Add to context in 2 ways:

1:

registerForContextMenu(button); - register button or something else in main

@Override  
public void onCreateContextMenu(ContextMenu menu, View v, ContextMenu.ContextMenuInfo menuInfo) {  
 super.onCreateContextMenu(menu, v, menuInfo);  
 MenuInflater inflater = getMenuInflater();  
 inflater.inflate(R.menu.menu, menu); - in this method set default menu as one that you created (create new resource file)  
}

2:

implements View.OnCreateContextMenuListener - implement this class

….setOnCreateContextMenuListener(this); - in some function set any widget with this method

@Override  
public void onCreateContextMenu(ContextMenu menu, View v, ContextMenu.ContextMenuInfo menuInfo) {   
 menu.add(… , 1, 0, "delete"); - add context item (id of group, id of item, order in context menu, name), id of item is needed in handling events  
 menu.setHeaderTitle("click"); - set header  
}

Handle events (in main)

@Override  
public boolean onContextItemSelected(MenuItem item) {  
  
 switch (item.getItemId()){  
 case 1:  
 return true;  
 }  
 return super.onContextItemSelected(item);  
}

Long press top menu

private ActionMode actionMode = null; - for checking

button.setOnLongClickListener(new View.OnLongClickListener() {  
 @Override  
 public boolean onLongClick(View v) { - on long click   
 if (actionMode != null){ - for not to open it twice   
 return false;  
 }  
 actionMode = startActionMode(callBack); - open menu (define lower)  
 return true;  
 }  
});

private ActionMode.Callback callBack = new ActionMode.Callback() {  
 @Override  
 public boolean onCreateActionMode(ActionMode mode, Menu menu) {  
 MenuInflater inflater = new MenuInflater(getApplicationContext());  
 inflater.inflate(R.menu.menu, menu); - set menu  
 mode.setTitle("title"); - set title  
 return true;  
 }  
 @Override  
 public boolean onActionItemClicked(ActionMode mode, MenuItem item) { - on click   
 switch (item.getItemId()){  
 case R.id.android:  
 Toast.makeText(getApplicationContext(), "aaa", Toast.LENGTH\_SHORT).show();  
 mode.finish();  
 return true;  
 }  
 return false;  
 }  
  
 @Override  
 public void onDestroyActionMode(ActionMode mode) {  
 actionMode = null; - for not opening twice   
 }  
};

Popup menu

implements PopupMenu.OnMenuItemClickListener

PopupMenu popupMenu = new PopupMenu(this, view);  
popupMenu.setOnMenuItemClickListener(this); - set on click listener  
MenuInflater inflater = popupMenu.getMenuInflater();  
inflater.inflate(R.menu.menu, popupMenu.getMenu()); - set menu  
popupMenu.show();

@Override  
public boolean onMenuItemClick(MenuItem item) { - handle clicks   
 switch (item.getItemId()){  
 case R.id.android:  
 Toast.makeText(getApplicationContext(), "bbb", Toast.LENGTH\_SHORT).show();  
 return true;  
 }  
 return false;  
}