

Z	Element	Symbol	Average atomic mass (u)	Mass number (* indicates radioactive) A	Atomic mass (u)	Percent abundance	Half-life (if radioactive) $T_{1/2}$
14	Silicon	Si	28.086	28 29 30	27.976 927 28.976 495 29.973 770	92.23 4.67 3.10	
15	Phosphorus	P	30.973 76	30* 31 32*	29.978 307 30.973 762 31.973 907	100	2.50 m 14.263 d
16	Sulfur	S	32.066	32 33 34 35*	31.972 071 32.971 459 33.967 867 34.969 033	95.02 0.75 4.21	87.5 d
17	Chlorine	Cl	35.453	35 36* 37	34.968 853 35.968 307 36.975 893	75.77 24.23	3.0×10^5 y
18	Argon	Ar	39.948	36 37* 38 39* 40	35.967 547 36.966 776 37.962 732 38.964 314 39.962 384	0.337 0.063 99.600	35.04 d 269 y
19	Potassium	K	39.0983	39 40* 41	38.963 708 39.964 000 40.961 827	93.2581 0.0117 6.7302	1.28×10^9 y
20	Calcium	Ca	40.08	40 41* 42 43 44	39.962 591 40.962 279 41.958 618 42.958 767 43.955 481	96.941 0.647 0.135 2.086	1.0×10^5 y
21	Scandium	Sc	44.9559	41* 45	40.969 250 44.955 911	100	0.596 s
22	Titanium	Ti	47.88	44* 47 48	43.959 691 46.951 765 47.947 947	7.3 73.8	60 y
23	Vanadium	V	50.9415	50* 51	49.947 161 50.943 962	0.25 99.75	1.5×10^{17} y
24	Chromium	Cr	51.996	48* 52 53	47.954 033 51.940 511 52.940 652	83.79 9.50	21.6 h
25	Manganese	Mn	54.938 05	54* 55	53.940 361 54.938 048	100	312.1 d
26	Iron	Fe	55.847	54 55* 56	53.939 613 54.938 297 55.934 940	5.9 91.72	2.7 y
27	Cobalt	Co	58.933 20	59 60*	58.933 198 59.933 820	100	5.27 y
28	Nickel	Ni	58.793	58 59* 60	57.935 345 58.934 350 59.930 789	68.077 26.223	7.5×10^4 y
29	Copper	Cu	63.54	63 65	62.929 599 64.927 791	69.17 30.83	
30	Zinc	Zn	65.39	64 66 67 68	63.929 144 65.926 035 66.927 129 67.924 845	48.6 27.9 4.1 18.8	