

Getting a PET Scan

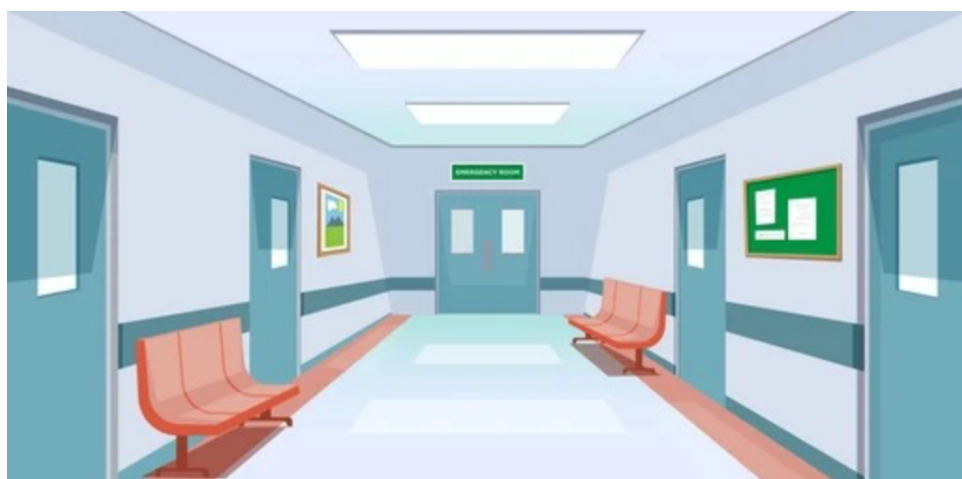


Today I am getting a PET scan done! The PET scan gives doctors cool pictures of what's going on in my body.



On the day of the test, there are some special rules for me for eating and drinking. These are for me to stay strong and healthy!

I will wait in the waiting room until my turn.





Once I enter the exam room, I will be given a shot before the test. If I feel nervous, I can:

- Think of something that makes me happy
- Ask someone to hold my hand
- Look away
- Remember that I'm staying strong and healthy



The shot might feel like a pinch. It is important that I sit still.



I will wait 30 minutes to 1 hour before the PET scan starts.

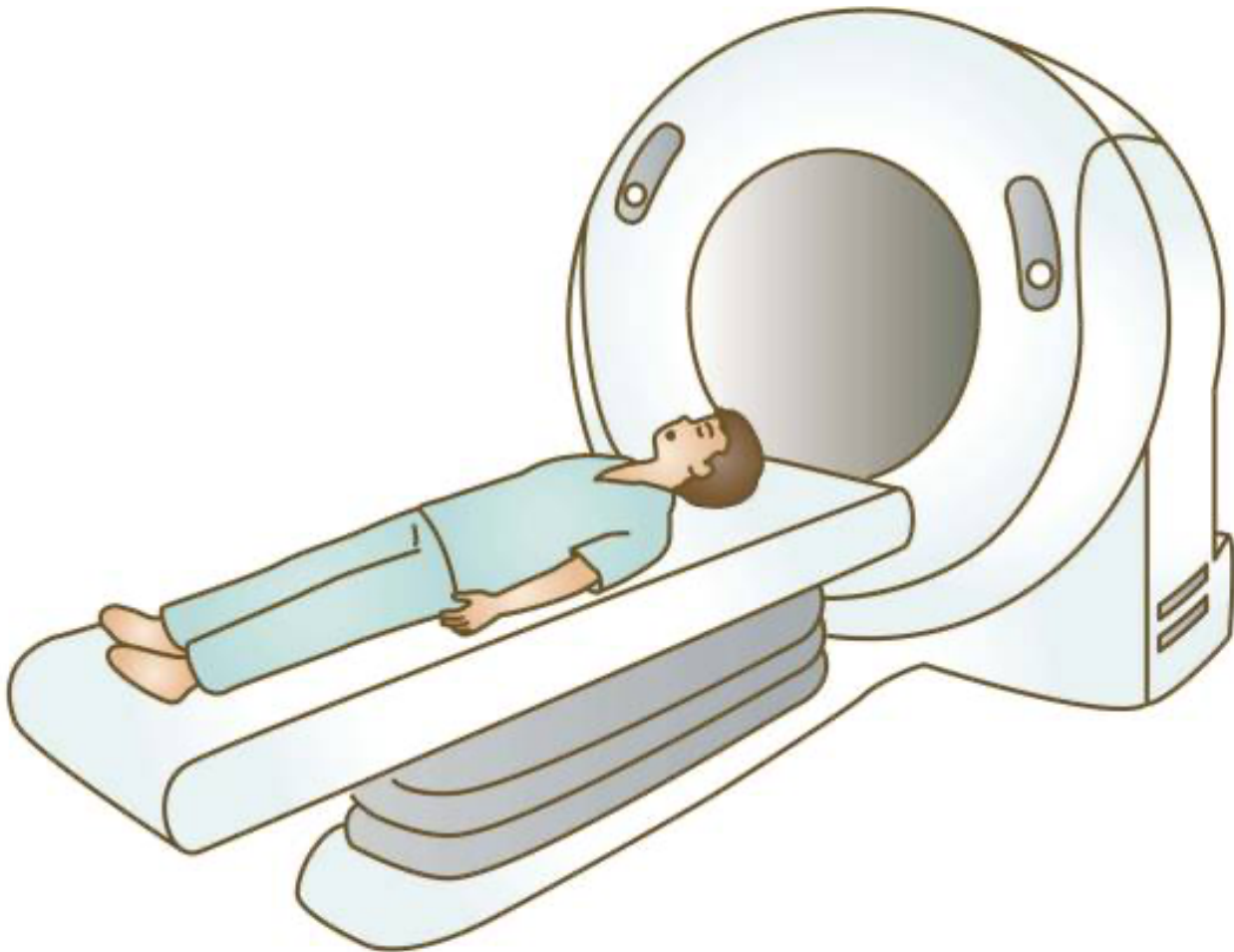


I will be in a dimly lit, quiet room, and can do relaxing things like color, read a book, or play with a fidget toy.
This is a time for me to relax!





The PET scan machine looks like a big standing donut!
It will not touch me, and the scan will not hurt.



The picture takes about 30 minutes to 1 hour. The machine will not make loud noises, and is safe!





I can ask a helper to count down while my picture is being taken. They can tell me how many minutes are left!



After my pictures are taken, I'm done and can go back to eating and playing as normal!



I did a great job getting my PET scan!

