

Getting a Renal (Belly) Ultrasound





This is a story about getting pictures of my belly.
The doctor wants to make sure my belly is healthy!

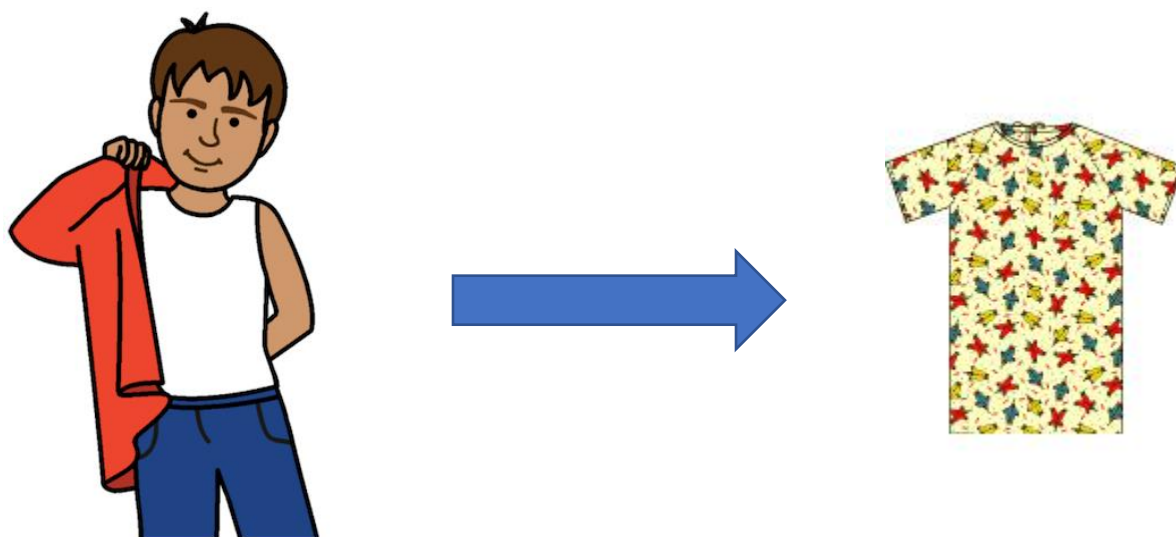
If I feel scared, I can:

Ask someone to hold my hand

Think of something that makes me happy

Remember that I am staying healthy and strong





I will take off my clothes so I can put on the
special robe!

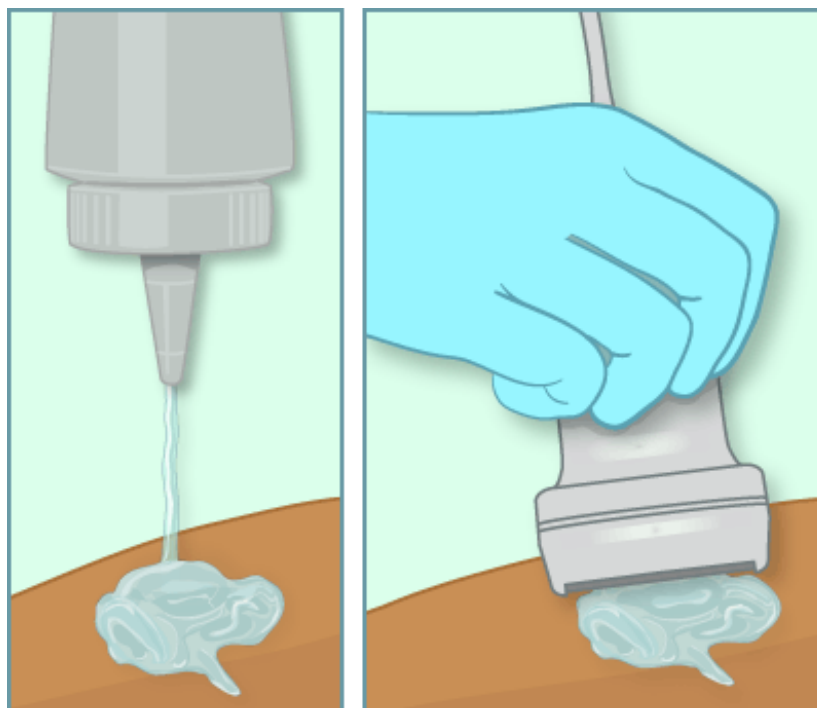




An ultrasound technician with gloves will come into the room. They will take the pictures of my belly.

I will lay down on the table and someone can hold my hand if I need it.



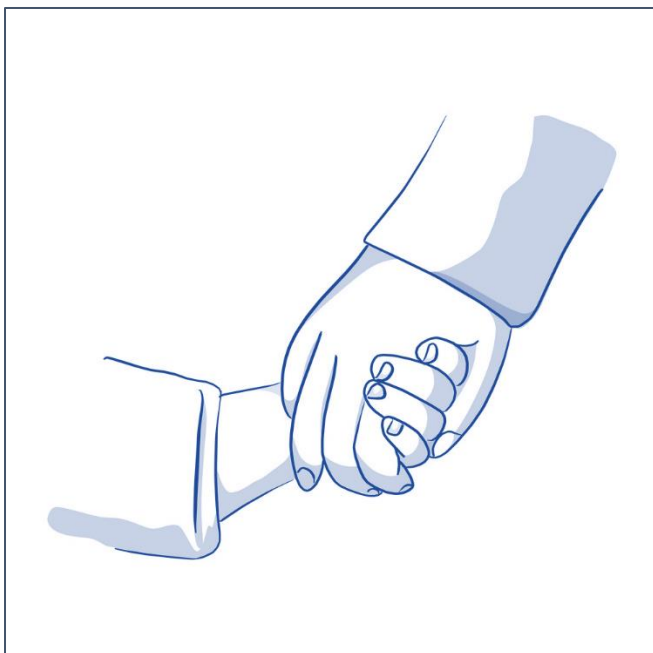


The ultrasound technician will put a warm sticky jelly
on my belly or back.

They will place a magic wand on my belly or back. The
wand helps them to take pictures.

There will be a screen where I can see the pictures of
my belly. How cool!





I will remember that if I feel scared, I can:

Ask someone to hold my hand.

Think of something that makes me happy.

Remember that I am staying healthy and strong!

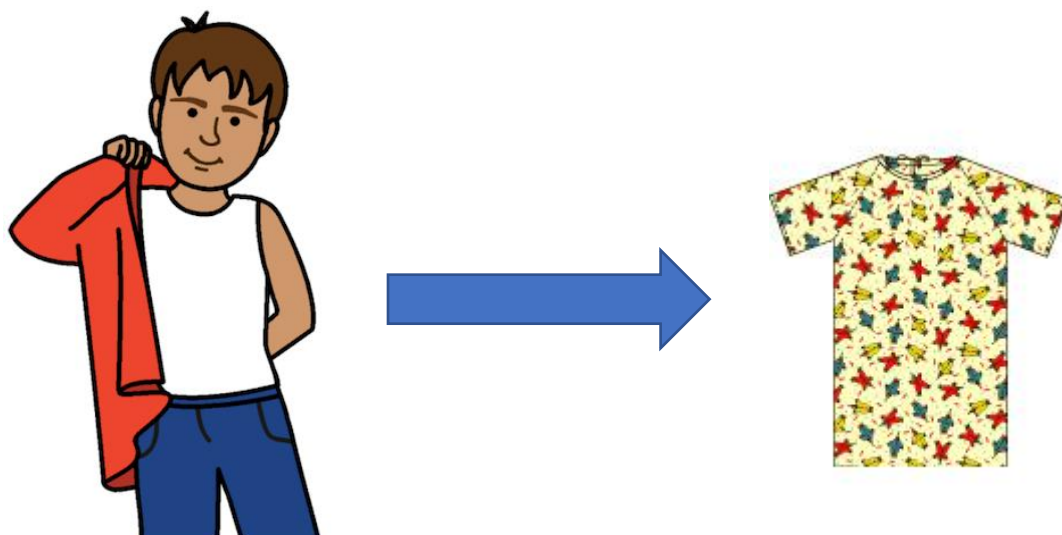




After the pictures are done, I can wipe the sticky jelly off my back or belly with a paper towel.

Someone will help me with this if I need it.





I will now take off the comfortable special robe and
put on my clothes.





I did a great job learning how to get pictures of my belly.

I am so brave!

