

PRESCRIPTION

`` Rx ----- Patient Name: [Patient's Name] Date of Birth: [Patient's
DOB] Date of Prescription: [Current Date] Refill: As needed (prn) ----- 1.
Ibuprofen - **Dosage**: 400 mg orally every 6-8 hours as needed for headache - **Quantity**:
30 tablets - **Instructions**: Take with food to minimize gastrointestinal upset - **Precautions**:
Contraindicative if the patient has a history of peptic ulcer disease or hypersensitivity to NSAIDs 2.
Loratadine (Claritin) - **Dosage**: 10 mg orally once daily - **Quantity**: 30 tablets -
Instructions: Take at the same time each day - **Note**: Assess response; if side effects or
insufficient relief, consider switching to Cetirizine 10 mg daily 3. **Fluticasone Propionate
(Flonase)** - **Dosage**: 1 spray in each nostril once daily - **Quantity**: 120 sprays (1 bottle) -
Instructions: Shake well before use and discard after 120 sprays or 2 months after opening
----- **Diagnostic Tests**: - **CBC**: Perform at [location of laboratory].
- **BMP**: Perform at [location of laboratory]. - **Audiometric Testing**: Schedule at an audiology
clinic. - **CT/MRI of the Brain**: Order as necessary based on findings from neurological
examination. - **Tympanometry**: Recommend at the ENT specialist visit. **Referral**: - **ENT
Specialist**: Provider Name: [ENT Provider Name] Office Number: [ENT Office Number] Reason
for Referral: Unilateral hearing loss and associated headache/lightheadedness
----- **Additional Recommendations**: - **Hydration**: Instruct patient to
drink at least 8 glasses (64 oz) of water daily unless contraindicated. - **Postural Safety**:
Educate about the importance of rising slowly from sitting or lying down positions.
----- **Physician Information**: Provider Name: [Your Name] Contact
Number: [Your Contact Information] Practice Address: [Your Practice Address] Signature:

(if handwritten) ----- **Emergency
Symptoms**: Instruct the patient on signs that require immediate medical attention including
severe headaches, sudden changes in vision, confusion, balance issues, or significant increases
in headache severity. ``