

# Occupational Therapy



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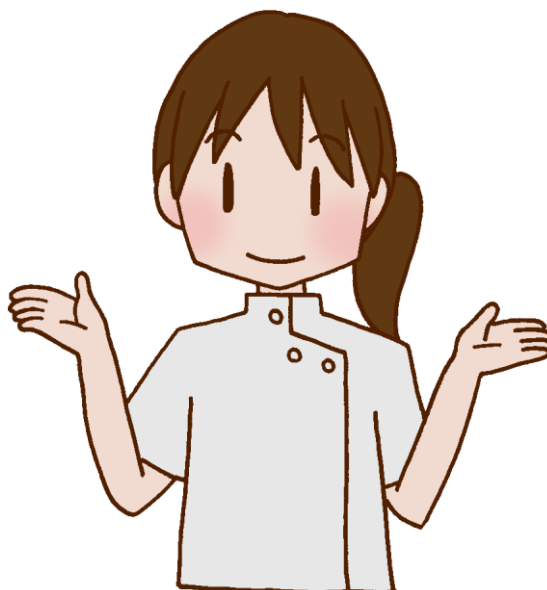


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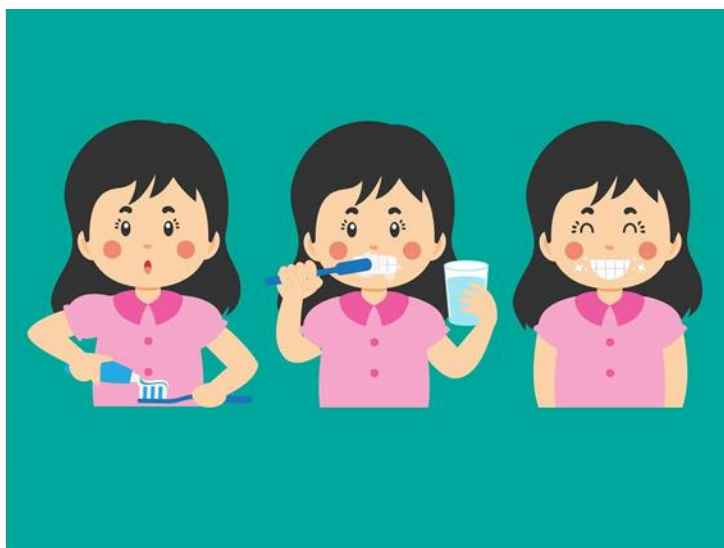
This is a social story about going to my Occupational Therapy appointment.



My Occupational Therapist helps me engage in everyday activities during my appointment.



My therapists can help with my self-care routines such as using the bathroom, brushing my teeth and hair, and getting dressed.



During the therapy session, I may also practice things like eating with a fork or spoon, and swallowing.



I may even do arts and craft activities to practice writing, coloring, and cutting with scissors.



Every Occupational Therapy appointment is different, so my therapist will talk to me about the types of activities we will be doing during MY appointment. It is going to be FUN!



I did a great job learning about my Occupational  
Therapy appointment!

