Earning Points Goals **User Benifits** Activities Community inspire duration Personal in the people to Soccer Football Records gym work out Competition **Improving Improve** with friends Mental Your more Health **Physique** Being higher weekly in the Basketball baseball rankings than goals your friends getting people in a 5mile radius leaderboard consistent workout Weight Weight Set your own routine goals weight completeing Running Gain/Bulking Loss/Cutting an organized Lifting loss/weight Clubs workout gain **Find** People to Workout With Working out Activities consecutive Community Completed Cardio days track your Walk-Groups build up workout progress communities Global Leaderboard Calisthenics squash Improve physical fitness throughout whole dodgeball boxing communities