





Autism Friendly Social Stories

Blood Pressure







This story is about how the nurse will measure my blood pressure. I can tell the nurse anytime if I need a break. The nurse needs to do her job so I can stay healthy.









I will sit down. The nurse will wrap a cloth around my arm. It might feel tight.









The cloth will get tighter, but that's okay. It is important that I sit still.

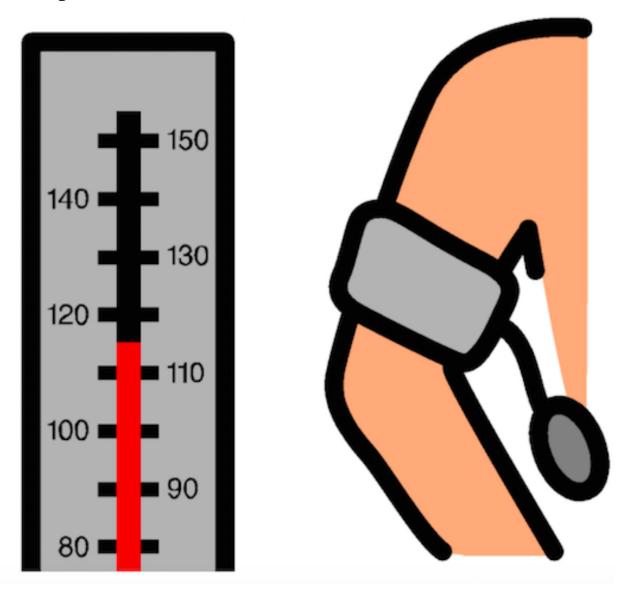








The cloth will stop feeling tight. The nurse will read my blood pressure from the machine.









I did a great job learning how to get to my blood pressure taken!

