A Some verbs are followed by **-ing** and some are followed by **to ...**.

Verbs usually followed by -ing

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Varhe	ucually	/ followed	hv to	
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admit	fancy	postpone	afford	fail	offer
avoid	finish	risk	agree	forget	plan
consider	imagine	stop	arrange	hope	promise
deny	keep (on)	suggest	decide	learn	refuse
enjoy	mind		deserve	manage	threaten

B Some verbs can be followed by **-ing** or **to** ... with a difference in meaning:

remember

I **remember doing** something = I did and now I remember this.

You **remember doing** something *after* you have done it.

 I know I locked the door. I clearly remember locking it.

(=I locked it, and now I remember this)

 He could remember driving along the road just before the accident, but he couldn't remember the accident himself. I **remembered to do** something = I remembered that I had to do it. so I did it.

You **remember to do** something *before* you do it.

- I remembered to lock the door, but I forgot to shut the windows.
 (I remembered that I had to lock it, and so I locked it)
- Please remember to post the letter.
 (=don't forget to post it.

regret

I **regret doing** something = I did it and now I'm sorry about it.

- I now regret saying what I said. I shouldn't have said it.
- It began to get cold and he regretted not wearing his coat.

I regret to say / to tell you / to inform you = I'm sorry that I have to say / to tell you / to inform you

• (from a formal letter) We **regret to inform you** that we cannot offer you the job.

go on

Go on doing something = continue doing the same thing:

- The president paused for a moment and then went on talking.
- We need to change. We can't go on living like this.

Go on to do something = do or say something new:

 After discussing the economy, the president then went on to talk about foreign policy.

The following verbs can be followed by -ing or to ...:

begin So you can say:	start	continue	intend	bother
• It has	started raining	or	It has started to rain.	
• Peter i	ntends buying a house.	or	Peter intends to buy a house.	
• Don't	bother locking the door.	or	Don't bother to lock the door.	

Bur normally we do not use -ing after -ing:

It's starting to rain. (not It's starting raining)