

Blood Pressure



This story is about how the nurse will measure my blood pressure. I can tell the nurse anytime if I need a break. The nurse needs to do her job, so I can stay healthy.



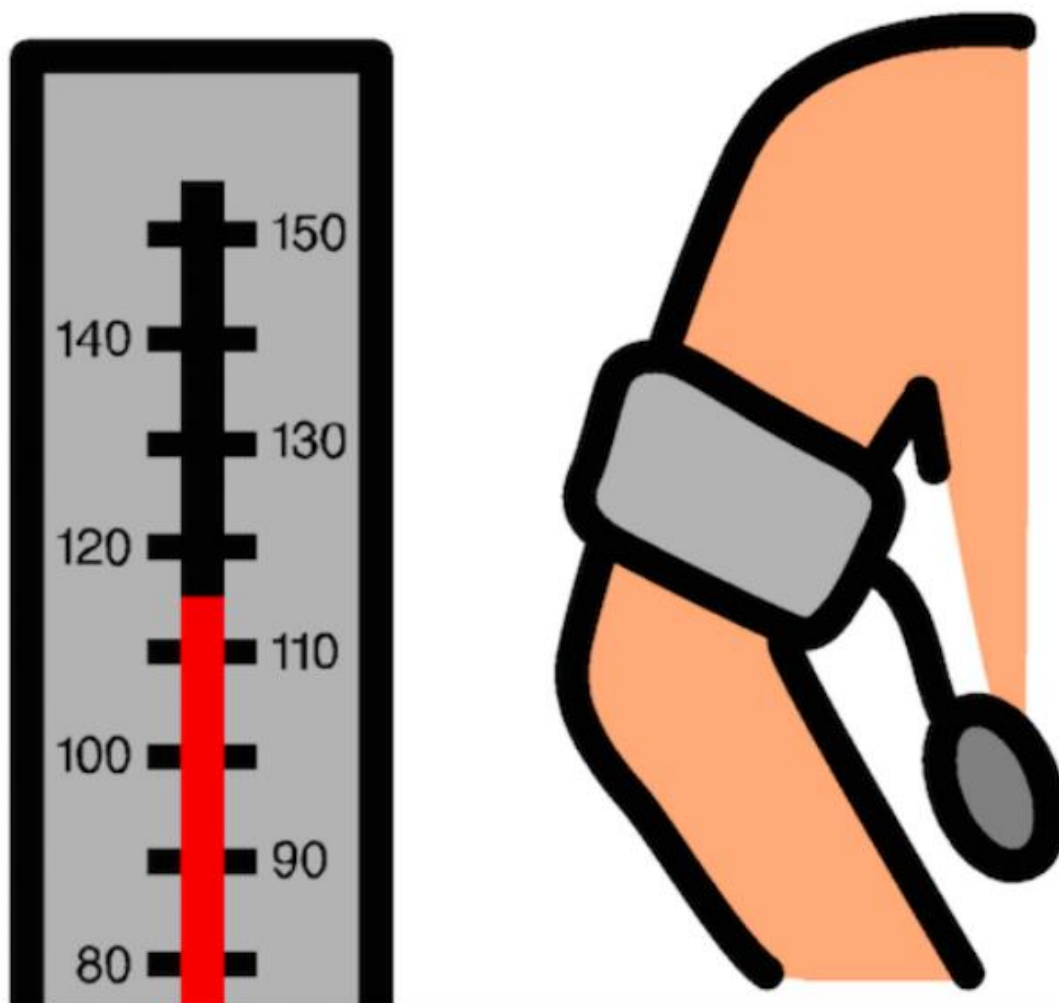
I will sit down. The nurse will wrap a cloth
around my arm. It might feel tight.



The cloth will get tighter, but that's okay. It is
important that I sit still.



The cloth will stop feeling tight. The nurse will read my blood pressure from the machine.



I did a great job learning how to get
to my blood pressure

