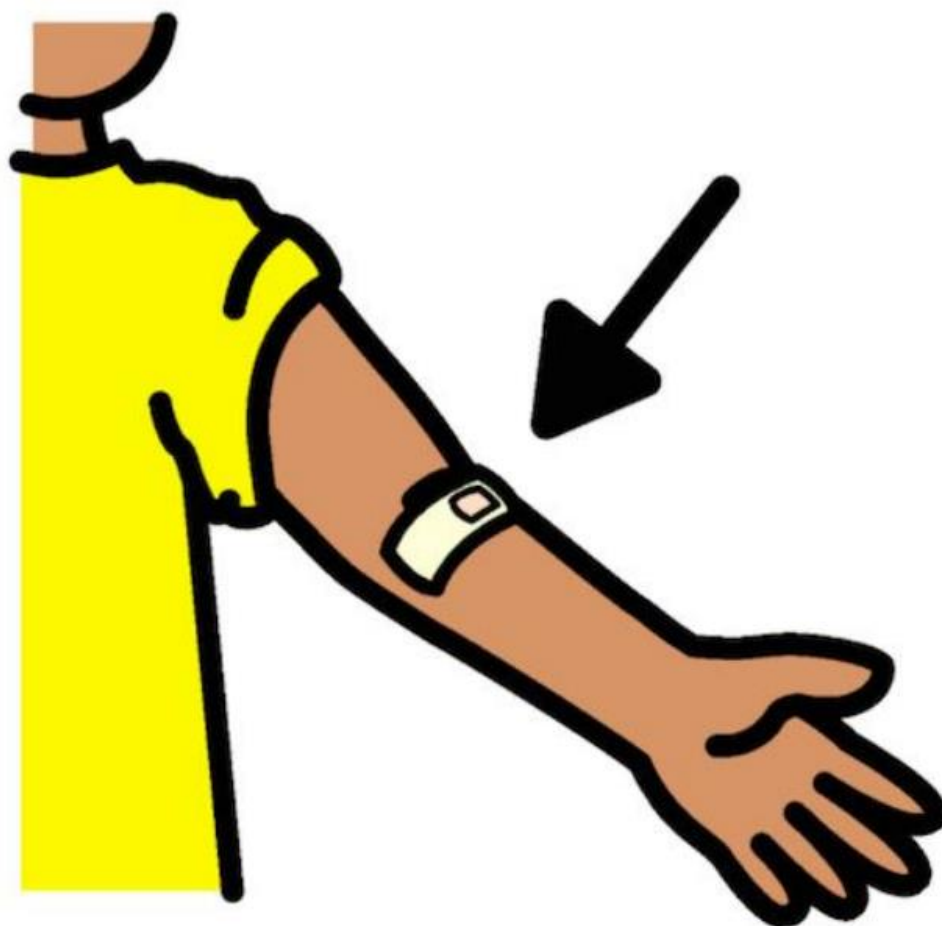
It's time for the shot. I can choose to look away
and ask someone to hold my hand.



The nurse will give me the shot. It might feel like a pinch. It is important that I sit still.



The nurse will put a Band-Aid on top of my
arm.



I did a great job learning how to get
my shot!

