



# Part 2

# On the go

She's always on the go with work and her kids.

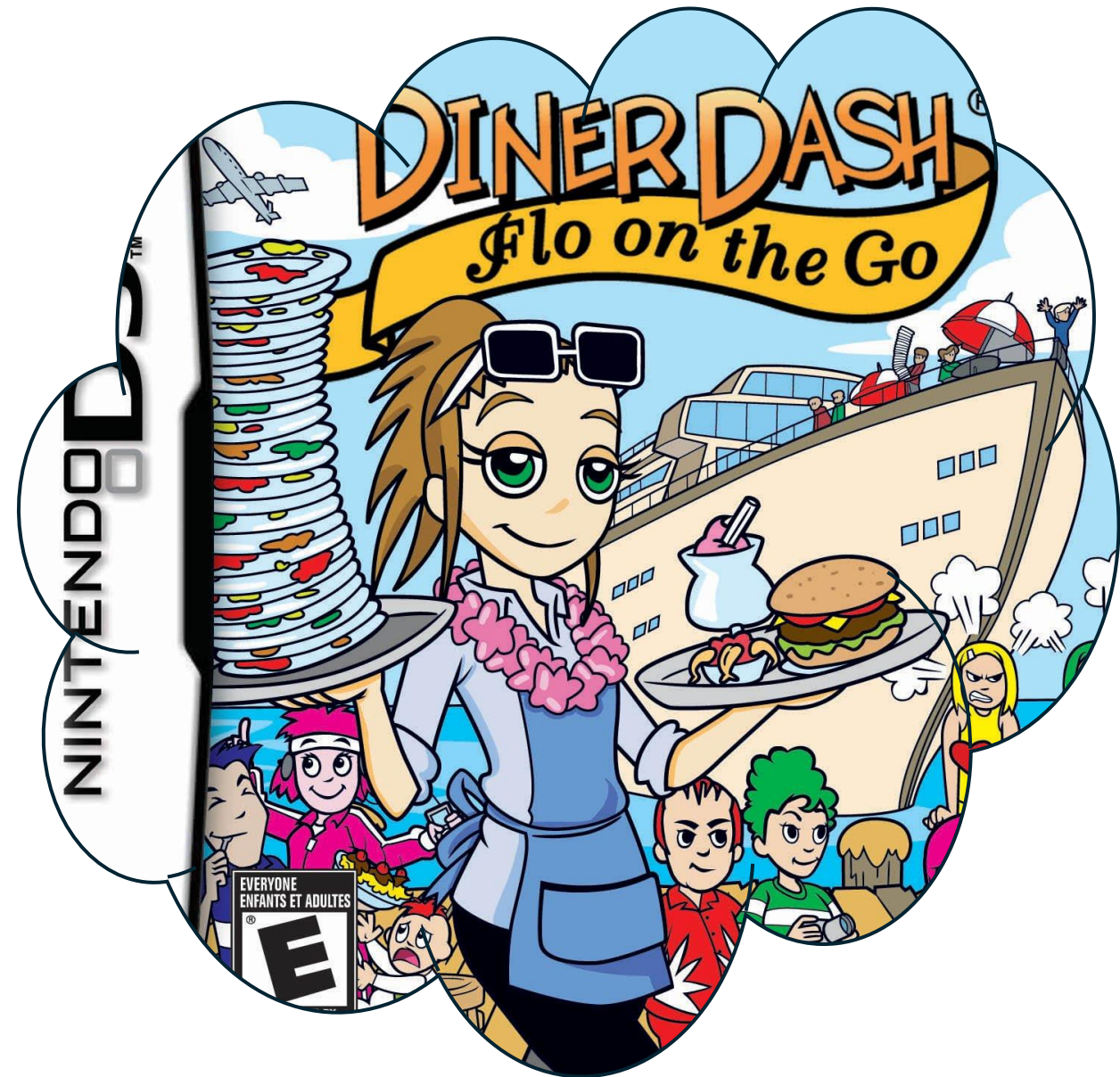
This app lets you read news on the go.

Try our new on-the-go breakfast smoothie.

~ Busy and constantly active

~ While traveling or moving

~ Portable or convenient for quick use





# have a thing about sth;sb

**He has a thing about snakes — even photos scare him.**

**I think he has a thing about her — he can't stop talking about her.**

**~ Dislike or aversion (often irrational or strong feeling)**

**~ Strong interest, attraction, or crush. Often implies a romantic or emotional attraction (especially for people).**



# stay the night

You can stay the night if it's too late to drive home.

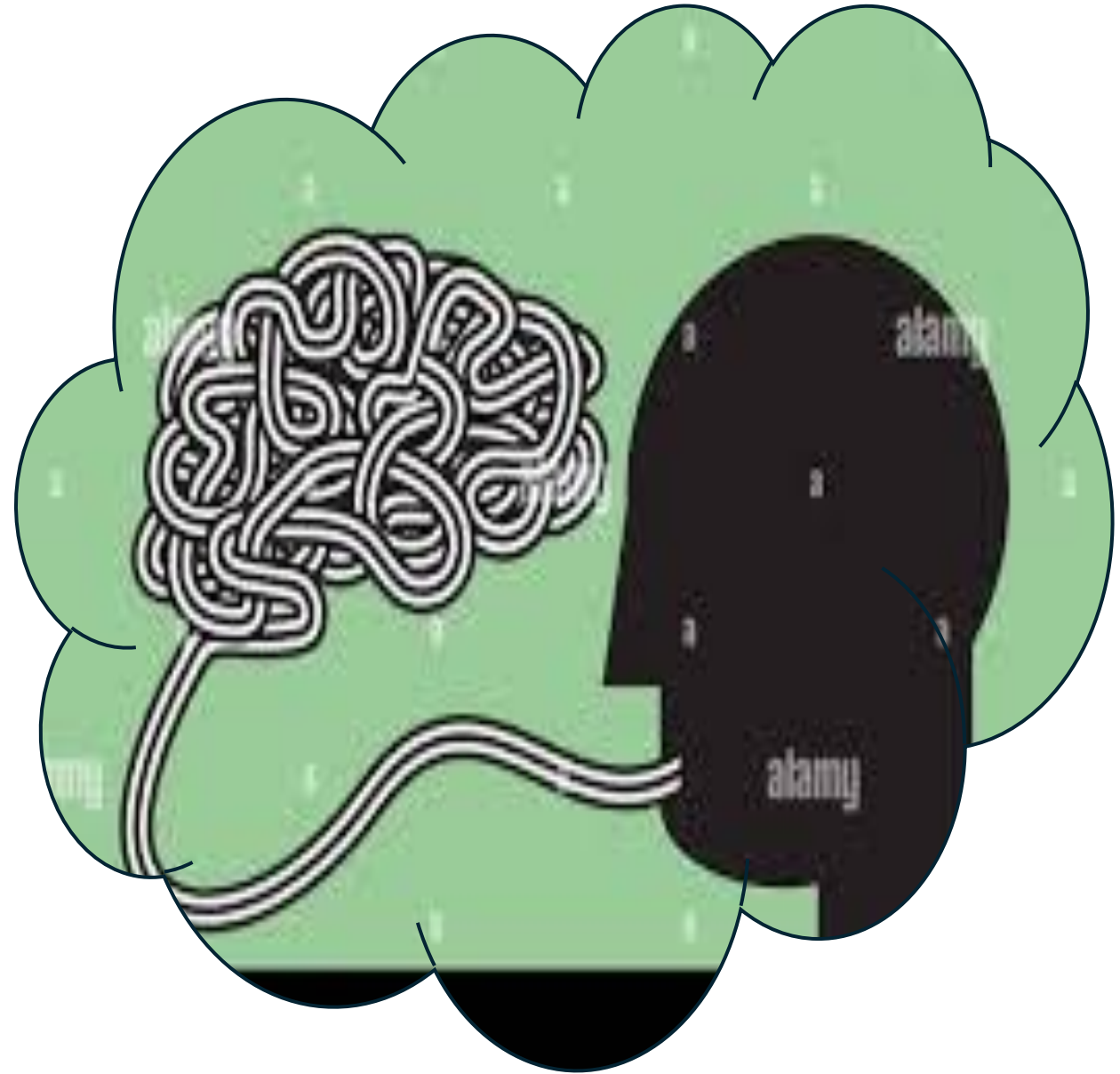
~ Sleeping at another person's home / General overnight stay (hotel, etc.):



# speak your mind

he's not afraid to speak  
her mind, even to her  
boss.

~ To say exactly what you  
think or feel, even if it's  
honest, direct, or  
unpopular.



# fill in

- Fill in this application form, please.
- *I'm filling in for the manager*
- **She filled me in on the latest gossip**

- ~ **Complete information**
- ~ *Substitute for someone*
- ~ **Update someone**



# on the dot

She arrived at 6 on the dot, just like she said.

~ Exactly at the scheduled time — not early, not late.





# show sb the ropes

🎯 It's my first day at work — luckily, John is showing me the ropes.

~ 🧭 To teach someone how to do a job or task, especially when they are new.





# start from scratch

- After the fire, they had to **start from scratch** and rebuild their home.

~ To begin again from the very beginning, with nothing — as if you had to build everything from zero.



# catch sb red-handed

She was caught red-handed cheating on the test.

~ To catch someone in the act of doing something wrong or illegal, especially stealing or cheating.



# come and go

- Trends in fashion come and go.

~ To arrive and then leave repeatedly or casually, often referring to people, situations, or things that are temporary.

