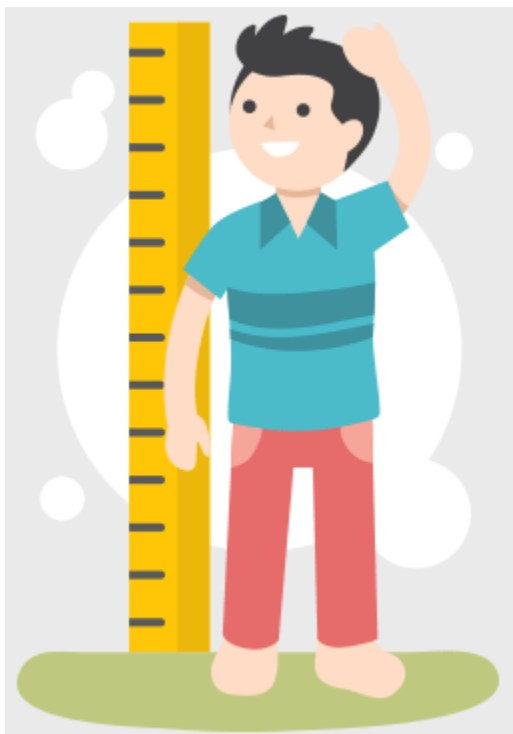
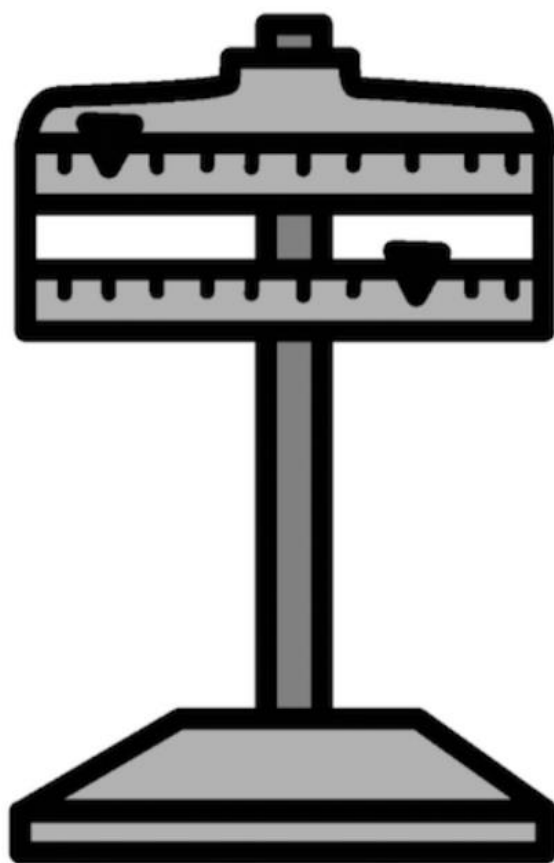


# Height and Weight



This story is about how the nurse will measure my height and weight. I can tell the nurse anytime if I need a break. The nurse needs to do her job, so I can stay healthy.



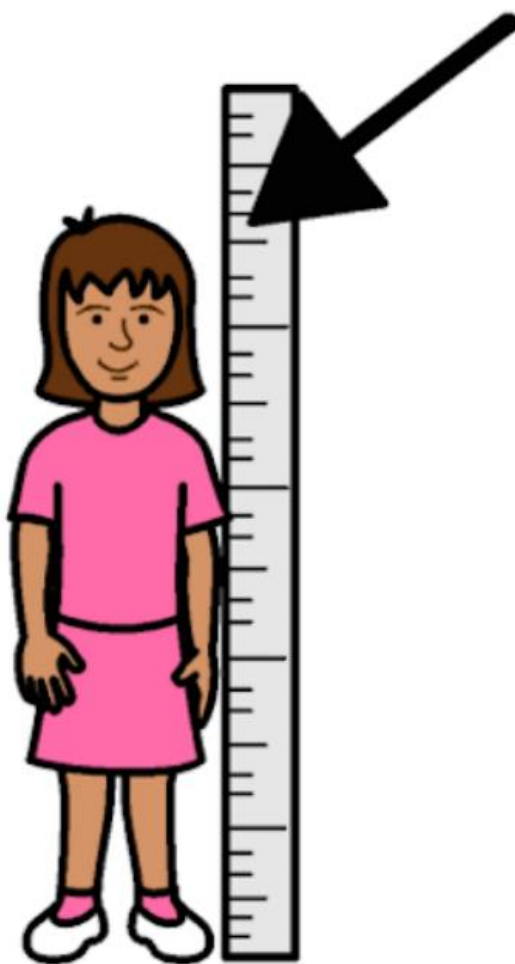
I will step onto the scale and lean my back  
against the height rod.



I will stand tall and still while the nurse weighs  
me.



I will continue to stand tall and still while the nurse measures my height.



I will step off the scale. I can ask the nurse to tell me my height and weight.



I did a great job learning how to get  
my height and weight measured!

